

TORTURES OF SCIATICA

Relieved by Enriching and Purifying the Blood.

Sciatica is neuralgia of the sciatic nerve and the treatment should be the same as for other forms of neuralgia. Sciatica is stubborn in resisting treatment and the patient frequently suffers for years.

So many cases of sciatica have been helped by Dr. Williams' Pink Pills that every sufferer is justified in giving this treatment a thorough trial. Dr. Williams' Pink Pills do not simply relieve pain—they correct diseases caused by weak, watery blood. Thus they are beneficial in the treatment of even the most severe disorders. Their value in cases of this kind is shown by the experience of Miss Lizzie Freeman, Nogies Creek, Ont., who says:—"I was confined to bed for seven weeks with sciatica. What I suffered is almost impossible to realize. The doctor did all he could for me, and yet I was not getting any better, and he told me the trouble was likely to leave me crippled. A neighbor who was in to see me, strongly advised me to try Dr. Williams' Pink Pills. I decided to do so and after taking them for a while found they were helping me. I continued taking the pills until I had taken nine boxes, when I was able to walk as well as ever, and felt that I was fully restored. In view of what these pills have done for me I strongly recommend them to all sufferers."

If you are suffering from any condition due to poor, watery blood or weak nerves, begin taking Dr. Williams' Pink Pills now and note how your strength and health will improve.

The new sales tax will not increase the price of Dr. Williams' Pink Pills, as the company pays the tax. You can still obtain the pills through any medicine dealer at 50 cents a box, or by mail, post paid, at this price, from The Dr. Williams' Medicine Co., Brockville, Ont.

Flower Gems in Glass.

Marvellous artificial blooms that resemble Nature's finest specimens in every respect, except scent, are now being made by expert glass-blowers.

Every part of a flower or plant is faithfully reproduced, from the long, delicate stems and colored petals to the almost invisible pollen.

The first thing which the maker of these wonderful blooms does is to blow the petals from glass as thin and fragile as tissue paper. The glass petals are then shaped and colored exactly like the natural ones.

Some of the rarer plants cannot be easily reproduced, and often several experiments have to be carried out with different colors before a really good imitation is obtained.

These glass flowers are used extensively in museums, both to show details of plant or flower formation and as backgrounds for displaying specimens of birds and insects. So far has this branch of scientific glass-blowing been developed that it is practically impossible to distinguish the artificial blossoms from the real.

Going, Going, Gone!

In the midst of the auction a man came forward and whispered at some length to the auctioneer. Then he went back and mingled with the crowd. The auctioneer rapped on the table and announced:

"A pocketbook containing two thousand dollars in bills has been lost. If it is returned to me, the owner will pay fifty dollars reward and no questions asked."

There was a moment's silence, and then a voice toward the back of the crowd was heard:

"Fifty-one!"

NURSES

The Toronto Hospital for Incurables, in affiliation with Bellevue and Allied Hospitals, New York City, offers a three years' Course of Training to young women, having the required education and desirous of becoming nurses. This Hospital has adopted the eight-hour system. The pupils receive uniforms of the School, a monthly allowance and travelling expenses to and from New York. For further information apply to the Superintendent.

Mother! Give Sick Child "California Fig Syrup"

Harmless Laxative for a Billious, Constipated Baby or Child.



Constipated, bilious, feverish, or sick, colic Babies and Children love to take genuine "California Fig Syrup." No other laxative regulates the tender little bowels so nicely. It sweetens the stomach and starts the liver and bowels acting without griping. Contains no narcotics or soothing drugs. Say "California" to your druggist and avoid counterfeits! Insist upon genuine "California Fig Syrup" which contains directions.



Charles Edward Davies

Formerly Assistant General Manager, whose appointment as Acting General Manager of the Canadian National Telegraphs has been announced, following the sudden death of Mr. George C. Jones, late General Manager, December 31st, 1923.

Winter Evening in the Country.

The Winter sun sinks in the west,
And lengthening shadows slowly creep,
And all the cares that day infest
Fly fearful from the darkness deep;
While stars their silent watches keep.

Outside while winds of Winter blow,
And falls the curtain of the night,
Our homely hearth with fire aglow
And hearts all warm with love and light,
Make Winter evenings glad and bright.

The memory of these peaceful eves
Will stir the heart in years to be,
And when life's hopes, like Autumn leaves,
Wither and die, we still shall see
These evening joys, in reverie.
—Helen B. Anderson.

KEEP LITTLE ONES WELL IN WINTER

Winter is a dangerous season for the little ones. The days are changeable—one bright, the next one cold and stormy, that the mother is afraid to take the children out for the fresh air and exercise they need so much. In consequence they are often cooped up in overheated, badly ventilated rooms and are soon seized with colds or grippe. What is needed to keep the little ones well is Baby's Own Tablets. They will regulate the stomach and bowels and drive out colds, and by their use the baby will be able to get over the winter season in perfect safety. The new sales tax will not increase the price of Baby's Own Tablets, as the company pays the tax. You can still obtain the Tablets through any medicine dealer at 25 cents a box, or by mail, post paid, from The Dr. Williams' Medicine Co., Brockville, Ont.

Left Out.

Orator (at school gathering)—"My young friends, when I was your age the word "fail" was not in my dictionary."

Willie (to older brother)—"What's he saying, Jimmie?"

Jimmie—"Aw, the poor fish ain't satisfied with the dictionary they gave him when he was a kid."

It is always safe to send Dominion Express Money Orders.

The Drifters of the World.

There are many persons in the world like the tramp with whom Mrs. Asquith is said to have shared her lunch on the Scottish moors one day. She found this man seeking shelter from the rain under a dyke. He refused to answer questions about himself, and would not tell whence he came or whether he was bound.

"You seem to walk all day and go nowhere," she said; "when you wake up in the morning how do you shape your course?"

"I always turn my back to the wind," he answered.

People who turn their backs to the wind are the drifters of the world. They go hither and thither, wanderers upon the face of the earth; they create nothing, render no service, and oftentimes go about thinking they are ill-treated.

Usually the most worth-while people are those who have been forced to fight their way forward in the world—people who have kept their faces toward the wind and not their backs.

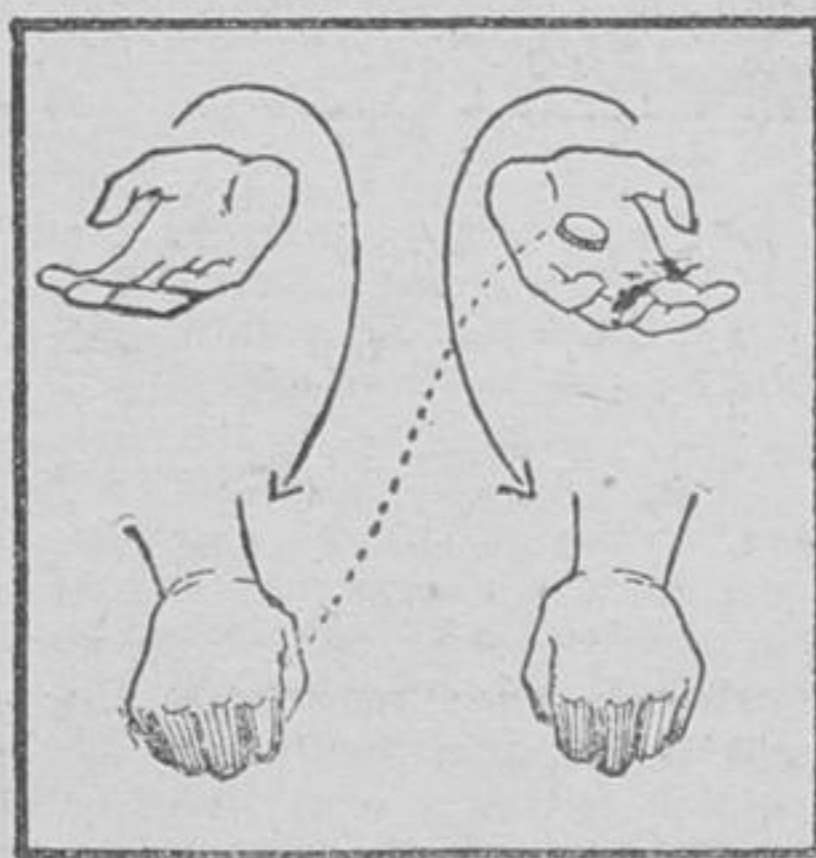
Three canals, each wider than the Suez Canal, will carry the waters of the Indus and bring into cultivation an area eight times the size of Kent, due to the erection of a dam across the great Indian river. This is the biggest dam in the world.

Keep Minard's Liniment in the house.

EASY TRICKS

No. 324

Where Is It?



This is the amateur trickster's opportunity to prove that the hand really IS quicker than the eye.

Hold your hands in front of you, about eight to ten inches from the body, with the palms of both upward. In one hand a half dollar lies. The half dollar should be about in the middle of the palm.

Turn the hands rapidly over, turning the right hand toward the left and the left toward the right, closing them as they turn. The coin should fly from one hand to the other but so rapidly that a person standing directly in front of you cannot see its flight. As both hands close at the same time he will have some difficulty in guessing which hand contains the coin. The trick will not be accomplished the first time the beginner tries it as it requires a certain knack that will come with practice.

(Clip this out and paste it, with other of the series, in a scrapbook.)

His Hearing Restored.

The invisible ear drum invented by A. O. Leonard, which is a miniature megaphone, fitting inside the ear entirely out of sight, is restoring the hearing of hundreds of people in New York city. Mr. Leonard invented this drum to relieve himself of deafness and head noises, and it does this so successfully that no one could tell he is a deaf man. It is effective when deafness is caused by catarrh or by perforated or wholly destroyed natural drums. A request for information to A. O. Leonard, Suite 437, 70 Fifth avenue, New York city, will be given a prompt reply. advt

Buy An Island.

The Canadian Government invites people who are in search of a summer home to buy an island in Georgian Bay. There are some thirty thousand islands along the shores of that part of Lake Huron, and the islands vary in size from tiny eyots to islands many acres in extent. They are rocky and bear no great amount of vegetation, but many are ideal for summer camps. The price of an unoccupied island is twenty-five dollars plus ten dollars an acre.

ASPIRIN

Beware of Imitations!



Unless you see the name "Bayer Cross" on package or on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians over twenty-three years for

Colds Headache
Toothache Lumbago
Neuritis Rheumatism
Neuralgia Pain, Pain

Accept "Bayer Tablets of Aspirin" only. Each unbroken package contains proven directions. Handy boxes of twelve tablets cost few cents. Druggists also sell bottles of 24 and 100. Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidester of Salicylicacid. While it is well known that Aspirin means Bayer Manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

To Gain Weight

Druggists guarantee Bitro-Phosphate to rebuild shattered nerves; to replace weakness with strength; to add body weight to thin folks and rekindle ambition in tired-out people. Price \$1 per pkge. Arrow Chemical Co., 25 Front St. East, Toronto, Ont.

RED ROSE TEA 'is good tea'

Fine, brisk flavor! Best of all in the ORANGE PEKOE QUALITY T-5

Mark.

Each day by Jared's carriage shop Mark passed,
Calling a greeting through the wide swung door,
In the same wagon made forty years before
And guaranteed by Jared to wear and last.
On Mark's return from town, his team made fast,
The two old friends would chat of days no more,
And tell old jests, rehearse the fragrant lore
Of youth, recall the years with memories massed.

Their friendship was a golden thing, the village said,
That brighter grew with every year of use.
It did until the day Mark said in heat:
"My wagon's busted on the hill, and, Ed,
You guaranteed it! And it hain't had no abuse!"
Then Jared, mad, hurled Mark into the street!

—Arthur Wallace Peach.

Remember that, for any profession, it takes a long course of study before any real and substantial success can be looked for. Don't take the advice of admiring friends alone, who will be sure to tell you that you can do anything and do it well without a preliminary course of preparation. It is not what comes to you, but what you come to, that determines whether you are to be a winner in the great race of life.

STOMACH MISERY, GAS, INDIGESTION

"Pape's Diapepsin" is the quickest, surest relief for indigestion, gases, flatulence, heartburn, sourness or stomach distress caused by acidity. A few tablets give almost immediate stomach relief. Correct your stomach and digestion now for a few cents. Druggists sell millions of packages of Pape's Diapepsin.

To Make Rich Red Blood

Revitalize your worn-out exhausted nerves and increase your strength and endurance take Organic Iron, not metallic iron which people usually take, but pure organic iron—Nuxated Iron—which is like the iron in your blood and like the iron in spinach, lentils and apples. One dose of Nuxated Iron is estimated to be approximately equivalent (in organic iron content) to eating one-half quart of spinach, one quart of green vegetables or half a dozen apples. It is like taking extract of beef instead of eating pounds of meat. Nuxated Iron is partially predigested and ready for almost immediate absorption and assimilation by the blood, while metallic iron is iron just as it comes from the action of strong acids on small pieces of iron filings.

Over 4,000,000 people annually are using Nuxated Iron. It will not injure the teeth nor disturb the stomach. A few doses will often commence to enrich your blood. Your money will be refunded by the manufacturers if you do not obtain satisfactory results.

Beware of substitutes. Always insist on having genuine organic iron—Nuxated Iron. Look for the letters N. I. on every tablet. Sold by all druggists.

NUXATED IRON

For Red Blood, Strength and Endurance

Chilblains.

Minard's takes the sting out of them. Quickly relieves aching or blistered feet.



The Cause of Heart Trouble

Faulty digestion causes the generation of gases in the stomach which inflate and press on the heart and interfere with its regular action, causing faintness and pain. 15 to 30 drops of Mother Seigel's Curative Syrup after meals sets digestion right, which allows the heart to beat full and regular. At druggists. 9

The Duchess "Lizzie."

A few months ago when the Duke of York married Lady Elizabeth Bowes-Lyon all the English writers spoke of the Scotch bride as Lady "Betty." Apparently that was the thing to do. But what the new Duchess of York calls herself is quite a different matter. The wedding present that she and her royal spouse recently sent to Lady Rachel Cavendish was marked simply, "From Albert and Lizzie." Lizzie! Girls who are just about to change their plain Alice to Alyce please notice.

Ask for Minard's and take no other.

"Australia will one day be able to support a population of 100,000,000," said Mr. James Wignell, M.P., recently.

Classified Advertisements

FOR SALE

CORD WOOD, MILL SLABS, STOVE length. Car lots. Reid Bros., Bothwell, Ont.

WOOLGROWERS, YOUR OWN wool manufactured or exchanged for yarn or blankets. Woollen Mills, Georgetown, Ontario.



PIMPLES ON HEAD AND NECK

Small and Formed Sore Eruptions. Skin Sore and Red. Cuticura Heals.

"Pimples broke out on the back of my head and neck. At first the pimples were small and then ran into each other and formed sore eruptions about the size of a ten cent piece. The skin was sore and red and itched a great deal, causing me to scratch.

"I had the trouble about six months before I began using Cuticura Soap and Ointment, and after using three cakes of Soap and three boxes of Ointment I was healed." (Signed) J. A. Macdonald, Giffard, Quebec.

Rely on Cuticura Soap, Ointment and Talcum to care for your skin

Sample Each Free by Mail. Address: "Lyman, Limited, 344 St. Paul St., W., Montreal." Sold everywhere. Soap 25c. Ointment 25c and 50c. Talcum 25c. Cuticura Soap shaves without mug.

PUTS HEALTH AND VIM INTO WOMEN

So Says Mrs. MacPherson of Lydia E. Pinkham's Vegetable Compound

Brantford, Ontario.—"I was always tired and the least exertion would put me out for a day or two. I had a pressing pain on the top of my head, pain in the nape of my neck, and when I stooped over I could not get up without help, because of pain in my back. I did not sleep well and was nervous at the least noise. I keep house, but I was such a wreck that I could not sweep the floor nor wash the dishes without lying down afterwards. A friend living near me told me what Lydia E. Pinkham's Vegetable Compound had done for her so I began to take it. With the first bottle I felt brighter and got so I could wash dishes and sweep without having to lie down. Later I became regular again in my monthly terms. I have taken ten bottles all told and am now all better. I can truly say that your wonderful medicine cannot be beaten for putting health and vim into a woman."—Mrs. JAMES H. MACPHERSON, 309 Greenwich St., Brantford, Ont.

If you are suffering from a displacement, irregularities, backache, or any other form of female weakness write to the Lydia E. Pinkham Medicine Co., Cobourg, Ontario, for Lydia E. Pinkham's Private Text-Book upon "Ailments Peculiar to Women."