

72 Years Old, But Actively On Job

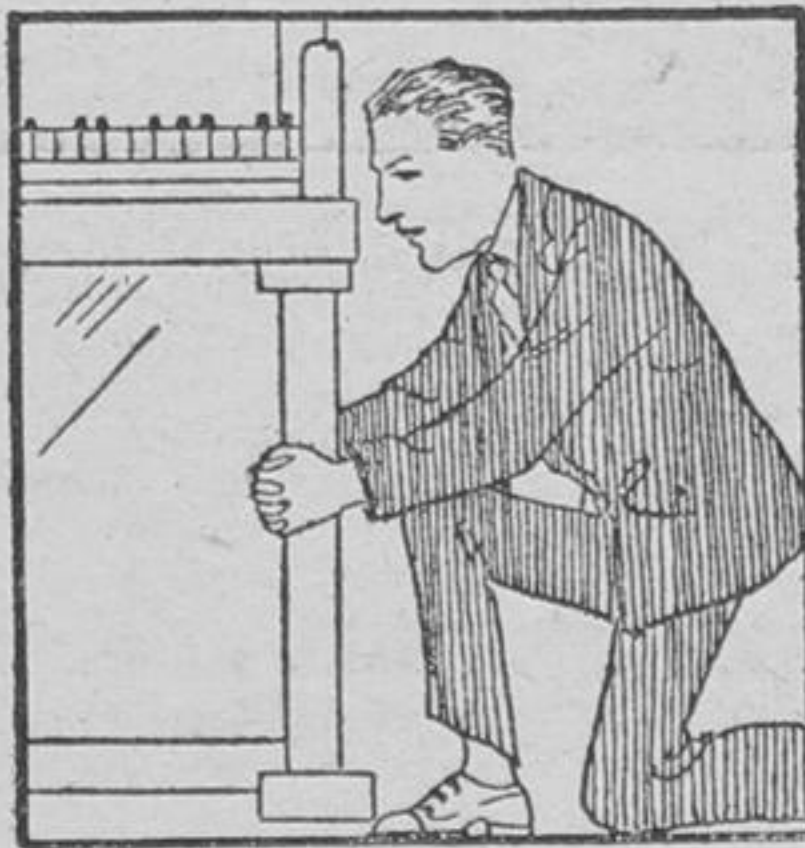
Railroad Man Attributes Good Health and Strength to Tanlac.

Seventy-two years of age, but still in possession of the priceless boon of good health and actively on the job with the Central Vermont Railroad, where he has worked for 40 years, is the remarkable record of H. H. Moore, 24 Messenger St., Albans, Vt., who attributes his present health and strength to the use of TANLAC. "I have never in my life seen the equal of TANLAC," said Mr. Moore recently. "After spending a lot of

money on things that proved worthless for stomach trouble of the most obstinate kind, TANLAC made me feel like an entirely different man. For nearly two years I had been gradually getting worse, and my strength and vitality had got so low it was hard for me to attend to my duties. Indigestion, constipation, and nervousness made life miserable before I found TANLAC, but now my health is normal and I feel happy as I work. I shall always be grateful to TANLAC." TANLAC is for sale by all good druggists. Accept no substitute. Over 40 million bottles sold.

Take Tanlac Vegetable Pills.

EASY TRICKS No. 329 False Magic



For the amateur trickster, practical jokes are very useful. They enable him to effectively turn the subject when some inquisitive spectator wants to know the secret of one of his pet tricks. They are useful in silencing that annoying individual who is only too ready to tell how every trick is done.

A good stunt is to tell a spectator that if he will clasp his hands according to your directions and will utter certain magical words he will be unable to leave the room without unclasping his hands. This is done by causing the victim to clasp his hands around a piano leg.

Another stunt is to ask a spectator to select any card he likes from the pack. Make the selection of it as complicated as possible and add all of the details possible. Put the victim to a lot of trouble, making notes, counting cards, etc. When the victim has paid for exposing your pet trick, say to him:

"What card did you select?" He will give the name of the card and you will say, solemnly: "That is correct."

Then go on with another trick hoping that the victim will not resent the practical joke too much.

(Clip this out and paste it, with other of the series, in a scrapbook.)

THE REASON FOR ALUMINUM.

Because tea deteriorates very rapidly if exposed to air many tests and experiments have been made to find an efficient means of packing it so as to preserve the flavor. The "SALADA" Tea Company first used lead packages but some years ago adopted aluminum foil, aluminum being more durable and lighter than lead, besides, of course, being absolutely sanitary and air-tight. This method of packing is admitted to be the most effective known to preserve the flavor of tea. All "SALADA" is sold in air-tight aluminum packages.

Avoid loss when sending money by mail—Use Dominion Express Money Orders—the safe, convenient, inexpensive way.

One should never touch an electric switch while he has one hand in contact with a sink or other damp place.

Keep Minard's Liniment in the house.

The number of living organisms in one single gram of soil exceeds 40,000,000.

ASPIRIN

Beware of Imitations!



Unless you see the name "Bayer Cross" on package or on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians over twenty-three years for

Colds Headache
Toothache Lumbago
Neuritis Rheumatism
Neuralgia Pain, Pain

Accept "Bayer Tablets of Aspirin" only. Each unbroken package contains proven directions. Handy boxes of twelve tablets cost few cents. Druggists also sell bottles of 24 and 100. Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidester of Salicylicacid. While it is well known that Aspirin means Bayer Manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

Good-Bye to Oxfordshire.

Good-bye to England—land of little towns

And a great history. Good-bye, sweet lanes

Full of bright angel children, and old men,

Ruddy and gentle; and the oaks and beeches,

Elms that engulf a hamlet in the sky. Majestic, beautiful, benignly towering

Over a tiny green and grassy vill—

Thatched and depressed with ivy and the beehives—

And infant shops with Lilliputian toys, Odd nothings sold for a penny with a smile,

From clean bowed windows out of wonderland.

These are her jewels, these small sacred towns,

Unique in the universe! These miniatures,

Initials on a mediaeval text, Brilliant as Chaucer's death-defying page,

Enrich the map of England. Such she was,

Is, and shall be, whatever else the fates,

Conspiring in their gloomy cavern, threaten,

Or the dark skies forecast, or foes at home—

Enemies, or the Avengers of the world—

Wreak on her distant realms through peace or war.

—John Jay Chapman.

From the Canon's Mouth!

One ambition of Canon Hay Aitken, Vice-Dean of Norwich Cathedral, is to beat John Wesley's record of preaching 27,000 sermons. But Father Time may intervene. The Canon is eighty-two; and, starting when he was seventeen, he has now delivered 22,000 sermons.

He has never preached from a written one, and as it is stated that Wesley made one sermon serve many times it is possible that the Canon has already delivered more original discourses than the founder of Methodism.

STOMACH MISERY, GAS, INDIGESTION

"Pape's Diapepsin" is the quickest, surest relief for indigestion, gases, flatulence, heartburn, sourness or stomach distress caused by acidity. A few tablets give almost immediate stomach relief. Correct your stomach and digestion now for a few cents. Druggists sell millions of packages of Pape's Diapepsin.

Harbor Talk.

More lonesome than a lonesome ship at sea,

The sailing moon rides beautifully by.

Blown from such purple harbors as may be

In unimagined corners of the sky, She is not careless where she gazes down

On sleepy streets the silver silence fills,

But thoughtful ever of a little town

And foolish-fond of little, wooded hills.

Seafolk are given so to telling tales, I think the moon, when she puts in at last,

May spin a story where she reefs her sails;

And there her talk of shortlands that she passed,

Is all of glimmering meadows, ghostly still,

A sleepy town . . . a lonesome little hill.

—David Morton.

A returned traveler from Germany, speaking of the pinched circumstances of university professors in Berlin, pointed his story by quoting a discussion that he overheard. The question was whether it is cheaper to use old envelopes and paste gummed paper over the former addresses or to buy new envelopes of the poorest quality.

Ask for Minard's and take no other.

Young Men and Women

Who may be afflicted with pimples and blackheads or any other facial blemish or skin trouble, are invited to write us. For 32 years we have been successfully treating Skin, Scalp, Hair and Complexional Troubles, including Superfluous Hair, Moles, Warts, etc. We manufacture the Princess Toilet Preparations. Booklet "K" mailed free.

HISCOTT INSTITUTE LIMITED
61D College St., Toronto

Mother! Give Sick Child "California Fig Syrup"

Harmless Laxative for a Bilious, Constipated Baby or Child.

Constipated, bilious, feverish, or sick, colic Babies and Children love to take genuine "California Fig Syrup." No other laxative regulates the tender little bowels so nicely. It sweetens the stomach and starts the liver and bowels acting without griping. Contains no narcotics or soothing drugs. Say "California" to your druggist and avoid counterfeits! Insist upon genuine "California Fig Syrup" which contains directions.



Smoke OLD CHUM

The Tobacco of Quality



Sealed Package 15¢
(which keeps the tobacco in its original condition)
also in 1/2 lb. tins

Twins for Both.

Everything is divided equally. The rich man has his twin six and the poor man his six twins.

Try every day to consider a masterpiece—a picture, a musical composition, a poem or some bit of good prose literature. Constant association with masterpieces makes for intellectual elevation and leaves little room for cheapness either of thought or of speech.

No remedy can cure all ailments of the human body, but an immense number of people suffer from aches, pains and disease symptoms when their real trouble is lack of iron in the blood. It is the iron in your blood that enables you to get the nourishment out of your food. Without iron your food merely passes through you without doing you any good; you don't get the strength out of it. There is one universally known tonic that has helped thousands because it contains iron like the iron in fresh vegetables and like the iron in your blood.

NUXATED IRON

is an eminent physician's best blood prescription, standardized. It is recommended for all anaemic and run-down conditions. It has helped thousands of others. It should help you. Ask for it at any drug store.

LUMBAGO

Rub the stiff parts with Minard's. It eases pain, relieves stiffness.



ITCHY PIMPLES ALL OVER FACE

And Shoulders. Burned Badly. Cuticura Heals.

"My trouble started with pimples breaking out all over my face and shoulders. The pimples were large and red and festered, and itched and burned so badly that I could not sleep. They were very sore and my clothing aggravated them."

"I read an advertisement for Cuticura Soap and Ointment and sent for a free sample which helped me. I purchased more, and after using four cakes of Cuticura Soap and three boxes of Cuticura Ointment I was healed." (Signed) William C. Steen, 39 Peabody St., Buffalo, N. Y.

Use Cuticura for all toilet purposes. Sample Each Free by Mail. Address: "LYMAN, Limited, 244 St. Paul St., W., Montreal." Sold everywhere. Soap 25c. Ointment 25c and 50c. Talcum 25c. Cuticura Soap shaves without mug.

Money has wings; but, alas, it is not a homing pigeon!

Classified Advertisements

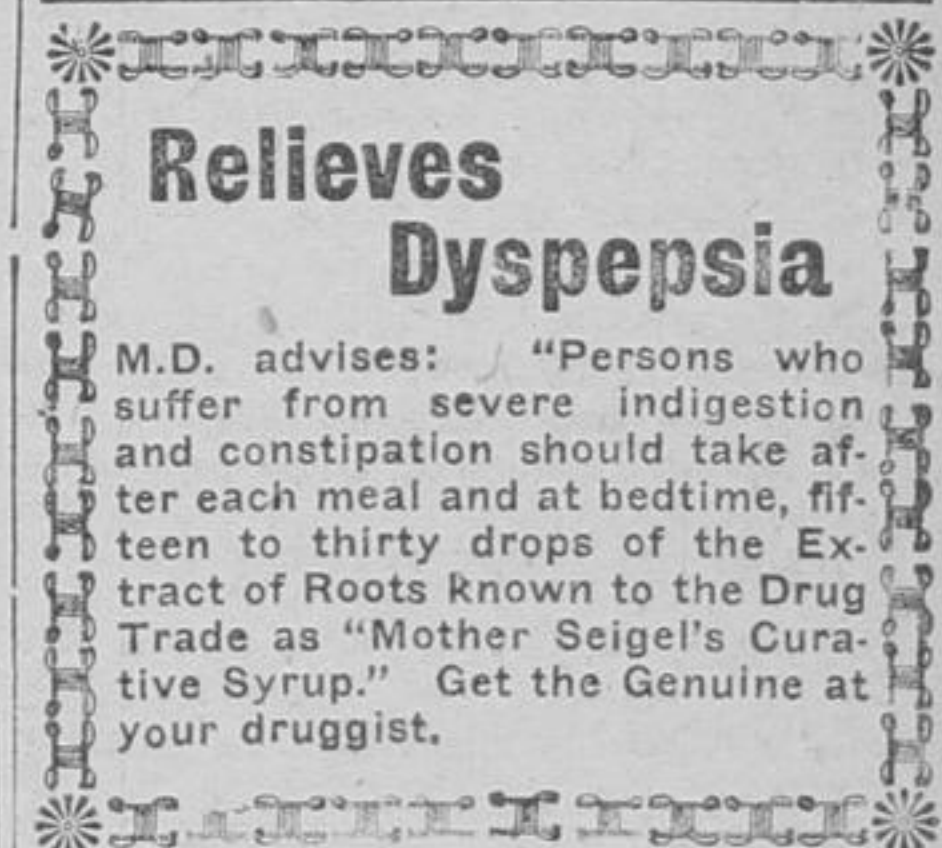
FOR SALE

WOOLGROWERS, YOUR OWN wool manufactured or exchanged for yarn or blankets. Woollea Mills, Georgetown, Ontario.



Strong Nerves

Pure organic phosphate, known to most druggists as Bitro-Phosphate, is what nerve-exhausted, tired-out people must have to regain nerve force and energy. That's why it's guaranteed. Price \$1 per pkge. Arrow Chemical Co., 25 Front St. East, Toronto, Ont.



MOTHER OF TWIN BOYS

Tells How Lydia E. Pinkham's Vegetable Compound Relieved Her of Inflammation and Great Weakness

West St. John, N. B.—"I was in a general run-down condition following the birth of my twin boys. I had a great deal of inflammation, with pains and weakness. Finally my doctor recommended Lydia E. Pinkham's Vegetable Compound. He said that your medicine would be the only thing to build me up. I am sure he is right, for I am feeling much better and am gaining in weight, having gone down to ninety-three pounds. I was in bed for over a month, but am up again now. I have recommended the Vegetable Compound to my friends and give you permission to use my letter."—Mrs. ELMER A. RITCHIE, 82 Rodney St., West St. John, N. B.

There are many women who find their household duties almost unbearable owing to some weakness or derangement. The trouble may be slight, yet cause such annoying symptoms as dragging pains, weakness and a run-down feeling. Lydia E. Pinkham's Vegetable Compound is a splendid medicine for such conditions. It has in many cases relieved those symptoms by removing the cause of them. Mrs. Ritchie's experience is but one of many.

You might be interested in reading Mrs. Pinkham's Private Text-Book upon the "Ailments of Women." You can get a copy free by writing the Lydia E. Pinkham Medicine Co., Cobourg, Ontario.