

AUTO REPAIR PARTS
for most makes and models of cars. Your old, broken or worn-out parts replaced. Write or wire us describing what you want. We carry the largest and most complete stock in Canada of slightly used or new parts and automobile equipment. We ship C.O.D. anywhere in Canada. Satisfaction or refund in full our motto. Shaw's Auto Salvage Part Supply, 923-931 Dufferin St., Toronto, Ont.

Vancouver's Tonnage Eclipses All Records.

Twelve thousand vessels with a tonnage of 9,281,000 visited the port of Vancouver last year, according to the report of W. J. Blake Wilson, retiring president of the Vancouver Board of Trade, shattering all previous shipping records for a twelve months period.

"A number of new lines of transportation were inaugurated," he said. "Vancouver is now linked with the Orient by ten lines of steamships, with Europe via the Panama Canal by nine lines, with Australia by two, with British Indies and the East Indies by two. Port facilities are rapidly being enlarged. The Government is rushing completion of the new Ballantyne pier, which should be finished by next year. The new Canadian Pacific Railway pier also is nearing completion.

"Total value of lumber cut in British Columbia was \$92,628,807, against \$70,285,904 the previous year. It is estimated the province has 350,000,000 feet of standing timber. The present output is practically 2,000,000,000 feet a year. The demand will continue to increase with depletion of standing timber in other countries. Therefore steps should be taken to eliminate waste in forest. Pulp and paper products were valued at \$21,611,681, against \$12,554,257 the preceding year.

"Minerals produced in the province had a value of \$20,580,625, an increase of \$2,284,312. Manufacturing industries now number 2,000, with an annual pay-roll of \$50,100,000, and 46,350 employees."

Canada has most extensive fishing grounds—5,000 miles on the Atlantic, 7,000 miles on the Pacific and 220,000 square miles fresh water.

Minard's Liniment Relieves Distemper

Where the Queen Lives.

If I were a member of the Royal Family, says a London writer—and, for my peace, I am glad that I am not—I should keep a notebook and jot down all the humorous remarks that were made to me. As it is, most of these remarks are lost, and the few that are not have to be captured by attentive reporters and journalists. I was not present myself when the Queen visited a certain school in an industrial centre the other day, but I thank the brother-journalist who was on the spot and who preserved in his notebook this fragment.

"Where do you live?" the Queen asked a little girl.

"In Fuller's Rents," replied the child. "And where do you live?"

The Queen laughed and replied:

"Oh, not far from Victoria Station—you must come and see me with your mother some day."

I wonder whether the invitation will be accepted? Queen Mary's modest description of where she lived struck a contrary note to the description given by an ex-duke, who said he was always to be found at the Savoy Hotel. He spent his days—on the curb outside!

A SPLENDID MEDICINE FOR THE CHILDREN

Baby's Own Tablets are the best medicine a mother can give her little ones. They are a mild laxative which quickly regulate the bowels and stomach and are guaranteed to be entirely free from any injurious drugs. Concerning them Mrs. A. D. West, Loreburn, Sask., writes:—"Baby's Own Tablets have given me more satisfaction than anything else I have ever given my children. They are easily taken; always work well and though I have given quite a few to my baby they seem to work as well now as at first, which is something other laxatives seldom do." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Gerald Dickens, grandson of the great novelist, is a captain in the British navy.

HOW RHEUMATISM CAN BE OVERCOME

Not by Rubbing, But by Enriching the Blood.

Rheumatism is a disorder of the blood. It attacks people when the blood is overcharged with acid and impurities, thus setting up inflammation in the muscles and joints. Wet weather or cold weather may start the tortures of rheumatism, but it is not the cause. The cause is in the blood. Victims of this malady have every reason to fear the first dull ache in the limbs and joints, followed by sharp pains through the flesh and muscles; these are the symptoms of poison in the blood, which will shortly leave the victim pain-racked and helpless. Liniments, hot applications and rubbing may give temporary ease, but cannot possibly root the trouble out of the system. That can only be done by enriching the blood. This new blood drives out the poisonous impurities, and the rheumatism disappears. If you are a sufferer from this painful malady, begin the use of Dr. Williams' Pink Pills and see how soon the pains and stiffness of the joints fade away. Among those who have benefited by the use of these pills is Mr. Freeman Irving, Baxter Harbor, N.S., who says: "Some time ago my blood was in a terrible condition, leaving me very much run down, and with boils breaking out on my body. To add to my misery rheumatism set in, and I not only suffered greatly from the pain, but could only get around with the greatest difficulty. After trying several medicines without much success, I decided to give Dr. Williams' Pink Pills a trial, as they had been warmly recommended to me. I think I used nine boxes altogether, but the results met my every expectation, as both the boils and the rheumatism disappeared. Naturally I feel that I cannot praise the pills too highly."

You can get Dr. Williams' Pink Pills through any dealer in medicine or by mail at 50c a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

Power Progress in Canada.

While the increase in power development in Canada in 1920 was substantial, in many portions of the Dominion new installations and development have not yet caught up with the ever-increasing demand for hydro-electric energy. Increase in power development naturally accompanies expansion of industries. The pulp and paper industry has undoubtedly attracted the greatest attention during the past year, but a large number of smaller industries and the ever-increasing uses of electricity for power and domestic purposes, both in urban and rural communities, are important factors in the increasing power demand. While the total water-power installation of the Dominion at the commencement of 1920 was some 2,500,000 h.p., the ultimate capacity of undertakings, either completed during the past year or under actual construction, will increase this total by some \$40,000 h.p. This figure includes the 500,000 h.p. Chippawa development of the Ontario Hydro-Electric Power Commission. Additional projects aggregating some 360,000 h.p. are also under consideration.

The Province of Ontario leads with some 650,000 h.p. in undertakings, which are either under construction or completed; Quebec shows 140,000 h.p.; the Maritime Provinces, 30,000 h.p.; Manitoba, 20,000 h.p.

Undertakings which are projected for the near future aggregate some 200,000 h.p. in Quebec; 15,000 h.p. in Ontario and 20,000 h.p. in the Maritime Provinces, while one project alone in British Columbia involves some 125,000 h.p.

Wisps of Wisdom.

Look ahead or you won't get ahead. Those who have no taste for discipline, sacrifice, or service had better remain single.

The best time to hold on is when you reach the point where the average fellow would fall off.

Don't depend on others, or by and by you won't be able to depend on yourself—nor will anyone else.

Cheerfulness is the rubber tyre of life's vehicle. It helps us to pass over many bumps and rough places.

It may be true that the willing horse gets the heaviest load. But once in a while he also gets the most oats.

Your employer may determine your salary, but you yourself determine your worth. To get more, make yourself worth more.

There is nothing as elastic as the human mind. Like imprisoned steam, the more it is pressed the more it rises to resist the pressure. The more we are obliged to do, the more we are able to accomplish.

Canada has the only two coal regions on the seacoast of North America, and controls one-fifth of the world's coal resources.



Strategy.
"You seem fond of the druggist's little boy."
"Yes, he kin git all the pills he wants fer our airguns."

As Viewed From the Air.
Female passenger in aeroplane some thousands of feet up—excitedly—
"Please, oh, please, won't you go down? I've just dropped my pearl cuff-button!"
"Calm yourself, madam—that's not your cuff-button, that's Lake Erie."

What Pa Said.
"So you have twins at your house, Johnnie?"
"Yes'm, two of 'em."
"What have you named them?"
"Thunder and Lightning. That's what pa said when they came to the house."

The Regimental Lyre.
A number of stars on the cuff of a soldier aroused the fair visitor's curiosity.
"He's the battalion astronomer," explained her escort, gravely. "Most useful man. Guides us home by the stars when we've lost our way on night manoeuvres."
"How interesting," said the maiden. Then, noting his bandsman's badge, the representation of an ancient stringed instrument, she exclaimed, slyly: "I suppose that thing on your arms means that you're the regimental lyre?"

The Miner's Joke.
A party of professors undertook to penetrate into the depths of a Cornish mine. The lowering apparatus was the primitive rope and bucket. When they had finished their explorations they were hauled up in the bucket two at a time. As the last was slowly ascending, with a miner as a fellow passenger, he perceived unmistakable symptoms of frailty in the rope. "How often do you change your ropes, my good man?" he inquired, when about half way from the bottom of the awful abyss. "Every three months, sir," replied the man in the bucket; "and we shall change this one to-morrow if we get up safe."

MONEY ORDERS.
Send a Dominion Express Money Order. Five Dollars costs three cents.

His First Chance.
"What do you men know of women's work?" fiercely queried the lady orator.

"Is there a man here," she continued, folding her arms, "who has, day after day, got up in the morning, gone quietly downstairs, made the fire, cooked his own breakfast, sewed the missing buttons on the children's clothes, cleaned the pots and kettles, and swept the kitchen? If there is such a man in the audience let him rise up. I should like to see him."

In the rear of the hall a mild-looking man in spectacles timidly arose.

He was the husband of the eloquent speaker.

This was the first chance he had ever had to assert himself.

For years I have never considered my stock of household remedies complete unless a bottle of Minard's Liniment was included. For burns, bruises, sprains, frostbites or chilblains it excels, and I know of no better remedy for a severe cold in the head, or that will give more immediate relief, than to inhale from the bottle through the nasal organ.

And as to my supply of veterinary remedies it is essential, as it has in very many instances proven its value. A recent experience in reclaiming what was supposed to be a lost section of a valuable cow's udder has again demonstrated its great worth and prompts me to recommend it in the highest terms to all who have a herd of cows, large or small. I think I am safe in saying among all the patent medicines there is none that covers as large a field of usefulness as does Minard's Liniment. A real truesim good for man or beast.

CHAS. K. ROBBINS,
Chebogue Point, N.S.

America's Pioneer Dog Remedies
Book on
DOG DISEASES
and How to Feed
Mailed Free to any Address
by the Author.
H. C. Glover Co., Inc.
113 West 31st Street
New York, U.S.A.

CORNS
Lift Right Off
without Pain

Magie! Drop a little "Freezone" on an aching corn, instantly that corn stops hurting, then shortly you lift it right off with fingers. Doesn't hurt a bit.

Your druggist sells a tiny bottle of "Freezone" for a few cents, sufficient to remove every hard corn, soft corn, or corn between the toes, and calluses.

Classified Advertisements.

AGENTS WANTED.

NEAT APPEARING LADY TO ACT as our representative introducing useful line of fast selling articles. Write Anderson Manufacturing Company, London, Ontario.

AGENTS WANTED: BLISS NATIVE Herbs is a remedy for the relief of Constipation, Indigestion, Biliousness, Rheumatism, Kidney Troubles. It is well-known, having been extensively advertised, since it was first manufactured in 1888, by distribution of large quantities of Almanacs, Cook Books, Health Books, etc., which are furnished to agents free of charge. The remedies are sold at a price that allows agents to double their money. Write Alonzo O. Bliss Medical Co., 121 St. Paul St. East, Montreal. Mention this paper.

My Prayer.

O God, my God, where'er Thou art, Keep my beloved in Thy Heart; Fold in Thy Heart that heart so bright Heal him with Thy most gentle light. And since Thou mad'st forgetfulness, Forget what'er Thou find'st amiss; And since Thou mad'st remembering, Remember every lovely thing. And then, my God, lean down and see And, pitying, remember me.

Minard's Liniment for Dandruff.

Clever Baby.
Mother—"Bobbie, your Aunt Edith has got a new baby boy. I shall be his aunt, Daddy his uncle, and you will be his little cousin."
Bobbie—"My word, mother, hasn't he been quick in deciding who's to be which?"

ASPIRIN

Only "Bayer" is Genuine



Warning! Unless you see the name "Bayer" on package or on tablets you are not getting Aspirin at all. Take Aspirin only as told in the Bayer package for Colds, Headache, Neuralgia, Rheumatism, Earache, Toothache, Lumbago and for Pain. Then you will be following the directions and dosage worked out by physicians during twenty-one years and proved safe by millions. Handy tin boxes of twelve Bayer Tablets of Aspirin cost few cents. Druggists also sell larger packages. Made in Canada. Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoacetic-acidester of Salicylicacid.

OLD STANDBY, FOR ACHES AND PAINS

Any man or woman who keeps Sloan's handy will tell you that same thing

SPECIALLY those frequently attacked by rheumatic twinges. A counter-irritant, Sloan's Liniment scatters the congestion and penetrates without rubbing to the afflicted part, soon relieving the ache and pain. Kept handy and used everywhere for reducing and finally eliminating the pains and aches of lumbago, neuralgia, muscle strain, joint stiffness, sprains, bruises, and the results of exposure.

You just know from its stimulating, healthy odor that it will do you good! Sloan's Liniment is sold by all druggists—35c, 70c, \$1.40.

Sloan's Liniment

Pain's enemy



Luxuriant Hair Promoted By Cuticura

Cuticura kills dandruff, stops itching, the cause of dry, thin and falling hair. Treatment: Gently rub Cuticura Ointment with the end of the finger, on spots of dandruff and itching. Follow next morning with a hot shampoo of Cuticura Soap. Repeat in two weeks. Nothing better than these fragrant, super-creamy emollients for all skin and scalp troubles.

Soap 25c. Ointment 25c and 50c. Talcum 25c. Sold throughout the Dominion. Canadian Depot: Lyman, Limited, 344 St. Paul St., W. Montreal. Cuticura Soaps have without mug.

Surnames and Their Origin

CLAY

Variations—Clayer, Claire, Cleyere, Marler.
Racial Origin—English.
Source—An occupation or locality.

We are inclined to suspect that names like this are not what they seem, particularly when we remember that such a name as Hay has nothing whatever to do with our word "hay."

In this case, however, the suspicion proves unfounded, for the family name of clay, famous in American history of statesmanship, is in fact the same as our word clay.

Clay was to the farmer of the middle ages in England what nitrates are to the modern farmer. That is to say, it was most important as a fertilizer, and the people who owned clay deposits or traded in the commodity were almost certain to be persons of great importance in their communities, not to say of wealth.

Not all who bear the name, however, are necessarily descended from clay owners or traders, though it is fair to assume that the majority are, for the name was often descriptive of the locality in which the bearer resided, as well as his occupation. In one of the old records an "Alice in le Cley" is referred to. A more usual form was "de la Cley." Of course the form "le Cleyere" nearly always represented the occupation.

"Marle" was another name for clay. It is more common in the term "marling," which means mixing clay with the soil. Hence the family name Marler, which, however, is not very common to-day.

CAHILL

Variations—Lowe, Quick, O'Cahill.
Racial Origin—Irish.
Source—A given name.

Historical record is the basis for including Lowe and Quick as variations of the Irish family name of Cahill, for, strictly speaking, they are not the same name at all, though both Lowe and Quick, when of Irish origin, are traceable back to the same person.

The Irish form of the family name is "O'Cathail," which, it should be remembered, is not pronounced with a "th" like that in English, but more like the English spelling which actually is used in representing it.

The Irish family name is derived from the given name of "Cathal," which means "valor."

For the most part the "O'Cathails" were descendants of or followers of Cathal, the son of Conor, nicknamed Conor na Luinge Luaithe, or "Conor of the Swifter Sailing Ship," a chieftain prominent in ancient Irish history.

Subsequent to the English conquest of Ireland the native families in many sections were compelled by law to adopt English surnames. As a rule they did not pick them at random, choosing rather an English translation of the Irish family name or an English name which sounded as much as possible like it.

In this manner some of the O'Cathails adopted the name of Quick, from the Irish word of that meaning in the title of the historical "Conor na Luinge Luaithe," while others adopted the name of Lowe from its similarity in sound to "Luaithe."

There's More Than Flavor

Many foods, while pleasing to taste, contain but little nourishment.

Grape-Nuts

combines with its rich, sweet flavor the full nutriment of wheat and malted barley which makes it an ideal food.

It has been the favorite ready-to-eat cereal for a quarter of a century.

"There's a Reason"