

About the House

WHAT SHALL WE PLAY.

How many times a mother must answer that question! Not only at home for her own children, but at the neighborhood parties, picnics or community gatherings, is she asked to suggest a game.

Not long ago I attended a family party—that is, a gathering where all the members of the family came for a play hour. One game that caused much excitement was a clothespin race. Two lines of folks of all ages, and a bag of clothespins for each line, a starter to see them off and the pins were passed down the line one at a time. The line that emptied its bag first won the race. If the game is played where seats are plentiful, the lines may as well sit down for the game.

An apple race for boys amuses on-lookers as well as the boys. Apples are placed on the floor or grass, one for each boy, and they must be rolled a certain distance and returned, the boys using only their noses.

A popular game among our young folks and one that any number may play has been one where the leader takes the centre with the group circled about her, either sitting or standing. She approaches one of the group and, pointing to her own eye, she says, "This is my nose." While she counts ten, the one she addresses must respond by pointing to her nose and saying, "This is my eye." If she can respond, she keeps her place; otherwise she takes the centre and hunts another victim of slow wits. Touch any portion of the body. For instance say, "This is my chin," and be pointing to an elbow, and the response must be "This is my elbow," while the speaker points to his chin.

I saw a mock auto race the other evening that was a complete success. Groups of six were chosen, and as many groups could take part as there was room for the race track. Each group chose a car to represent. Then a relay race began. One of the group, representing a car, would race across the yard, turn a chair around, sit upon it, arise and turn the chair back again before returning home for the second racer to start. Five groups were represented, and you may rest assured that excitement rose to a high pitch at times.

For a small group of about a dozen or fifteen, Passing the Dollar is enjoyed by young folks. Seated in a circle, each person grasps the wrist of the one sitting at his left. The right hand of every one is free, except at the wrist. Then a dollar is taken by one and passed to his neighbor. The dollar must be continually passed, but carefully enough that the person in the centre will have difficulty in locating it. All hands keep up the pretense so that one is continually reaching to clasp a hand on one side or the other. When the hunter in the centre locates the dollar, the one found clapping it must be the hunter and Passing the Dollar is continued. A larger circle calls for two dollars and two hunters.—L. M. S.

POINTS FOR THE NEEDLE.

When making buttonholes in baby's dainty little clothes or any other thin material, rub a little library paste on the wrong side of the goods and let it dry. This will give a firmer surface to work on and will not stain the most delicate fabrics.

If it is your task to sew a wide lace on a round luncheon cloth or centre-piece, roll the lace in a tight roll and tie with a clean cord in three or four places. Wet thoroughly one inch at the bottom and when it is dry your lace will fall in graceful circles ready to be sewed.

HAVE YOU EVER

Tried using one teaspoonful of cornstarch with one cup of sugar instead of one and one-half cups when making chocolate fudge frosting. The frosting has to be cooked more slowly and stirred often but will be creamy and smooth.

Tried making graham buns this way: Three pints graham, one-half cup shortening, one-half cup sugar, two cups yeast, two eggs, one cup water. Use enough wheat flour to handle easily, and let raise. When light, turn out on well floured board, mold into biscuit and when light bake in moderate oven. When nearly ready to take from oven, brush tops with a coating of milk and sugar.—M. B. I.

THAT HORRID STAIN.

Every housewife at times has trying experiences with stains, but there are some common agents by which stains and discolorations can be removed, proved by home economics experts. Colored candle wax dropped on table linen can be eradicated by applying a hot iron and two pieces of blotting paper which absorb the wax. Then the

color is removed by soaking material in denatured alcohol for a few minutes.

Fruit, tea, coffee and chocolate discolorations are removed by holding the cloth taut over a bowl and pouring boiling water over the stain. A paste of borax and cold water, with much rinsing, takes out chocolate easily and usually grease spots yield to soap and hot water treatment. Iron rust comes out by applying a paste of table salt and lemon juice several times, alternating with steam from the tea kettle spout. Black grease or tar stains can be removed by rubbing spots with lard, then wash in hot suds.

Javelle water is a good commercial bleach, but it can't be used on colored materials as it destroys color. Use only on cotton and linen. Make a solution of equal parts of water and the bleach, soak cloth in it a few minutes, rinse well and in the last rinsing add a few drops of clear ammonia water.

PLANNING THE SCHOOL LUNCH.

Mothers are daily faced with the problem of preparing school lunches. It is hard to prevent the sameness from creeping into the menu and besides, many foods which children enjoy cannot be carried in a lunch basket. The metal container with ventilation holes is best for carrying to school because it can be scalded daily. Paraffin paper should be used for wrapping moist foods, as cake and sandwiches.

These suggestions help to make appetizing lunches for school kiddies. Sandwiches with sliced meat filling, baked apple, cookies, or a few pieces of candy. A crisp roll hollowed out and filled with chopped meat or salmon, an orange, cookies, and a few dates. Hard-boiled and deviled eggs, with brown bread and jam, apple sauce and a piece of cake. Nut or cheese sandwiches with a piece of maple sugar, and fruit. Baked bean sandwiches, sweet pickle, handful of raisins, and cookies. All these combinations are tasty and helpful, especially if a small thermos bottle with milk is provided with each lunch.

A VERY ATTRACTIVE COSTUME FOR MASQUERADE, FANCY DRESS AFFAIRS, ETC.



4524

4524. This could be developed as "Mother Witch," "Mother Goose" or similar characters. It is also desirable as a Colonial Costume. Crepe paper would be the most inexpensive material; crepe in silk or cotton, cretonne or chintz and sateen, brocade and plain material, all are desirable combinations. The sleeve may be short and finished with a deep ruffle of lace or contrasting material; or they may be in peasant style, with gathers and heading at the wrist. The Hat may be in contrast to the costume or of self material.

This Pattern is cut in four Sizes: Small, 34-36; Medium, 38-40; Large, 42-44; Extra Large, 46-48 inches bust measure. A Medium size requires 11½ yards 36 inches wide. For drapery and fichu of contrasting material 4½ yards 36 inches wide is required. Hat alone requires ½ yard. Without long sleeves ¾ yard less is required.

Pattern mailed to any address on receipt of 15c in silver or stamps, by the Wilson Publishing Co., 73 West Adelaide Street, Toronto. Allow two weeks for receipt of pattern.

"To do our best is one part but to wash our hands smilingly of the consequences is the next part of any virtue."

STOMACH TROUBLE DUE TO THIN BLOOD

It Usually Disappears When the Blood is Made Rich and Red.

Thin blood is one of the most common causes of stomach trouble. It affects the digestion very quickly. The glands that furnish the digestive fluids are diminished in their activity, the stomach muscles are weakened and there is a loss of nerve force. In this state of health nothing will more quickly restore the appetite, digestion and normal nutrition than good, rich, red blood.

Dr. Williams' Pink Pills act directly on the blood, making it rich and red, and this enriched blood strengthens weak nerves, stimulates tired muscles and awakens to normal activity the glands that supply the digestive fluids. This is shown by an improved appetite, and soon the effect of these blood enriching pills is evident throughout the whole system. You find that what you eat does not distress you, and that you are vigorous instead of irritable and listless. If your appetite is fickle, if you have any of the distressing pains and symptoms of indigestion, you should at once take Dr. Williams' Pink Pills and profit by the better condition in which they will put your blood.

These pills are sold by all dealers in medicine, or you can get them by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

The Anchor.

Here on the wharf I lie, idle and rusting,

Scored with the scars of strife,
Wars that to win meant life;
Many a sailor's wife
Gave, all unknowing, her heart to my trusting.

Ofttimes the restless sea breezes sweep o'er me,
In a familiar tongue,
Singing the days I swung
From a staunch vessel slung,
Blue sky above and wide waters before me.

Many a mighty ship peacefully riding
Held I nor counted cost;
Fog-wrapped or tempest-tossed,
Never my grip I lost,
Never broke faith with my charges confiding.

Here on the wharf I lie, home from the ocean,
Never to plunge again,
Bearing my sturdy chain,
Down through the yeasty main—
Symbol unsullied of faith and devotion.

—Harold Willard Gleason.

The Viewpoint.

North—Don't you feel terribly insignificant when you view Niagara Falls?"

West—"I suppose perhaps I would now, but at the time I really did see it I was newly married and rather pitied the Falls."

The first fire insurance company of importance in the United States was founded in 1752.

—AND THE WORST IS YET TO COME



King's Household Model of Efficiency

The keynote of Buckingham Palace is efficiency. It is impossible for the chief residence of the royal family to be run on successful lines unless there is organization of a very high standard in operation behind those white walls with their orderly array of windows and red-coated sentries pacing up and down outside.

The King's household is divided into three branches, which are in the charge of the lord chamberlain, the lord steward and the master of the horse. These are all political appointments, the holders retiring when a government goes out of office.

The lord chamberlain, known in former days as the king's chamberlain, controls and superintends all the officers and servants of the household "above stairs." Among other things, he is in charge of the robes of state, is responsible for the licensing of plays, and is the head of the ceremonial department, which issues all the invitations to court functions and regulations concerning dress and general points of procedure. One of his lesser-known duties is having general charge of all furniture in the Houses of Parliament.

The lord steward exercises control over the whole of the staff "below stairs," except those attached to the department of the master of the horse, says Mr. Guy Heseltine in his new book, "The Court Circle."

The official title of his office is the board of the green cloth, from the color of the table at which all expenditure was dispensed in former days.

The office is one of the oldest about the court, for it dates back almost to the time of the Norman conquest.

The lord steward takes his orders from the sovereign in person.

The master of the horse has charge, and the ordering and dising of all matters relating to the royal stables, from the control of the equerries downwards.

He may make use of any horses, pages, or footmen belonging to the household, and in all royal processions his place is directly in rear of the sovereign.

Another very important court post is that of private secretary to the King. He has to deal with all the King's personal correspondence and so forth, as well as making all his engagements and appointments, except those of a state or formal character.

Among the minor officials, the treasurer of the household is the principal one under the lord steward, taking full control in his absence. His duty is to pay all money due from the board of the green cloth and to supervise the household expenditure generally.

The master of the household surveys all the accounts and must certify them correct before passing them on to the treasurer for payment. He ranks next to the comptroller, and presides over the dinners of the suite in attendance.

Brothers All.

We're brothers all, whatever the place,
Brothers whether in rags or lace,
Brothers all, by the good Lord's grace.

Some may sit in a royal hall,
Some may dwell where the rooms are small,
But under the skin we are brothers all.

Some may toil 'neath a burning sun,
Some may dream where the waters run,
But we're brothers all when the day is done.

Dreams of splendor and dreams of rest
Warm the proud and the poor man's breast;
What is best for God, for us all is best.

By the sun that shines and the rains that fall,
By the shadows flung on the garden wall,
By the good Lord's grace, we are brothers all.

By the hurt that comes and the falling tear,
By the common grief at the silent bier,
And the grave that awaits, we are brothers here.

—Edgar A. Guest.



ORPHANED BY THE JAPANESE DISASTER

Nine-months old Baby Nicoll is one of the many little British refugees who have arrived in Vancouver since the great earthquake in Japan two months ago. For 36 hours she lay without food or shelter on the Bluff at Yokohama until she was discovered by rescue parties and eventually restored to her father, H. R. Nicoll, with whom she travelled to Canada on the "Empress of Russia." Mr. Nicoll's wife and other daughter were lost during the disaster.

Thoroughly Realized.
1st Mother—"I don't believe you realize what a great thing education is!"
2nd Mother—"Don't I though! When them six children of mine are home from school for the summer vacation you kin just bet I do!"

