

## THE GROWING GIRL

Requires a Mother's Constant Care and Watchfulness.

In their early teens it is quite common for girls to outgrow their strength, and mothers should carefully watch the health of their daughters at this time, for it is when strength is sapped by too rapid growth that anaemia develops. The first signs may be noticed by peevishness, languor and headaches. The face grows pale, breathlessness and palpitation follow, with low spirits.

At the first symptom of anaemia mothers should act at once. Neglected anaemia often leads to decline, but if you see that your daughter's blood is enriched there need be no cause for anxiety. The finest blood enricher ever discovered is Dr. Williams' Pink Pills. The pure, red blood created by these pills will quickly banish all signs of anaemia. They will build up your girl's health and ensure her a robust girlhood. Give your daughter a course of Dr. Williams' Pink Pills now. Make her strong like thousands of girls and women throughout Canada who have been rescued from the clutches of anaemia by Dr. Williams' Pink Pills.

You can get Dr. Williams' Pink Pills through any dealer in medicine, or by mail at 50c a box from The Dr. Williams' Medicine Co., Brockville, Ont.

### Masks and Faces.

The making of plaster masks from living faces bids fair to supersede portrait-painting and photography in Vienna. A well-known sculptor has established a studio for this purpose, and is doing a thriving business—the majority of his clients being women.

A mask of this kind can be made in a quarter of an hour, and costs about twenty-five dollars. The skin is smeared all over with grease, the eyes closed with sticking plaster and the ears stuffed with cotton wool. A tube between the lips, and another in the nostril, prevents suffocation, while silk threads are placed on the skin before the plaster is put on to make it easy to remove when the "sitting" is over.

Masks of women made in this way are often finished off with wigs, while those of men may be adorned with hats. Their terrible rigidity and death-like pallor have an effect which is both weird and gruesome to the last degree. But the sculptor could not get orders for statues and he had to live. So he started this business, which bids fair to become far more remunerative than the mere carving of marble.

**MURINE You Cannot Buy New Eyes**  
 But you can Promote a Clean, Healthy Condition  
**FOR YOUR EYES**  
 Use Murine Eye Remedy "Night and Morning."  
 Keep your Eyes Clean, Clear and Healthy.  
 Write for Free Eye Care Book.  
 Murine Eye Remedy Co., 9 East Ohio Street, Chicago

### Science Baffled by Scents.

Science can do marvels for sight, hearing, and touch, but so far it has accomplished nothing for our sense of smell.

Attempts have been made to find the means by which deer and other animals detect a man's presence even though he is a mile or more away and out of sight. It seems fairly certain that the secret lies in a wonderfully keen sense of smell, yet elaborate tests have not proved this.

Civilized man has lost the keen power of smell with which he was originally endowed, but many savage races retain it. A tribe in Northern Japan track game by the nose alone, exactly like a dog. There is also an Indian tribe in Brazil with the same gift.

Occasionally a member of one of the white races is found with similar powers. Dean Buckland, the British geologist, could tell the locality in which he happened to be simply by smelling the earth. Once, on being lost while out riding with some friends he picked up a handful of earth, smelt it, and announced, correctly, that they were near Uxbridge. James Mitchell, the blind deaf-mute, invariably recognized his friends by the odor peculiar to them when they entered his room.

So far from deciding how our olfactory nerves work, science has not yet discovered what scent is. A grain of musk, for example, will perfume a room for years, and yet, on being weighed, will be found not to have diminished even a fraction in size.

## HEALTHY CHILDREN ALWAYS SLEEP WELL

The healthy child sleeps well and during its waking hours is never cross but always happy and laughing. It is only the sickly child that is cross and peevish. Mothers, if your children do not sleep well; if they are cross and cry a great deal, give them Baby's Own Tablets and they will soon be well and happy again. The Tablets are a mild but thorough laxative which regulate the bowels, sweeten the stomach, banish constipation, colic and indigestion and promote healthful sleep. They are absolutely guaranteed free from opiates and may be given to the new-born babe with perfect safety. You can obtain the Tablets through any medicine dealer at 25 cents a box, or by mail, post paid, from The Dr. Williams' Medicine Co., Brockville, Ont.

Children take things very literally. During a very muddy spell we look out of the window and saw a team almost stuck in the mud and some one remarked: "My! just look at those horses, they are barely crawling along." Little Katherine, aged five, looked out of the window and turned with a disappointed look, saying: "Oh! I thought they were down on their hands and knees."

The best Tobacco for the pipe

OGDEN'S LIVERPOOL

# Ogden's CUT PLUG

### EASY TRICKS

No. 336

Quickness Of The Hand



This stunt is not very easy to do but when it is well practiced it is a very mystifying trick. Properly performed it usually does a great deal to persuade folks that there really is something in the magician's stock claim that "the quickness of the hand deceives the eye."

Hold a half dollar in your right hand between the thumb and the finger tips, the right hand being about six inches from the open left. Move the thumb away from the coin. With considerable force throw the coin flat on the palm of the left hand. As the coin strikes the palm, the left hand moves very swiftly toward the open right and the coin flies back and is caught in the right.

The return of the coin to the right hand is so rapid that the eye cannot follow it and the effect is that the coin was slapped into the left hand which immediately closes. The left hand is opened and is seen to be empty. The right hand is opened and is seen to contain the coin.

(Clip this out and paste it, with other of the series, in a scrapbook.)

### A Returned Evil.

An American tourist was shown to a room in a hotel in Brussels, where he found twenty candles stuck in a chandelier. As it was dark, the attendant lighted them all, but the guest had been in European hotels before and made him put them out immediately. This was of no avail, however. In his bill next day he found them charged—"Twenty candles, ten francs" (two dollars). He went back to the room and took out all the candles, wrapped each one in a bit of paper and slipped them into his overcoat pocket. When he was about to leave the house he found the servants drawn up in two lines in the hall, ten men servants on one side, the maid servants on the other, all smiling and ready for the expected tip. Then he drew out his package and distributed the candles, one to each. "Allow me, monsieur," he said, with a bow; "permit me, madame. They are very superior candles. I can assure you, I paid ten cents apiece for them." Then he stalked out and left them all staring at the candles like a set of wooden images.

Buy your out-of-town supplies with Dominion Express Money Orders.

### Drivers Improve With Age.

According to Dr. J. J. Snow, nationally known psychologist, automobile drivers between the ages of 30 and 39 are least likely to have accidents, while those from 20 to 29 are constitutionally more careless. The old supposition that married men are less likely than single men to have accidents has been definitely disproven, he declares. Fitness to drive an automobile is solely a matter of intelligence, caution and quick nervous reaction to the needs of a sudden emergency.

### Minard's Liniment Relieves Pain.

I do not care to fool any man; when he discovers I have fooled him, he will do me more harm than my cunning did me good.—E. W. Howe.

**BEECHAM'S PILLS**  
 Sweeten the Stomach

ISSUE No. 41-24.

### Gas Wells As Storage.

Exhausted gas wells are used as storage reservoirs for natural gas near Pittsburg.

### Minard's Liniment for Rheumatism.

You can always tell the age of a Japanese woman by looking at her hair. She wears a gold pin in her hair until she reaches the age of 25. At 30, the pin is white. At 40, the women wear plain shell combs. It would take a mind reader to tell the age of an American woman by her hair. They bob from 6 to 96.

**Head Noises and Deafness**  
 Frequently go together. Some people only suffer from Head Noises.  
**LEONARD EAR OIL**  
 relieves both Deafness and Head Noises. Just rub it back of the ears, insert in nostrils and follow directions of Dr. J. B. Besseron for "Care of Hearing," enclosed in each package. Leonard Ear Oil is for sale everywhere.  
 Interesting descriptive folder sent upon request  
 A. O. Leonard, Inc., 70 5th Ave., New York

**DON'T DO THIS USE LEONARD EAR OIL**

## TROUBLED WITH ECZEMA ON FACE

Very Itchy. Caused Eruptions. Could Not Sleep. Cuticura Healed.

"I was troubled with eczema on my face. It broke out in a rash on my chin and was very itchy. Scratching caused eruptions and in a few weeks it spread all over my face. I could not sleep, and whenever I washed my face I would almost have to scream.

"I read an advertisement for Cuticura Soap and Ointment and ordered a free sample. I purchased more, and after using two cakes of Soap and one box of Ointment I was healed." (Signed) Miss Kathleen Rothenbush, Box 40, Duff, Sask.

Use Cuticura Soap, Ointment and Talcum daily and keep your skin clear and healthy.

Sample Each Free by Mail. Address Canadian Depot: "Cuticura, P. O. Box 2618, Montreal." Price, Soap 25c. Ointment 25c and 50c. Talcum 25c. **Try our new Shaving Stick.**

The dress of a New Guinea woman lasts her a lifetime. It consists of the tattooing made on her skin or of a series of small scars made in a pattern across her chest and shoulders.

### HOTELS.

**CLYDE HOTEL, 158 KING EAST,**  
 Toronto. Meals, twenty-five cents; rooms, dollar daily, \$4.00 weekly.

## Headache

Bathe the forehead with Minard's in water. Also inhale.



## NERVES AND FAINTING SPELLS

Sent Woman to Bed. Great Change After Taking Lydia E. Pinkham's Vegetable Compound

Sarnia, Ontario.—"After my girlie was born I was a wreck. My nerves were too terrible for words and I simply could not stand or walk without pains. I suffered with fainting spells until I was no longer any good for my household duties and had to take to my bed. The doctor said I should have an operation, but I was not in a fit condition at that time. My neighbor said, 'Why don't you try Lydia E. Pinkham's Vegetable Compound?' I am sure it will do you good and will save those doctor's bills." So I was advised by my husband to try it after I told him about it. I am very thankful to say that I was soon able to take a few boarders for a while as rooms were scarce at that time. My baby is 17 months old now and I have not yet had an operation, thanks to your medicine. I have recommended the Vegetable Compound to a few people I know and have told them the good it has done me. I know I feel and look a different woman these last few months and I certainly would not be without a bottle of your medicine in the house. You can use this letter as you see fit, as I should be only too glad for those suffering as I have to know what it has done for me."—Mrs. ROBERT G. MACGREGOR, R. R. No. 2, Sarnia, Ontario.

A recent canvass of women users of the Vegetable Compound report 98 out of 100 received beneficial results. This is a remarkable proof of its merit. C

# Serve Mustard with all meats

Mustard neutralizes the richness of fat foods and makes them easier to digest. Mustard enables you to enjoy and assimilate food which otherwise would burden the digestive organs.

## but it must be Keen's

## You Can Stand on this Wash Board



Our SMP Pearl Ware Wash Board is so strong, tough and durable that a full-grown man or woman can stand on it without doing the rubbing surface or any part of it the least harm! The enameled surface won't chip, flake or peel off. Think of the wear there is in such a wash board! There is the same wearing qualities in all articles in SMP Pearl Ware. Try out the wash board and be convinced.

Ask for **SMP Pearl Ware**



MADE BY THE SHEET METAL PRODUCTS CO. OF CANADA LIMITED  
 MONTREAL TORONTO WINNIPEG EDMONTON VANCOUVER CALGARY



# ASPIRIN

Insist on BAYER TABLETS OF ASPIRIN

Unless you see the "Bayer Cross" on tablets you are not getting the genuine Bayer product proved safe by millions and prescribed by physicians 24 years for



- |           |            |
|-----------|------------|
| Colds     | Headache   |
| Pain      | Neuralgia  |
| Toothache | Lumbago    |
| Neuritis  | Rheumatism |

Accept only "Bayer" package which contains proven directions. Handy "Bayer" boxes of 12 tablets—Also bottles of 24 and 100—Druggists. Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monosaccharide of Salicylic Acid (Acetyl Salicylic Acid, "A. S. A."). While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."