

Seasonable Designs



This is an adorable romper for the tiny tot. McCall Pattern No. 8410, Child's Dress Romper. In 4 sizes, 6 months to 4 years. Price, 10 cents.



Quite refreshingly cool is this delightful frock of figured chiffon. McCall Pattern No. 8394, Ladies' Semi-Fitted Dress. In 6 sizes, 34 to 44 bust. Price, 20 cents.

These patterns may be obtained from your local McCall dealer, or from the McCall Co., 70 Bond St., Toronto, Dept. W.

"It is not what stays in our memories, but what has passed into our character, that is the possession of our lives."—Phillips Brooks.

"Foresight is very wise, but foresorrow is very foolish; and castles are at any rate better than dungeons in the air."—Sir John Lubbock.

Combine The Grains

That's what is done in making Grape-Nuts food — barley and other grains are used with wheat. This adds to food value and flavor, and the sum total requires less wheat. The malted barley in Grape-Nuts also helps digest other foods. For an economical, nourishing and delicious food, try

Grape-Nuts

Canada Food Board License No. 2-026.

STRONG SYSTEM OF RAILROADS

HAS GROWN UP AT NEW BATTLE FRONT IN FRANCE.

Canadians Worked Untiringly at New Defences in Which Railways Have Prominent Part.

Behind the new fighting line since the Huns' advance in April there has grown up a network of strategic railways, making a formidable system which more than compensates us for the loss of those lines we had to abandon and destroy in our retirement. Almost from the day the enemy crossed the Nord Canal practically every battalion of Canadian railway troops has been working unceasingly at the task, some units acting as pioneers in the construction of the great defence line that causes the Huns to hesitate on this sector.

Little French villages that never hoped for steel links with the larger cities have now become, as if by the rubbing of some magic Aladdin's Lamp, great junctions where train-loads of supplies come and go every part of an hour. The new lines run through the fertile fields of growing crops, and careful building has saved the Frenchman his harvest, but for the necessary strip of permanent way. There are alternate routes around towns which the Hun might shell, and day by day stores of carefully concealed ammunition dumps grow up, which are fed by the strips of steel.

Stronger Than on the Somme.

"Speaking from a strategical point of view," said a railway staff officer, "we are in a better position to-day than we were on the Somme. The hundreds of miles of new track have been built specially for military use, and conform with the fighting front. All possibilities have been considered. Where, previously, we had to rely on civilian built lines, which would tediously round the country by indirect routes, we now have a military system which takes out supplies in the quickest and most direct way to where they are needed. The latest German thrust gave us the first test of the system, and divisions were shifted with a speed that must have surprised the Huns."

In the same way some of the Canadian auxiliary troops have been working untiringly in the gun spurs behind the new front, off which the big howitzers pound the enemy positions. One battery from the middle West has the record of construction, twelve of these in a week, and each one was cleverly camouflaged from the prying eyes of Hun airmen.

New Defences Powerful.

From the new railheads, many of which have been christened with Canadian names, there start freshly constructed light railway systems that wind their way through little valleys still screened from the enemy to the fine new reserve trenches, which have not yet had to be used, and perhaps never will be. You cannot run trains over a line drawn in blue pencil on an ordinary map, and the railway engineers have to build scores of miles that might be used. They must be there for an emergency.

The construction of the new British defences—railways play a prominent part—have been marvelously complete, and have been so rapid that before the Huns could take breath for another stage of attacks on this Northern section the fabric of a fortress faced them, and grew into such menacing shape that he hesitated. Now, if he takes another fling at the middle road to the coast he will have to pay the same great price in blood. The "army behind the army" has done its duty and built well—even better than it destroyed in the sombre days at the end of March.

TAPPINGS SAVED PRISONERS.

Rescued Crew of Hun Submarine Would Let Britons Drown.

In the course of a recent lecture in London on the Zeebrugge operations, Naval Paymaster Collingwood Hughes narrated a story illustrative of German cruelty and callousness. He said a patrol boat discovered a derelict German submarine from which it rescued the crew. The commander was assured by the German captain that there were no others aboard and he was about to blow up the boat and sink her when he heard tappings from the inside. A search revealed four British seamen tied up as prisoners. "The Germans," the lecturer added, "were going to allow these poor fellows to be hurled into eternity after their own lives had been saved."

Take all odds and ends of soap, tie them up tightly in a piece of soft flannel and dip them in boiling water until soft. Then place in cold water until firm and hard. Remove the flannel and you have a nice ball of soap ready for immediate use.

WOMEN! IT IS MAGIC! LIFT OUT ANY CORN

Apply a few drops then lift corns or calluses off with fingers—no pain.



Just think! You can lift off any corn or callus without pain or soreness. A Cincinnati man discovered this ether compound and named it freezone. Any druggist will sell a tiny bottle of freezone, like here shown, for very little cost. You apply a few drops directly upon a tender corn or callus. Instantly the soreness disappears, then shortly you will find the corn or callus so loose that you can lift it right off. Freezone is wonderful. It dries instantly. It doesn't eat away the corn or callus, but shrivels it up without even irritating the surrounding skin. Hard, soft or corns between the toes, as well as painful calluses, lift right off. There is no pain before or afterwards. If your druggist hasn't freezone, tell him to order a small bottle for you from his wholesale drug house.

CROP PROSPECTS GOOD.

Railway Official's Conclusions Following Western Tour.

"After an extended tour through the west, both over the C.P.R. and other lines, during which I looked carefully into crop prospects, I think it is safe to conclude that, with the increased acreage under cultivation, Western Canada this year will produce at least as many bushels of grain as last year, provided, of course, that conditions continue as favorable as they are at present." This was the statement made on July 15th by Mr. C. E. McPherson, assistant passenger traffic manager of the C.P.R. at Winnipeg, while in Montreal on a business trip.

Mr. McPherson said that in some parts of Alberta and Saskatchewan drought and winds had cut into the possibilities of the harvest very seriously, while in larger districts recent rains had helped the growing grain along wonderfully, so that where a few weeks ago there was little in sight it now seemed likely there would be at least fair crops. In Manitoba, which province had during recent years fallen behind in wheat production, Mr. McPherson said the prospects were particularly good, with a largely increased area of wheat acreage, and every prospect of abundant yields.

So far as passenger business was concerned, Mr. McPherson said that the roads in the west had never done better than during the present year. As to American tourist business, particularly toward the far west, Mr. McPherson said it was too early to make any predictions, but the prospects pointed to at least as good a season as last year, while the number of visitors to the Rocky Mountain resorts was well up to the average.

Minard's Liniment Cures Diphtheria. SOUR AND CLAMMY BREAD.

Letter Tells of Food Conditions in Paris at the Present Time.

Following is an extract from a recent letter from Paris: "As you may know, no white bread is to be bought in Paris, and I am told that in some parts of the provinces conditions are even worse—that bread of any sort is difficult to get. The quality of the bread in Paris is very poor. It is mixed with many substitutes which do not seem to respond to the yeast. It is generally sour and clammy, and has made a number of people sick. Besides no white bread, there is no cream or sugar or butter desserts of any kind except stewed and fresh fruits served in any hotel or restaurant; and no cheese is served if the cost of the meal exceeds a dollar and twenty cents. Imagine sitting down to the early French breakfast at a hotel like the Ritz, in Paris, and being served sour war bread and this miserable French coffee which tastes like chicory and soft soap, and then being told that you could not have butter for your bread, nor sugar nor cream for your coffee."

Minard's Liniment Cures Distemper.

SPRUCE USED FOR AIRPLANES.

Increased Demand Causes Allies to Turn to This Species.

So great is the demand for airplane spruce by the Allies that eastern as well as Sitka spruce is now being used. Canada has large resources of eastern spruce, which has hitherto been used mostly for the manufacture of pulp, paper and lumber, and the British War Mission is at present trying to secure in eastern Canada as large an amount as possible of the grades suitable for airplane manufacture.

Eastern spruce has for some time been used for airplane construction in the United States, although only a very small percentage of this timber is sufficiently clear for this purpose. Tests made by the United States and Canadian governments show that where material of suitable quality can be found, this species serves admirably for airplane construction and may be expected to supplement the supplies of Sitka spruce from the Pacific Coast, which are only now beginning to approach adequate proportions.

The timber for use in airplanes has to be sawed parallel to the bark, instead of parallel to the axis of the log, as is done for lumber. In this way, straight-grained boards are obtained, having the highest possible percentage of material free from knots and possessing a maximum of strength.—C.L.

LEMONS MAKE SKIN WHITE, SOFT, CLEAR

Make this beauty lotion for a few cents and see for yourself.

What girl or woman hasn't heard of lemon juice to remove complexion blemishes; to whiten the skin and to bring out the roses, the freshness and the hidden beauty? But lemon juice alone is acid, therefore irritating, and should be mixed with orchard white this way. Strain through a fine cloth the juice of two fresh lemons into a bottle containing about three ounces of orchard white, then shake well and you have a whole quarter pint of skin and complexion lotion at about the cost one usually pays for a small jar of ordinary cold cream. Be sure to strain the lemon juice so no pulp gets into the bottle, then this lotion will remain pure and fresh for months. When applied daily to the face, neck, arms and hands it should help to bleach, clear, smoothen and beautify the skin.

Any druggist will supply three ounces of orchard white at very little cost and the grocer has the lemons.

Farm Help at Right Time.

The Canadian farmer does not want gifts next Christmas. He wants help for the harvest, and harvest time will be soon. 12,000 men are needed for Ontario, 12,000 in Quebec, 10,000 in Manitoba, 20,000 in Saskatchewan, 6,000 in Alberta, and 2,500 in British Columbia. New Brunswick needs all her own men she can enlist, and has none to spare. Nova Scotia needs all her own men, so does Prince Edward Island. Help will have to come from the towns and cities, and the time to make arrangements is now.

This is to certify that fourteen years ago I got the cords of my left wrist nearly severed, and was for about nine months that I had no use of my hand, and tried other Liniments, also doctors, and was receiving no benefit. By a persuasion from a friend I got MINARD'S LINIMENT and used one bottle which completely cured me, and have been using MINARD'S LINIMENT in my family ever since and find it the same as when I first used it, and would never be without it.

ISAAC E. MANN, Metapedia, P.Q. Aug. 31, 1908.

Unidentified.

A little cross in Flanders, Black under sunset sky, Stands where slim, swaying grass-heads Bend as the breeze skims by.

O, rich-sown field o' Flanders, Beneath one rude-framed cross Lies some heart's sole-sought treasure, All joy, all hope, all—loss.

Minard's Liniment Cures Garget in Cows

Honey, maple syrup, molasses and corn syrup should be used where possible, leaving cane sugar for our soldiers and allies.

Minard's Liniment Cures Distemper.

**ROYAL YEAST CAKES**

HAS BEEN CANADA'S FAVORITE YEAST FOR MORE THAN 30 YEARS

MAKES THE WHITEST LIGHTEST

ROYAL YEAST CAKES

MADE PERFECT BREAD

MADE IN CANADA

The Easiest Way. Young Edgar was spending the summer on the farm, and sought to assist Mr. Greenbury. One afternoon they had been making hay while the sun shone, and after finishing a high haystack Edgar shouted from the top, "Say, Mr. Greenbury, how am I going to get down?" The old farmer studied the problem a minute and finally solved it to his own satisfaction. "Oh, jest shet yer eyes and walk round a bit!"

Minard's Liniment Cures Colds, Etc.

Nothing will cause indigestion and general disorder in chickens quicker than food which is musty or mouldy. Look out for beef scraps particularly. It can be quickly tested by pouring a little boiling water on a small amount. The odor will tell whether or not the scrap is good.

MONEY ORDERS. Buy your out-of-town supplies with Dominion Express Money Orders. Five Dollars costs three cents.

"Conceit is the most incurable disease that is known to the human soul."—Henry Ward Beecher.

FOR SALE

WEEKLY NEWSPAPER FOR SALE in New Ontario. Owner going to France. Will sell \$2,000. Worth double that amount. Apply J. H. c/o Wilson Publishing Co. Limited, Toronto.

WELL EQUIPPED NEWSPAPER and job printing plant in Eastern Ontario. Insurance carried \$1,500. Will go for \$1,200 on quick sale. Box 69, Wilson Publishing Co. Ltd., Toronto.

MISCELLANEOUS

WILL PURCHASE ALTERNATING Current Motors for Cash. Milton and Prentiss, Traders Bank Building, Toronto.

CANCER, TUMORS, LUMPS, ETC. Internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

ALEXANDRA HOSPITAL FOR CONTAGIOUS Diseases. Montreal. Probationers wanted, between 19 and 25 years of age, for one year's training. Lectures and diplomas given, and arrangements made for the transfer of successful candidates to a general hospital. Strict references required. For forms of application, etc., apply to Miss Grace M. Fairley, Lady Superintendent.

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Soothes and Heals Quickly—Inflamed cuts, bruises, burns, scalds, blisters, piles, abscesses, boils and other inflammations. At dealers, or write us HIRST REMEDY COMPANY, Hamilton, Canada.

THICK, SWOLLEN GLANDS that make a horse Wheeze, Roar, have Thick Wind or Choke-down, can be reduced with

ABSORBINE

also other Bunches or Swellings. No blister, no hair gone, and horse kept at work. Economical—only a few drops required at an application. \$2.50 per bottle delivered. Book 3 R free. ABSORBINE, JR., the antiseptic liniment for man, kind, reduces Cysts, Wens, Painful, Swollen Veins and Ulcers. \$1.25 a bottle at dealers or delivered. Book "Evidence" free.

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