

WHY MANY WOMEN SUFFER IN SILENCE

Do Not Realize That Their Trouble is Due to Impure Blood.

A woman needs a blood building medicine regularly just because she is a woman. From maturity to middle life the health of every woman depends upon her blood. If her blood is poor she is weak, languid, pale and nervous. If the blood supply is irregular she suffers from headaches and backaches, and some women have grown to expect this suffering and to bear it in silence. They do not realize that if the blood supply is kept rich and pure, their troubles will disappear, but such is the case. In every woman's life a tonic blood-enriching medicine is needed and for this purpose nothing can help them so much as Dr. Williams' Pink Pills, which act directly on the blood, furnishing the elements necessary to make it rich and pure. Mrs. S. J. Watts, Kingston, Ont., gives her experience with this medicine as follows:—"My first experience with Dr. Williams' Pink Pills was while attending the Collegiate Institute at about the age of seventeen. I became very much run down, and could not go up stairs without resting half way. Finally I had to quit school and notwithstanding all that was done for me there were no signs of improvement until after I had begun using Dr. Williams' Pink Pills, under the use of this medicine I became well and strong. My next experience with this medicine was some years after I was married. After my baby boy was born I did not gain up as I should, so I at once started taking Dr. Williams' Pink Pills again. I took them all the time I was nursing baby, and you should have seen what a lovely, fat, healthy boy he was, and I was strong once more. Whenever I feel a bit run down Dr. Williams' Pink Pills are my tonic and I strongly recommend them to growing girls and all women."

You can get these pills through any medicine dealer or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Waterproofing Cloth.

Cloth is waterproofed in Bolivia by coating it with the fresh latex from rubber trees and then smoking it over a wood fire.

MONEY ORDERS.

Pay your out-of-town accounts by Dominion Express Money Order. Five Dollars costs three cents.

"Certain thoughts are prayers. There are moments when the soul is kneeling, no matter what the attitude of the body may be."—Victor Hugo.

BABY CHICKS

25 of them delivered free to every person who registers for Shaw's Colabelt Poultry Course for Home Study. 234 people made the right start last year. You may have some of their testimonials. Write Shaw School, Poultry Department, 46 Bloor W., Toronto.

"Metallic" Ceilings

Never crack or fall off
Send for our Free Booklet "C"
The Metallic Roofing Co.
Limited
1194 King St. W., Toronto

Irrigated Farms in Southern Alberta

In the Famous Vauxhall District Bow River Irrigation Project An especially good location for mixed farming and dairying. Splendid opportunity for young men now living in districts where good land cannot be bought at reasonable prices. THIS IS NOT PIONEERING, the first 10,000 acres are fully settled and another 10,000 acres now ready for settlement; maximum distance from railroad, seven miles. Good roads, telephones and schools. Easy payments, extending over 18 years. This is the Best Land Buy in Alberta. Write for further information to CANADA LAND AND IRRIGATION COMPANY, LIMITED
Medicine Hat, Alberta

All About Horses



Get this book! You cannot afford to be without it. It costs you nothing! If you own horses, it can save you hundreds of dollars. The book—"A treatise on the horse"—is yours for the asking, at your druggist's. The horse and all about him—his diseases—how to recognize them—what to do about them—with chapters on breeding—shoes and shoeing, feeding—and many tried and proven horse-man's troubles. Ask your druggist for a copy of "A Treatise on the Horse" or write us direct—12
Dr. B. J. KENDALL CO.,
Eosburg Falls, Vt. U.S.A.

FREE



Wins Story Contest

Miss Jean Mellwraith, of Burlington, Ont., whose story, "The Little Admiral," has won a \$500 prize in a competition conducted by Holder and Stoughton. The story is based on an actual fact in the days of the conquest of Quebec.

The Heart Blossom.

An apple, big and red and round; No orchard monarch ever found Surpassed in beauty, taste or smell. This, that from perfect ripeness fell. Midway 'twixt stem and blossom end My blade I made all haste to send—I halved it. In that apple's heart I saw the blossom's counterpart.

A seed pod, where each petal fair Had been, lay spread before me there. A working model of the bloom That once had lightened March's gloom. Through all the fortnights that had flown The while that fruitage fine had grown, The blossom's image had remained To that great apple's heart enchained.

Deep down within each human heart Lives our Creator's counterpart! The God-thought out of which we came Still lingers, ever more the same.
—Stickland Gillilan.

Minard's Liniment used by Physicians.

"The best way to train a child in the way he should go is to skirmish along in front of him."—Mark Twain.

For Your **RADIO**
Supplies and Sets, try the Old Established Firm. Price lists and Information free. Become a satisfied customer. Mail orders our specialty.
THE VINY SUPPLY CO., LTD.
Dept. M.O., 567 College St., Toronto

MURINE Night and Morning, Have Clean, Healthy Eyes. If they Tired, Itch, Smart or Burn, if Sore, Irritated, Inflamed or Granulated, use Murine often. Soothes, Refreshes, Safes for Infant or Adult. At all Druggists. Write for Free Eye Book, Murine Eye Remedy Co., Chicago

Many Farmers Use This Mixer
The "Brantford" Mixer can be operated by hand or by a small engine. It provides concrete for building sios, barn floors, fence posts, etc. We also make larger mixers. Write for free booklet.
Goold Shapley & Muir Co., Ltd.
200 Wellington St., Brantford, Ont.

BRANTFORD CONCRETE MIXER

Sprain?
Soothe the sore ligaments, rapidly recover full use of the limb, by rubbing in Minard's Liniment. It penetrates, it heals. Athletes all use it.
Minard's Liniment
The Family Medicine Chest

"Cascarets" 10c
Best Bowel Laxative When Bilious, Constipated
To clean out your bowels without cramping or overacting, take Cascarets. Sick headache, biliousness, gases, indigestion, sour, upset stomach, and all such distress gone by morning. Nicest physics on earth for grown-ups and children. 10c a box. Taste like candy.

MRS. LEWIN SAYS IT'S WORTH \$1,000

Toronto Lady Values Tanlac Highly, Declaring It Ended Stomach Trouble—Gains Nine Lbs.

"I wouldn't take a thousand dollars for the good Tanlac has done me, for I would have given that much before I took this wonderful treatment to feel the way I do now," was the positive statement made the other day by Mrs. Matilda Lewin, 12 Strange St., Toronto, Ont.

"I suffered with stomach trouble, general run-down condition, and my nerves were so excited they nearly drove me wild. I ate scarcely enough to keep going, was dreadfully thin and weak, and often had to give up my housework to avoid a breakdown. Gas on my stomach bloated me till I could hardly breathe, I had to rush to the window for air, and seldom got a good night's sleep.
"If I live to be a hundred years old I will always bless the day I started the Tanlac treatment. I have gained nine pounds, am free of indigestion, nervousness and sleeplessness, and my housework is like play. Tanlac is simply grand."
Tanlac is for sale by all good druggists. Over 35 million bottles sold.

Senate of Women.

A Senate of women was established in Rome, 218-222 A.D., by Emperor Elagabalus for the serious consideration of dress and etiquette.

MOTHER! MOVE CHILD'S BOWELS

"California Fig Syrup" is Child's Best Laxative



Even a sick child loves the "fruity" taste of "California Fig Syrup." If the little stomach is upset, tongue coated, or if your child is cross, feverish, full of cold, or has colic, a teaspoonful will never fail to open the bowels. In a few hours you can see for yourself how thoroughly it works all the constipation poison, sour bile and waste from the tender, little bowels and gives you a well, playful child again.
Millions of mothers keep "California Fig Syrup" handy. They know a teaspoonful to-day saves a sick child tomorrow. Ask your druggist for genuine "California Fig Syrup" which has directions for babies and children of all ages printed on bottle. Mother! You must say "California" or you may get an imitation fig syrup.

BEFORE MY BABY CAME

I Was Greatly Benefited by Taking Lydia E. Pinkham's Vegetable Compound

Sydenham, Ont.—"I took your medicine before my baby was born, and it was a great help to me as I was very poorly until I had started to take it. I just felt as though I was tired out all the time and would have weak, faint spells. My nerves would bother me until I could get little rest, night or day. I was told by a friend to take Lydia E. Pinkham's Vegetable Compound, and I only took a few bottles and it helped me wonderfully. I would recommend it to any woman. I am doing what I can to recommend this good medicine. I will lend that little book you sent me to any one I can help. You can with the greatest of pleasure use my name in regard to the Vegetable Compound if it will help others take it."—Mrs. HARVEY MILLIGAN, Sydenham, Ont.

It is remarkable how many cases have been reported similar to this one. Many women are poorly at such times and get into a weakened, run-down condition, when it is essential to the mother, as well as the child, that her strength be kept up.
Lydia E. Pinkham's Vegetable Compound is an excellent tonic for the mother at this time. It is prepared from medicinal roots and herbs, and does not contain any harmful drugs. It may be taken in safety by the nursing mother.

ISSUE No. 12—22.

PUT STOMACH IN ORDER AT ONCE
"Pape's Diapepsin" for Gas, Indigestion or Sour Stomach

Instantly! Stomach corrected! You never feel the slightest distress from indigestion or a sour, acid, gassy stomach, after you eat a tablet of "Pape's Diapepsin." The moment it reaches the stomach all sourness, flatulence, heartburn, gases, palpitation and pain disappear. Druggists guarantee each package to correct digestion at once. End your stomach trouble for a few cents.

A Hint to Hens.

An Ottawa hen laid an egg daily for 107 days. There's a saying in every henhouse that an egg a day keeps the hatchet away.

Minard's Liniment for sale everywhere

Power Lawn Mower.

An inventor has developed a power operated lawn mower weighing only 125 pounds and which can be guided like a hand machine where cutting is difficult.

How to Prevent Biliousness

Doctors warn against remedies containing powerful drugs and alcohol. "The Extract of Roots, long known as Mother Seigel's Curative Syrup, has no dope or strong ingredients; it chases away indigestion, biliousness and constipation. Can be had at any drug store." Get the genuine. 50c. and \$1.00 Bottles.



Keep it handy for bruises-strains

Sprains—bruises—painful turned ankles—stiff, sore muscles—no family can avoid them.
That is why millions keep Sloan's handy.
You will soon find Sloan's is more useful than any other item in your medicine cabinet. It breaks up the congestion that causes the pain.
Use Sloan's to protect you from pain as you would use an antiseptic to prevent infection. At your druggist's.
Made in Canada
Sloan's Liniment—kills pain!
For rheumatism, bruises, strains, chest colds

Classified Advertisements.

PURE WOOL FATTS, BEAUTIFULLY carded and fluffy. Entirely free from oil or grease. Large sample, enough for comforter, one dollar. Woolen Mills, Georgetown, Ontario.

HUBAM CLOVER.

HUBAM CLOVER, THE GREAT annual. Write for interesting information. D. Fraser, R.R. 2, Ilderton, Ontario.

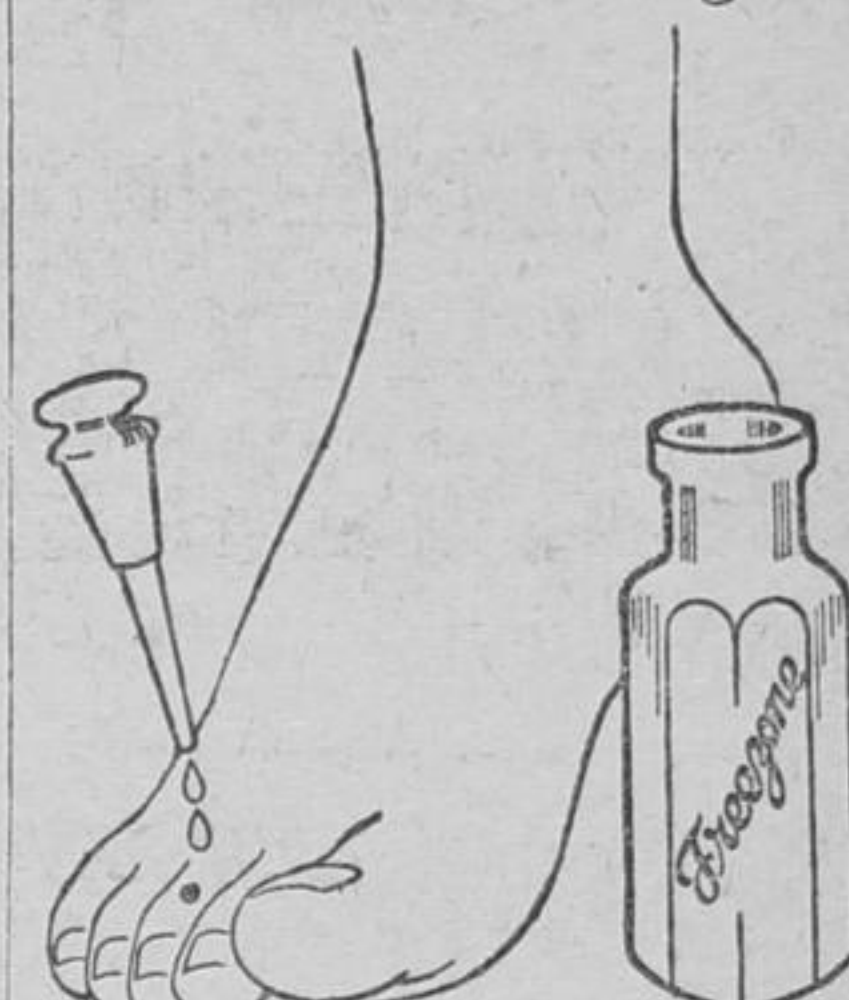
A BUSINESS OF YOUR OWN.

WE HAVE A FEW OPENINGS FOR ambitious individuals—who stand for honesty and integrity in their community—who want a business of their own. To the proper party we offer the opportunity of building a permanent business in their locality. We are manufacturers of women's and misses' dresses, coats, suits and hosiery. We eliminate the middleman's profit by selling direct to the consumer through representatives in each locality. Experience or investment not necessary—we teach you how. Tell us all about yourself. National Mail Order House, direct Out-fitters of Ladies' ready-to-wear. Unity Building, 46 St. Alexander St., Montreal.

All who would win joy, must share it; happiness was born a twin.—Byron.

CORNS

Lift Off with Fingers



Doesn't hurt a bit! Drop a little "Freezone" on an aching corn, instantly that corn stops hurting, then shortly you lift it right off with fingers. Truly! Your druggist sells a tiny bottle of "Freezone" for a few cents, sufficient to remove every hard corn, soft corn, or corn between the toes, and the calluses, without soreness or irritation.

ECZEMA IN RASH ON HANDS Fingers Cracked. Lost Sleep. Cuticura Heals.

"Eczema began with a rash on my hands and I could not put my hands in water. It grew worse every day and my hands and fingers all cracked which made them covered with eruptions. I lost sleep with the itching.
"The trouble lasted three months before I heard of Cuticura Soap and Ointment, and after using three cakes of Cuticura Soap and two and a half boxes of Cuticura Ointment the eczema was healed." (Signed) Miss Eva E. Belliveau, 338 Highfield St., Moncton, New Brunswick.
For every purpose of the toilet and bath Cuticura Soap, Ointment and Talcum are wonderfully good.
Sample Each Free by Mail. Address: "Lymans, Limited, 344 St. Paul St. W., Montreal." Sold everywhere. Soap 25c. Ointment 25c. Talcum 50c.
Cuticura Soap shaves without mug.

ASPIRIN

UNLESS you see the name "Bayer" on tablets, you are not getting Aspirin at all



Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains directions and dose worked out by physicians during 22 years and proved safe by millions for

Colds	Headache	Rheumatism
Toothache	Neuralgia	Neuritis
Earache	Lumbago	Pain, Pain

Handy "Bayer" boxes of 12 tablets—Also bottles of 24 and 100—Druggists. Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Mono-acetyl-salicylic acid. While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."