Cholera infantum is one of the fatal ailments of childhood. It is a trouble that comes on suddenly, especially during the summer months, and unless prompt action is taken the little one may soon be beyond aid. Baby's Own Tablets are an ideal medicine in warding off this trouble. They regulate the bowels and sweeten the stomach and thus prevent all the dreaded summer complaints. Concerning them Mrs. Fred Rose, of South Bay, Ont., says: "I feel Baby's Own Tablets saved the life of our baby when she had cholera infantum and I would not be without them." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

A Door Opened.

Before the bank three or four persons are waiting for the great doors to be unlocked. How heavy and strong they are! You might dash yourself to pieces against them and they would not give so much as the fraction of an inch.

A clock begins to strike. At the ninth stroke a clerk appears behind the door and on the inside of the heavy plate-glass window hangs a card bearing the words, "The Bank Is Open." Then he turns a key in the lock of the doors and, drawing it out again, returns to his work. The people outside press up the steps. The foremost person puts his shoulder against one of the leaves of the door. It swings slowly back, and the people enter the opened door-opened, not by the shoulder of the man without, but

by the key of the man within. As I passed on down the street I thought of the sign hanging there in the window, announcing that the bank was open. The doors indeed were about that?" shut, but the bank was not. Anyone with business there was free to enter. He could push confidently against the closed doors, for he knows that the clerk always turns the key at nine Minard's Liniment for sale everywhere

SQUIRES

Variations-Squire, Squiers, Swires,

While these names themselves are

quite clearly of Norman-French origin,

It does not necessarily follow that

those who bear them are of Norman-

French ancestry, though the chances

are that in the majority of cases such

an assumption would happen to be cor-

All of these names come from the

medieval title "esquire," a title which

was brought into England with the

Norman-French feudal system. In the

period immediately following the Nor-

man Conquest there was no middle

class. The feudal system did not per-

mit it. The population was clearly

divided between the Norman-French

nobility and the Anglo-Saxons, who,

together with a smaller number of the

Norman common soldiery, formed the

vassal class. But there were, of

course, gradations among the nobility

and the vassals, and it was out of the

lower ranks of the one and the higher

ranks of the other that the great mid-

dle class of more modern England was

of the nobility. They were youths who

was their duty to carry the shields of

the knights in whose service they

tea or coffee.

"There's a Reason"

Racial Origin-Norman-French.

Syiers.

rect.

evolved.

were.

Bource-A title.

o'clock, and that the turning of the key opens the bank.

The doors of opportunity are much like the doors of the bank. The Master holds the key to every door. He urges us to go forward to service and accomplishment, though again and again the doors appear to us to be closed. But really they are not shut against us. Christ has said, "Behold, I have set before thee an open door." He does not mean that He has removed every obstacle from our path. He does mean that He has turned the key in the lock and that what we could not do before we now can do. The it in faith and set our shoulder to the task of pushing it back so that we can enter.

doors of opportunity and, finding them apparently closed, have turned away system. discouraged; whereas if we had only had faith and courage we should have found that the door would swing open before us if we made any genuine effort.

A Mark of Genius.

A Toronto man stopped an architect in the street.

"Good morning, Harkins," said the architect. "Are you thinking of building again?"

"No; I stopped you to inquire whether you could take my son into your office as an apprentice. With training I believe he would some day prove a magnificent architect."

"He has shown some talent, has he?" asked the architect, glumly, for he was disappointed at not getting an other contract.

"Talent? Genius, sir; positive geni-

"What has he done?"

Surnames and Their Origin

"He designed a garden for our Christmas tree."

"Well, what is there so remarkable

"Why," answered the father, "he designed that garden for \$3 and it cost

were killed young in the continental

COX

Variations-Coxon, Cook, Cooks, Cook-

a bare possibility that in some in-

stances the name Cox may have had

shortened form of "Cocker-son," that

is, "the son of the cock-fighter," for

cock fighting is a very ancient sport,

Cock," or as we would put it to-day,

olden times called upon the full range

of the animal and vegetable kingdoms

But in the vast majority of cases,

the forms of the foregoing family

names indicate that they come from

od of spelling this word in the middle

judge whether the writer meant "cook"

or "cock" by the sense of his writing.

A BEVERAGE

and a small portion of Molasses

Posturn Cereal Company.

BATTLE CREEK, HICK, U.S.A.

In such cases it would come as a

fighting of the period.

Racial Origin-English.

Source-An Occupation.

such an origin.

their inns.

"Esquires" formed the lowest class "cook." There was no uniform meth-

had not yet won their spurs, and it ages, and it was often necessary to

become the fathers of families and that period "Roger le Cok" could never

bequeathed the name, for esquires all have been used with the meaning

LISTLESS, PEEVISH GIRLS

When a girl in her teens becomes peevish, listless and dull, when nothing seems to interest her and dainties do not tempt her appetite, you may be certain that she needs more good blood than her system is provided with. Before long her pallid cheeks, frequent headaches, and breathlessness and heart palpitation will confirm that she is anaemic. Many mothers as the result of their own girlhood experience can promptly detect the early signs of anaemia, and the wise door is opened, but we must approach | mother does not wait for the trouble to develop further, but at once gives her daughter a course with Dr. Williams' Pink Pills, which renew the How many times we come to the blood supply and banish anaemia before it has obtained a hold upon the

of mothers know that anaemia is the electric floor-scrubbers do the dirty sure road to worse ills. They know work!" the difference that good red blood makes in the development of womanly health. Every headache, every gasp for breath that follows the slightest exertion by the anaemic girl, every pain she suffers in her back and limbs are reproaches if you have not taken the best steps to give your weak girl new blood, and the only sure way to do so is through the use of Dr. Williams' Pink Pills.

New, rich red blood is infused into the system by every dose of these pills. From this new rich blood springs good health, an increased appetite, new energy, high spirits and perfect womanly development. Give your daughter Dr. Williams' Pink Pills, and take them yourself and note how promptly their influence is felt in better health.

You can get these pills through any dealer in medicine or by mail postpaid at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

Saved by a Loaf.

During the recent disturbances in Upper Silesia a party of Poles, armed to the teeth, made an attempt to force an entrance into the town of Korel, which was garrisoned by Italian troops..

An Italian sentry opened fire as soon as the first insurgents tried to cross the bridge over the River Oder. The Poles replied, and their attack would have succeeded if it had not occurred to the sentry to seize his ration of bread and hurl it at his assailants.

So startled were they by this proceeding that they fled. Possibly they imagined that this projectile was some It might appear, at first glance, that new sort of bomb! By the time they some of the family names in this had recovered from their astonishgroup had their origin in some refer- ment reinforcements put in an appearence to the cock, or rooster. There is ance and the situation was saved!

MONEY ORDERS.

Dominion Express Money Orders are on sale in five thousand offices throughout Canada.

Defeat.

and was well established in popular | No one is beat till he quits; favor in medieval England. Or it No one is through till he stops, might be derived from the form "Atte No matter how hard Failure hits No matter how often he drops, "at the Sign of the Cock," for in their A fellow's not down till he lies lack of ability to read the English of In the dust and refuses to rise.

> Fate can slam him and bang him around

with which to illustrate the signs by And batter his frame till he's sore, which they identified their shops and But she never can say that he's down-

> While he bobs up serenely for more. A fellow's not dead til he dies Nor beat till no longer he tries!

Minard's Liniment Relieves Neuralgia

Carpeting the World With Salt.

But such a form as "Roger le Koc" or The family names derived from this "le Coc" or "le Cok" occurring in the Salt is the one thing of which we word must be classified among the ancient lists of names kept for taxaare never likely to run short. Every names of the later period, when feu- tion or other purposes, has only one pint of sea water contains about half dalism began to disintegrate and the reasonable translation, "Roger the an ounce of salt; while there is title of "esquire" lost its exact mean- | Cook." And that form of name occurs enough salt in the sea to cover the ing, for in the earlier days it is incon- with such frequency as to insure its surface of all the countries in the ceivable that mere esquires could have perpetuation as a family name. At world to a depth of over sixty feet.

The Germans eat 12 lb. of salt per head every year; Canadians use 11 lb., Only English people 10 lb., and the French

The greatest salt-eaters in Europe are the Scandinavians and the North Russians, who use about twice as much as we do. Certainly it is not because they live in cold countries, for the Eskimo, who lives still further North, eats none at all.

There are many people who take too much salt, with the result that they have bad complexions and suffer from indigestion and other ailments.

Used externally salt is one of the finest dressings known for cuts and wounds. It helps them to heal quickly and cleanly.

"candidate" comes about from the fact Lumbago and for Pain. Then you will that the Roman candidate for office be following the directions and desage was accustomed to go about clad in a worked out by physicians during white toga to show the purity of his twenty-one years and proved safe by principles. The Latin word for white millions. Handy tin boxes of twelve is "candidus"; hence a person who wore this color in accordance with the established custom, came to be called "candidatus." Can't you imagine some of our "candidates" in the symbol of purity?

FROM HERE & THERE

Nothing Like Advertising.

A large poster displayed in the window of a florist's shop read as follows: "Don't lead the life of a slave! Try a packet of our famous weed-killer!"

Although the advertisement seemed to amuse all who read it, the florist declared to a fellow-tradesman that it had been a great help to his trade. That evening the friend of the

florist, who was an electrician, was seen plastering his shop window with a poster, which ran:

"To married men. Don't kill your Out of their experience thousands wives with housework. Let one of our

Of Little Use.

Not long ago a number of masons left Scotland to settle in this country. One of them wrote to his wife shortly after his arrival and instructed her to sell their household property and to take passage out to him.

The good wife had a neighbor who came to help her with the packing. In the midst of it they fell upon Thomas' watch. The neighbor examined it closely and then said:

"It's a grand watch, Catherine. Ye'll be takin' it wi' ye?"

be o' nae use oot there, for Thomas | ter in every way . tells me in his letter that there is some 'oors difference between the time here and in Calgary, so I need na be takin' useless things."

Pass the Salt!

Mr. Green's radish-bed had been attacked by slugs.

Distracted, he sought the advice of a neighbor.

"If you want to exterminate the pest," said the neighbor, "place salt between the rows of plants."

Mr. Green went off full of hope. A few days later they met again. "Did you do as I told you?" asked

the neighbor. "I should think I did!" replied Mr.

Green,

"Was it successful?"

"Well, I put salt down one evening, and bless me, when I got up the next morning the slugs were pulling the radishes up, dipping them in the salt and eating them, with such happy looks upon their faces!"

BRINGS HAPPY EASE.

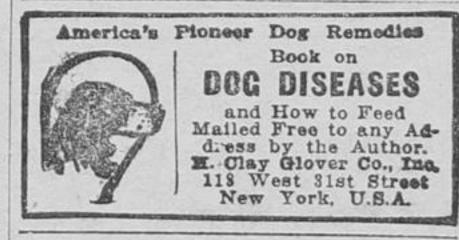
Don't Endure Pain. Apply



The Remedy your Grandmother used to get Sure Rellef. On Sale Everywhere. A Good Thing. Rub it in.

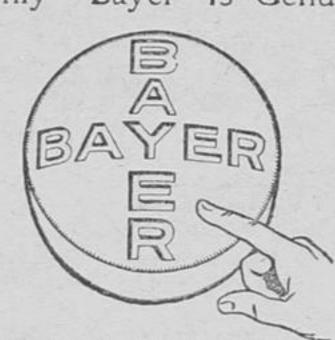
COARSE SALT LAND SALT

Bulk Carlots TORONTO SALT WORKS TORONTO



ASPIRIN

"Bayer" is Genuine



Warning! Unless you see the name "Bayer" on package or on tablets you are not getting Aspirin at all. Take Aspirin only as told in the Bayer package for Colds, Headache, Neuralgia, This makes us laugh: The word Rheumatism, Earache, Toothache, Bayer Tablets of Aspirin cost few cents. Druggists also sell larger packages. Made in Canada. Aspirin is the trade mark (registered in Canada), of Bayer Manufacture of Monoaceticacidester of Salicylicacid.

IN GOLD. HE SAYS

BRAHAM POURS OUT HIS GRATITUDE TO TANLAC

Toronto Man Declares He Was Almost Physical Wreck When He Began Taking It.

"I wouldn't take all the gold you could pile up around me for the good Tanlac has done me," said George W. Braham, 31 Grove Ave., Toronto, Ont.

"When I returned from overseas I was pretty much of a wreck. I used to have fainting spells and my nerves were in such a bad state that I used to jump at the least sound. My stomach was always out of order, so that whatever I ate upset me.

"I never knew what it was to have a good night's sleep and I always got. up in the morning feeling tired and weary. I was steadily losing weight and finally got very weak.

"One evening I said to my wife: '1 think I'll try a bottle of Tanlac.' I did, and the result was wonderful. It just seemed to meet my needs from the start and has relieved me of all my troubles.

"It gave me a good appetite so that I can now eat well and my food agrees with me. My nerves are now steady, I no longer have fainting spells, "Na, na!" was the reply. "It would I sleep fine and feel stronger and bet-

> "If there's one medicine that's worth its weight in gold, it's Tanlac, and I want to express my gratitude for what it has done for me."

Tanlac is sold by leading druggists everywhere.

Motor Boat Reaper.

To clear some Wisconsin lakes of vegetation so that clear ice can be harvested a motor boat has been equipped with a reaper and machinery that binds the rushes into bundles for use as fuel.

A house without a woman and firelight is like a body without soul or spirit.

Very Itchy and Burned. Troubled Six Weeks.



and she rubbed causing loss of sleep. The breaking out was very itchy and burned so that I had to tie gloves on her hands to keep her from scratching.

"This trouble lasted about six weeks before I used Cuticura. I used one large box of Cuticura Ointment with two cakes of Cuticura Soap when she was healed." (Signed) Mrs. H. Stares, Blenheim Rd., Galt, Ont. Cuticura Soap, Ointment and Tal-

cum are ideal for daily toilet uses. Soap 25c, Ointment 25 and 50c. Sold throughout the Dominion. Canadian Depot: Lymans, Limited, St. Paul St., Montreal. Cuticura Soap shaves without mug.

FIVE YEARS

Finally Was Restored to Health by Lydia E. Pinkham's Vegetable Compound.



ment of my organs and in my back. All of this time I was unfit for work and was taking different medicines that I thought were good. I saw the advertisement in the papers. of Lydia E. Pinkham's Vegetable Compound and took it faithfully. I am III now in perfect health

and do all my own work. I recommend it to others, and give you permission to publish this letter in your little books and in the newspapers as a testimonial." -Mrs. D. Cassady, Box 461, Paris, Ont.

Why women will continue to suffer so long is more than we can understand, when they can find health in Lydia E. Pinkham's Vegetable Compound!

For forty years it has been the standard remedy for female ills, and has restored the health of thousands of women who have been troubled with such ailments as displacements, inflammation, ulceration, irregularities, etc. If you want special advice write to

Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

ISSUE No. 34-21.

ways either won their knighthood or "Roger Atte Cok." Have you noticed how many of your neighbors have changed from tea or coffee to INSTANT POSTUM The smooth, rich Aavor of this cereal beverage appeals to the taste, and it is free POSTUM CEREAL from any element of harm. Better nights and brighter 門園の mornings usually result INSTANT from Postum in place of