

# Woman's Sphere

## WOMAN WHO GIVES REST IS MOST ATTRACTIVE.

Discussing half a dozen women friends a few days ago, guests at a little dinner party were surprised to discover the popularity of a woman whom none had believed to have an original personality, says the Continental edition of "The London Mail."

Pleasant, kind, lively, interesting she undoubtedly is, but it was a man who explained the attraction which makes her companionship desired by all her friends.

"She gives rest," he said. "And rest is the greatest gift a woman has to give. No one in Helen's presence can long be conscious of life's enormous disarrays; she heals. Her very presence is harmonious; she gives a sense of serenity to the restless. That is why every one loves her."

Very few women are able to bestow the gift of peace on those whom they meet in daily life.

No woman whose mind is restless, who has not accepted with graciousness the reconciliations between the ideal and the real, has power to give rest.

For this power does not come from anything as superficial as the pose of languid ease, nor does it belong to the quiet woman who so often is also the dull woman.

Only the woman whose mind has found rest through discipline, through courage, through strength, can heal the wounds of the disturbed soul.

Women who have this power give to their friends the assurance of security. Very many women who delight to-day displease to-morrow. One is unable to depend on their stability. But the woman who gives rest does not change her attitudes or her convictions or her moral standards; she is no romanticist, but because she is in tune with life and her own setting she creates harmony around her.

## TWENTIETH CENTURY METHOD.

Washing dishes, what a bore!  
Woman's drudgery, nothing more,  
Shake the soap (powder) have water hot—

Turn the hose upon the lot.  
Rinse them well, polish the glasses,  
My! how fast dishwashing passes.  
—W. S.

## WHAT MARCIA DISCOVERED.

The doctor had come and gone, and Evelyn was resting, and the household was quieting down after the accident. But up in her room Marcia was facing one of the biggest battles of her life. Evelyn Rogers, Marcia's "fairy princess," for whose three-day visit Marcia had compelled the house and everyone in it to put on holiday garb, would now have to stay for several weeks until she was well enough to be moved. And Uncle Garland and Aunt Lydia were coming next week! They were dear people, but Uncle Garland did all sorts of things with his knife and fork, and Aunt Lydia said "you was" and "ain't" and wore gingham aprons all the time. And Miss Prissy Conway would come trailing in and out, and Nelly Barnum—all the neighbors with their everyday grammar and manners and interests. By a great effort Marcia had managed to keep them all away for the three days of Evelyn's visit, but nothing she could do could keep them away for three weeks.

Marcia sat grimly facing it all. And because she was honest she did more; she faced herself too. Anybody who does that needs to be brave, for he is sure to make unpleasant discoveries.

"Marcia Eldridge," she said to herself, "you are a snob! As much as Tess Clayton, whom you've despised

for years. Are you actually ashamed of Uncle Earl and Aunt Lydia and plucky Nell Barnum and all the rest of them! Their courage and honesty and dear warm hearts don't seem to you half so big as their little slips in grammar. Oh, but I despise you, Marcia Eldridge, just despise you! I'm going to 'fess up to Evelyn this minute."

Evelyn looked up anxiously as Marcia opened the door. "Marcia, I'm feeling so dreadfully to put you to all this trouble! I'll take myself away the first minute the doctor will let me. I promise you that!"

"Trouble!" Marcia retorted scornfully. "I've discovered something that is trouble! I've discovered that I'm a great big snob! I am ashamed of all sorts of little foolish trifles—that when Uncle Earl and Aunt Lydia come you will have to be moved into my room and will discover all kinds of makeshifts that I have been keeping from you. I've found that I hate like poison to have you see the everyday dishes and clothes and the kind of neighbors that come in and out all day. Evelyn Rogers, can you ever have the least bit of respect for me again?"

Evelyn was looking at her strangely. "What is it?" Marcia asked.

"It's—Marcia dear, if you knew how hungry I've been for a home and home things and old dishes and neighbors running in and out on all sorts of everyday errands! I'm so tired of living in hotels and automobiles. I'll be so happy over this old ankle if you'll only take me into it all!" z

And then the two girls were holding each other's hands, and Marcia was crying, "Oh, aren't snobs foolish!"

## TASTY THINGS FROM GRAPES.

"We have a fine harvest of grapes this year but I don't know how to use them," is often the plaint of many housewives. But this delicious "tangie" fruit makes excellent filling for many empty jars.

These recipes are especially recommended by home economic specialists:  
Spiced Grapes—8 lbs. Concord grapes, 8 lbs. sugar, 1½ qts. vinegar, 4 tsp. each cloves, cinnamon, nutmeg and allspice. Wash and stem the grapes before weighing. Cook grapes and vinegar together until skins are tender, strain, add sugar and spices, and cook until thick.

Grape Conserve—4 lbs. grapes, 6 oranges, 3 lemons, 6 lbs. sugar, 1 lb. raisins. Select, wash and stem fresh ripe grapes and heat until seeds are loosened. Pulp grapes, press through cullender to remove seeds. Peel the oranges and lemons and put the rinds through food chopper, also pulp.

Combine the fruit, cover with sugar and let stand for several hours. Cook until the consistency of any conserve. Place in sterilized jars and seal, or in jelly glasses and cover with paraffin.

Green Grapes for Pies—Many women are constantly looking for a variety of fruit to use for pies during the winter months.

Select grapes, wash thoroughly and stem. Place in clean jar, fill with hot water, place rubber and partially seal.

Process in hot water bath for thirty minutes.

Grape Juice—Wash and stem grapes. Fill can half full of grapes. Add quarter-cup of sugar and fill the can with hot water.

Place rubber, spring wire but not bale of jar, place in water bath and process for thirty minutes. Remove and seal.

This makes a concentrated grape juice which can be diluted and is most refreshing.

## PICOT EDGE.

Every housewife knows how hard it is to hold the hem to a hemstitched tablecloth after the hemstitching has begun to wear out, which invariably happens before the rest of the cloth shows much sign of wear. I found that cutting carefully through the hemstitching would give a neat picot edge which looks much prettier on my old, everyday tablecloths and napkins than the worn or much-mended hemstitching.

I have also used this method with worn towels and handkerchiefs.—R. H. O.

## DRIED PEACHES HAVE MANY USES.

As my family is fond of fruit of all kinds I dried a quantity of peaches last year and was surprised at the number of palatable, though inexpensive dishes made with the peaches chopped and used instead of raisins in fruit cake, pork-cake and puddings, also used them in place of dried apples in a recipe for dried-apple cake and found it delicious.

Dried peaches covered with water and allowed to stand for twenty-four

hours, when a little sugar is added, makes a good sauce, tasting almost like the fresh fruit. Another favorite recipe for dessert: Soak dried peaches until large and soft, drain, and spread upon squares of sponge cake, top with a spoonful of whipped cream.—Mrs. R. L.

## A UNIQUE SHOWER.

A gingham shower was given recently for a little bride-to-be. She was a business girl and, therefore, had little time to devote to needlework. Her stay-at-home friends planned and showered her with dainty gingham garments galore: Gingham bungalow aprons, tea aprons, sweeping caps, curtains for her bungalow windows (kitchen, bath, etc.). Of course, her preference for this material was known, hence the "shower." —W. S.

## RICH, PURE BLOOD RESISTS DISEASE

### Dr. Williams' Pink Pills Make Rich Blood and Restore Health.

Thin, pale people lack the power of resistance to disease that rich, red blood gives. Nervous breakdown is the direct result of thin blood. So is anaemia, indigestion, rheumatism and many other troubles. People suffering from thin, impure blood need just the help Dr. Williams' Pink Pills can give. For thirty-five years Dr. Williams' Pink Pills have been world-famous as a blood builder and nerve restorer. Not only do they purify and enrich the blood, but they make new, rich, red blood which imparts fresh vigor and life to all the organs of the body. Their first effect is usually to stimulate the appetite; then the spirits revive, and restlessness at night gives way to health restoring sleep. For sufferers from anaemia, nervousness, general weakness, digestive troubles, the after effects of acute diseases, mental or physical exhaustion, Dr. Williams' Pink Pills are a restorative of the utmost value. If you are weak or ailing give these pills a fair trial and the result is sure to be beneficial.

Dr. Williams' Pink Pills are sold by all medicine dealers or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

## Two Reasons.

"When one meets one of the modern women one must be careful how one expresses oneself," remarked Binks.

"How do you make that out?" asked Smith.

"Why," replied Binks. "I was proposing to Ethel the other night, and I said, 'My dear, I would go to the ends of the earth with you!'"

"She said, 'No, you wouldn't.' I inquired why not, and she added, 'One reason is that I wouldn't go, and another is that there aren't any.'"

Pineapples have been known to attain a weight of 17 lbs.

## —AND THE WORST IS YET TO COME

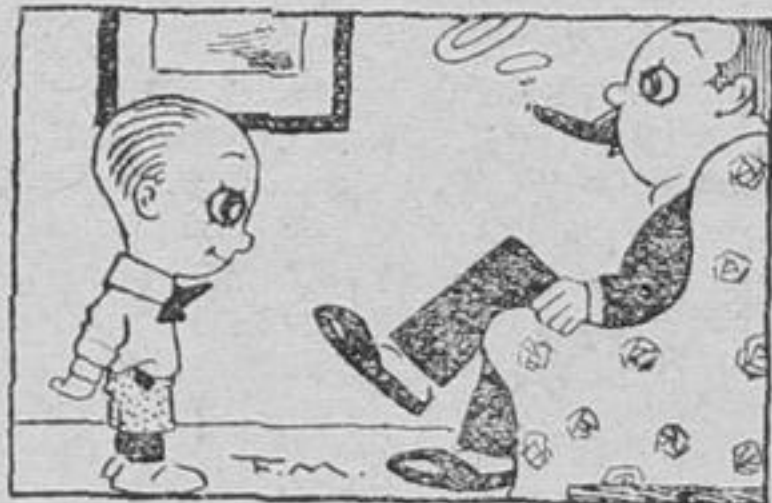


## Measuring Brides for Dowries.

A quaint ceremony is observed at Roydon, in Norfolk, England.

About three hundred years ago the Lord of the Manor bequeathed the sum of £1000, the interest from which was to be voted annually to provide dowries for four brides. Under the terms of the bequest, the money has to be divided between the youngest, the eldest, the shortest, and the tallest brides married during the course of each year in the parish church.

This entails the "measuring of the bride." After the marriage ceremony the bride and bridegroom proceed to the vestry to sign the register, and the bride is then measured by the officiating minister. In order that her correct stature may be ascertained, she is required to remove her shoes and let down her hair. At the end of the year the marriage records are examined, and the dowries awarded to those qualified to receive them.



## And So It Would Seem.

Willie—"Daddy, what is a roll of honor?"  
Dad (sadly)—"A bank roll, my son."

## EASY TRICKS No Chance At All



Most amateur tricksters know one or two methods of discovering the identity of a card selected by a spectator. Here is an excellent method of disclosing the fact of the discovery. In this case another spectator, who does not know which card was selected, names it. An examination of the following will indicate how the spectator can be "forced" (to use the magician's term for this proceeding) to name any card the trickster desires him to name. In this case it is the eight of clubs. Observe that the trickster accepts or discards the spectator's choice. Quickly done it is usually deceptive.

"There are two kinds of cards, picture cards and spot cards. Name either." "Picture cards." "Fine. That leaves the spot cards and the card must be a spot card. There are two colors in the pack. Name either." "Black." "Fine, that eliminates the red and the card must be black. There are two kinds of black cards, spades and clubs. Name either." "Spades." "Fine, that leaves the clubs and the card must be a club." "There are two kinds of spot clubs—odd and even, name either." "Odd." "Then the card must be an even club, the odd clubs having been eliminated. There are even clubs higher than five and lower than five. Name either." "Lower." "Fine, that leaves us the even clubs higher than five. The even clubs are six, eight and ten. We may divide these into a lower group composed of six and eight and an upper, composed of ten. Name the upper or lower." "Upper." "Fine, that leaves the lower. Name either six or eight."

If eight is named, the trick is completed. If six is named, the trickster calmly eliminates six, leaving eight—and the stunt is completed.

(Clip this out and paste it, with other of the series, in a scrapbook.)

## Gold.

I followed, one September day,  
A vagrant path that ran astray  
Through field and wood and open glade,  
Where shade and sunshine's fine brocade  
Was traced in colors gold and jade,  
Till last, at sunset hour I came  
Where black-eyed Susans' golden flame  
Lay on a field, fanned into play  
By evening airs, a sight so gay,  
The fleece of gold on Colchis' strand  
Was never half so rich and grand,  
The sun, a gloating miser, here  
Bent low to view this treasure dear.

London can boast of twenty women undertakers while sixty women are qualified auctioneers.

## BEAUTIFY IT WITH

### "DIAMOND DYES"

Perfect home dyeing and tinting is guaranteed with Diamond Dyes. Just dip in cold water to tint soft, delicate shades, or boil to dye rich, permanent colors. Each 15-cent package contains directions so simple any woman can dye or tint lingerie, silks, rib-



bon, skirts, waists, dresses, coats, stockings, sweaters, draperies, coverings, hangings, everything new.

Buy "Diamond Dyes"—no other kind—and tell your druggist whether the material you wish to color is wool or silk, or whether it is linen, cotton, or mixed goods.



## MEETING THE CANADIAN BUFFALO

This is a snap taken at the Empire Exhibition at Wembley the other day. A Canadian Pacific Telegraph messenger is introducing his little friend to the big buffalo that stands outside the company's pavilion at Wembley.