

THE NERVOUS SCHOOL CHILD

Needs Rich, Red Blood to Regain Health and Strength.

Many children start school in excellent health, but after a short time home work, examinations, hurried meals and crowded school rooms cause their blood to become weak and thin, their nerves over wrought and their color and spirits lost. It is a great mistake to let matters drift when boys and girls show symptoms of nervousness or weak blood. They are almost sure to fall victims of St. Vitus dance, or drift into debility that leads to other troubles. Regular meals, outdoor exercise and plenty of sleep are necessary to combat the nervous wear of school life. But it is still more important that parents should pay strict attention to the school child's blood supply. Keep this rich and red by giving Dr. Williams' Pink Pills according to directions and the boy or girl will be sturdy and fit for school. The value of Dr. Williams' Pink Pills in cases of this kind is shown by the statement of Mrs. Pearl G. Harrington, Kingsville, Ont., who says:—"I have often felt that I should write you and let you know what Dr. Williams' Pink Pills did for me. At the age of thirteen I was afflicted with St. Vitus dance. The trouble became so severe that I had to be taken from school. I was given medical treatment but it did not help me, in fact I was steadily growing worse. Then a friend advised my mother to give me Dr. Williams' Pink Pills, which she did, with the happiest results, as the pills completely cured me and I was again able to take up my studies and attend school. Again about three years ago I was attacked with nervous prostration and once more took Dr. Williams' Pink Pills, and after using five boxes was fully restored. I cannot praise these pills too highly as I believe they will cure any case of St. Vitus dance, or restore anyone who is weak, nervous or run down.

You can safely give Dr. Williams' Pink Pills to the most delicate child, or take them yourself with equally good results when you need a blood tonic. These pills are sold by all dealers in medicine, or will be sent by mail, post paid, at 50 cents a box or six boxes for \$2.50 by The Dr. Williams' Medicine Co., Brockville, Ont.

Hindu Children Mechanics.

Hindu children are remarkable for their precocity. Many of them are skilful workmen, at an age when the children of other nations are learning the alphabet. A boy of seven may be a skilful wood-carver, while some of the handsomest rugs are woven by children not yet in their teens.

Minard's Liniment Cures Distemper.

When Black is White.

Visitor—"I'd like to know why on earth you call that white pig 'Ink'?"
Farmer—"Because he's always running from the pen."

Study Methods of Successful Neighbors.

There is one outstanding thing about the development of Canadian farming which you and I ought to recognize and use to better advantage, and that is the fact that we are not learning as much from the people and things right around us as we should learn.

No individual is very original. The man who appears to be most original is, for the most part, merely applying ideas which he has picked up here and there. Few of us ever originate anything out and out. We merely go a step farther than something we have seen or heard about. How often have you heard the expression, "and that suggested an idea to me!"

I have spent most of my life studying about farming. I have carried on line after line of experiments trying to solve important problems, and I have a few times succeeded in solving them in this way. But I have come firmly to the conclusion that the best way to study farm problems is to study them on farms of the men who have worked them out in a practical way.

I have found that most of the practical problems which experimenters are working their lives away trying to solve have already been solved by some farmer, and that these experimenters could save a lot of time and bother if they would go round and see what the farmers have already found out, and publish this. There is always a large group of farmers who would profit highly by such information.—J. S. C.

Straw for the Wheat.

We have always depended upon snow to protect the winter wheat crop from sudden weather changes. Snow is, of course, a very efficient covering for all winter growing crops, including rye, alfalfa, clovers, etc., but it frequently happens that when the covering is most needed the snow is not there. Progressive farmers have learned out of practical experience that a very light covering of strawy manure or straw is of the greatest value to these winter crops when the snow is off the ground. This straw stays after the spring opens and protects the plants against the excessive action of freezing and thawing on the root system. Neither is the time required for the application of the straw wasted since the fertilizing element contained therein and the effect upon the physical condition of the soil are just as apparent as if the material had been applied to any other crop and at a time of the year when labor may be more urgently required at seasonable work.

—Legs and Necks.

Naturalists assure us that, with a few exceptions, there is a marked equality between the lengths of the necks and of the legs of both birds and quadrupeds. Whether they be long or whether they be short is determined, it seems, chiefly by the manner in which the animal feeds.

Crocodiles, lizards and fish have virtually no necks. Fowls that feed in the water also offer an example of this correspondence between the members, with the exception of swans and geese.

NOTHING TO EQUAL BABY'S OWN TABLETS

Mrs. Alfred Naud, Natagan River, Que., writes:—"I do not think there is any other medicine to equal Baby's Own Tablets for little ones. I have used them for my baby and would use nothing else." What Mrs. Naud says thousands of other mothers say. They have found by trial that the Tablets always do just what is claimed for them. The Tablets are a mild but thorough laxative which regulate the bowels and sweeten the stomach and thus banish indigestion, constipation, colic, colds, etc. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Putting the "H" in Music.

"The 'orn of the 'unter is 'eard on the 'ill," sang the little boy at the Ragged School treat. But somehow his version of that line in "Kathleen Mavourneen" jarred on the nerves of the teacher.

"My little man," she said kindly, "why don't you put a few more aitches in your song?"

"Garn," advised the little man, politely. "Don't you know there ain't no 'h' in moosic? It only goes up ter G."

I was cured of Rheumatic Gout by MINARD'S LINIMENT.

Halifax. ANDREW KING.

I was cured of Acute Bronchitis by MINARD'S LINIMENT.

LT.-COL. C. CREWE READ.

Sussex.

I was cured of Acute Rheumatism by MINARD'S LINIMENT.

Markham, Ont. C. S. BILLING.

Lakefield, Que., Oct. 9, 1907.

Length of Seven Rivers of Canada.

Mackenzie (with Peace, 1,085) 2,525 miles; St. Lawrence (without Ottawa, 685) 1,000 miles; Nelson (with South Saskatchewan, 1,205, but without North Saskatchewan, 760) 1,660 miles; Churchill, 1,000 miles; Fraser, 695 miles; Yukon (in Canada) 655 miles; Columbia (in Canada), 465 miles.

Minard's Liniment Cures Garget in Cows.

When Sugar Cost \$2.38.

Sugar once sold as high as \$2.38 a pound, but this was in the earlier days of its production (from 1351 to 1400). It had fallen to 38 cents by 1800 and in the United States the average price of refining sugar from 1845 to 1855 was \$4.38 for 100 pounds; on February 21, 1895, it sold for \$4.93 for 100 pounds and the refined sold for 4 cents a pound.

Time and tide wait for no man, but time and care applied to farm tasks pay any man.

THEY do not fear coughs, colds and allied complaints. For over 60 years they have relied on



GRAY'S SYRUP OF RED SPRUCE GUM

for prompt results. With the lowered strength and vitality of age they realize more than ever before the importance of having Gray's Syrup on hand for immediate use.

They always buy the Large Size
Montreal, D. WATSON & CO., New York

DON'T WHIP!

Stop Lashing Your Bowels with Harsh Cathartics but take "Cascarets."

Everyone must occasionally give to the bowels some regular help or else suffer from constipation, bilious attacks, stomach disorders, and sick headache. But do not whip the bowels into activity with harsh cathartics.

What the liver and bowels need is a gentle and natural tonic, one that can constantly be used without harm. The gentlest liver and bowel tonic is "Cascarets." They put the liver to work and cleanse the colon and bowels of all waste, toxins and poisons, without griping,—they never sicken or inconvenience you like Calomel, Salts, Oil, or Purgatives.

Twenty-five million boxes of Cascarets are sold each year. They work while you sleep. Cascarets cost so little too.

ED. 7.

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Rabbits Supply Fur.

Rabbits, though a great agricultural misfortune to Australia and New Zealand, fetch to those commonwealths a very considerable annual revenue from the sale of their pelts. The latter furnish the bulk of the commercial material for felt hats, and are largely used for fashionable furs.

There is hardly any fur in the market that is not imitated by the skillful preparation of rabbit skins, the art having attained so high a perfection that they are made to counterfeit even seal, otter and ermine.

MONEY ORDERS.

When ordering goods by mail send a Dominion Express Money Order.

Potatoes cooked in dry heat as baking, roasting and steaming in their jackets should be served as soon as they are done to prevent them from becoming soggy. If they must stand a while, prick the skins when the potatoes are done.

"DANDERINE" PUTS

BEAUTY IN HAIR

Girls! A mass of long, thick, gleamy tresses



Let "Danderine" save your hair and double its beauty. You can have lots of long, thick, strong, lustrous hair. Don't let it stay lifeless, thin, scraggly or fading. Bring back its color, vigor and vitality.

Get a 35-cent bottle of delightful "Danderine" at any drug or toilet counter to freshen your scalp; check dandruff and falling hair. Your hair needs this stimulating tonic; then its life, color, brightness and abundance will return—Hurry!

DARTING, PIERCING SCIATIC PAINS

Give way before the penetrating effects of Sloan's Liniment

So do those rheumatic twinges and the loin-aches of lumbago, the nerve-inflammation of neuritis, the wry neck, the joint wrench, the ligament sprain, the muscle strain, and the throbbing bruise.

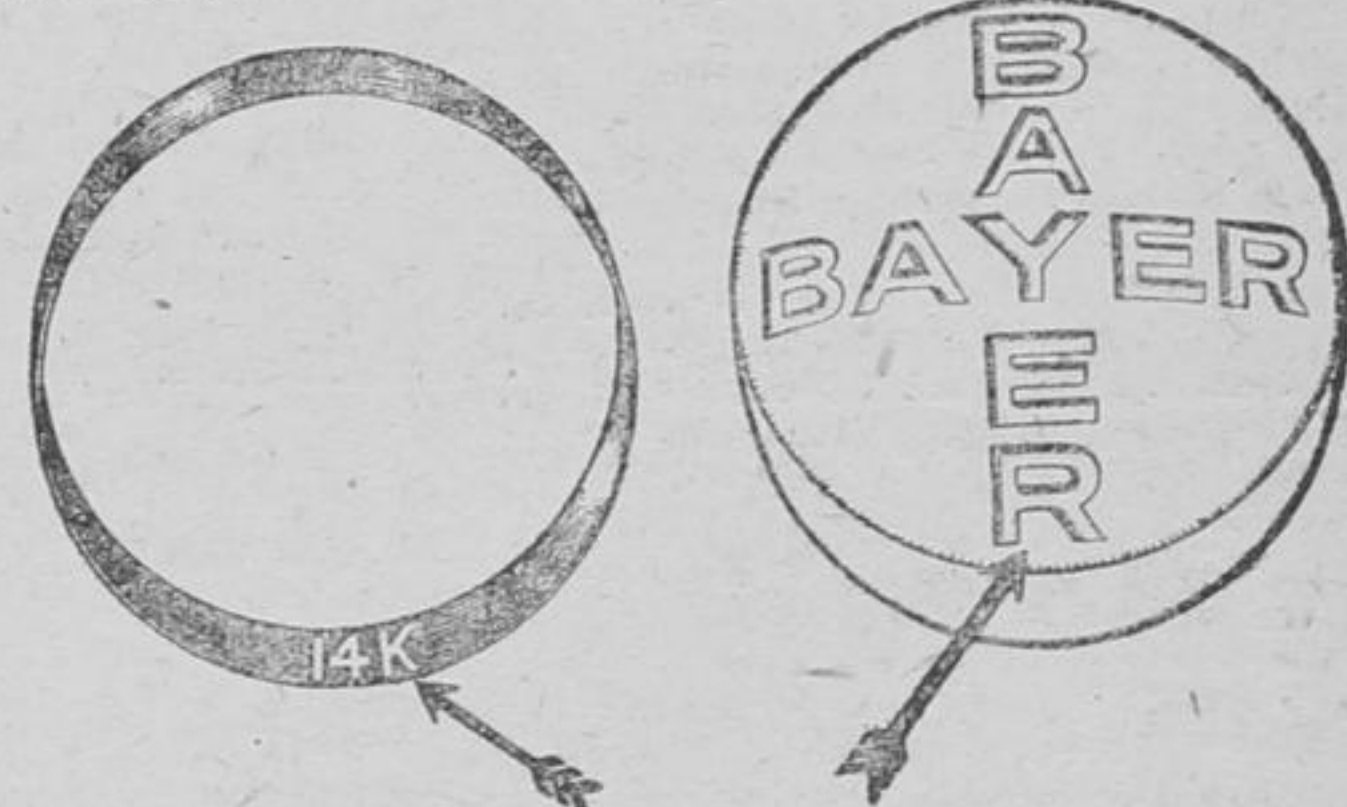
The ease of applying, the quickness of relief, the positive results, the cleanliness, and the economy of Sloan's Liniment make it universally preferred. Made in Canada.

85c, 70c, \$1.40.



ONLY TABLETS MARKED "BAYER" ARE ASPIRIN

Not Aspirin at All without the "Bayer Cross"



The name "Bayer" on Aspirin is like 14 Karat on gold. It positively identifies the only genuine Aspirin,—the Aspirin prescribed by physicians for over nineteen years and now made in Canada.

Always buy an unbroken package. There is only one Aspirin—"Bayer"—You must say "Bayer" Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidester of Salicylicacid. While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

Classified Advertisements.

AGENTS WANTED.

PORTRAIT AGENTS WANTED—good prints and finishes—lowest prices on frames—ask for catalogue United Art Co., 4 Brunswick Ave., Toronto.


MISCELLANEOUS.

CANCER, TUMORS, LUMPS, ETC. Internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co. Limited, Collingwood, Ont.

NEWSPAPER WEEKLY IN BRUCE County. Splendid opportunity. Write Box T. Wilson Publishing Co. Limited, 73 Adelaide St. W., Toronto.

WELL EQUIPPED NEWSPAPER and job printing plant in Eastern Ontario. Insurance carried \$1,500. Will go for \$1,200 on quick sale. Box 62, Wilson Publishing Co. Ltd., Toronto.

America's Pioneer Dog Remedies Book on DOG DISEASES and How to Feed Mailed Free to any Address by the Author, H. Clay Glover Co., Inc., 118 West 31st Street New York, U.S.A.



PIMPLES ITCHED AND BURNED

Face Was Badly Disfigured. Cuticura Soap and Ointment Healed.

"Small red pimples and black-heads began on my face and my face was badly disfigured. Some of the pimples feasted while others scaled over and there were places where the pimples were in blotches. They used to itch and burn terribly. I saw an advertisement for Cuticura and I tried them. They stopped the itching and burning and I used four cakes of Soap and three boxes of Ointment which healed me." (Signed) Miss V. A. Hayne, Stormont, N. S., Dec. 25, '18.

Soap 25c, Ointment 25c and 50c. Sold throughout the Dominion. Canadian Depot: Lyman, Limited, St. Paul St., Montreal. Cuticura Soap chafes without soap.

"SYRUP OF FIGS"

CHILD'S LAXATIVE

Look at tongue! Remove poisons from little stomach, liver and bowels



Accept "California" Syrup of Figs only—look for the name California on the package, then you are sure your child is having the best and most harmless laxative or physic for the little stomach, liver and bowels. Children love its delicious fruity taste. Full directions for child's dose on each bottle. Give it without fear. Mother! You must say "California."

Two Fashionable Models



No. 9237—Ladies' Overblouse. Price, 25 cents. To be worn over a skirt; with or without four-piece tunic and trimming-straps. Cut in 8 sizes, 34, 36, 38, 40, 42, 44, 46 and 48 ins. bust measure. Size 36 requires, with tunic, 2 3/4 yds. 40 ins. wide, or 2 1/2 yds. 54 ins. wide; without tunic, 1 1/4 yds. 40 ins. wide, or 1 yd. 54 ins. wide.

No. 9138—Ladies' Two-Piece Skirt. Price, 20 cents. High waistline; 39 or 37-inch length. Cut in 9 sizes, 22 to 38 ins. waist measure. Size 26 requires, 39-inch length, 2 1/2 yds. 36 ins. wide, or 1 1/4 yds. 54 ins. wide; 37-inch

length, 2 3/4 yds. 36 ins. wide, or 1 1/4 yds. 54 ins. wide. Width around bottom 1 1/2 yds.

No. 9216—Girl's Dress. Price, 20 cents. Kimono sleeves; with or without straight trimming-band. Cut in 6 sizes, 4, 6, 8, 10, 12 and 14 years. Size 8 requires, without trimming-bands, 2 3/4 yds. 32 ins. wide, or 1 3/4 yds. 40 ins. wide; with trimming-bands, 2 1/2 yds. 32 ins. wide, or 1 3/4 yds. 40 ins. wide.

These patterns may be obtained from your local McCall dealer, or from the McCall Co., 70 Bond St., Toronto, Dept. W.