A MOTHER'S TRIALS TWO MARVELLOUS

Care of Home and Children Often Causes a Breakdown.

The woman at home, deep in household duties and the cares of motherhood, needs occasional help to keep her in good health. The demands upon a mother's health are many and severe. Her own health trials and her children's welfare exact heavy toils, while hurried meals, broken rest and much indoor living tend to weaken her constitution. No wonder that the woman at home is often indisposed through weakness, headaches, backaches and nervousness. Too many women have grown to accept these visitations as a part of the lot of motherhood. But many and varied as her health troubles are, the cause is simple and the cure at hand. When well, it is the woman's good blood that let standing like an outpost of the Steam-whistles hooted and syrens keeps her well; when ill she must New World, a tall, gaunt man, verging yelled, while the waiting crowds sent make her blood rich to renew her on middle age and dressed richly in up cheer after cheer to welcome this health. The nursing mother more scarlet, standing in its bow, with a pioneer of aerial navigation. than any other woman in the world gold-bedecked flag dropping from its needs rich blood and plenty of it, staff in his hand. There is one always unfailing way to The boat touched land, and the tall get this good blood so necessary to man, in an ecstasy of joy, with his perfect health, and that is through the great eyes glinting with pride, flung use of Dr. Williams' Pink Pills. These himself to the sand. Presently he pills make new blood abundantly, and kissed the dry ground; then, with through their use thousands of weak, tears of deep emotion rolling down ailing wives and mothers have been his cheeks, drew his sword, raised his made bright, cheerful and strong. If flag, and proclaimed that he annexed you are ailing, easily tired, or depress- the land as part of the dominions of ed, it is a duty you owe yourself and his Majesty Fernando, King of Spain. your family to give Dr. Williams Pink Pills a fair trial. What this medicine has done for others it will surely do for you.

Chinese Medicine.

Dried frogs and asbestos are common ingredients in the "order" which the Chinese doctor prescribes for his patient. For the sake of variety he may include in the prescription any of the following for which the patient perhaps may express a preference: Scorpions, rhinoceros skins, wood shavings, flies, crushed pebbles, moths, centipedes, toads, lizards, caterpillars, powdered snakes or wasps.

She'd Learned.

The puppy had been punished, and was sulking in a corner.

fort, but advice.

as last, Spot," she admonished speech nor sight of their fellow-men "Everybody that belongs to mother until, seven months after they set out, has got to mind. I've been through it they once again made Spain. Only all—and I know."

daylight before work varies from utes.

the evening twilight slightly longer.

June to 7.35 the first part of January, charts.

degrees north).

The growing light of the autumn morning greying the eastern sky showed to scared watchers on the beach three strange ships that had, apparently, sprung from nowhere during the night. And the watchers on the beach were scared, too, for though this was the year 1492, not one of them had ever seen a ship before in his or her life.

happen. Something dropped from one and the New Worlds. of the ships-caravels, their crews called them-and into it stepped men. Then it commenced to row ashore. almost hid the cigar-shaped hull of the This the watchers understood, for they great ship that had suddenly sailed used small boats themselves. Slowly into the purview of the thousands it made its way towards the tiny is- of eager eyes watching for her advent.

After a Perilous Voyage.

He was Christopher Columbus, the doyen of all Transatlantic voyagers, a dour personage, who, during his forty-and-one years, had "undergone trials not a few."

Behind him lay a voyage of seventy days, wherein he had seen no land or anything made by men that floated on the sea. His high-bowed and highsterned caravel, Sancta Maria, driven by snowy sails with a scarlet cross emblazoned on them, had carried him at a slow eight knots across the hitherto uncharted waters, the sport of the tides, dependent upon Nature's winds for her propulsion in the right direction.

Columbus' crews were unwilling explorers. It is on record that some were felons brought from prisons to make up the companies of the three To him came the small daughter of ships. A few crude navigation instruthe house, to administer, not com- ments and the sun and stars were all his aids in the keeping of a due-west "You may just as well be good first course, and the caravels had neither then could those who granted Colum-

bus permission to make the venture be told of its success or failure.

And the only authentic record of the trip is contained in a hand-printed book made at the dictation of Columbus months after he had recovered from the fatigue and exhaustion ensuing upon his truly epoch-making Transatiantic voyage.

The Pioneer of the Airway.

But to-day school children learn that Christopher Columbus discovered America on October 12th, 1492, and across the path blazoned by Sancta bles if they come on suddenly. Baby's Maria and her two frail consorts Own Tablets should always be kept in countless ships come and go with the Then stranger things commenced to commerce and travellers of the Old

The grey light of a wind-driven sky

Then the great ship of the air stopped, and hovered at a height of two hundred feet above the huge field which had been specially made ready for her reception. Suddenly a small speck detached itself from one of the microscopic carriages slung under her belly, and fell perhaps twenty feet

like a stone. Then it seemed to stop, and a parachute opened out, revealing to the astounded watchers a British officer descending to the ground to supervise the berthing of his Britannic Majesty's Airship R-34.

This pioneer from the clouds carried a flag, nor could he annex land in the name of the sovereign to whom he owed allegiance. He did not kiss the earth, though he was unfeignedly glad to feel it beneath his feet, nor did he cry with joy. Instead, he set about seeing that the specially-trained mooring parties of American aviation mechanics made R-34's anchors properly fast to her moorings.

Then the great airship commenced to sink lower and lower till her belly almost touched the ground, and from her gondolas there stepped less than a score of men.

With Every Scientific Aid.

Behind R-34 lay a voyage of 3,130 miles, performed in 108 hours and 12 minutes, or just over four and a half days. The great airship, 675 ft. long, had fought baffling gales and atmos- merely on that account, do you?" boy; but it's something they always pheric storms, and nosed through asked the ticket man. fogs at an average speed of nearly thirty knots per hour, despite the fact to supply me with a periscope to see that her petrol supplies were growing alarmingly short. Never had she been the sport of the winds, nor had she Minard's Liniment Cures Burns, etc. been compelled to grope her way, for skilled navigators, armed with ultra scientific instruments, had guided her on the shortest route across the trackless wastes of air.

Her crew were all volunteers-indeed, one of them was so eager to make the passage that he stowed him-Canal Zone. This is for the reason Zone. Sunset varies from about 4.25 sef away. Never was R-34 for a mothat there is very little seasonal p.m. in December to 7.40 in June and ment unable to establish communichange in the time of sunrise and sun- July, three hours and a quarter, as cation with her starting point and desset for this latitude (approximately 9 | compared with the fifty minutes varia- | tination, for at intervals her wireless tion in the Canal Zone between ear- told of her progress, and even sum-The earliest sunrises, occurring in liest and latest sunset. The twilight moned aid to stand by her when her May and June, are approximately 6 period is about the same. Daylight fuel threatened to give out.

o'clock, and latest, in January and hours are about eight hours and fifty-And in less than a minute after she February, about 6.35. The earliest five minutes at the least in southern had touched ground, wireless telesunsets, in November, occur at about Ontario, and approximately fifteen graphy told the whole world of her then put in the orchard white and 5.50, and the latest, in June and July, hours and twenty minutes at the feat. And hundreds of cinema camer- shake well. This makes a quarter pint at approximately 6.40. The usual most. In the Canal Zone the hours as filmed her as she hovered and working hours in the Canal Zone be- of daylight range from approximately landed, and thousands of people the ing from 7 in the morning until 5 in eleven hours and thirty-five minutes same night witnessed in photographs the afternoon, the morning margin of to twelve hours and thirty-five min- the thrilling scene.

twenty minutes to one hour. The The office of the chief hydrographer children will be taught that Airship disappear and how smooth, soft and evening period of light between 5 of the Canal Zone has recently fur- R-34 made the first voyage from Great o'clock and the beginning of twilight nished the police stations with charts Britain to America, and reached New (sunset) varies from fifty minutes to showing the daylight, twilight and York on July 6th, 1919.

one hour and thirty-five minutes. To darkness periods through the months. Sancta Maria, under Columbus' oradvance the time one hour would They are of use for occasional refer- ders, opened up the ocean pathways throw the 7 a.m. workers into the twi- ence in testimony as to the degree of to and from America; R-34, comlight period and tend to reduce rather light existing at the time under in- manded by Major Scott, R.A.F., has than increase their hours of daylight vestigation, as in traffic accidents, or opened up the aerial tracks, and surelabor. The morning twilight period where the possibility of having wit- ly it is not too much to prophesy that is about half an hour the year round, nessed an occurrence is questionable airships will, in the not-far-distant by reason of the degree of light at future, be as numerous in the air In the latitude of Southern Ontario, the time. The street lighting sche- above as surface ships are on the sunrise varies from about 4.20 a.m. in dule is also to be arranged by the broad bosom of the Atlantic.

Lost Arms Without Pain.

Our story of a man being blown away, unhurt, by the explosion of a bomb which he did not hear must seem incredible to many people. Here is something like an analogy.

King Edward once brought together at his dinner table Rustem Pasha, who had had half his right hand and part of his arm torn off by a bear, and Sir Edward Bradford, who had had his left arm up to the elbow mulched lets are only acid imitations. away by a tiger.

Neither had felt the least twinge of no substitute. pain at the time. They imagined that their intense desire to save their lives in Canada by Canadians, and is owned dulled all other senses.

proaching a turn in the road or the Pain, Headache, Neuralgia, Colds, brow of a hill.

combined in any way with hot milk, at any drug store. always add a sixteenth of a teaspoonful of baking soda to the vegetable ed in Canada, of Bayer Manufacture and then blend slowly, stirring constantly.

At the first sign of illness during the hot weather give the little ones Baby's Own Tablets or in a few hours he may be beyond aid. These Tablets will prevent summer complaints if given occasionally to the well child and will promptly relieve these trouevery home where there are young children. There is no other medicine as good and the mother has the guarantee of a government analyist that they are perfectly safe. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville,

Weeping Potatoes.

Traveller (to Irishman): "Well Pat, I see you have a small garden.' "Yes, sorr."

"What is it set with?" "Nothing, sorr. I set it with potatoes last year, and not one of them

came up." "That's strange! How do you explain that?"

"Well, sorr, the man next door to me set his garden full of onions."

"Well, had that anything to do with your potatoes not growing?" "Yes, sorr. Redad, them onions was me?"

that strong that my potatoes couldn't see to grow because of their eyes words. Then one of his listeners watering."

St. Isidore, P.Q., Aug. 18, 1894. Minard's Liniment Co., Limited.

Gentlemen,-I have frequently used MINARD'S LINIMENT and also prescribe it for my patients, always with the most gratifying results, and I consider it the best all-round Liniment

Yours truly, DR. JOS. AUG. SIROIS.

Under-Sees.

to the box office. This seat number tory.-Marcus Aurelius. sounds like a German submarine; it's U-19," he said.

"No, but I thought you might be able

over the big woman just in front."

Most automobile factories in Canada and the States are from 25 to 100 per cent. behind orders in output. Not much relief in sight for months, as orders far exceed production.

GIRLS! WHITEN YOUR SKIN

WITH LEMON JUICE

Make a beauty lotion for a few cents to remove tan, freckles, sallowness.

drug store or toilet counter will supply or callus. you with three ounces of orchard white for a few cents. Squeeze the juice of two fresh lemons into a bottle, of the very best lemon skin whitener and complexion beautifier known. Massage this fragrant creamy lotion daily into the face, neck, arms and hands and just see how freckles, tan, And in the days to come the school sallowness, redness and roughness clear the skin becomes. Yes! It is harmless, and the beautiful results will surprise you.

ONLY TABLETS MARKED WITH "BAYER CROSS" ARE ASPIRIN.

If You Don't See the "Bayer Cross" on the Tablets, Refuse Them-They Are Not Aspirin At All.



There is only one Aspirin, that marked with the "Bayer Cross"-all other tab-

Look for the "Bayer Cross"! Then The two men compared notes, it is real Aspirin, for which there is

Aspirin is not German but is made by a Canadian Company. Genuine "Bayer Tablets of Aspirin"

Sound the motor horn when ap- have been proved safe by millions for Rheumatism, Lumbago, Neuritis.

Handy tin boxes of 12 tablets,-also If boiling hot tomatoes are to be larger "Bayer" packages, -can be had

Aspirin is the trade mark, registerof Monoaceticacidester of Salicylicacid.

FOR SALE.

T Wilson Publishing Co Limited daide St. W. Toronto

and tob printing plant in Eastern rio Insurance carried \$1,500 Will for \$1 200 on quick sale Box 61

FARMS FOR SALE

VERY INTELLIGENT FARMER listing form. Andrew Elder, the Farm Seller, 88 King Street East, Toronto.

FRAT HAVE YOU FOR SALE IN Eggs etc.? Write I. Weinrauch & Son. 10-18 St. Jean Baptiste Market, Mont-

MISCELLANEOUS.

YLASSY RABBIT MAGAZINE, 10c. Monthly, Brantford. Fur and Food

TANCER TUMORS LUMPS ETC. out pain by our nome treatment. Write us before too late. Dr Bellman Medical Co. Limited Collingwood Ont

A Vegetarian Silenced.

A food faddist harangued a mob on the marvelous benefits to be obtained from a vegetarian diet.

"Friends," he cried, "two years ago I was a walking skeleton—a haggard, miserable wreck. What do you suppose brought this great change in

He paused to see the effect of the

asked: "What change?"

MONEY ORDERS.

Send a Dominion Express Money Order. They are payable everywhere.

Up to Date.

"How's this, Dauber? You've painted Father Time with a mowing machine instead of a scythe."

"That's all right. We artists must keep up with modern inventive progress, you know."

Minard's Liniment Relieves Neuralgia.

Find time still to be learning some. The little man made his way back what good, and give up being desul-

Small boy: "Father, what is chaos?" "You don't want to exchange it Father: "I don't know exactly, my bring order out of."

It Works! Try It

Tells how to loosen a sore, tender corn so it lifts out without pain.

0-0-0-0-0-0-0-0-0-0-0-0 Good news spreads rapidly and druggists here are kept busy dispensing freezone, the ether discovery of a Cincinnati man, which is said to loosen any corn so it lifts out with the fingers.

Ask at any pharmacy for a quarter ounce of freezone, which will cost very little, but is said to be sufficient to rid Your grocer has the lemons and any one's feet of every hard or soft corn

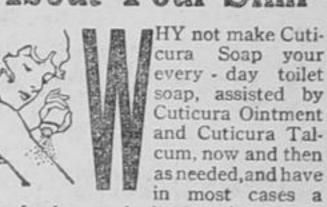
You apply just a few drops on the

tender, aching corn and instantly the soreness is relieved, and soon the corn is so shriveled that it lifts out without pain. It is a sticky substance which dries when applied and never inflames or even irritates the adjoining tissue.

This discovery will prevent thousands of deaths annually from lockjaw and infection heretofore resulting from the suicidal habit of cutting corns.







clear fresh complexion, a clean scalp free from dandruff and irritation, good hair, soft white hands and a wholesome skin free from blemish, without resorting to tiresome, expensive "beauty" fads? Cuticura costs little and does much. Sample each free by mail of "Cuticura, Dept. N. Boston, U. S. A." Sold by dealers throughout the world.

Cuticura Talcum Powder

Do not fail to test the fascinating fragrance of this exquisitely scented face, baby, dusting and skin perfuming powder, delicate, delightful, distingué, it imparts to the person a charm incomparable and peculiar to itself.

ISSUE No. 36-19.

Instead of Tea or Coffee

An Exception in Daylight Saving

The daylight saving laws effective or three hours and a quarter, as com-

in many countries have never been pared with a variation of thirty-five

placed in operation in the Panama minutes through the year in the Canal

buy a tin of the healthful table beverage

INSTANTPOSTIM

The quality is constant and the rich, even flavor pleases.

No Raise in Price