About the House

MEMORIES.

In the morning there shall be not a doubt.

But a song and glad laughter all about.

you please: Let us live it so 'twill be memories.

Memories! We make them now going

Through the rich and radiant moments of the dawn. Let's determine, then, to know every

Happy moments that shall glow by our way.

we can smile.

Living over happy days, afterwhile. And at evening there shall be not a doubt,

But eternal promises all about. -Jay B. Iden.

AN APRON SHOWER.

When casting about for material for a shower to bless the engaged girl with, decide upon aprons and see what solved the question by getting her hus- I was steadily growing worse and a prolific shower they will make. If band to make her a movable drain- could scarcely walk without falling. I the girl is likely to do a lot of her board with a hinged support at the had to quit school and had no control own work-and that's what most of our friends are happily planning for -we may as well begin at the bottom and tell about the aprons of our acquaintance, from the humblest to the highest.

First there are the lowly but necessary ginghams. After making sure of her favorite color, buy the half-inch plaids instead of the old fine plaids; resting on the hinged leg, the whole You can get Dr. Williams' Pink Pills then embellish the border above the hem with cross-stitching on the white squares in the color of the dark equares. Repeat the design on the prekets and on the centre of the belt. Make the ties three inches wide and lo enough to tie in a square bow in the back. Say three ginghams will! be enough.

The n buy enough organdie of her most becoming color to make, after a good pattern, two long-sleeved and high-necked aprons that button down the back, with white organdie collars, cuf's and pocket trimming. These are Sunday-supper aprons to slip right on over a pretty dress.

Next buy enough sheer India linen, or lawn, to make two long, straight aprons with a four-inch hem at the bottom and wide long ties. These aprons are to slip on at serving time or when getting a light supper, and are very useful and not quite as business like looking as the friendly gingham. Crease the gathers in the old way and gather twice to make them lie well in at the belt. The aprons must be sheer but have no trimming. SOMETHING FOR EVERY OCCASION.

The fancy-work apron is made of unbleached canvas, having three deep pockets at the bottom instead of a hem, made by turning the material up and putting a narrow hem at the top so that it is right side out and stitching down between the pockets tration. It is cut in 4 Sizes: 3, 4, 5 monia." As far as the layman, that is, of the attendant nurse. Therefore, to with featherstitching. The apron may and 6 years. A 6-year size requires one who is not scientifically trained to destroy the germs of infection, it is be embroidered with flower motifs in 3% yards of 27-inch material. If made understand the disease in all its as- necessary to collect and destroy the the centre of each pocket. Through a as illustrated trousers and collar will pects, is concerned, the first duty sputum. A cup containing a strong matching the embroidery.

use when working around the stove silver, by the Wilson Publishing Co., member the epigrammatic saying of five per cent. solution of lysol for 24 as cut after the fashion of the butch- 78 West Adelaide St., Toronto. Allow the great Pasteur, "Disease springs hours before washing and boiling. er's apron and is bound with tape. two weeks for receipt of pattern. It has a neck loop of tape and ties of the same. Rubber-lined material may be purchased by the yard, and an apron made on the same lines as an asbestos apron will keep the wearer spotless and shining mahogany, once dry when doing her laundry work. It is also good to wear when washing the dishes. The little ticking apron with pockets for clothespins is another scratch or mark appears on the wood handy possession.

in the country will need a garden soft cloth. The oil in the nut comapron made of pretty cretonne after pletely restores the finish. the pattern of the Sunday organdie apron. There must be a sunbonnet and a kneeling pad to match to make the set complete.

newcomer that is convenient and a way of renovating velvet. After brushsilent helper. Make a gingham apron ing off the top of the stove, lay a

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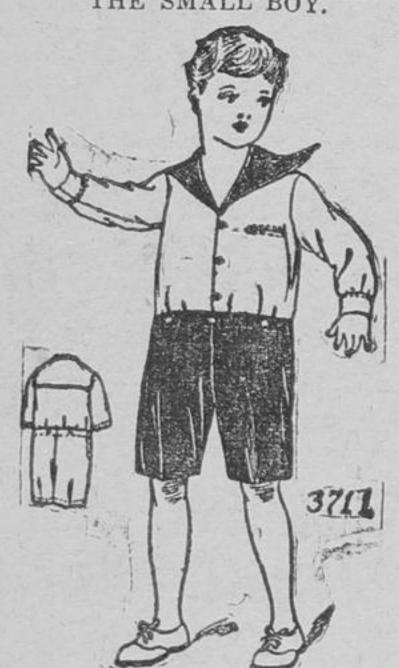
thin flannel apron the same size. Then lay in the centre, after the two former materials are gathered, a largesized chamois. The latter is fastened to a tape belt of its own, then tacked Let us think it; let us dream it, if to the apron belt, from which it is easily detached when it must be washed and dried. In holding the silver pieces on the lap the flannel is soft and does not scratch, and any moisture is not likely to go through, and the chamois polisher is right at hand. A small white woolen glove is excellent to use for applying the paste.

Fudge and tea aprons are made of linen embroidered in any way liked, but if giving a tea the hostess will wear little silk or crepe de chine Then, when gray and full of years, aprons or little butterfly things of lace and cambric.

A MOVABLE DRAINBOARD.

In kitchens without running water it is sometimes a problem to dispose It hung by a large hook on the kit- and I have had no attack of the trouchen wall when not in use. When it ble since. I have, however, taken the was time to do the dishes this house- pills at different times since, when I keeper set up the drainboard with felt out of sorts, and find them all you one end on the table, the other end claim for them if given a fair trial." removed in one trip out of the kitchen, Ontario. instead of the numerous journeys formerly required, and the drainboard was hung on the wall again.

A COMFORTABLE SUIT FOR THE SMALL BOY.



An apron made of asbestos cloth to any address on receipt of 15c in disease. In this one only needs to re-

SPOTLESS MAHOGANY.

A neighbor of mine, noted for her told me her secret. In a bowl on her desk she keeps half a cream nut-Brazil nut-and when even a slight she rubs it away entirely with the cut Every girl who is to have a home end of the nut, polishing later with a

OLD VELVET MADE NEW.

For those who still use wood or coal and discharge from the nose. ranges or the hot plate over gas For silver-cleaning days there is a stoves, we can recommend an ideal long and wide, and cover it with a large cloth wrung out of water on it and over this the velvet, right side up. As the steam rises brush the goods with a soft brush until all creases disappear. If necessary dampen the cloth more than once.

> something, and those who sit and in- ficient crystals of permanganate of quire why it was not done the other potash to give it a pink color. way.-Oliver Wendell Holmes.

A fish that is illuminated with phosphorescent lights, and can make distracting noises while pursuing its sunny aspect. Remove unnecessary no need for disinfection of the room. prey, has been found off the California furniture and keep the room well vencoast.

ance.-Lord Leverhulme.

ST. VITUS DANCE

Shows Through a Twitching of the Muscles of Face and Limbs.

Chorea, or as it is more generally known, St. Vitus dance, is a trouble that usually attacks young children, though older people may be afflicted with it. Its most common symptoms are a twitching of the muscles of the face and limbs. As the disease progresses the twitching takes the form of spasms in which the jerking motion may be confined to the head, or all the limbs may be affected. Frequently the patient is unable to hold anything in the hands or to walk steadily. In severe cases the speech is often affected. The disease is due to debility of the nerves and relief comes through an enriched blood supply, which feeds and strengthens the nerves. Dr. Williams' Pink Pills have been most successful in reaching this trouble through their specific action on the blood, which it enriches and purifies. The following instance will show what Dr. Williams' Pink Pills of dishwater after every meal, with- can do in this trouble. Mrs. S. E. out having to carry several heavy Makins, Parry Harbor, Ont., says:dishpanfuls out to some outdoor "As a young girl I was badly stricken drain. A woman who was anxious to with St. Vitus dance. My parents tried make her kitchen more convenient, several medicines but without avail. lower end. This drainboard had a of my nerves or actions. Finally a band about two inches high running neighbor advised the use of Dr. Wilaround three sides to prevent water liams' Pink Pills, and the use of these from being spilled about the kitchen. for a couple of months restored me,

sloping toward a tall tin coffee drum through any dealer in medcne, or by which received the water. When the mail at 50 cents a box from The Dr. dishwashing was over, the water was Williams' Medicine Co., Brockville,

The Pup.

Shy on wisdom, We confess; Just a lump of Foolishness.

Roll and tumble All the day; Full of friendly Harmless play.

Just a clumsy Yappy mutt; Always getting Under foot.

Hate to see him Growing up; Funny, awkward Little pup!

Next to money the hardest thing to keep is a secret.

Oldest Dated Handwriting Discovered at Ur.

ch wellington

-AND THE WORST IS YET TO COME

The authorities of the British Museum attach great importance to a report from C. L. Woolley, leader of the expedition sent jointly by the museum and the University of Pennsylvania, disclosing their discovery of Ur-of-the-Chaldees of an example of the oldest dated specimen of handwriting, says a London despatch.

The main body of workmen had been engaged in clearing the Zigguarat or staged tower, whose ruins dominate the plain of Ur. Describing the da. Immediately its superior flavor contents of a small temple excavated

"Such finds would have been, indeed, noteworthy to whatever period they belonged, but these are the more surprising, in that they are the oldest works of art in metal yet known.

"A marble tablet was discovered inscribed in Sumerian which records that this was the temple of the Goddess Ninkhurag, built in her honor by the King of Ur, Aanipadda, son of King Mesonnipadda. The latter is known to us, from king lists drawn up about 2,000 years before Christ, as a ruler of the first dynasty of Ur.

'Taken at its face value, the Su-

merian chronology would assign our statues and relics to a date somewhere about 4500 years before Christ; even of that chronology has to be modified we can yet say that our month's work has given us the oldest dated example of man's handwriting and the oldest known triumphs of the art of Tubal Cain."

The Pioneer in Canada.

Thirty-two years ago the now famous "SALADA" Tea was placed on the market in metal packages. "SALADA" was the pioneer package tea in Canaand purity won for it a great popuduring the first month, the report larity that has been growing ever since. It is still a little different and a little better than ordinary tea.

> Toothbrushes and mirrors are unknown on Porto Santo Island, off Madeira.

very centre of this district. It has large quantities Grimm, Variegated and Special Alfalfas, Red Clovers, Alsike, Sweet Clovers, Timothy, etc., which are sold direct to farmers, any part, in any size lots,

PEEL SEED HOUSE,

Home Nursing in Pneumonia

A pattern of this illustration mailed prevent himself from catching the for the patient to spit into. in contact with people suffering from solution). disease the greatest precaution should Old clean rags or paper handkerhave been taken and some member of promptly burnt. the family has been so unfortunate as to contract pneumonia, then a know- face and hands should be frequently ledge of how to care for the patient washed, and these soon get contaminwill be found of great value. The fol- ated. fowing notes upon this subject are recommended to our readers:

-it is caught from another person Toothbrush and thermometer should who has the disease.

It is spread by means of the sputum

What to Do When Pneumonia is

Prevalent. Avoid erowded and ill-ventilated

Avoid fatigue, chills, and unnecessary exposure.

Keep fit. Gargling and nose-washing night and morning are useful measures. A suitable solution is made by mixing be frequently changed and washed The human race is divided into two one teaspoonful of common salt with a classes: those who go ahead and do pint of warm water and adding suf-

Pneumonia.

The patient should have a separate skin. room; if possible see that it has a tilated and clean.

In Canada, January, February and coughing, sneezing, and talking, or in-March are active months for the dis- directly by the soiling of linen, hand-Pattern 3711 is shown in this illus- ease known to doctors as "pneu- kerchiefs, caps, spoons, or the hands casing at the top a ribbon three inches require 1% yards of material and should be to acquire sufficient know- solution of chloride of lime or a ten ledge to enable him to do all he can to per cent. solution of lysol can be used

> from disease." For those whose posi- (N.B.-Two tablespoonfuls of lysol to tion and duty require them to come a pint of water make a five per cent.

> be taken. But if, after all precautions chiefs are useful because they can be

The patient should be kept clean;

Cups, spoons, and other eating utensils, should be disinfected at least Pneumonia is an infectious disease twice daily by means of boiling water. be kept in weak lysol (two per cent). Precautions to be Taken by the Nurse.

Avoid standing in front of the patient or "taking his breath" while attending to him. Throat gargling and nose douching are recommended. Face masks should be used as much as possible by those attending the sick. These can be made of four layers of buttermuslin, 8 inches by 5 inches, provided at the corners with tape for fastening behind the head. Several of these are desirable so that they can (boiled).

The nurse must wash her own hands after attending to the sick and after touching soiled handkerchiefs, etc. What to Do When Nursing a Case of Plain soap and water are sufficient for this; avoid soaps which roughen the

As the infection is personal, there is

The above precautions are valuable in the majority of acute respiratory Remember that the sputum and dis- diseases and such diseases as influen-There is no crime so great as ignor- charges from the nose are highly in- za, measles, whooping cough, and the fectious either directly by the acts of ordinary cold in the head.

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