

## GIRLS AND WOMEN HELD BY ANAEMIA

Rich, Red Blood Needed to Restore Their Health.

There are thousands of growing girls and women held in the deadly clutches of anaemia. Slowly but surely a deathly pallor settles on their cheeks; their eyes grow dull; their step languid; their appetite fickle. Daily they are losing their vitality and brightness. Pains in the side, headaches and backaches follow, and life seems to be scarcely worth living. What is needed in cases of this kind is new, rich red blood which will bring back to weak, ailing girls and women the charm and brightness of perfect health. To obtain this new, rich blood try Dr. Williams' Pink Pills. Their action is directly upon the blood; they supply the elements necessary to make it rich and red, and in this way they bring back the glow of health to the cheeks; brightness to the eyes, and a lightness and energy to the step. Among those who have found benefit through the use of Dr. Williams' Pink Pills is Miss Emma J. Johnston, R.R. No. 1, Clinton, Ont., who says:—"In the spring of 1921 I felt weak and very much run down. It was with difficulty that I forced myself to work at all. I had headaches, was very pale, and felt constantly tired. In our local paper I ran across the testimonial of a lady who told of the benefit she had from using Dr. Williams' Pink Pills, and I decided to give them a trial. Very soon I felt a change for the better, and by the time I had taken five boxes I felt like a new person. The tired, worn out feeling had vanished and I could go about my work from morning until night without any difficulty. I certainly cannot speak too highly of Dr. Williams' Pink Pills and when I meet anyone weak and run-down I strongly advise them to give these pills a trial."

You can get these pills through any medicine dealer or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

## EASY TRICKS

No. 34

The Mutus Trick

M U T U S  
D E D I T  
N O M E N  
C O C I S

This is a most spectacular, parlor trick with cards and one that is rarely seen nowadays. It will well repay the slight study it requires. To perform it memorize this phrase of nearly meaningless Latin: MUTUS DEDIT NOMEN COCIS.

Deal twenty cards face upward in pairs. Ask each of ten persons to select a pair and to remember the cards selected. As you will observe when you try the trick you can use less than 10 assistants—but the more the better.

Take up the pairs in their order. Keep the table in your mind and imagine it painted on the floor as in the drawing. Deal the first card on the imaginary M in MUTUS and its mate on the equally imaginary M in NOMEN. Deal the first card of the second pair on the first imaginary U in MUTUS and its mate on the second imaginary U. The first card of the third pair goes on the imaginary T in MUTUS and its mate on the imaginary T in DEDIT.

When all of the cards are dealt in this manner ask one person to tell you in which rows his cards are. If he says, for example, that it is in the first and last rows, you know that it is the card you placed on the imaginary S's as S is the only letter which is in both of those rows.

(Clip this out and paste it, with others of the series, in a scrap-book.)

Perfect at Last!

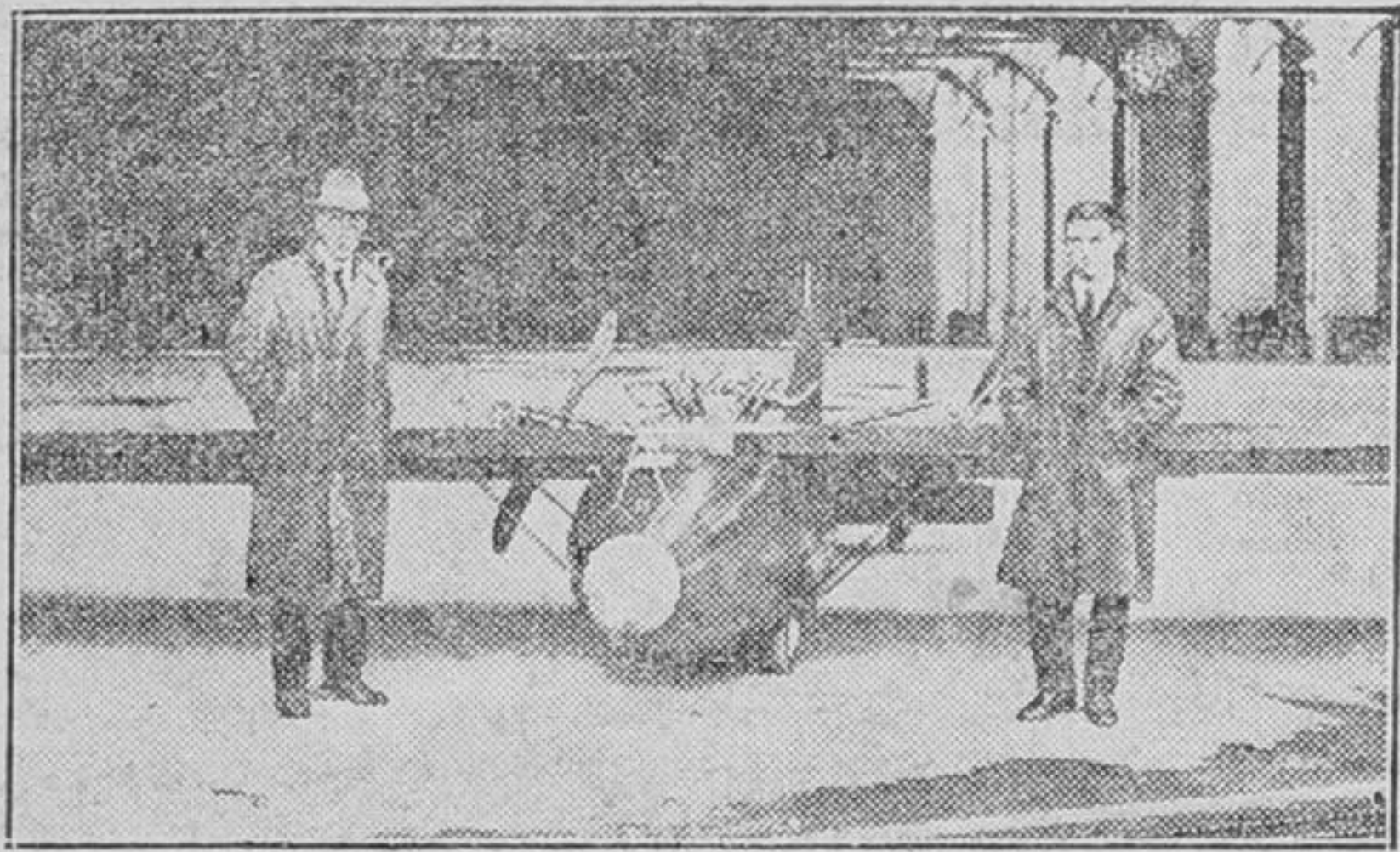
As Margerie's school reports weren't entirely satisfactory, her father said to her, "The first time that you come home with a hundred in anything I'll give you a dollar."

Time went by, and still Margerie could not claim the reward. Then one day the child was taken ill. When the doctor had gone she asked, "Mamma, am I very sick?"

"No, dear; your temperature is a hundred, but the doctor thinks you'll be better tomorrow."

Margerie's face lighted up. "Then, mamma, I can have my dollar, can't I? Papa said he'd give it to me if I got a hundred in anything."

Minard's Liniment used by Physicians



THE SMALLEST AIRPLANE

The world's smallest airplane is that shown in the picture. It reaches a height of 2,500 feet and a speed of 65 miles an hour. Its engine is 5-6 horse power. At the left is the inventor, Major Gnospius, and at the right, the pilot, Mr. Lancaster Parker.

## School Closes.

Put by your books!—  
Close with no wistful eye the door  
That opens to your childish hand no more.

Before you is the world to gain or lose,  
To conquer or to worship, as you choose.

To-day is the great day—to-day you turn

Life's lesson from a broader page to learn;

To work beneath a sterner teacher's eye;

And in the Halls of Time, a harsher test to try.

Put by your books!—  
Yet do not quite forget the truth  
And beauty in them, the short days of youth,

Nor its sweet dreams, its promise and its joys.

The wine of pleasant memories never dries

As does the nectar of too dear success,  
Whose price and joy alike are in excess.

Put by your books, yet keep them that your soul

May drink of youth and keep its wisdom whole.

—Florence B. S. O'Connor, B.A., Iroquois, Ontario.

## THANKFUL MOTHERS

Once a mother has used Baby's Own Tablets for her little one she would use nothing else. The Tablets give such results that the mother has nothing but words of praise and thankfulness. Among the thousands of mothers throughout Canada who praise the Tablets is Mrs. David A. Anderson, New Glasgow, N.S., who writes:—"I have used Baby's Own Tablets for my children and from my experience I would not be without them. I would urge every other mother to keep a box of the Tablets in the house." The Tablets are a mild but thorough laxative which regulate the bowels and sweeten the stomach; drive out constipation and indigestion; break up colds and simple fevers and make teething easy. They are sold by medicine dealers, or by mail at 25c a box from The Dr. Williams' Medicine Co., Brockville Ont.



No One Knows.

"Wot is it wot kin smell all the smells wot is?"

"Yer tank's leakin'! Oh, yes, yer want me t' answer that, donjer? Well, no one nose."

## Ups and Downs.

Pendants of amber grace  
Laburnum's frock,  
Threaded on sunbeam lace  
In the wind's face.

The blossoms rear their heads  
On lilac's breast;  
Hung not on drooping threads,  
Their upward quest  
No radiance dreads.

Sometimes my spirit wears  
The lilac gown.  
Sometimes the robe of cares  
Weigheth it down—  
Now praise, now prayers.

## MONEY ORDERS.

A Dominion Express Money Order for five dollars costs three cents.

Obedience is a Christian virtue. It is in no sense a humiliation.—Bishop Welldon.

I went to sea at fourteen with £50 and the story of the Prodigal Son.—Admiral Sir Guy Gaunt.

Self-satisfaction is one of man's greatest foes, for we don't struggle to improve things when we are satisfied with them. If everybody was satisfied with things as they are, with ourselves and our work, civilization would be at a standstill. A noble discontent is progress, betterment, improvement, advancement all along the line. It has given us our great scientists, architects, musicians, artists, poets, authors, physicians, merchants, explorers, railroad builders, teachers, all the great men and women who have made our civilization what it is today.—O. S. Marden.

## London's "Big Ben" Model of Accuracy.

The British claim "Big Ben," the clock on the tower of the Houses of Parliament, is the most reliable one in the world. This statement is based on the fact that Big Ben received the noon wireless time signals from Greenwich on 293 days last year, and its error was less than one second after 203 days.

These facts were disclosed by Sir Frank Dyson, Astronomer Royal, who says Big Ben is practically up to pre-war efficiency. Big Ben's record is considered all the more remarkable in that he is not corrected daily, as are other clocks electrically connected with the Greenwich Observatory. Notwithstanding this extraordinary record, Big Ben was recently given a vacation while workers carefully overhauled Westminster's monster time-piece for the first time since the war.

The Laurentide Co., Ltd., of Grand Mere, P.Q., have about 20,000,000 white spruce seedlings and transplants in their nursery.

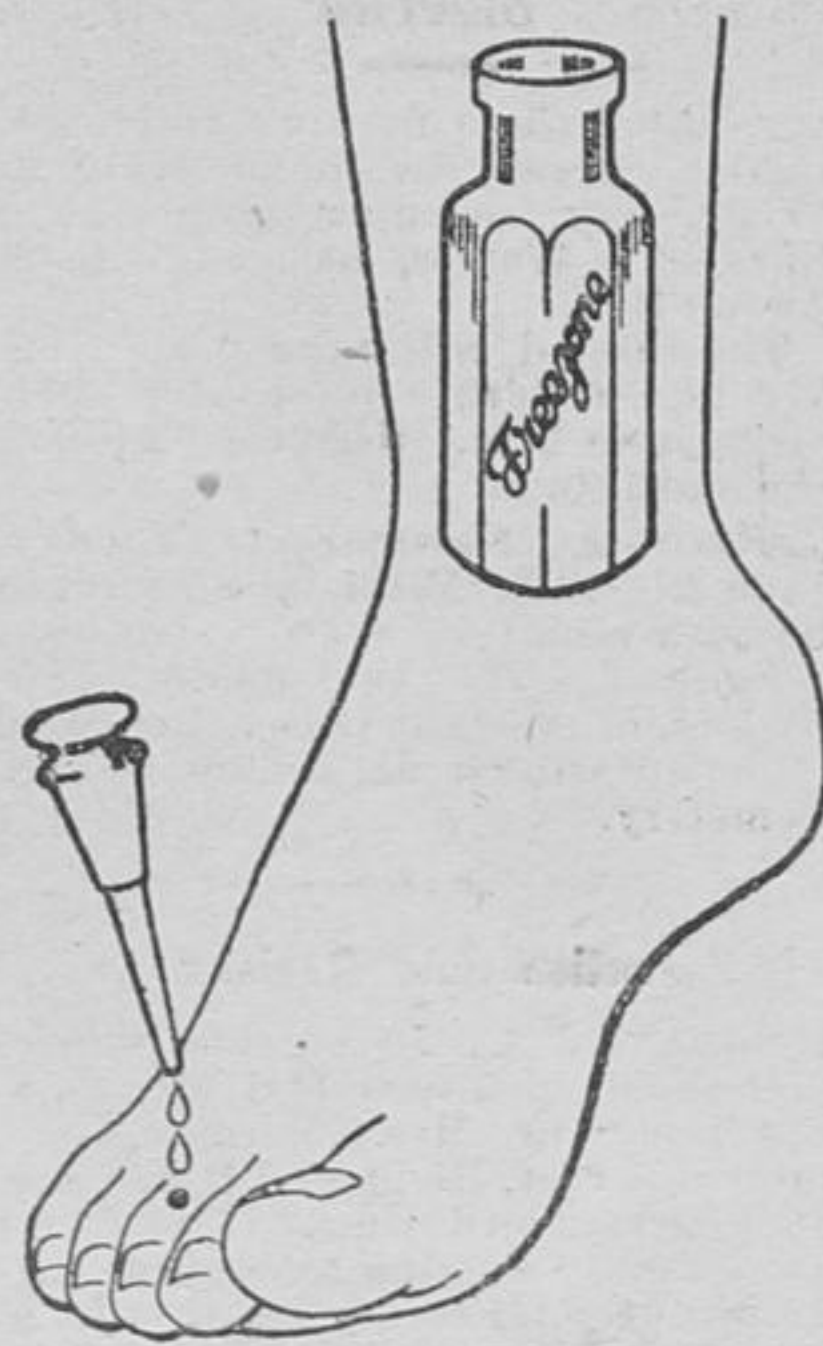
Whatever changes may arise in the affairs of men and human society, the Bible remains the Book of Books.—President Harding.

## America's Pioneer Dog Remedies

Book on DOG DISEASES and How to Feed Mailed Free to any Address by the Author. E. Clay Glover Co., Inc. 129 West 24th Street New York, U.S.A.

## CORNS

Lift Off with Fingers



Doesn't hurt a bit! Drop a little "Freezone" on an aching corn, instantly that corn stops hurting, then shortly you lift it right off with fingers. Truly! Your druggist sells a tiny bottle of "Freezone" for a few cents, sufficient to remove every hard corn, soft corn, or corn between the toes, and the calluses, without soreness or irritation.

ISSUE No. 26—23.

## GRENIER GAINS 18 LBS. ON TANLAC

Says Famous Medicine Ended Long-Standing Dyspepsia and Restored Perfect Health.

"The Tanlac treatment not only ended my stomach trouble, but it built me up eighteen pounds, and I never felt better in my life," is the positive statement of Armand Grenier, 250 Marquette Street, Montreal.

"Dyspepsia had me in such awful shape I scarcely dared to eat, knowing the misery I would have to suffer. My nerves were shattered. I would lie awake sometimes all night, and once I woke up from a doze feeling like I was about to smother, and thought my end was near. Then for months I was mighty careful about my eating, but I didn't seem to get any better until I took a friend's advice and started on Tanlac.

"Every day I got better, till now I enjoy tip-top health. I have a ravenous appetite, perfect digestion, and can sleep like a top every night. Tanlac gets my best word every time."

Tanlac is for sale by all good druggists. Accept no substitute. Over 37 million bottles sold.

Tanlac Vegetable Pills are nature's own remedy for constipation. For sale everywhere.

There is a poverty of the mind as well as of the pocket.—Alderman Ben Turner, M.P.

Minard's Liniment for sale everywhere

Harmless, purely vegetable, infants' and Children's Regulator, formula on every label. Guaranteed non-narcotic, non-alcoholic.

### MRS. WINSLOW'S SYRUP

The Infants' and Children's Regulator

Children grow healthy and free from colic, diarrhoea, flatulency, constipation and other trouble if given it at teething time. Safe, pleasant—always brings remarkable and gratifying results.

At All Druggists

## RED PIMPLES ON FACE 3 YEARS

Itched and Burned. Lost Sleep. Cuticura Heals.

"My face was affected with pimples for about three years. They were hard and red, and festered and scaled over. The pimples itched and burned causing me to scratch and irritate them, and I lost many a night's sleep on account of the irritation."

"I read an advertisement for Cuticura Soap and Ointment and sent for a free sample which helped me so I purchased more, and after using four cakes of Soap with the Ointment, I was healed." (Signed) Miss Martha Theusch, R. 2, Box 45, Vining, Minn.

Give Cuticura Soap, Ointment and Talcum the care of your skin.

Sample Each Free by Mail. Address: "Lymans, Limited, 344 St. Paul St., W., Montreal." Sold everywhere. Soap 25c, Ointment 25c and 50c, Talcum 25c.

Never Cuticura Soap shaves without mug.

## Classified Advertisements.

FOR SALE.

QUANTITY 6x6 to 10x10 BEECH TIMBERS, Reid Bros., Bothwell, Ontario.

NOW FORD OWNERS CAN ENJOY LUXURY, comfort and economy with the latest attachment. In unrepresented territory one may get his FREE. Write Auto Specialty Co., Peterboro, Ont.

ASK FOR CIRCULAR OF GOODS SELLING on sight. Pare Brothers, Box 2272, Dept. C, Montreal.

The use of the brain expends more human energy than any form of manual labor.—Sir James Cantlie.

## MURINE

FOR YOUR EYES

Refreshes Tired Eyes

Write Murine Co., Chicago, for Eye-Care Book

## Attractive Proposition

For man with all round weekly newspaper experience and \$400 or \$500. Apply Box 24, Wilson Publishing Co., Ltd., 73 Adelaide Street West.

## HORSEMEN!

Minard's should be in every stable. Quickly heals Cuts and Bruises and removes Swellings.

## MINARD'S

"KING OF PAIN"

## LINIMENT

## HELP FOR YOUNG WOMEN

Mrs. Holmberg Tells How Lydia E. Pinkham's Vegetable Compound Helped Her

Viking, Alta.—"From the time I was 15 years old I would get such sick feelings in the lower part of my abdomen, followed by cramps and vomiting. This kept me from my work (I help my parents on the farm) as I usually had to go to bed for the rest of the day. Or at times I would have to walk the floor. I suffered in this way until a friend induced me to try Lydia E. Pinkham's Vegetable Compound. I have had very satisfactory results so far and am recommending the Vegetable Compound to my friends. I surely am glad I tried it for I feel like a different person now that I don't have these troubles." ODELLA HOLMBERG, Box 93, Viking, Alta.

Letters like this establish the merits of Lydia E. Pinkham's Vegetable Compound. They tell of the relief from such pains and ailments after taking it.

Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs, contains no narcotic or harmful drugs, and today holds the record of being the most successful remedy for female ills in this country, and thousands of voluntary testimonials prove this fact.

If you doubt that Lydia E. Pinkham's Vegetable Compound will help you, write to the Lydia E. Pinkham Medicine Co., Cobourg, Ontario, for Mrs. Pinkham's private text-book and learn more about it.

# ASPIRIN

UNLESS you see the name "Bayer" on tablets, you are not getting Aspirin at all



Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains directions and dose worked out by physicians during 22 years and proved safe by millions for

Colds Headache Rheumatism  
Toothache Neuralgia Neuritis  
Earache Lumbago Pain, Pain

Handy "Bayer" boxes of 12 tablets—Also bottles of 24 and 100—Druggists. Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Mono-acetic acid ester of Salicylic acid. While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."