TEA is good tea

Folks who want the very best use RED ROSE ORANGE PEKOE

About the House

LOOKING AHEAD FOR THE CHILDREN.

ourselves until they are older, and in the house. to their own profit. We are within terials are rough, some are smooth. highway.

for them on the border of our place. finished material. These are small These will be bearing soon, and can be points, but they often make a great picked by the children when they are difference in the way a room feels to older.

he helped to hatch in the spring. He at the same moment-very disturbing. keeps these hens in a separate coop and feeds and waters them regularly.

We believe that when the children are older all this will be healthful work for them in the summer vacations, right at home, and they will have a measure of responsibility. The boy is already proud of his part ownership in the trees, and in time they both will swell their savings-account Try this plan when fish is being fried. forms of disease or of lurking danger the way back." They will be managing, under direction, a small business of their own. when opened in the morning. This their true proportion is everlastingly found that when my children are kept ing to bed at night, a big bowl or a brood on the hardships of our lot and they are good .- C. J.

CURTAINS ARE IMPORTANT.

It takes only a tiny touch of bright colors to set a room off, and the first thing we know, instead of a dreary, stupid, rather tiresome feeling place, we have a bright, cheerful, attractive room. The curtains and draperies af- rance more agreeable. ford a chance to indulge in livelier color than we can use in the wall paper, rugs, or upholstery.

They need not be expensive. There are innumerable materials with which we may get the prettiest of effects without paying an enormous sum of

money. First of all, have you looked over the ginghams and chambrays in your local dry-goods store? Have you considered the possibilities of the voiles, or cheesecloth, or dress muslins, and unbleached cotton cloth? Every one of these materials offers an almost unlimited opportunity for pretty and inexpensive curtains, with the addition of a little ingenuity and a little taste.

Then there are the pretty and inexpensive cretonnes and chintzes. The darker ones for dining and livingrooms, the lighter ones for the bedrooms. In the more expensive materials, there are the thin silks and

the sunfasts, the velours and velvets. But the secret of making the room bright and attractive lies in getting the right color and the right texture. The color must match the wall paper, be a little stronger, so as to separate the window from the wall a little, and also be something like the rug and upholstery in tone. For example, tan walls may have tan, ecru, brown, or, for contrast, blue, or blue and tan, or blue, tan, and brown. They may even show a little orange or red. But be sure that some of the colors in the curtains are in walls, rugs, and chair coverings.

For the bedroom we often choose a plain color that is exactly the same shade as the color of the flowers in the paper. If the paper is white with green leaves and blue flowers, the curtains would naturally be blue, the same as the flowers. A little blue inside curtains of thinner material are bottom crust or mixed with the juice used, these could be a simple, plain, of fruit pies makes a more palatable with a narrow tatting edge. Usually starch. these glass curtains follow the tone of the background color of the paper. If that is warm and creamy, then keep ing preved by pin-pricks of life. They the curtains similar-quite creamy. If hunt for the head of the pin. yellowish, then use a more yellowish tone. If the background is white, a white curtain is used.

Many of these simpler glass curtain -Lord Leverhulme.

materials may be used to brighten the room by the addition of a tiny band One acre of our farm has been set or edging of color to match the paper. aside for the children. Our boy is With the heavier cloth like the unfour and our girl is two. We planted bleached cotton, crossway bands in twenty fruit trees on a recent holiday cretonne, sateen, or colored cotton are for them, about five of each variety. often very pretty and effective. Espe-This acre had not been used, and it cially is this true in the bedrooms is well located for a small orchard, where bed covers may be made to The peach trees will be bearing in match. Cheesecloth is likewise a senthree years, at which time the boy will sitive and fascinating material to use be seven and the girl five. The cher- and a dipping in the dye-pot will ries, pears, and other varieties will of make it any color you wish. The light course come along later. We plan to filters through it very nicely, and it prune, spray, and care for the trees is very pretty for almost any room

allow the children to market the fruit Texture needs a word. Some matwenty minutes of a good market, and If your wall paper is very smooth, it of course there will be some market is best to avoid using a coarse texat our gate, which is on the public ture or rough-feeling material at the window. If the paper or wall is We are also setting out berry plants rather rough, then avoid the smoothyou. The mixture of textures is like Then the boy has eight hens, which having two people contradicting you

THAT SMELL OF COOKING.

grounds sprinkled on a hot shovel will paper. One woman of whom I have counteract the unpleasant odors of lately heard makes her life a torture cooking in a house. A few of the to herself and cuts it off from the norgrounds scattered on the top of the mal, helpful intercourse with others kitchen range will keep the smell of because she is possessed with the fear food from spreading to other rooms. of accidental contact with certain

Rooms in which people have been in glass particles and such things. if some dried lavender is put in a bowl and this is then covered with very hot water. The addition of a little dried orange peel makes the frag-

A PRACTICAL PLAY SUIT FOR



4242. Here is a new and pleasing version of the Romper style, with outstanding pocket sections, and comfortable sleeve. Chambrey, gingham, khaki, linen and cretonne are good for this design.

The Pattern is cut in 5 Sizes: 2, S, 4, 5 and 6 years. A 4-year size requires 21/8 yards of 36-inch material. To trim as illustrated will require % yard of 36-inch contrasting material.

Pattern mailed to any address on receipt of 15c in silver, by the Wilson Publishing Co., 73 West Adelaide St., Toronto. Allow two weeks for receipt of pattern.

PIE THICKENING.

A heaping teaspoonful of an instangingham would be perfect. And if taneous tapioca sprinkled over the clear white voile or scrim, possibly thickening than either flour or corn-

Practical folks don't waste time ba-

When my night watchman wakens me at 4.30 in the morning I do not always want to get up, but I always do. -AND THE WORST IS YET TO COME



The Foolishness of Fear.

Not long ago, writes Miss Winfred Rhoades, I read a doctor's statement about a woman who had become so afraid of eating that she was prolonging a miserable and sick existence on nothing except a few sips of sweetened water a day. Others live so much in fear of germs that they will not lay their hands upon a doorknob, and, if they are obliged to pass a coin to a The pleasant smell of dried coffee car conductor, they handle it with

smoking usually have a stale smell The habit of seeing things out of can be largely prevented if, before go- causing misery. We let ourselves Mr. Stanley Baldwin. pail of water is put in the room. When underrate the joys that life also offers, there is illness and windows in rooms or we fix our attention on the dangers must to a large extent be kept closed, all round us and disregard the glory of the air may be delightfully freshened living a life of usefulness and brave adcourse true that at times disease is sent broadcast into a community by some one's ignorance or carelessness, and the act teaches us the necessity of being honorably careful. But we know also that for the most part the dangerous germs that get into the body are destroyed by minute friendly organisms that are working for health. Most people who touch doorknobs do not die from the contact. And in any case are not the helpful tasks of daily life worth performing even in the face of some risk?

The act is that life is a hazardous business. That is the kind of discipline to which God has subjected us. But God calls us to live our lives, not in fear and dread, but in trust and confidence and hopeful expectation. Why be always expecting the worst? We walk in the midst of risks and dangers but happy are they who go forward day by day in strong confidence in the goodness of the universe, who hold that faithful living of the life of love leads to a happy issue, and who expect to find that happy issue someway somewhere in God's good time.

MOPS.

It is not always necessary to use a mop for the thing which man intended it to be used when he manufactured it. The most satisfactory mop I ever used to wipe up linoleum floors was a commercial dust mop. If it had been oiled, so much the better; oil helps to put a polish on the linoleum and hardens the surface, protecting the design and

keeping it clean longer. For dusting and polishing my stove I have a cotton dish mop from the five-and-ten-cent store. The soft cot-Send 15c in silver for our up-to- ton reaches all the crevices, wipes date Spring & Summer 1924 Book of away the dust without leaving any scratches, and soon contains enough polish to brighten up a really dirty stove. Best of all, its handle is far enough from the scene of operations that it may be kept bright and clean, not blacking the hands as the stove cloth is prone to do. When not in use the mop is stuck, top down, in a round baking-powder can. For applying the blacking to the stove I have a cheap, flat paintbrush; the vigorously used mop does the rest.

> Guadalupe is the sole remaining home of the only remnant of a herd of elephant seals in the northern hemisphere.

Why He Wept.

The teacher had been telling the class about the way in which Alexander the Great had conquered the world, decided at once to try this medicine, going on from one country to another, until at last there was nothing more three boxes I found relief. I continued for him to look forward to. She related how, after he had conquered India, instead of giving a great feast to celebrate his victories, he sat down and wept bitterly.

"Now, children," she asked, "why do you think Alexander wept?"

Bobby was in the back row and up | give them a fair trial." went his hand.

"Yes, Bobby?" said the teacher, beaming.

"Please, miss," came the eager, if incorrect reply, "because he didn't know

I am learning now and I mean to go! on learning if I live to be a hundred

The unseen things of life are the most valuable. The man who puts spirit into farming gets more out of it than the man who just farms. One venture in the midst of risk. It is of | does not have to be a bootlegger to get the proper spirit in farming.

PAINFUL SCIATICA AND NEURALGIA

Caused by Starved Nerves Due to Weak, Watery Blood.

People think of neuralgia as a pain in the head or face, but neuralgia may affect any nerve of the body. Different names are given to it when it affects certain nerves. Thus neuralgia of the sciatica nerve is called sciatica, but the character of the pain and the nature of the disease is the same, and the remedy to be effective, must be the same. The pain, whether it takes the form of sciatica or whether it affects the face and head, is caused by starved nerves. The blood, which normally carries nourishment to the nerves, for some reason no longer does so and the excruciating pain you feel is the cry of the starved nerves for food. The reason why the blood fails to properly nourish the nerves is usually because the blood itself is weak and thin. .

When you build up the impoverished blod with Dr. Williams' Pink Pills, you are attacking sciatica, neuralgia and kindred diseases at the root. As proof of the value of Dr. Williams' Pink Pills in cases of this kind we give the statement of Mrs. Marion Bell, Port Elgin, Ont., who says: - "Some years ago I was attacked with sciatica in my leg and hip. The pain was excruciating and finally I was forced to go to bed. Apparently all the doctor could do was to give me drugs to dull the pain, as otherwise I found no relief. I had been in bed with the trouble for eight weeks when a lady who came to see me said that she had had a similar attack, and had only found relief through the use of Dr. Williams' Pink Pills. I and before I had taken more than the use of the pills and under the treatment the pain left me. I was able to walk again, and have not since had the least return of the trouble. I feel that Dr. Williams' Pink Pills have been of such great benefit to me that I strongly urge similar sufferers to

You can get these pills from any medicine dealer or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Tip from the Chaplain.

The rector of a fashionable London church was induced to preach at a well-known prison. When in the vestry he said to the prison chaplain: "Now I have come, I don't know what to say to your convicts." The chaplain replied, "Preach to them exactly as you do to your own congregation; and remember only one thing: my people have been found out and yours have not-yet."

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