

# Soldiers!

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## WAR-TIME ECONOMY.

Waste at This Time Is Nothing Short of a National Danger.

An effort is being made by the Scottish Municipalities, without sacrificing the efficiency of necessary services, to respond to the appeals of the Government for the practice of war-time economy. The retrenchment which is being put into force all over the country by public bodies shows that the authorities are alive to the warning given by Mr. Asquith that waste on the part either of individuals or of classes, which is always foolish and short-sighted, is at this time nothing short of a national danger. The object which all seem to have set before them is rigorously to diminish expenditure and increase savings. Edinburgh Corporation have reduced their estimates for the year by a sum of about £10,000. The City Treasurer on this satisfactory result has been enabled to hold out a prospect of some measure of relief for the ratepayer.

In the urgent necessity for economy the first saving should be made upon capital expenditure. The larger Scottish municipalities are acting upon this principle. In Glasgow all schemes involving new work which have not been finally contracted for have been postponed, and no new proposals necessitating capital expenditure are to be undertaken.

In Dundee, while the part of the new Town Hall scheme for which Sir James Caird has made himself personally responsible, is to be proceeded with, the other section, estimated to cost about £170,000, which would have fallen upon the rates, is to be held up until after the conclusion of the war. Aberdeen is following the same course. Permission may be sought to raise £450,000 for the purification of the Dee; but the works will not be begun until the war is over. A useful example is also being given by Dundee and Aberdeen in the matter of school buildings.

Dundee School Board had intended to proceed with the erection of a new school, and to carry out extensive alterations on an existing secondary institution. Both works will be suspended, while Aberdeen School Board have postponed extensions and alterations on certain schools, estimated to cost between £20,000 and £30,000.

## FRESH AT NIGHT

If One Uses the Right Kind of Food.

If by proper selection of food one can feel strong and fresh at the end of a day's work, it is worth while to know the kind of food that will produce this result.

A school teacher in the West says in this connection:

"At the time I commenced the use of Grape-Nuts my health was so poor that I thought I would have to give up my work altogether. I was rapidly losing in weight, had little appetite, was nervous and sleepless, and experienced almost constantly a feeling of exhaustion.

"I tried various remedies without good results; then I determined to give particular attention to my food, and have learned something of the properties of Grape-Nuts for rebuilding, body, brain and nerves.

"Since using Grape-Nuts I have made a constant and rapid improvement in health, in spite of the fact that all this time I have been engaged in strenuous and exacting work.

"I have gained twelve pounds in weight and have a good appetite, my nerves are steady and I sleep sound. I have such strength and reserve force that I feel almost as strong and fresh at the close of a day's work as at the beginning.

"Before using Grape-Nuts I was troubled much with weak eyes, but as my vitality increased the eyes became stronger.

"I never heard of another food as nutritious and economical as Grape-Nuts."

"There's a Reason." Name given by Canadian Postum Co., Windsor, Ont.

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

## HIS MAJESTY THE KING.

The Rose, the Thistle, the Shamrock,  
Dear emblems over the sea,  
Are all of them loving tokens  
Of the homage we offer thee.

The central king of the nations  
Is throned on the hub of the wheel,  
And all the spokes are British oaks,  
And the felloes are bound with steel.

The God of Light sustain thy might!  
And may'st thou never forget  
The weal of those mighty dominions  
On which the sun doth not set.

The pulse of thy Sovereign power  
Vibrateth in every land.  
We pray for peace, but if it cease  
We're all at the King's command.

From this fair land of the Maple,  
This granary of golden wheat,  
We bring our tribute and fealty  
And lay them at thy feet.

This the prayer of Canadian hearts,  
May thy Majesty never lack  
The men or the might to defend the right,  
And the fame of the Union Jack.

Three cheers for the King of England!  
With three for the Red, White and Blue!

May the King have peace and plenty,  
And the love of his subjects, too.  
—F. Falling, Vancouver, B.C.

## Tea on the Battlefield.

Tea suddenly becomes one of the items of war material, and the price has gone up in the primary market about thirty per cent., with prospects of a real shortage and still further advances in price. When warring armies start buying tea for rations on the field with its attendant great waste, and the entire Russian people are suddenly deprived of vodka and turned to tea, then it can scarcely be surprising that such a fluctuation should occur in the price of tea.

Messrs. Henderson & Co.'s latest monthly circular issued from Ceylon and just to hand states: "A feature of the market was the record prices paid for flavory teas. The oldest members of the tea trade in Ceylon could not remember such high prices being realized before."

## OLD AND NEW IN WAR.

Battles Are Won By Poisoning the Air By Chemicals.

One of the curious features of this war is the reversion to methods of fighting counted obsolete. The grenades, bayonet-sparring, airmen's darts, and many others, remind us of ancient days. And there is talk of rigging out the soldier in steel helmet, cuirass, and shield. In truth it would not take long for the Roman legionary to get his hand in this new Gallic war. The "Black Marias" and "Jack Johnsons" he would hardly take kindly to. But once "blooded" to the artillery the rest would come to him as all in the day's work. For the Roman man-at-arms was ever a great man with the spade and the short "gladius" it was that won Rome's battles. How he would smile to hear that the French are abbreviating their bayonets. Macaulay says somewhere that the nation that shortens its weapons lengthens its borders. May it be so in this case!

All the brave superfluities of war—the waving banners, nodding plumes, sabretaches, busbies, feather bonnets, epaulettes, sashes, and ribbons—all that clinks and shines and flames have been taken away. The calling of the soldier has no more part in the lust of the eyes, the pride of the flesh. Battles are won by poisoning the air by chemical prescription.

## BURIALS DIFFER.

Some Tribes Lay Their Dead North and South.

The modes of burial differ widely among various peoples, from the rudest ceremonies and methods of the wandering tribes to the ornate, impressive, reverent services of "the heir

of all ages, in the foremost files of time."

Among some the dead are buried lying, others sitting, as is the case with several of the Indian tribes; and instances are related where warriors or leaders in the nations have been buried seated upon their favorite war horse, as was done with the famous Blackbird, the chief of the once powerful Omahas.

But there is a remarkable agreement of custom for the practice of placing the body east and west. Sometimes the body is placed with the head to the east and sometimes to the west. It is held by certain writers that this custom is due to solar symbolism, and the head is placed to the east or west according as the dead are thought of in connection with the sunrise, the reputed home of the deity, or the sunset, the reputed home of the dead.

There are, however, some tribes that lay their dead north and south, and others bury men with the face to the north and women with the face to the south; while among some of the African tribes, if one happens to die away from his home, he is buried facing his native village.

## Appendicitis Prevented Life Lengthened Health Maintained

Doctors say if people kept their bowels in proper order there would be no such disease on record as appendicitis. It is due solely to neglect, and is therefore preventable. If you have constipation, bad breath or headache you need medicine right away. The moment you suspect your bowels are clogged you should take Dr. Hamilton's Pills, the smoothest regulator of them all. They move the bowels and cleanse the liver so smoothly you scarcely notice the effect. But you get the action just the same. Taken at night you wake up next morning, clear headed, hungry, rested, energetic, feeling like a different man. Why don't you spend a quarter to-day and try Dr. Hamilton's Pills. They work so easy, just as nature would order, never gripe or cause headache. Finest thing for folks that are out of sorts, depressed, lacking in color and spirits. Folks that use Dr. Hamilton's Pills are never sick, never have an ache or a pain,—feel good all the time simply because the system is clean, regulated and healthy. This you can easily prove yourself.

## QUAINT INN NAMES.

Germany Holds the Record for Fantastic Names.

Scattered throughout England are some curious inn names, but Germany probably holds the record for out-of-the-way signs and fantastic names. The most absurd results are usually obtained by the name of some animal with a more or less unsuitable object. The Comfortable Chicken and the Cold Frog, both of them in Berlin, are certainly left in the shade by the Angry Ant (Ort, in Westphalia), and the Stiff Dog (Berlin). The Lame Louse is an inn in a suburb of Berlin, and not far from it is the thirsty Pelican, The Dirty Parlor, the Bloody Bones, the Musical Cats, the Four Hundred-weight Man, and the Boxers' Den are all in Berlin or the neighborhood, and the Old Straw Bag in Leipzig. The Open Bughole is in Stadtohen, in the Palatine, and the Shoulderblade in Jerichow. The Last Tear is a landlord's notion for the name of his inn, situated near a graveyard, visited by returning mourners, and is of frequent occurrence throughout the Fatherland.

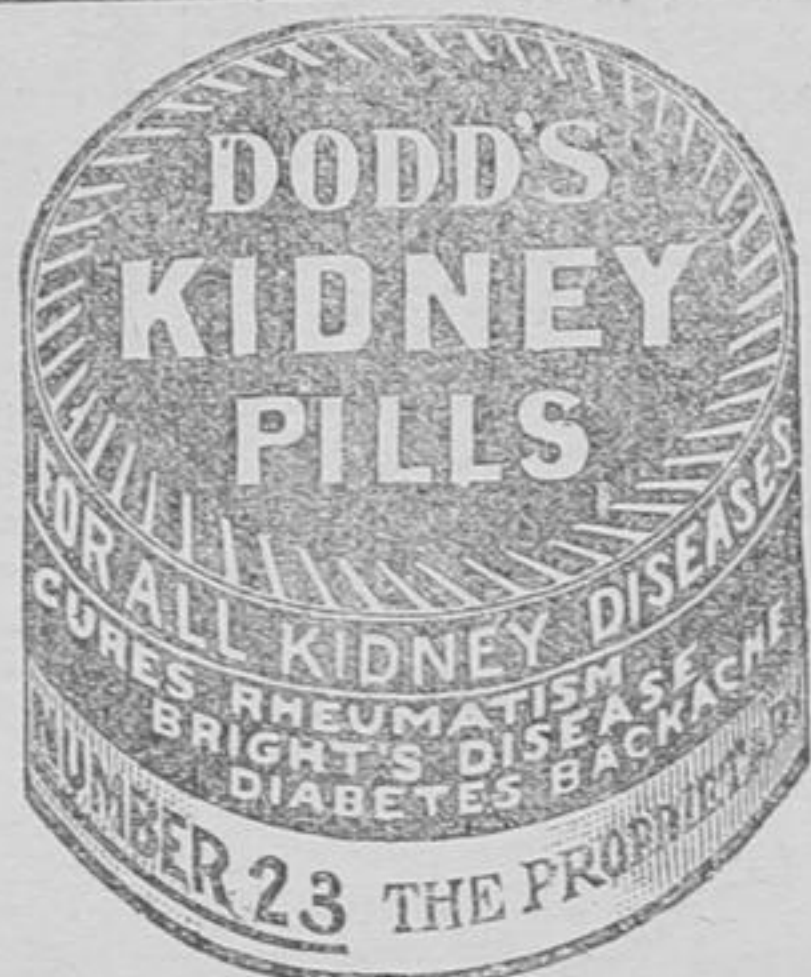
Minard's Liniment Relieves Neuralgia.

Blondes should avoid the lighter shades of blue, which gives an ashy appearance to the complexion.

Minard's Liniment Cures Burns, Etc.

## The Power of Cheerfulness.

Go forth to-day with cheer in your heart! And so, go forth on every day. Surprising will be the power of it. You will soon redeem the errors of the past; you will do better work and more work. And your cheerfulness and work will cheer, inspire and uplift everyone around you. Oh, wonderful is the power of cheerfulness! Oh, wonderful is the good it does.



ED. 7.

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## RECOVERS HIS SPEECH.

Wounded British Soldier Also Able to Hear Now.

Robert Beck, of Chicago, who was made deaf and dumb by an injury sustained while fighting with the British Army, suddenly recovered his speech and hearing in a Liverpool hospital. Beck, who was a motor cycle policeman on the Chicago force when the war began, became a despatch bearer with the British troops, and was struck down by a sniper's bullet in Flanders. He was taken to Liverpool.

From the day of his injury he had been unable to hear or speak until he was taken with other convalescents to a moving picture entertainment in Liverpool. While watching a comic picture he suddenly burst out in laughter. The next moment he found that he was able to talk and hear normally.

## Corns Applied in 5 Seconds Cured Quick

Sore, blistering feet from corn-punctured toes can be cured by Putnam's Extractor in 24 hours. "Putnam's" soothes away that drawing pain, eases instantly, makes the feet feel good at once. Get a 25c. bottle of "Putnam's" to-day.

## In a Bad Fix.

The well-beloved bishop of a certain Southern State is so absent-minded that his family is always apprehensive for his welfare when he is away from home.

Not long ago, while making a journey by rail, the bishop was unable to find his ticket when the conductor asked for it.

"Never mind, bishop," said the conductor, who knew him well, "I'll get it on my second round."

However, when the conductor passed through the car again the ticket was still missing.

"Oh, well, bishop, it will be all right if you never find it!" the conductor assured him.

"No, it won't, my friend," contradicted the bishop. "I've got to find that ticket. I want to know where I'm going."

## Horrible Dream.

"I dreamed last night that I owned the earth."

"That was a pleasant dream." "Quite the contrary. When the first of the month came around 3,000,000 people threatened to move."

Minard's Liniment Cures Dandruff.

## Impelled by Duty.

"I must say these are fine biscuits!" exclaimed the young husband.

"How could you say those are fine biscuits?" inquired the young wife's mother in a private interview.

"I didn't say they were fine. I merely said I must say so."

This is to certify that I have used MINARD'S LINIMENT in my family for years, and consider it the best liniment on the market. I have found it excellent for horse flesh.

(Signed) W. S. PINEO.

"Woodlands," Middleton, N. S.

## His Habit.

"You'll have to quit smoking," said the physician.

"I don't smoke."

"Then you'll have to quit drinking."

"I don't drink."

"Haven't you any habits?"

"None at all—except taking medicine."

Minard's Liniment for sale everywhere.

Smash Up—Jack—"What sent Algy to the insane asylum?" Tom—"A train of thought passed through his brain and wrecked it."

## GILLETT'S LYE EATS DIRT



## The Diplomatic Way.

"My neighbor, in the most urbane way, has notified me to keep my chickens out of his garden."

"And you?"

"With the utmost courtesy I have informed him that my chickens may go where they please."

"You must have been reading up on diplomatic matters."

"Yes, it all illustrates current progress. A year ago, over the same episode, we would have been scrapping."

## MOTHERS

REMEMBER! The ointment you put on your child's skin gets into the system just as surely as food the child eats. Don't let impure fats and mineral coloring matter (such as many of the cheap ointments contain) get into your child's blood! ZAM-BUG is purely herbal. No poisonous coloring. Use it always. 50c. Box at All Druggists and Stores.



## FARMS FOR SALE.

IF LOOKING FOR A FARM CONSULT me. I have over Two Hundred on my list, located in the best sections of Ontario. All sizes. H. W. Dawson, Brampton.

## NEWSPAPERS FOR SALE.

PROFIT-MAKING NEWS AND JOB Offices for sale in good Ontario towns. The most useful and interesting of all businesses. Full information on application to Wilson Publishing Company, 73 West Adelaide St., Toronto.

## MISCELLANEOUS.

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