

Why Bake At Home

when you can buy bread like it, ready baked?

tender fruit-meats to the Sun-Maid Raisins. slice.

Taste it-see how the raisin flavor permeates the bread.

No need to bake at home when we've arranged with bakers in almost every town and city to bake this fullfruited raisin bread.

Just 'phone and they'll deliver it-all ready to surprise the family tonight.

"OUNT the raisins -- at ers' modern ovens in your least eight big, plump, city. And it's made with

> That's another reason for its superiority. A rare combination of nutritious cereal and fruitboth good and good for you, so you should serve it at least twice & Week.

Use Sun-Maid Raisins also in puddings, cakes and cookies. You may be offered other brands that you know less well than Sun-Maids, but the kind you want is the kind you know is good. Insist, therefore, on Sun-Maid brand. They cost no more than ordinary raisins.

Mail coupon for free book of It comes from master bak- tested Sun-Maid recipes.

SUN-MAID RAISINS

The Supreme Bread Raisin

Sum-Maid Raisin Growers Membership 13,000

Fresno, California



CUT THIS OUT AND SEND IT

Sun-Maid Raisin Growers, Dept. N-533-12, Fresno, California Please send me copy of your free book, "Recipes with Raisins."

BLUE WATER

A TALE OF THE DEEP SEA FISHERMEN

BY FREDERICK WILLIAM WALLACE

Copyright by the Masson Book Company

CHAPTER FOURTEEN-(Cont'd.) "Sh! Hold your tongue," exclaimed her finger. the girl. "You'r not at sea now, and you'll obey orders."

me to obey orders from some peo- looked into her eyes-bright and shinple-"

out of this vest?" She held up the happy man I am this day now that I sea-stained garment. It was part of have ye for my own. Aye! my very the suit he wore on the memorable own!" trip out of Portland.

"Yes, if you please. I cal'late it's spoiled, ain't it?"

"No," she replied. "It seems all right. There is something else in the happy and contented with life as he pocket too. Do you want it?"

is it?"

sit here a moment?"

played the flashing gem. "What a lovely diamond!" she ex- he had "hooked his fish."

beauty?" half so beautiful as what you are, Lil- after all. Months ago, when she first

finger?" cheeks, she picked the ring out of his made of she admired him more than outstretched hand, and while he any other of her friends. The ad- to his mother and home.

NURSES

The Toronto Hospital for Incurables, in affiliation with Bellevue and Allied Hospitals, New York City, offers a three years' Course of Training to young women, having the required education, and desirous of becoming nurses. This Hospital has adopted the eight-hour system. The pupils receive uniforms of the School, a monthly allowance and travelling expenses to and from New York. For further information apply to the Superintendent.

prehension she slowly slipped it on

"Sweetheart!" he cried joyfully, and

reaching over, he clasped her to him Frank laughed. "It's a pleasure for with his strong right arm, and as he She was packing his things in the long lashes-he knew that he had

CHAPTER FIFTEEN.

who has wooed and won the girl of "What is it? Ain't a roll of bills, his heart. Frank Westhaver was no exception. He had taken a chance with For answer she stepped across with a young woman whom he regarded as the watch, chain, and a small velvet his social and intellectual superior, a box. Frank took them from her slow- girl he had met in an unusual manner ly, and slipping the watch into his a few months before, and upon an pocket, he took the box in his fingers. acquaintanceship of a few weeks; he "Th' ring! I clean forgot all about had proposed and was accepted. The it." He spoke slowly, and then raised odds, to his mind, were greatly his eyes up to the face of the girl against him. He was a fisherman and good to be home amongst them once standing in front of him. Pulling a a member of a profession usually re- more! chair over, he said quietly, "Will ye garded by the uninitiated as being of a low type-odoriferous, menial, poor, Wonderingly she obeyed, and with and degraded. He had no means of his eyes gazing into hers he snapped knowing what other rivals there were the cover of the box open and dis- already in the field, but he had "made a set for her," as he expressed it, and

claimed in surprise. "Isn't it a If Frank could only have read Miss Denton's mind he would not have "Yes," he said tensely; "but not thought his task such a difficult one lian. Will-will you put it on your saw him, he had impressed her greatly, and when she learned more about With the color mantling in her him and got to know the stuff he was watched her with the intensity of ap- miration was mutual, and soon ripen-

ed into love. There is a trite, but oft-times true, proverb which declares that the course of true love runs not smoothly. So the subject to old Captain Denton. The venerable shipmaster had no objections to Frank as a son-in-law-in fact he would not have wished to see a better man the husband of his daughter-but he had some views upon the subject which he explained to Westhaver at some length.

"I like you, Westhaver," he said, as the two sat on the sun-flooded porch

of the Denton house, "but if you were the smartest fishing skipper on the Atlantic I wouldn't let you have my daughter for a wife. I'm a sailor myself, and I know what the lot of a sailer's wife is, and years ago I vowed if Lily ever got hitched up it would never be to a sailor. No, siree! I know what her mother had to go through when I was away at sea. I've seen her git grey-haired with worrying over me, and every breeze of wind that blows keeps them wakeful and wondering how their husband is faring when he's outside. Then there's th' lonesomeness of it, and- Well, I reckon I need say no more. You know exactly what I mean, and let me tell ye, a fisherman's life is worse than a deep-water sailor's. Ye may be at home a little oftener, but th' risks you fellows take in them small schooners is more than I'd want any son-in-law of mine to be taking, and there's a sight of poor fishermen's widows around this coast, I can tell you. Then again, I've given Lily th' benefit of a good education, and I've had her brought up well socially. She's not going to throw all that away as a fisherman's wife. When she marries, her husband has got to be living at home, and have a shore job, and a good one. I'm not going to see her living alone and depending upon the earnings of a husband who may strike luck one voyage and make nawthing in another. That's too precarious."

Frank nodded. "Yes, sir, I kin understand th' way you look at it, an' I see your point, but I don't plan fishin' at sea all my life. My uncle an' me are plannin' t' start a little business up in Long Cove. We've bought a vessel-th' Kinsella-an' I cal'late runnin' her while uncle looks after th' shore end o' the plant."

The old man nodded. "Yes, that's all right, but you're going to be doing the sea end of it, and that's what I object to. You're a smart lad, I know, and I think if ye'd look around a little you can do more than fossick around with a little bit of a business. Use your brains, and look for something bigger, my lad-I'll give ye two years-and when you've git into something that'll keep you ashore and earning enough to keep my girl as she should be kept, I'll say nawthing. But 'til then-no marrying."

Frank accepted Captain Denton's decision as final, and Lillian was too dutiful a daughter to dissent from anything her parent said. "You'll find something, Frank," she remarked to her. "Dad is right. I couldn't bear to have you away out at sea. You've got two years before you-two years is a long time, but I'm sure you could do a lot in that period. You're young wrong?" yet-twenty-three isn't old-and we've both got plenty of time before us. Get your wits to work now, and I'll help

all I can." And as Frank looked down into her lovely face he felt that his task would be inspired by his love for such a woman. "Oh, dearie," he whispered as he pressed her to him, "I feel that I shall do great things for your sake. With such a prize to win, I c'd go through anythin' t' make you happy.' Her face was very close to his; her hair brushed his cheek, and, looking into the depths of her brown eyes, he saw her admiration for him glancing from under the long lashes. There was a warm glow in her face and a when her father's voice came from the verandah.

"Oh, Westhaver! Come out an' try one of my Antwerp manillas."

Frank rose. "Jest another, sweetheart!" and with the touch of her warm red lips upon his he went out to join the old man with a little regret at having to defile the lingering sweetness with such a thing as a

It was a glorious August day when ing with the lovelight under their he landed upon the string-piece of the Long Cove wharf. A fresh breeze was suit-case. "Do you want your watch won. "Oh, darling! An' 'tis the blowing in from the sea, and the tang of it, coming in over the weed-strewn rocks, with the sight of the fleecy clouds racing athwart the blue of the sky, filled Frank's young heart with the eestasy of living, loving, and be-There is no man so supremely ing loved. All the Long Covers were working upon the new additions when he stepped ashore, and they threw down augers, saws, adzes, and hammers in the rush to greet him. There was Long Dick, rangier and more bronzed than ever, pumping the hand off him, and shooting questions like a rapid-fire gun. Jud Morrell, Uncle Jerry, Zeke, and Lem Ring were surging round him with the light of welcome in their eyes. Oh, but he felt

"Waal, waal, an' here's our Skipper Shorty Westhaver!" cried Long Dick. "Home at last, after settin' th' whole coast a-talkin'. A reg'lar dog of a rip-roarin' driver from T Dock, with yer rough an' tough gang, an' th' Mabel Kinsella! Lord Harry! boy, but ye've suttainly been paintin' th' water, ef all what we've h'ard is true. Blest, but I'd be 'most scared t' be one o' yer gang, ef ye're th' dog of a feller they say ye are!" Such were the greetings-rough, jesting, but sincere-and it was all he could do to break away from the mob and get up

He found Jules behind the house making horses for supporting fish flakes, and the honest fellow's joy at seeing him again was truly cordial. "Oh, Frankee, but I was thinking you Westhaver found when he broached never coming home. I jest say to Cap'en Clark dis morning dot I be for go to Yarmout' to-morrow for see what come over you."

"Come up th' field aways," said the other. "I got somethin' t' say t' ye -you cute ol' dog."

Jules threw the hammer down and

followed his friend. Frank walked on

Minard's Liniment for Warts.



The only dollar that can buy more this Christmas than it could twenty years ago is the dollar that buys the Gillette shaving service—once a \$5.00 luxury.

With a single dollar, you can now end someone's shaving troubles—save him money—enable him to shave at home with speed, comfort and safety every day of his life - multiply your Christmas wishes by the days of the year - 365 times - and then some.

Gillette Brownie Safety Razor

and 3 genuine Gillette blades \$

Made and guaranteed genuine by Gillette Safety Razor Co. of Canada Limited

every girl ye meet?"

she tell you dat?"

-you an' yer gossip." in hesitation. "Is-there anyting I feel glad-so glad."

"Is thar' anythin' wrong?" reiterated Frank. "Waal, I sh'd jest say thar' was! Do you know what you've baby should weigh 18 pounds. gone an' done?"

"N-no." The Frenchman's reply Minard's Liniment for Colds, etc. was apprehensive, and his eyes showed his trepidation.

"Waal, I'll tell ye then," said the other with mock severity. "Ye've jest gone an' tied me up t' th' finest little clipper what ever left th' waysmeanin', that I've put th' ring on Lily Denton's finger-

Jules gave a whoop of joy, and in his delight he embraced his old dorymate with all the fervor of his inherited Gallic temperament. "I knew dat she was de girl! I knew it-I fascinating disorder in her silky hair, knew it. Oh, Frankee, but I'm gladveree glad." And when his outburst was over he explained the affair to his friend. "I knew dat Dexter girl was not for you, Frankee. She was too perfide - orgueilleuse - proud -

for a few yards and sat down under flirt, I t'ink you call dat. She want the shade of a giant spruce. "Here, everyt'ing-never give nawt'ing. W'en you blame' ol' trawler," exclaimed she went to hospital at Boston she get Frank, with a twinkle in his eyes, worse. I see dat-you no see. Now, "what d'ye mean by goin' aroun' Yar- w'en dat lofely girl come off de wreck mouth an' tellin' my whole history to I say dat de girl for Frankee. I see dat she like you by her eyes on de Jules looked up questioningly. "Er Kinsella, an' w'en you go hospital in -ah," he stammered awkwardly. "Did Yarmout' I go for see an' tell her. She was ver' 'fraid w'en I tell her how you "Yes,, she did," replied the other. hurt, an' w'en I see dat, I tell her when the situation had been explained "An' a nice scrape ye've let me in for w'at fine feller you was. I tell her dat everee tam I take her to hospital, Sabot's large eyes opened wide. an' she ask me lots of question 'bout "What have I done, Frankee?" he said you. Den I lef' you to do rest, an'

(To be continued.)

At nine months old the average



Prevents chapped hands, cracked lips, chilblains. Makes your skin soft, white, clear and smooth.

All druggists sell is

THE TEST OF TIME FOR RHEUMATIC SUFFERERS HAS PROVEN



Is a positive Remedy for Acute, Chronic and Muscular Rheumatism in all its various forms.

COUNTLESS GRATEFUL TESTIMONIALS and Repeat Orders received during past 25 years.

DOBSON'S NEW LIFE REMEDY is not an experiment but the product of a quarter century of study and research. Pleasant to take. Does not upset the stomach. No harmful drugs.

DO NOT BE PREJUDICED. Dobson's New Life Remedy will give you a new lease on life by freeing you of pain. Thousands of enthusiastic customers have written us stating that after years of failure with other medicines, electric belts, etc., they were cured by Dobson's New Life Remedy.

One bottle for One Dollar. Six bottles for Five Dollars.

Bohson New Tife Temedy Company

78 West Adelaide St., Toronto Canada