

A GOOD MEDICINE FOR THE SPRINGTIME

Do Not Use Harsh Purgatives—
A Tonic is All You Need.

Not sick—but not feeling quite well. That is the way most people feel in the spring. Easily tired, appetite flake, sometimes headaches and a feeling of depression. Pimples or eruptions may appear on the skin, or there may be twinges of rheumatism or neuralgia. Any of these indicate that the blood is out of order—that the indoor life of winter has left its mark upon you and may easily develop into more serious trouble.

Do not dose yourself with purgatives, as many people do, in the hope that you can put your blood right. Purgatives gallop through the system and weaken instead of giving strength. Any doctor will tell you this is true. What you need in the spring is a tonic that will enrich the blood and build up the nerves. Dr. Williams' Pink Pills do this speedily and surely. Every dose of this medicine helps to enrich the blood, which clears the skin, strengthens the appetite and makes tired, depressed men, women and children active and strong. Miss S. L. McEachron, Nairn, N.B., says:—"I have been in the habit of taking Dr. Williams' Pink Pills in the spring and they keep me in the best of health. I think it is entirely due to the use of these pills that I always have such good health."

Sold by all medicine dealers or by mail at 50c a box from The Dr. Williams' Medicine Co., Brockville, Ont.



So Often Does.

"How can I be sure I love him?"
"Well, dear, a glance at his bank book might help you to decide."

Travelling by air from London to New York in twelve hours is prophesied by Major-General Sir W. S. Brancker, Director of Civil Aviation.

Minard's Liniment used by Physicians.

The New Testament was divided into verses by Robert Stevens, a printer, in 1551.

America's Pioneer Dog Remedies
Book on
DOG DISEASES
and How to Feed
Mailed Free to any Address by the Author,
H. Clay Glover Co., Inc.
129 West 24th Street
New York, U.S.A.

East or West
Eddy's Best
EDDY'S MATCHES
Insist on having
EDDY'S!

SMART'S
The Mower
that's Guaranteed
The materials from which Smart's Mowers are made & the way they are made guarantee durable and satisfactory service. The keenest cutter your money can buy. Ask for a Smart's Mower by name.
JAMES SMART PLANT.
BROCKVILLE, ONT.
MOWERS

Population of Palestine.

Palestine has a total population of 757,182, according to the figures of the census of three months ago. Ten per cent. of the people in Palestine are given as Christian, 11 per cent. as Jews and 79 per cent. as Mohammedans. The figures for Christians and Jews are regarded as about correct, but there was such strong opposition to the census on the part of the Mohammedans that their number probably is considerably under-estimated.

In two cities only is there a preponderant Jewish population, Jerusalem and Tiberias. In former, out of a total of 62,000, 34,000 are descended from Abraham and the balance are about equally divided between the followers of Jesus and the prophet of Mecca.

It is interesting to note that Bethlehem is the only town in the land in which Christians predominate. Here there are 5,338 of this faith, 818 Mohammedans and two Jews. Nazareth has a population of 7,424 of which roughly two-thirds are Christian, one-third Moslem, and only 53 Jews. The principal seaport, Jaffa, has about 47,000 people, of whom there are 20,000 each of Jews and Mohammedans, and about 7,000 Christians. The other large centres of population are very largely Mohammedan.

The Palestine Weekly, a Zionist organ, claims that according to Roman figures this country has supported a population of 7,000,000, but when one considers that the area of Palestine is about equal to that of Vermont and that it has about an equal amount of arable land, one questions seriously whether, with the highest development of her natural resources, it will be possible for Palestine ever to support a greatly augmented population. Vermont, in 1920, counted 352,428 people within the state.

CHILDHOOD INDIGESTION

Nothing is more common in childhood than indigestion. Nothing is more dangerous to proper growth, more weakening to the constitution or more likely to pave the way to dangerous disease. Fully nine-tenths of all the minor ills of childhood have their root in indigestion. There is no medicine for little ones to equal Baby's Own Tablets in relieving this trouble. They have proved of benefit in thousands of homes. Concerning them Mrs. Jos. Lunette, Immaculate Conception, Que., writes: "My baby was a great sufferer from indigestion, but the Tablets soon set her right and now I would not be without them." Baby's Own Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Economy.

Wife—"John, since you say we must economize, I have decided not to get Josephine a new hat this winter, but to let her have mine."
Hub—"And you?"
Wife—"Oh, I must have a new one, of course."

California Colorado

Santa Fe
Summer
Excursions
also to
Grand Canyon
National Park
Arizona and
New Mexico
Rockies



F. T. Hendry, Gen. Agent
A. T. & S. F. Ry.
404 Free Press Bldg., Detroit, Mich.
Phone: Main 6847

LOST 30 POUNDS THEN GAINED 35

Veteran Real Estate Broker of Toronto Tells of Remarkable Restoration by Tanlac.

James Burns, 20 St. Albans Street, is still another man of prominence in Toronto to speak out in behalf of Tanlac. Mr. Burns is now seventy-three years of age, but says:

"No one takes me for seventy-three now, and I feel every bit as active as I did forty years ago.

"Before taking Tanlac my weight fell off from one hundred and sixty to one hundred and thirty pounds, and I had begun to feel the hand of 'Old Father Time' laying heavily on me. I seldom ate more than one meal a day and that caused me hours of misery. Nights I would pace the floor too nervous to sleep, and many days I felt too worn-out to dress and go out anywhere.

"I don't believe I could have ever pulled up to where I am now if it hadn't been for Tanlac. It has restored my health completely and built me up to one hundred and sixty-five pounds. Tanlac is the best investment I ever made."

Tanlac is for sale by all good druggists. Over 35 million bottles sold.

The Universal Basswood.

Have you ever noticed the white, clean appearance of the wood used for butter and candy pails and for the boxes in which comb honey is sold? It's basswood, one of the few species in the world that combines with its white color and light weight the qualities of being odorless and tasteless.

MONEY ORDERS.

Send a Dominion Express Money Order. Five Dollars costs three cents.

The Disturbing Element.

Maloney, Jr.—"What's an 'amicable settlement, Pa?'"
Maloney, Sr.—"A town where there's no Orish, Oi suppose, sonny."

Minard's Liniment for sale everywhere

British boys will be sent across to Australia at the rate of 500 a month if a scheme of emigration, recently launched by the Australian Government proves successful.

Enliven Your Eyes

through the daily use of Murine. The alluring sparkle of youth quickly returns to eyes which have become dull and lifeless. Used safely for many years. Sold by druggists everywhere.



Keep Stomach and Bowels Right

By giving baby the harmless, purely vegetable, infants' and children's regulator.

MRS. WINSLOW'S SYRUP

brings astonishing, gratifying results in making baby's stomach digest food and bowels move as they should at teething time. Guaranteed free from narcotics, opiates, alcohol and all harmful ingredients. Safe and satisfactory.



HEADACHE?

Bathe the forehead with Minard's and inhale freely. It gives quick relief for every ache.



Cuticura Heals Face Disfigured With Itchy Eczema

"Eczema broke out in watery pimples on my face and head. Later my cheeks and head became so bad that they were covered with large scales. The itching and burning were so severe that I could not sleep at night. My face was badly disfigured. My hair became dry and lifeless and fell out so that I had to have it cut off close to my scalp.

"A friend advised me to try Cuticura Soap and Ointment so I purchased some, and after using two cakes of Cuticura Soap and two boxes of Cuticura Ointment I was healed." (Signed) Mrs. Elmer King, Box 278, Jackson St., Oxford, Nova Scotia.

Make Cuticura Soap, Ointment and Talcum your daily toilet preparations.

Sample Each Free by Mail. Address: "LYMAN'S, Limited, 245 St. Paul St., W., Montreal." Sold everywhere. Soap 25c, Ointment 25c and 50c, Talcum 25c. Cuticura Soap shaves without mug.

ISSUE No. 16-'23.

CORNS

Lift Off with Fingers



Doesn't hurt a bit! Drop a little "Freezone" on an aching corn, instantly that corn stops hurting, then shortly you lift it right off with fingers. Truly! Your druggist sells a tiny bottle of "Freezone" for a few cents, sufficient to remove every hard corn, soft corn, or corn between the toes, and the caluses, without soreness or irritation.



Stops Backaches at once—so comforting

A tiring day on your feet. Stooping, lifting, running up and downstairs—does your back feel tied in painful knots?

Apply Sloan's to those sore, tired muscles. That warm, penetrating glow brings immediate comfort. Almost before you realize it the pain and stiffness are gone.

Wherever congestion causes pain—use Sloan's. Sloan's is protection against pain. All druggists carry it.

Made in Canada
Sloan's Liniment—kills pain!
For rheumatism, bruises, strains, chest colds

Spruceleigh S. C. White Leghorns have behind them over 40 years of direct breeding and improvement.

SPRUCELEIGH BABY CHICKS—HATCHING EGGS
Every egg furnished and chick shipped will be from specially selected birds representing our very best stock in every particular.
We are using 15 Whitehead Blue Flame Valveless Brooders on our own farm and recommend them to our customers as the Best and Safest Brooder on the market. We have made arrangements so that we can supply all sizes at very reasonable prices.
Our foundation stock is from the celebrated Wyckoff strain; this firm is known to be the best breeders of S.C. White Leghorns in America.
For size, strength, vigor and laying qualities they are unsurpassed.
We expect to raise between 6,000 and 6,000 chicks this season on our own farm, and those who have no facilities for handling baby chicks would do well to get our prices on pullets.
Canada's Most Modern Poultry Farm. Inspection invited.
BRANTFORD POULTRY LIMITED, BOX 31-35, BRANTFORD, CANADA

ASPIRIN

UNLESS you see the name "Bayer" on tablets, you are not getting Aspirin at all



Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains directions and dose worked out by physicians during 22 years and proved safe by millions for

- Colds
- Headache
- Rheumatism
- Toothache
- Neuralgia
- Neuritis
- Earache
- Lumbago
- Pain, Pain

Handy "Bayer" boxes of 12 tablets—Also bottles of 24 and 100—Druggists. Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidester of Salicylicacid. While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

Classified Advertisements.

FREE.
CATALOG OF PROFESSIONAL AND Amateur Plays, Sketches, Monologues, Minstrel Jokes, Recitations, Make-Up, Goods, etc. Fitzgerald Publishing Corp., Dept. W. 18 Vesey Street, New York.

REPAIRS AND SUPPLIES.
CHATHAM FANNING MILLS, Chatham Inc., Thermometers, supply Manson Campbell, Chatham, Ont.

LADIES WANTED—TO DO PLAIN and light sewing at home, whole or spare time; good pay; work sent any distance; charges paid. Send stamp for particulars. National Manufacturing Co., Montreal.

For the Kidneys

Kidney troubles are frequently caused by badly digested food which overtaxes these organs to eliminate their acids formed. Help your stomach to properly digest the food by taking 15 to 30 drops of Extract of Roots, sold as Mother Seigel's Curative Syrup, and your kidney disorder will promptly disappear. Get the genuine. 50c. and \$1.00 bottles.

THEY TELL THEIR NEIGHBORS

Women Tell Each Other How They Were Helped by Lydia E. Pinkham's Vegetable Compound

Woodbridge, Ont.—"I took Lydia E. Pinkham's Vegetable Compound for female troubles. I would have headaches, backaches, pains between my shoulders and under my shoulder-blades and dragging down feelings on each side. I was sometimes unable to do my work and felt very badly. My mother-in-law told me about the Vegetable Compound and I got some right away. It has done me more good than any other medicine I ever took and I recommend it to my neighbors. You are quite welcome to use this letter as a testimonial if you think it will help some poor sufferer."—Mrs. EDGAR SIMMONS, R. R. 2, Woodbridge, Ont.

In nearly every neighborhood in every town and city in this country there are women who have been helped by Lydia E. Pinkham's Vegetable Compound in the treatment of ailments peculiar to their sex, and they take pleasure in passing the good word along to other women. Therefore, if you are troubled in this way, why not give Lydia E. Pinkham's Vegetable Compound a fair trial.

This famous remedy, the medicinal ingredients of which are derived from roots and herbs, has for forty years proved its value in such cases. Women everywhere bear willing testimony to the wonderful virtue of Lydia E. Pinkham's Vegetable Compound.