The Weekly Fashions.



8858 Dress Sizes 6 months to 5 years Price, 15 cents Transfer Design

This little dress may be smocked or shirred and is cut from McCall Pattern 8858, which comes in six sizes, six months to five years, price 15c. Smocking pattern No. 690 (blue or yellow), price 10c.



A charming model, made of organ-Mie, is this misses' dress. It may be made as shown or with an overwaist. The skirt measures about two yards. McCall Pattern 8384, four sizes, 14-20 years, price 25c.

These patterns may be obtained from your local McCall dealer, or from the McCall Co., 70 Bond St., Toronto, Dept. W.

So Thoughtless of Him.

After a miserably wet day, the unhappy holiday-maker retired to his boarding-house bed, thinking it promised little for a happy holiday by the

Worse was to come. About 2 a.m., the rain found a way in, and began to drip with unpleasant persistence on his bed. He tugged madly at the bell, and presently heavy footfalls sounded in the passage outside.

"What do you want?" demanded an irate female voice.

"You must give me another room!"

said the visitor firmly, as he went on dressing. "The rain's leaking in here like fury!"

"Oh! Is that all?" snapped 'the voice. "If you look under the bed, you'll find an umbrella. Just use it, and don't disturb everybody at this time of night!"

Onions, if boiled in pure soft water. are tasteless. Use hard water salted.

Mothers who keep a box of Baby's Own Tablets in the house may feel that the lives of their little ones are reasonably safe during the hot weather. Stomach troubles, cholera infantum and diarrhoea carry off thousands of little ones every summer, in most cases because the mother does not have a safe medicine at hand to give promptly. Baby's Own Tablets relieve these troubles, or if given occasionally to the well child will prevent their coming on. The Tablets are guaranteed by government analyst to be absolutely harmless even to the newborn babe. They are especially good in summer because they regulate the bowels and keep the stomach sweet and pure. They are sold by medicine dealers or by mail at 25c. a box from The Dr. Williams' Medicine Co., Brockville, Oat.

FROM FIGHTING TO FARMING.

Not many months ago two men were in the same battalion in France-the one an officer, the other a private. They both were in at the end and in the short interval since the armistice was signed have come back to Western Canada, received their discharge from the army, and are now occupying neighboring farms in one of the farm colonies prepared for returned soldiers by the Canadian Pacific Railway in Southern Alberta.

Here in these colonies are soldiers of all ranks, a number of whom were in the firing line up to the signing of the armistice. What surprises one most is that so many of them have so soon got back to practical work again and the Canadian Pacific Railway is to be congratulated on having had the foresight to adopt a practical scheme which has made it possible for a large number of men to begin farming on their own account in so short a space of time after their release from military duties. But this company has a reputation for making it easy for the right kind of men to get a start at farming, and its soldiers' settlement scheme is only an elaboration of its original "Ready Made Farm" and settlement plans, by means of which many of Western Canada's most prosperous farmers are enabled to begin farming in a new country under most favorable circumstances and which has contributed in no small measure to their present success.

The soldier settler in these farm colonies has an unusual opportunity to make good. He finds on the farm a comfortable house ready for him to move into with his family and effects. There is a good barn for his horses and cows, his water supply is provided for, his farm is fenced, and he hands. has forty acres of land broken and ready for crop which will bring him a revenue during his first season. For this farm he is not required to pay anything for three years; time enough to give a man an opportunity to bring his farm to a fine state of development and with average luck to have acquired a fair sized bank ac-

count as well. Moreover, if he is unable to purchase live stock, farm implements and seed, he is provided with a team of horses and harness, two cows, a sow, some poultry, some necessary implements and small tools and seed for his forty acres, for which payment is to be made under an agreement entered into for the purpose.

Some of the larger implements are available for use by the colonists in common, a set being allotted to every three farms and used by them in turn under the direction of the colony superintendent. A fixed charge per day is made for the use of these implements.

The colony superintendent is an expert agriculturist and it is his duty to assist the colonists with advice as to the best manner of conducting their farming operations. His headquarters is the central control farm, a farm somewhat larger than the rest of the farms in the colony, which is used largely for demonstration purposes, and among other functions, serves as

a supply depot for male live stock. The central control farm is situated at a point most conveniently reached by all the settlers in the colony and will no doubt become their chief meet-

A more enthusiastic community of farmers will be hard to find anywhere than those in process of formation in these veterans' colonies in Alberta. To see the men at work, for themselves, on their own farms, after what they have gone through, is an inspiring sight. The spirit of mutual help and comradery that is everywhere evident. speaks well for the success of the venture. These farm colonies are sure to become centres of considerable agricultural activity.

BOOM IN BRITISH SPORTS.

Classic Turf Events Run and County Cricket Resumed.

Sports of all kinds are enjoying a wonderful boom—a real comeback throughout the British Isles this season. Many familiar faces of past champions are missing on all sporting fields, but the games are carried along with intense enthusiasm. The king of sports, horse racing, is now in full swing, several of the pre-war classics having been run off, while many more are scheduled during the season.

County cricket was resumed last month after a stoppage since August 1914. With the exception of Worcestershire, all the counties which competed for the championship before the war are playing two games each week, which attract large crowds.

While the open championship will be omitted this year, golf is steadily resuming its pre-war appearance.

Lawn tennis is enjoying a strong revival, many of the famous old tournaments being scheduled.

GIRLS! LEMON JUICE

IS A SKIN WHITENER

How to make a creamy beauty lotion for a few cents.

The juice of two fresh lemons ounces of orchard white makes a whole quarter pint of the most remarkable lemon skin beautifier at Regular Army at once out of this about the cost one must pay for a small jar of the ordinary cold creams. Care should be taken to strain the lemon juice through a fine cloth so no lemon pulp gets in, then this lotion will keep fresh for months. Every woman knows that lemon juice is used to bleach and remove such blemishes as freckles, sallowness and | food. tan and is the ideal skin softener, whitener and beautifier.

Just try it! Get three ounces of orchard white at any drug store and two lemons from the grocer and make up a quarter pint of this sweetly fragrant lemon lotion and massage it daily into the face, neck, arms and

Who Claimed the Flowers?

The minister who made the following announcement seems to have been prepared for untoward results from his preaching.

"There are some flowers here," he said, "for those who are sick at the close of this service."

MONEY ORDERS.

The safe way to send money by mail is by Dominion Express Money Order.

End of the Hunt.

A young Swede appeared at the county judge's office and asked for a

"What kind of a license?" asked the

judge, "A hunting license?" "No," was the answer. Aye tank aye bane hunting long enough. Aye

Minard's Liniment Cures Distemper.

want marriage license."

Where Is She.

Where is the old maid to be found? That is the puzzle of to-day.

She may be lurking in some remote village, or she might possibly be found in some hydro or seaside resort for fossils, but the old maid we all used to know is extinct.

There was a time when old-maidishness started quite young. When a girl had passed the ribicon of twentythree or so she was supposed to be getting "on the shelf," wherever that may be. To-day she is never on the shelf. She is much too busy, and of far too much importance in the great

world. Besides, she has a vote. She can send men to Parliament. She can influence the destiny of the nation. Today, very often, an unmarried woman who is not ashamed to confess to fortynine years is at her very best and brightest, preferred even by youngish men to much younger women. She has experience and capacity. She is a woman of affairs.

Britain Reforesting.

Two hundred thousand acres of forest land in Great Britain are to be replanted, at a cost for planting and maintenance the first ten years, of \$17,000,000, according to an announcement by the Government. The trees will replace some of the heavy timber cut down during the war, and provide additional forests so that the country may be independent of other timber soources in case of emergency.

It Works! Try It

Tells how to loosen a sore, tender corn so it lifts out without pain.

Good news spreads rapidly and druggists here are kept busy dispensing freezone, the ether discovery of a Cincinnati man, which is said to loosen any corn so it lifts out with the fingers.

Ask at any pharmacy for a quarter ounce of freezone, which will cost very little, but is said to be sufficient to rid one's feet of every hard or soft corn

or callus.

You apply just a few drops on the tender, aching corn and instantly the soreness is relieved, and soon the corn is so shriveled that it lifts out without pain. It is a sticky substance which dries when applied and never inflames or even irritates the adjoining tissue.

This discovery will prevent thousands of deaths annually from lockjaw and infection heretofore resulting from the suicidal habit of cutting

Weak.

Landlady-The coffee, I am sorry to say, is exhausted, Mr. Smith.

Boarder-Ah, yes, poor thing. I was expecting that. I've noticed for some time that it hasn't been strong.

Minard's Liniment Co., Limited. Gents,-I cured a valuable hunting

dog of mange with MINARD'S LINI-MENT after several veterinaries had treated him without doing him any permanent good. Yours, &c.,

WILFRID GAGNE. Prop. of Grand Central Hotel, Drummondville, Aug. 3, '04.

Had it not been for the Territorial Force at the beginning of the war we strained into a bottle containing three never could have taken the extremely daring and even audacious step of sending practically the whole of our country, at a moment of crisis, as we did at that time.-Mr. Churchill.

Minard's Liniment Cures Colds, Etc.

Milk alone will sustain life indefinitely, which is true of no other one

ONLY TABLETS MARKED WITH "BAYER CROSS" ARE ASPIRIN.

If You Don't See the "Bayer Cross" on the Tablets, Refuse Them-They Are Not Aspirin At All.



There is only one Aspirin, that marked with the "Bayer Cross"-all other tab-

lets are only acid imitations. Look for the "Bayer Cross"! Then it is real Aspirin, for which there is

no substitute. Aspirin is not German but is made in Canada by Canadians, and is owned

by a Canadian Company. Genuine "Bayer Tablets of Aspirin" have been proved safe by millions for

Pain, Headache, Neuralgia, Colds, Rheumatism, Lumbago, Neuritis. Handy tin boxes of 12 tablets, -- also

larger "Bayer" packages,-can be had at any drug store.

Aspirin is the trade mark, registered in Canada, of Bayer Manufacture of Monoaceticacidester of Salicylicacid.



Buy Cuticura Soap When You Buy A Safety Razor

And double razor efficiency. No mug, no slimy soap, no germs, no waste, I irritation even when shaved twice daily. After shaving touch spots of dandruff or irritation, if any, with Cuticura Ointment. Then bathe and shampoo with same cake of soap. One soap for all uses. Rinse with tepid or cold water, dry gently and dust on a few grains of Cuticura Talcum and note how soft and velvety your skin.
Absolutely nothing like the Cuticura Trio
for every day toilet uses. Soap to cleanse
and purify, Ointment to soften and soothe,
Talcum to powder and perfume. Sample
each free by mail. Address: "Cuticura,
Dept. N, Boston, U. S. A."

NURSING.

RAINING SCHOOL FOR NURSES: New Jersey. Exceptional advantages. All branches. 3 year course. Apply Superintendent of Nurses, Saint Elizabeth Hospital, 204 South Broad Street, Elizabeth, N.J.

ANTED-PROBATIONERS FOR ing period of training. Apply Lady Superintendent, 1002 St. Catherine Street

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size, make, condition and best price. Box L., Wilson Publishing Co., Toronto.

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Live Poultry, Fancy Hens, Pigeons, Eggs etc.? Write I. Weinrauch & Son. 10-18 St. Jean Baptiste Market. Mont-

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FLL EQUIPPED NEWSPAPER and job printing plant in Eastern go for \$1,200 on quick sale. Box 62. Wilson Publishing Co., Ltd., Toronto.

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TRITE FOR OUR FREE BOOK OF ing how to save from Two to Flour Hundred Dollars on your new Home. Address Halliday Company, 23 Jackson W. Hamilton, Ont

MISCELLANEOUS

MANCER, TUMORS. LUMPS, ETC. Internal and external, cured with out pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont

There is no difference in food value between white and yellow cornmeal



WHAT is your doctor's first question? Why does he suspect constipation?

Because 90% of his patients are suffering from ailments caused directly or indirectly by the action of poisons formed in a sluggish intestinal tract.

These body poisons are absorbed by the blood and carried all over the body until the weakest organ, unable to withstand the poisonous contact, becomes infected and refuses to act properly. Unfortunately it is usually not until then that the doctor is consulted and asked to treat the diseased organ.

The surest way of purifying the blood and preventing the formation of these destructive body poisons is to prevent stagnation of food waste in the intestinal tract—to prevent constipation.

Constipation is not a matter to be taken lightly or neglected. Nor is it either sufficient or safe to take castor oil, pills, salts, mineral waters, etc., in order to "force" bowel action. Such action does not cure constipation, it makes constipation a habit.

Nujol is entirely different from drugs as it does not force or irritate the bowels. Nujol prevents stagnation by softening the food waste and encouraging the intestinal muscles to act naturally, thus removing the cause of constipation and selfpoisoning It is absolutely harmless and pleasan to take.

Nujol helps Nature establish easy, thorough bowel evacuation at regular intervals -the healthiest habit in the world. Get a bottle from your druggist today.

Warning: Nujol is sold in sealed bottles bearing the Nujol Trade Mark. All druggists. Insist on Nujol. You may suffer from substitutes.



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What about the

children's health?

Grape-Nuts

food helps wonderfully

toward a successful