

RASCALS

Biliousness, Headache, Colds, Constipation, driven out with "Cascarets"

Why take nasty cathartics, sickening salts, or stomach-turning oils to drive these rascals out? Let gentle, harmless Cascarets remove the liver and bowel poison which is keeping your head dizzy, your tongue coated, your skin sallow, your breath offensive, and your stomach sour. Get a box of Cascarets at the drug store and rid your liver, stomach, and bowels of the excess bile, poisons, and waste which are keeping you miserable. Cascarets never gripe, never sicken, never inconvenience. They cost so little and work while you sleep.

A Singing "Literary."

The people in our community had met regularly in the schoolhouse every Friday night for "literary" during several years, but they seemed to be getting into a rut. The younger folks especially were not very excited about the meetings.

Attempts at brightening up the program helped some, and occasional parties of the usual "bid-for-a-supper-basket" kind had a good effect, but not for long.

The enthusiasm with which the younger people sang on their way to and from the meetings finally suggested an idea. Of course, they had always had some singing at the "literary," but it wasn't of the jovial, spontaneous kind that was needed. At the next meeting they succeeded in getting the idea accepted that they should get hold of the new popular songs and also work up some of the old favorites, and that there should be a song after each number on the program, but the big point of it was that every one must join in, singers and non-singers.

They knew very well that no one would actually feel like joining in when the time came, so they got all to agree that every one should pay a three-cent fine for every song not participated in. To enforce the rule, inspectors were appointed who, themselves singing heartily all the time, watched for people not joining in. It was necessary to choose exactly the right people for this. At first many people moved their lips and merely pretended to sing, but that led them on to singing heartily.

By the fourth week of the new style the thing was an undoubted success. The spirit of the place was entirely changed. The old awkwardness that every one had shared before gave way to a sort of thrill of interest in everything. Perhaps the people were all wondering what the next song would be. Whatever the reason, they took a keen interest in everything.

They had now dropped the "fines" system, and use another method. Some one—generally the school-teacher or the minister, but sometimes a real singing teacher—sits on the platform during all the singing, and after each song marks up on the blackboard a stroke for whichever side of the room sang the best. The rivalry runs very high each week and each month for the highest score, and the room is always divided sharply into the two sections. Moreover, the rivalry is of a particularly merry and good-natured sort. A singing "literary" after this fashion is a sure-fire success.—P. W. W.

Feed fowls regularly. When we make the hens wait for their meals, we forget that they are just as surely creatures of habit as are horses or cows. Hens look for attention just as regularly as do the animals. If they do not get it they are disappointed—and we may be when we go to gather the eggs.

Styles for Children



No. 9116—Boy's Norfolk Suit. Price, 20 cents. Coat cut through at waist-line; knee trousers. Cut in 5 sizes, 4 to 12 years. Size 8, with belt, 2 3/4 yds. 36 ins. wide, or 1 1/2 yds. 54 ins. wide; without belt, 2 1/4 yds. 36 ins. wide, or 1 1/2 yds. 54 ins. wide.

No. 9143—Girl's Dress. Price, 20 cents. With shield, kimono sleeve with or without collar and belt. Cut in 5 sizes, 6, 8, 10, 12 and 14 years. Size 8 requires, with collar and belt, 2 3/4 yds. 36 ins. wide, or 2 1/4 yds. 44 ins. wide; without collar and belt, 2 1/4 yds. 33 ins. wide, or 1 1/2 yds. 44 ins. wide.

These patterns may be obtained from your local McCall dealer, or from the McCall Co., 70 Bond St., Dept. W.

What is a Tidal Wave?

Much of the storm's terrific damage at Corpus Christi is said to have been caused by a "tidal wave" of great height, which swept away entire blocks of houses.

But what is a tidal wave? It has nothing whatever to do with the tides. Any great onrush of the sea that overwhelms the land is called a tidal wave. In 1867 such a wave threw the United States cruiser Monongahela clear out of the harbor and into the town of Friedrichstadt, on the island of Santa Cruz.

Such waves may be due to various causes. They may represent a heaping up of masses of water by a hurricane of wind, as at Corpus Christi. Or an earthquake under the sea may be the cause.

Submarine volcanic eruptions are of not very infrequent occurrence, and earthquakes are liable to accompany them. Or a mere slipping of strata in the sea-floor may cause earthquakes. If, incidentally to the volcanic or seismic disturbance, one part of the sea-floor sinks or another part rises, there must be a consequent rush of water, which may assume the proportions of what is called a tidal wave.

The great earthquake that destroyed Lisbon in 1755 was supplemented by a tidal wave which rolled up the valley of the Tagus from the ocean, submerging all the lower portions of the city and destroying thousands of lives.

Twenty-five years ago Japan was visited by a series of terrific tidal waves, which ran fifteen or twenty miles inland. They accompanied great earthquake shocks.

The tidal wave above mentioned, at Santa Cruz, also struck St. Thomas, where a wall of water that looked fifty feet high ran up over the land. There were severe earthquakes all night, and the people, believing that the island was going to sink, besought the commander of an American warship (which had survived the wave by a miracle) to take them off. He did carry 2,000 of them to Santa Cruz.

To remove paint from clothes, saturate the spot two or three times with equal parts of ammonia and turpentine, and then wash out in soapsuds.

Buy Thrift Stamps.

"SYRUP OF FIGS" CHILD'S LAXATIVE

Look at tongue! Remove poisons from little stomach, liver and bowels



Accept "California" Syrup of Figs only—look for the name California on the package, then you are sure your child is having the best and most harmless laxative or physic for the little stomach, liver and bowels. Children love its delicious fruity taste. Full directions for child's dose on each bottle. Give it without fear. Mother! You must say "California."

His Special Gift.

A school trustee visited one of the schools over which he bears rule, and made something of a speech to the assembled children.

"Now," said the great man, "the thing that you want to keep in mind is that you should always seek to do some one thing better than anyone else can do it. You can begin to do that right now. Tell me—is there anyone among you who can do that one thing better than anyone else?"

A youngster held up his hand. "And what is it?" "I can read my own writing better than anyone else can," said the boy.

Minard's Liniment Co., Limited.

Gentlemen,—In July, 1915, I was thrown from a road machine, injuring my hip and back badly and was obliged to use a crutch for 14 months. In Sept., 1916, Mr. Wm. Outridge of Lachute urged me to try MINARD'S LINIMENT, which I did with the most satisfactory results and to-day I am as well as ever in my life.

Yours sincerely
his
MATTHEW x BAINES.
mark

Had a Better One.

A college professor who was always ready for a joke was asked by a student if he would like a good recipe for catching rabbits.

"Why, yes," replied the professor, "What is it?"

"Well," said the student, "you crouch down behind a thick stone wall and make a noise like a turnip."

"That may be," said the professor, with a twinkle in his eye, "but a better way than that would be for you to go and sit quietly in a bed of cabbage heads and look natural."

Minard's Liniment Cures Garget in Cows.

New Zealand Census.

The New Zealand Government statistics relating to the census of 1916 have just been made public. In classifying dwellings by the number of rooms the figures show that out of 229,423 private dwellings in New Zealand 9,000 had one room, 8,380 two rooms, 10,500 three rooms, 49,000 four rooms, 58,000 five rooms, 50,000 six rooms, 22,000 seven rooms and 10,800 eight rooms. Country districts account for most of the small houses.

The overwhelming prominence of wood in the construction of dwellings in New Zealand is shown by the fact that 219,000 were constructed of wood, 7,000 of brick, 1,280 of stone and 1,680 of concrete. In many counties there was not a single dwelling built of brick or stone, but these districts were in the back-blocks of New Zealand, where there are but few houses.

Of the total dwellings and tenements 109,000 are being rented, 12,000 bought on time payment, 55,000 bought on mortgage and 56,860 the unencumbered property of the occupants. In the Tuckland metropolitan area 15,000 homes are rented, 16,300 held under mortgage and 5,000 are unencumbered.

No Smoking in the Barn.

It is assumed that 50 per cent. of the fires with "Cause unknown" in barns can be charged to the foolishness of smoking in them.

Buy Thrift Stamps.

MISCELLANEOUS.

HENS WANTED, ALIVE, 19 CENTS a pound, any size. I pay express within 150 miles of Toronto. No deduction for shrinkage. Samuel Lewis, 666 Dundas West, Toronto.

BUSINESSES, TORONTO PROPERTIES, Ontario and Western farms for sale or exchange. Davis, 129 Victoria St., Toronto.

CANCER, TUMORS, LUMPS, ETC. Internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co. Limited, Collingwood, Ont.

Playing With Matches.

During September four children were burned to death, each as a result of playing with matches. Regrets are of no avail. Children are fascinated by fire, and unless matches are kept where children cannot get at them, many more tragic deaths will occur. These were other people's children: yours may be next.

MONEY ORDERS.

Buy your out-of-town supplies with Dominion Express Money Orders. Five Dollars costs three cents.

Dolls' Eyes.

Great quantities of cherry stones are used in Germany for dolls' eyes, painted. Being ready-carved by nature, and of suitable shape and size, they serve the purpose admirably.

Sure! High Heels Cause Corns But Who Cares Now

Because style decrees that women crowd and buckle up their tender toes in high heel footwear they suffer from corns, then they cut and trim at these painful pests which merely makes the corn grow hard. This suicidal habit may cause lockjaw and women are warned to stop it.

A few drops of a drug called freezone applied directly upon a sore corn gives quick relief and soon the entire corn root and all, lifts out without pain. Ask the drug store man for a quarter of an ounce of freezone, which costs very little but is sufficient to remove every hard or soft corn or callus from one's feet.

This drug is an ether compound and dries in a moment and simply shrivels up the corn without inflaming or even irritating the surrounding tissue or skin. Clip this out and pin on your wife's dresser.

America's Pioneer Dog Remedies Book on **DOG DISEASES** and How to Feed Mailed Free to any Address by the Author, H. Clay Glover Co., Inc. 113 West 31st Street New York, U.S.A.

WHEN YOU SUFFER FROM RHEUMATISM

Almost any man will tell you that Sloan's Liniment means relief

For practically every man has used it who has suffered from rheumatic aches, soreness of muscles, stiffness of joints, the results of weather exposure.

Women, too, by the hundreds of thousands, use it for relieving neuritis, lame backs, neuralgia, sick headache. Clean, refreshing, soothing, economical, quickly effective. Say "Sloan's Liniment" to your druggist. Made in Canada. Get it today. 35c, 70c, \$1.40.



ONLY TABLETS MARKED "BAYER" ARE ASPIRIN

Not Aspirin at All without the "Bayer Cross"



The name "Bayer" identifies the only genuine Aspirin—the Aspirin prescribed by physicians for over nineteen years and now made in Canada. Always buy an unbroken package of "Bayer Tablets of Aspirin" which

There is only one Aspirin—"Bayer"—You must say "Bayer"

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidester of Salicylicacid. While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

Classified Advertisements.

FOR SALE.

PAIR PRACTICALLY BLACK FOXES. Also twenty other pairs. Reid Bros., Bothwell, Ontario.

WANTED

RAW FURS. WHAT HAVE YOU? What price? Reid Bros., Bothwell, Ontario.

WANTED

FIRST CLASS GARAGE MAN. State experience and wages wanted. Reid Bros., Bothwell, Ont.

SITUATIONS VACANT.

ARE YOU LOOKING FOR AN OPPORTUNITY to prove your ability? Or, are you just drifting along on the principle that "everything comes to him who waits"—without much thought of your efficiency? If you are in the latter class, be up and doing—train your mind and memory, so as to be ready for Opportunity when it comes your way. In other words, Personalise! If you know you have ability, why not use the waiting moments to improve your efficiency and incidentally acquire that Personality which means so much in seeking Success? Small town or big city, or on the township side line, it matters not—the Personal System is conducted by mail. "Mind and Memory" tells you all about it. It is a book that's free and lays no obligation upon you to enroll, though you'll be surprised to find how moderate is the fee required. Write for the book and particulars to-day to the Pelman Institute, 765 Temple Building, Toronto, Canada.

Peat Yields Oils.

Some of the peat mined in New Zealand is so well filled with kauri gum particles that it can be made to yield oils that are valuable substitutes for gasoline or benzine or use in varnishes.

Minard's Liniment Cures Distemper.

For Coughs, Colds, and the relief of inflammatory conditions of the throat arising from Bronchial, Asthmatic affections and derangements of the Respiratory Organs. Prepared from Spruce Gum and other medicinal agents. Successfully used for 60 years. Always buy the Large Size

GRAY'S SYRUP OF RED SPRUCE GUM

SINCE 1870 **SHILOH** 30 DROPS STOPS COUGHS

Miss Flora Boyko Tells How Cuticura Healed Her Pimples

"My face was very itchy at first, and after that it was covered with pimples that disfigured it badly. The pimples were hard and red and they were small, and they were scattered all over my face and were so itchy I had to scratch and I could not sleep."

"These bothered me nearly a year before I used Cuticura Soap and Ointment and when I had used five cakes of Cuticura Soap and five boxes of Cuticura Ointment I was healed." (Signed) Miss Flora M. Boyko, Gardenton, Man., Dec. 26, 1918.

Having obtained a clear healthy skin by the use of Cuticura, keep it clear by using the Soap for all toilet purposes, assisted by touches of Ointment as needed. Do not fail to include the exquisitely scented Cuticura Talcum in your toilet preparations. Splendid after bathing.

For free sample each of Cuticura Soap, Ointment and Talcum address post-card: "Cuticura, Dept. A, Boston, U. S. A." Sold everywhere.

INSTANT POSTUM



has taken the place of tea and coffee in many homes

Convenient
Economical
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