Mother! Clean Child's Bowels With California Fig Syrup

Even a sick child loves the "fruity' taste of "California Fig Syrup." If the little tongue is coated, or if your child is listless, cross, feverish, full of cold, or has colic, give a teaspoonful to cleanse the liver and bowels. In a few hours you can see for yourself how thoroughly it works all the constipation poison, sour bile and waste out of the bowels, and you have a well, playful child again.

Millions of mothers keep "California Fig Syrup" handy. They know a teaspoonful to-day saves a sick child tomorrow. Ask your druggist for genuine "California Fig Syrup" which has directions for babies and children of all ages printed on bottle. Mother! You must say "California" or you may get an imitation fig syrup.

Equal to the Occasion.

"Waiter, if this is spring chicken where is the wishbone?"

"It was too young to wish, sir."

MONEY ORDERS.

Remit by Dominion Express Money Order. If lost or stolen you get your money back.

An improvement in the seismograph -the instrument used for recording earthquake shocks-has been accomupon which the record is marked by a Paris physician. stylus or pen.

Minard's Liniment for Distemper.

Would You-?

Would you be at peace? Speak peace to the world. Would you be healed? Speak health

to the world. Would you be loved. Speak love to the world.

Would you be successful? Speak success to the world.

For all the world is so closely akin that not one individual may realize his desire except all the world share it with him. And every good word you send into the world is a silent, mighty power, working for Peace, Health, Love, Joy, Success to all the worldincluding yourself .- Elizabeth Towne.

His Hearing Restored.

The invisible ear drum invented by A. O. Leonard, which is a miniature megaphone, fitting inside the ear entirely out of sight, is restoring the hearing of hundreds of people in New York City. Mr. Leonard invented this drum to relieve himself of deafness and head noises, and it does this so successfully that no one could tell he is a deaf man. It is effective when deafness is caused by catarrh or by perforated, or wholly destroyed natural drums. A request for information to A. O. Leonard, Suite 437, 70 Fifth Avenue, New York City, will be given a prompt reply.

Modern "Mummies" Now?

That he has rediscovered the anplished by the use of light-sensitive cient Egyptian process far mummifypaper in place of the ordinary paper ing human bodies is the claim of a

> Cabbages in Cuba grow to such a size that a head often weighs 20 lbs.

Surnames and Their Origin

HARPER

Racial Origin-English. Source-An occupation.

If you want to know just what sort of a position the harper held in Source-A place name. medieval times, you should read the historical romances of Sir Walter Scott dealing with medieval life in the Scottish borderland.

Persons bearing the family name of Harper may count upon it, unless the name was arbitarily adopted at some later period, that their ancestors in over the name from it. original form. the Middle Ages were bards, traveling entertainers, who derived their sustenance from the donations of the nobility: men who travelled about from castle to castle, chanting their songs of history and tradition.

They were by no means looked down upon as persons of inferior position. They were, in fact, lionized and the grant of lands in Losscraggy and respected in much the same fashion Culpedauchis by King Robert Bruce to that the professional musician is today, and they lived on "charity" only - in the sense that authors, physicians and members of other respected professions did, for in those days it was not possible to commercialize art, and court of the Scottish monarchs, and virtually all members of professional upon receiving the grant of lands in and artistic callings had to rely upon the territory dominated by the Clan the patronage of some member of the Sutherland, the family attached itself nobility for their support.

tish border and in Wales than in other | speaking tongues to Mowat.

sections of England, though the harpers travelled the entire island.

MOWAT

Racial Origin-Scottish.

Here is a family name to puzzle you. From the sound of it you might think it of East Indian origin. As it stands

there is nothing to indicate its origin. Fortunately there are records to prove its origin, though even then it is a little more difficult to grasp the manner in which the change has come

The family name of Mowat is a Scottish evolution of a Norman French place name. It is borne-by a certain branch of the Clan Sutherland.

The original Norman form of the name was "de monte Alto," and in some of the old records it is found as "de Montealto." There is a record of one "Patricius de Monte-alto."

According to history and tradition, the Norman family was one of the first to leave the domain of William the Conqueror and attach itself to the to that clan. Through he centuries The harp was probably a more popu- which have followed the name "Mon-Iar musical instrument along the Scot- tealto" has been boiled down by Gaelic

Real Rest Depends Largely Upon the Depth of Your Sleep

A warning to "light" or "poor" sleepers

The deeper and sounder you sleep the better you feel. Five hours sound refreshing sleep does you more actual good than ten hours restless, disturbed sleep.

This is because the final conversion of food into vital tissue and nerve cells goes on more rapidly when the physical and mental forces are at rest.

You can't get sound, refreshing sleep if your nerves are agitated with tea or coffee. Both these. drinks contain caffeine, which is sometimes very irritating to the brain and nervous system.

If you want to know the joy, vigor and stamina that comes to the person who gets sound, healthful sleep, why not stop taking tea or coffee for a while, and drink delicious, invigorating Postum instead.

Thousands of people everywhere have found that this was the only thing they needed in order to bring about these very happy results.

Order Postum from your grocer today. Drink this delightful cereal beverage of satisfying flavor, for a week. Perhaps, like thousands of others, you'll never be willing to go back to tea or coffee.

Postum comes in two forms: Instant Postum (in tint) made instantly in the cup by the addition of boiling water. Postum Cereal (in packages of larger bulk, for those who prefer to make the drink while the meal is being prepared) made by boiling for 20 minutes.

> Postum for Health "There's a Reason"

Classified Advertisements.

HELP WANTED.

ADIES WALTED-TO DO PLAIN A and light sewing at home, whole or spare time; good pay; work sent any distance; charges paid. Send stamp for particulars. National Manufacturing Co., Montreal.

PLAYER PIANO FOR SALE.

FALLL PLAYER PIANO IN GOOD condition, with a large number of music rolls, for sale at a bargain. L. Costello, 73 West Adelaide Street, Toronto.

BELTING FOR SALE

ALL KINDS OF NEW AND USED belting, pulleys, saws, cable, hose, packing, etc., shipped subject to approval at lowest prices in Canada. YORK BELTING CO., 115 YORK, STREET, TORONTO.

COARSE SALT LAND SALT

Bulk Carlots TORONTO SALT WORKS C. J. CLIFF - TORONTO

When your head is dull and heavy

your tongue furred, your bowels costive; when you have no appetite for food, no strength for work and no interest in life; your stomach is at fault. You need Mother Seigel's Syrup, which contains medicinal extracts of more than ten different roots, barks and leaves, which are wenderfully beneficial upon the digestive organs. Sold in 50c. and \$1.00 bottles at drug stores.

DANDERINE

THE THE PARTY PART

Stops Hair Coming Out; Thickens, Beautifies.



35-cents buys a bottle of "Danderine" at any drug store. After one application you can not find a particle of dandruff or a falling hair. Besides every hair shows new life, vigor, brightness, more color and abundance.

Protecting Warriors of the Present Day.

When body armor "came back" during the late war, the United States authorities sought hints from the great collection of medieval armor at the Metropolitan Museum of Art in New York City, and consulted specialists in that branch of archeology, says a Philadelphia despatch.

So admirable was the craftsmanship of the old-time armorers that improvement on their work was obviously out of the question. But the modern war experts were quick to see that they had at their command two very noteworthy advantages. One of these was steel made extraordinarily hard with alloys of tungsten, nickel or vanadium. The other was machinery.

An old-fashioned suit of armor may have required the labor of a year or more for a skilled hand in its production. Modern machinery can chop out the requisite parts from sheets of steel by thousands at small cost. It is not required that the metal clothing shall be decorative, but merely that it shall be bullet-proof.

In the war good alloy steel hardly thicker than ordinary blotting paper proved an effective protection against pistol bullets, the light weight of modern armor being one of its most notable advantages as compared with the old style. French hospital records proved that 70 to 80 per cent of the wounded were injured by missiles or shell fragments which steel of this small thickness would have stopped.

Steel alloyed with manganese was found best adapted for helmets of which 7,000,000 were ordered and 2,-700,000 delivered for the American troops before the war's end. To prevent the helmets from reflecting light, they were painted, and while the paint was wet a coat of sawdust was bestowed upon them with a blower.

An electric landing sign marking the aerodrome at Croydon, England, said to be the largest sign in existence, measures a quarter mile in diameter.

During heat waves the atmosphere of New York is very humid, owing to its proximity to the sea; hence the heat is less bearable than it would be in London.

ISSUE No. 50-21.



His Sole Attraction.

Ancient Adorer-"I could sacrifice all my wealth for your love." Young Adored-"If you did anything so foolish I should never love you."

That's All.

teacher:

"People are composed of girls and boys, also men and women.

grow up and get married.

goo either.

children.

he was a boy."

A Dubious Outlook.

The wealthy young man who was trying to learn to work had fallen in love with the daughter of his employer, but he found that lis path was by no means clear of obstacles.

"You tell me that your father objects to your marrying me" he said, thing set before me and digest it as in a crestfallen way. "Is it because I am in his employ? I can leave it and go back to a life of idleness if he prefers."

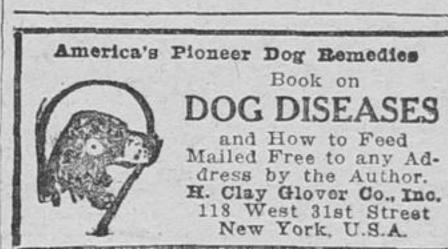
"Oh, no, that isn't what he wants," said the fair one. "He says I may marry you just as soon as you're valuable enough to have your salary raised."

LUMBERMAN'S FRIEND

The Original and Only Genuine



YARMOUTH, N. S.



70U can't do your best when your back and every muscle aches with fatigue.

Apply Sloan's Liniment freely, without rubbing, and enjoy a penetrative glow of warmth and comfort. Good for rheumatism, neuralgia,

sprains and strains, aches and pains, sciatica, sore muscles, stiff joints and the after effects of weather exposure. For forty years pain's enemy. Ask your neighbor. Keep Sloan's handy.

At all druggists-35c, 70c, \$1.40.

NOW MUCH BIGGER

CAN WORK EVERY DAY SINCE TAKING TANLAC.

Troubles Gone, He Eats Anything and Feels Fine All the Time Now.

"I am putting in full time at work A six-year-old girl submitted the fol- since Tanlac has got me in such fine lowing composition on "People" to her | shape," said William Page, 29 Hamilton St., Toronto, Ont

"My troubles had been pulling me down for six years and during all that "Boys are no good at all until they time I hardly knew what it was to ever feel good. My stomach was all "Men who don't get married are no out of order and as regular as I ate anything I had to pay for it in suffer-"Poys are an awful bother. They ing. There was a burning like fire in want everything they see except soap. my stomach, I would bloat all up with "My ma is a woman, and my pa is a gas that nearly cut off my breath and man. A woman is a grown-up girl with at times I had such smothering spells that I thought each breath would be "My pa is such a nice man that I my last. I had frequent attacks of think he must have been a girl when | rheumatism in both knees and ankles and sometimes these spells nearly laid me out altogether. My nerves were all unstrung, I was restless all night long and could sleep but little, and when morning came I never felt fit for work.

> "But Tanlac straightened me out and to-day I am feeling fine and in absolutely sound health. I have a corking good appetite and can eat anygood as I ever could. My nerves are strong as steel and the rheumatism has just about completely gone. I sleep like a top and get up mornings ready for a big day's work."

Tanlac is sold by leading druggists everywhere. Adv.

Deep.

Sea Scout-"Well, what do you think about the ocean?" Land Scout-"It's too deep for me."

Minard's Liniment for Garget in Cows.

Removed by Lydia E. Pinkham's Vegetable Compound.

Meaford, Ont .- "I took Lydia E. Pinkham's Vegetable Compound for backache, and I also



had a female weakness. I felt dizzy and nervous, and was without energy. I had to force myself to do my work, and was always tired. Saw a Pinkham advertisement which induced me to take the Vegetable Compound, and my back gradually stopped

aching and I felt lighter in spirits. am recommending the Vegetable Compound with pleasure to all I meet who complain as I did."-MILDRED BROOK, Meaford, Ont.

Woman's Precious Gift The one which she should most zeal-

ously guard is her health, but she often neglects to do so in season until some ailment peculiar to her sex has fastened itself upon her. When so affected women may rely upon Lydia E. Pinkham's Vegetable Compound, a remedy. that has been wonderfully successful in restoring health to suffering women.

If you have the slightest doubt that Lydia E. Pinkham's Vegetable Compound will help you, write to Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass., for advice. Your letter will be opened, read and answered by a woman, and held in strict confidence.



Never say "Aspirin" without saying "Bayer."

WARNING! Unless you see name "Bayer" on tablets, you are not getting Aspirin at all. Why take chances?

Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains directions and dose worked out by physicians during 21 years and proved safe by millions for

> Headache Colds Toothache Neuralgia Lumbago Earache

Rheumatism Neuritis Pain, Pain

Handy tin boxes of 12 tablets-Bottles of 24 and 100-All Druggists. Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidester of Salicylicacid. While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."