

When the Grave Yawned for Him

Sandy Goulette Took Dodd's Kidney Pills for Bright's Disease.

Now He Can De His Days Work As Well As He Could Ten Years Ago—Offers Proof Of His Statement. Old Fort Bay, Labradore, Que.—

Feb. 14th, (Special.)—Cured of Bright's Disease when the grave yawned before him, Sandy Goulette, an old settler here, wants all the world to know that he owes his life to Dodd's Kidney Pills.

"I was swollen out of shape from head to foot. I was so short of breath I could hardly speak." Mr. Goulette states. "The doctor could do nothing for me. The minister gave me the holy sacrament and a good old priest came and told me that I could not live much longer.

"I was sick all winter and in the spring. I telegraphed two hundred miles for two boxes of Dodd's Kidney Pills. I took three pills the night they came and I got relief before morning. I took Dodd's Kidney Pills and they cured me.

"If anyone doubts this statement they can write me and I will give them names of people who know me and who will vouch for me. I am able to do my day's work as well now as I could ten years ago."

Dodd's Kidney Pills are no cure-all. They simply cure the kidneys.

BITS ABOUT BEASTS

They All Have Their Own Little Peculiarities.

You think you know something about animals, eh? Well, let us put your knowledge to a few simple tests. Frogs, to begin with. Can they breathe with their mouths shut? Certainly they can. As a matter of fact, they always do. If they kept their mouths open, they would suffocate.

Next, hares. When do they close their eyes? Answer, never. You see, they haven't any eyelids, so they can't. But they have a thin membrane, which performs the service of eyelids when they are asleep.

Are pigs good swimmers? No—shocking bad! Their forelegs are the trouble, being set too closely under them for aquatic sports.

What is the color of a horse's eyebrows? That's a difficult one. Think hard, and then learn that a horse hasn't any eyebrows.

You may like to know, in addition, that turtles and tortoises have no teeth; that parrots, unlike the majority of birds, can move both mandibles of their beaks; and that fishes never masticate. They simply haven't time between breaths. But perhaps you know that the zic-zac is about the only kind of bird a crocodile does not relish for its supper.

A GOOD CHANGE.

A Change of Food Works Wonders.

Wrong food and drink cause a lot of trouble in this world. To change is first aid when a person is ill, particularly from stomach and nervous troubles. As an illustration: A lady was brought around to health again by leaving off coffee (Tea is just as injurious because it contains caffeine, the drug found in coffee) and some articles of food that did not agree with her.

She says:

"For a number of years I suffered with stomach and bowel trouble which kept getting worse until I was ill most of the time. About four years ago I left off coffee and began using Postum. My stomach and bowels improved right along, but I was so reduced in flesh and so nervous that the least thing would overcome me.

"Then I changed my food and began using Grape-Nuts in addition to Postum. I lived on these two principally for about a month. Day by day I gained in flesh and strength until the nervous trouble had disappeared. I feel that I owe my health to Postum and Grape-Nuts.

"Husband was troubled, for a long time, with occasional cramps, and slept badly. Finally I prevailed upon him to leave off coffee and take Postum. After he tried Postum for a few days he found that he could sleep and that his cramps disappeared. He never went back to coffee." Name given by Canadian Postum Co., Windsor, Ont.

Postum comes in two forms: Postum Cereal—the original form—must be well boiled. 15c and 25c packages.

Instant Postum—a soluble powder—dissolves quickly in a cup of hot water, and, with cream and sugar, makes a delicious beverage instantly. 30c and 50c tins.

Both kinds are equally delicious and cost about the same per cup.

"There's a Reason" for Postum.

—sold by Grocers.

NARROW ESCAPES.

Saved From Death in Baltic by a Cigarette Case.

"One bullet went clean through my pocket, struck my notebook, and stayed there. I have it still. It was my first hit, and so I have kept it as a souvenir." Thus wrote an officer from Flanders some time ago and the incident is typical of many occasions when men have been saved from death and disablement by some object they were carrying about their person.

Not very long ago, a private in the 4th East Yorkshire Regiment was saved from death by a cigarette case over his heart. The missile lodged in the inner cover of the case, and the cigarettes were badly damaged, but no other harm was done. A Lancashire soldier was also saved by a cigarette-tin and a penny in his breast pocket.

Bishop Taylor Smith tells how a captain in the Coldstreams was wounded by a shell. When he was examined the doctors found a Bible in his hip pocket. The piece of the shell had struck the Bible and gone through the pages. Had it not been for the Bible the officer's spine would have been shattered. Curiously enough, the missile had stopped at the ninety-first Psalm, and the officer's father, who had given him the Bible, had written a verse from that Psalm on the fly-leaf.

Shaving-soap, tobacco-pouches, letter-cases and books of all descriptions have saved the lives of many soldiers, but the most extraordinary lifesaver was a mouth-organ which was smashed to pieces by a bullet as it rested in the left breast pocket of Private Keighley, a Canadian. It was found afterwards that the mouth-organ bore the legend, "Made in Germany."

STORMY WEATHER HARD ON BABY

The stormy, blustery weather which we have during February and March is extremely hard on children. Conditions make it necessary for the mother to keep them in the house. They are often confined to over-heated, badly ventilated rooms and catch colds which racks their whole system. To guard against this a box of Baby's Own Tablets should be kept in the house and an occasional dose given the baby to keep his stomach and bowels working regularly. This will not fail to break up colds and keep the health of the baby in good condition till the brighter days come along. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

POLITE PERSONALITIES.

Genial Gossip About Some Well-Known People.

General Smith-Dorian is called "Smithy" by his soldiers.

Prince Arthur of Connaught is named after the Duke of Wellington. How many Cabinet Ministers have been down a coal-mine? At least, one. Mr. McKenna, when he was Home Secretary, descended one of the pits at the Atherton Collieries in order to inspect the arrangements for the safety and convenience of miners.

His mind still directed on war inventions, Sir Hiram Maxim, in his South London experimental workshop, is an interesting figure. Like all inventors, he has had a lot to put up with. Twenty years ago, when he began experimenting with flying-machines, people declared that his reputation was ruined for life, as he was essaying the impossible.

When Lord Haldane was at the War Office he was "chipped" about the number of recruits for the Regular Army, otherwise qualified, who were rejected for cause of defective teeth. His answer was that he would be sorry to undertake the daily care of the teeth of the Army. In the present war dentists are kept working seven days a week to get intending recruits' teeth right.

Vedrine's, the amazing French Aviator, is achieving fine things against the Germans, and small wonder, for no passion is stronger in him than hatred of the Huns. This hatred is nothing new; he felt it long before the war. Once, when the world was at peace, Vedrine flew over German territory. "And," he says, "when I was a few kilometers up, I looked down upon Germany, and spat upon her—not once, but three times!"

Mr. Rudyard Kipling, is a great Imperialist, and often "talked Empire" with his old friends, Cecil Rhodes, in former days. He differed from his friend, however, in being an early riser, and one morning when he was staying at the South African magnate's house, he had to wait hungrily hour after hour for his morning meal. When Cecil Rhodes eventually got up, it was to find every tree in the garden plastered with the legend: "I want—my—breakfast—Kipling."

Minard's Liniment Cures Colds, Etc.

A Million Mothers behind the purest, cleanest, most nutritious of all cereal foods—**Shredded Wheat**. They have tested it and found it best for youngsters, best for grown-ups—a food to work on, to play on, to think on. Contains the life of the wheat in a digestible form—puts gimp and ginger into the jaded body. Delicious for breakfast with milk or cream or for any meal. Made in Canada.



Persian Grain.

The great arid wastes of Persia would lead one to believe that the country does not produce sufficient grain to supply the needs of its population. Such, however, is not the case, and considerable quantities of grain are exported each year. The principal grains grown are wheat, barley and rice. Corn is planted in small quantities, but is only used for roasting ears. Oats and rye are seldom sown. Except along the Caspian coast Persian agriculture is dependent almost entirely on irrigation. The agricultural implements used in Persia are of the most primitive kind. Plows are made from forks of small trees with the addition of a share of iron. It is stated to be doubtful, however, whether the yield of grain would be greatly increased by using modern plows, as there is no sod and this crude implement seems to stir the soil fairly well.

Dr. Jackson's Roman Meal Pancakes a Digestible Delicacy.

and unlike ordinary pancakes are a really valuable food. Because of their granular character they will not disorder digestion or ferment. They may be safely fed to a babe. Roman Meal also makes most delicious porridge, gems, muffins, steam puddings, bread, etc. All may be eaten hot without fear or distress. All nourish better than meat and positively relieve constipation or money refunded. At your grocers', 10 and 25 cents a package.

Rubber Famine in Germany.

Rubber is worth more than its weight in gold to Germany. There is no other substance more in demand and harder to get. It is necessary in the manufacture of war munitions as well as in the thousand and one articles in everyday life. The fact that there are practically no rubber-tired vehicles now sows how great is the rubber famine in Germany.

HAVE YOU ECZEMA?

Would you like to end that terrible itching, that burning pain; to heal those horrid sores?

You have tried all sorts of fatty ointments, lotions and powders. Put them aside now and give Nature a chance as represented by Zam-Buk.

Zam-Buk is made from herbal essences; is a natural healer. Is not something you have to send to the end of the world for, and pay a heavy price! Every druggist will sell you Zam-Buk and for 50c. only. Just give it a fair trial and incidentally give yourself ease by the quickest route. See name on box:—



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HOW EXPLOSIVES KILL

Awful Effects of the French Shrapnel Shells.

It will be recalled that on the morning of the battle of the Marne returned combatants related strange stories of the aspect of certain German unwounded corpses, says London Tit-Bits. Death as been so instantaneous that the bodies remained in a lifelike posture, some shouldering a rifle, others pipe in mouth. In a communication made to the Academy of Medicine, M. Rene Arnoux asserts that the phenomena was due to the efficacy of the French explosives. Within a 15-yard radius of the point where the shell explodes the displacement of the air is so intense as to destroy the equilibrium of pressure on the interior and exterior of the human body. The gas contained in the blood is thus liberated, causes a distension of the blood vessels and arteries, and, ultimately bursting those organs, induces sudden death. This argument is confirmed by the state of the bodies, which often showed the heart and liver greatly distended and numerous internal hemorrhages.

HOW YOU MAY THROW AWAY YOUR GLASSES

The statement is made that thousands wear eyeglasses who do not really need them. If you are one of these unfortunates, then these glasses may be ruining your eyes instead of helping them. Thousands who wear these "windows" may prove for themselves that they can dispense with glasses if they will get the following prescription filled at once: Go to any active drug store and get a bottle of Bon-Opto tablets; fill a two-ounce bottle with warm water and drop in one Bon-Opto tablet. With this harmless liquid solution bathe the eyes two to four times daily, and you are likely to be astonished at the results right from the start. Many who have been told that they have astigmatism, eye-strain, cataract, sore eyelids, weak eyes, conjunctivitis and other eye disorders report wonderful benefits from the use of this prescription. Get this prescription filled and use that glasses will not be necessary. Thousands who are blind, or nearly so, or who wear glasses might never have required them if they had cared for their eyes in time. Save your eyes before it is too late! Do not become one of these victims of neglect! Eyeglasses are only like crutches and every few years they must be changed to fit the ever-increasing weakened condition, so better see if you can, like many others, get clear, healthy, strong magnetic eyes through the prescription here given. If your own druggist cannot fill this prescription, send \$1 to the Valmar Drug Co., Toronto, for a complete Bon-Opto Home Treatment outfit—tablets and all.

Nothing Lost.

Hobson—My wife never wastes anything.

Dobson—No?

Hobson—No. If it's edible, it goes into the hash; and if it isn't, it will do to trim a hat.

Sore Eyes
Granulated Eyelids, Eyes inflamed by exposure to Sun, Dust and Wind quickly relieved by **Murino Eye Remedy**. No Smarting, just Eye Comfort. At Your Druggist's 50c per Bottle. **Murino Eye Salve in Tubes 25c.** For Book of the Eye Freckle Druggists or **Murino Eye Remedy Co., Chicago**

Of course, no bachelor likes being roasted, yet it is no more uncomfortable than being married and kept in hot water.

Fairville, Sept. 30, 1902. Minard's Liniment Co., Limited.

Dear Sirs,—We wish to inform you that we consider your MINARD'S LINIMENT a very superior article, and we use it as a sure relief for sore throat and chest. When I tell you I would not be without it if the price was one dollar a bottle, I mean it.

Yours truly,
CHAS. F. TILTON

Sure Proof.

Pessimist—Is he prosperous, do you think?

Optimist—Is he? Why, he owes twice what he owns.

Minard's Liniment Cures Distemper.

Stopped in Time.

"Yes," said the young singer, complacently, "I had a great reception after my song last night. The audience shouted 'Fine! Fine!'"

"Good thing you didn't sing again," said the cynic.

"Why, what do you mean?"

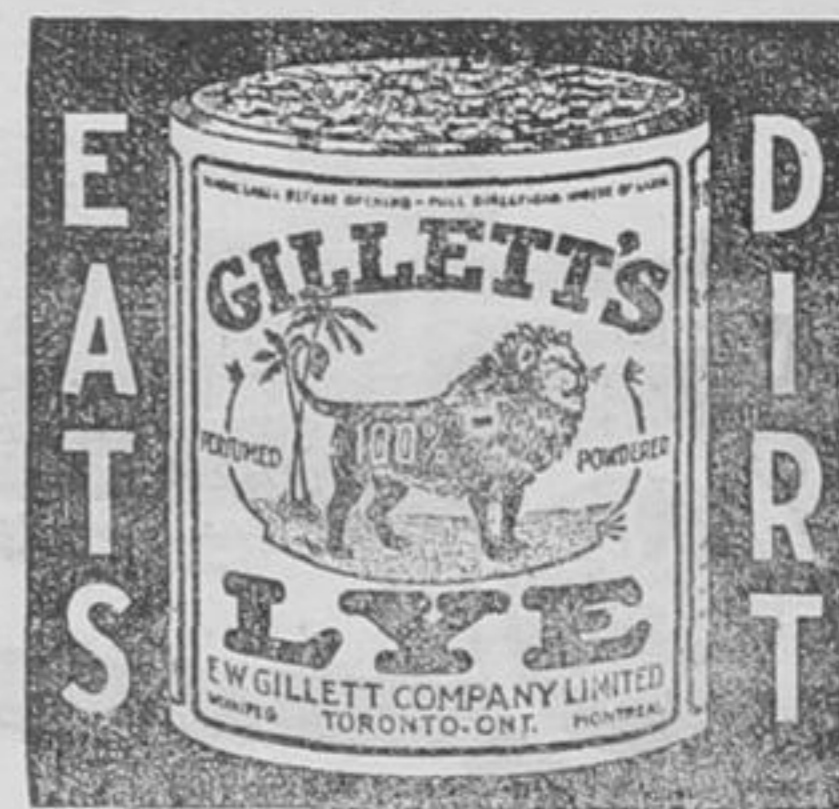
"They would have yelled 'Imprisonment!' the next time."

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In the race for wealth a man always finds himself out of breath at the finish.

Minard's Liniment Cures Garget in Cows



Still It Was Fatal.

"What did your father die of?" the doctor asked an Atchison negro who was being examined for life insurance.

"Ah don't know, boss," he replied, "but it wasn't nothing serious."

When you lose money and gain wisdom, the loss is your gain.

Minard's Liniment Cures Diphtheria.

A POPULAR CONTEST.

Would you like to enter a contest where a small part of your time is devoted to a system of correspondence which would add very materially to your present income. Write for full particulars to **Bull and Company, Manufacturers, Dept. D., 240 Confederation Life Bldg., Toronto, Ont.**

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FARMS—ALL SIZES—STOCK, Grain, Dairy or Fruit. When you want to buy, write H. W. Dawson, Brampton, Ont.

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SKUNK, raccoons, muskrats, all kinds fancy prices. Address: **St. Man Henshaw, Deep Brook, Annapolis Co. N. S.**

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