IN THE CLUTCHES

The Great Suffering of a Calgary Lady Before Relief Was Found

There is still a very prevalent belief that rheumatism is due to cold or wet weather. This belief is probably due to the fact that when the blood is thin and watery there is an acute sensitiveness to atmospheric conditions and a change to wet weather often means a return of the excruciating pains. Rheumatism, however, is rooted in the blood, and it can only be driven from the system by building up and enriching the blood. Hot baths and outward applications of liniment may give temporary relief, but cannot cure. If the disease is not attacked through the blood, it simply fastens itself more firmly on the system, and the sufferer ultimately becomes hopelessly crippled. The truth of this is proved by the case of Mrs. Frank Ford, of Calgary, Alta. Mrs. Ford says: "I was an almost helpless cripple from rheumatism. seemed to have settled in every joint. My arms and hands had to be bandaged. My ankles were so swollen that I had to use crutches. After doctoring for a long time and growing steadily worse, the doctor advised plied Tommy, "but don't wash my sold by all good dealers in medicine. me to go to Banff Springs. I stayed face again. Them other ladies have there for eight weeks taking daily baths and returned home poorer in pocket by about \$150 and not one bit improved in health. I then entered a local hospital, but did not derive any benefit. I was in such constant pain that I almost wished to die, and I felt sure I would be a lifelong cripple. It was at this stage that a friend who had been greatly benefitted by Dr. Williams' Pink Pills urged me to try them. I began the use of the Pills and after taking them a few weeks the swelling in the joints began to go down and the pain was relieved. This greatly encouraged me and I continved the treatment until in the course of three months the cure was complete. I had thrown away the crutches, could walk anywhere and do my own housework, and I never felt better in my life than I do at present time, and all this is due to the use of Dr. Williams' Pink Pills. I have also given the Pills to my daughter who suffered from anaemia and she has gained in flesh and become a strong, healthy girl."

If you are suffering from rheumatism or any weakness of the blood give Dr. Williams' Pink Pills a fair trial and they will speedily restore you to health and strength. Sold by all medicine dealers or by mail at 50 cents a box or six boxes for \$2.50 by The Dr. Williams' Medicine Co.,

Brockville, Ont.

Up to the Wrong Ears.

Knicker-Is Jones up to his ears debt? Bocker-Worse; it has come to

other people's ears, too.

Caught At It. "What's become of Bill?"

"Oh, he opened a store." "Doing well?" "Naw; doin' time."

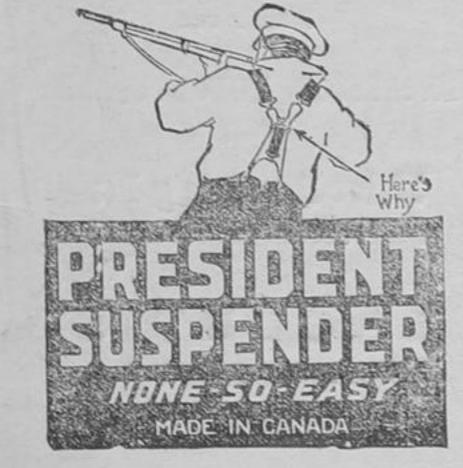
The chap who burns the candle at both ends may be extravagant, but it is cheaper than electric light, even then.

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Is Not Very Popular With the Wounded Soldiers.

Lady Warwick, in her characteristically fearless and out-spoken manner, has draw attention to the scandal that a number of the women volunteers for nursing work at the front only offer to help because the novelty appeals to them. They have no speciqualifications, and pester the authorities for permits until the wearied officials sometimes give way.

Lady Warwick says that most of the fashionable nurses who go to the They Cleanse the Liver and Move the front are bent upon nothing but having a good time, and adding to their collection of sensations. They drive a coach-and-four through such things as regulations and discipline, and are a sore trial to the really-trained nurses. Such a statement by one who is in a position to know what she is talking about has caused not a little exasperation in certain high places.

Soldiers at the base hospitals have given the name of the "Wash and Kiss Brigade" to those ultra-fashionable nurses. "What they seem to do most," "is to wash the wounded man's face and then kiss him for his mother." Which reminds one of a story of the South African War. A fussy nurse went to one bed and asked the wound-Anything you like ma'am," bluntly re- Mandrake and Butternut which are washed it six times already."

GERMANY TO BLAME.

Learned Bavarian Places Responsibility for War.

Dr. Gruber, one of Barvaria's most learned professors, has been lecturing "War, Peace and Biology," and comes to some remarkable conclusions.

"This war, he declares, was inevitable and unavoidable. It might have been postponed, but it had to come sooner or later. It is idle to debate who is most to blame for the outbreak of hostilities. As a matter of fact, Germany was to blame, says the professor; not blame-worthy in any moral sense. Germany is to blame because she had stretched and used her power to its utmost, because in years it had increased in population from 40 to 68 millions. The war was, therefore, a biological necessity.

The war says the professor, has become a battle of ideas, caused by varying conceptions of human development and of human freedom.

In conclusion, Professor Gruber mentioned certain "biological . demands" for the future. One of these must be a strengthening of the nation by a large increase of the population, and to such an extent that Germany will be rendered invulnerable. If the population of the Empire grows at the rate of the first five years of this century it will have reached 250,-000,000 in the year 2,000.

More

Guaranteed Never known to fail; acts without pain in 24 hours. Is soothing, healing; takes the sting right

out. No remedy so quick, safe and sure as Putnam's Pain-Sold everyless Corn Extractor. where 25c. per bottle.

SAVING BY SPENDING.

The Wise Buyer Is the One Who Saves.

Benjamin Franklin, the great apostle of thrift, was not a mere penny-saver. Few men have given their money more generously than he gave his, even when each cent he got was earned only by industry which even his hard-working neighbors thought prodigious. He saved when saving was necessary, but for that very reason he had money for his friends as well as for himself when the need for money arose. He was just as strong in advising wise spending as he was in advocating timely saving. The wise buyer is the true economist, for he saves his money by using it. The storekeeper who knows his business and has a true regard for it desires the custom of the thrifty. His business is to give service, and a man finds more pleasure in serving those who can appreciate what he does than in serving those who have so little regard for their own interest that they know not whether they are served well or ill. The merchant who advertised his goods thereby calls upon the public to judge his work and declares his willingness to be rewarded strictly according to his merits.

On coming home from the office the father met Jack and Dick. "What have you been doing to-day, boys?" he questioned. "Fightin'," replied Dick. "Fighting, eh? Who licked?" "Mamma did," answered Jack.

Little Robert-"Ma, was Robinson Crusoe an acrobat?" Mother-"I don't know. Why?" Little Robert-"Well, this book says that after he had finished his day's work he sat down on his chest."

THE "KISS-AND-WASH" BRIGADE Smoothest Regulator of Them All Is Hamilton's Pills

HEADACHE, BILIOUSNESS. INDIGESTION, OR SOUR STOM-ACH WHERE THEY ARE USED.

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Like a ship in the night your constipated headache and digestive troubles will disappear after using Dr. Hamilton's Pills. They cure the worst cases, act quietly at night while you sleep, and give you next morning the freshest, briskest, happiest feeling you have known in many a day. Hamilton's Pills will cheer up the most despondent sufferer. They will ditch of a work farthest from the make tired out folks feel like kids at play. They overcome back-ache, sideache, liver-ache and stomach-ache, and kidney ills. If they fail to do said a friend of mine from the front, this you can have your money refunded. Fair enough, eh? Don't stay parapet of a work through which a sick or ailing, use this grand family gun is fired. medicine at once. It will give you energy, spirits, ambition, appetite, wood, tied up tightly, used for road- on that letter carrier. good blood, better nerves-in short making, etc. good health. You can get all this in ed soldier what she could do for him. a 25c. box of Dr. Hamilton's Pills of

Silence is Golden.

"I think I made a mistake in arguing the question of expense with my wife."

"What do you mean?"

"She wanted an automobile, and I inadvertently told her that I couldn't working from the bottom of the afford it."

"Well?" "Now she wants it worse than before."

St. Joseph, Levis, July 14, 1903. Minard's Liniment Co., Limited.

Gentlemen,-I was badly kicked by my horse last May, and after using several preparations on my leg nothing would do. My leg was black as I was laid up in bed for a fortnight and could not walk. After using three bottles of your MINARD'S LINIMENT I was perfectly cured, so that I could start on the road.

JOS. DUBES. Commercial Traveller.

More Enterprise.

"That landlord is certainly an enterprising feller."

"How now?" "He has installed outside roller towels that run the full length of three-story hotel. Guests on every floor can lean out of the windows and wipe their hands."

"But why have the towels out-

"Oh, that's so the rain can wash

Minard's Liniment Relieves Neuralgia.

Back to the Front.

Passing through a military hospital, a distinguished visitor noticed a private in one of the Irish regiments who had been terribly injured. To the orderly the visitor said: "That's a bad case. What are you going to do with him?"

"He's going back, sir," replied the orderly.

surprised tones."

"Yes," said the orderly. "He thinks he knows who done it."

Minard's Liniment for sale everywhere.

Using Discretion. "I've dropped out of the race for

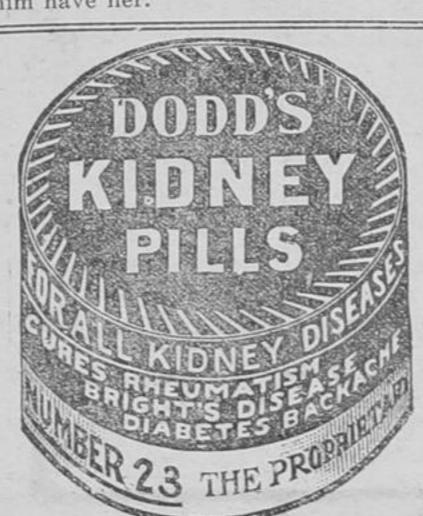
Mabel's hand."

"You have? Why?

"My nearest competitor is a man with millions. I think she loves me, but I've decided to withdraw."

' 'You're foolish, man. If she loves you and is as sensible as I think she is you can win her without money."

"That's just the point. I think I could win, all right, but ever after she'd have the opportunity to remind me of the millionaire she could have married. I've decided for my own happiness that perhaps I'd better let him have her."



ED. 7.

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BATTLEFIELD TERMS.

Many Military Terms Are Not Generally Understood.

Although used every day in the descriptions of happenings at the front, many military terms are not generally understood. Here is a selection from the lesser-known military terms: Beaten zone.-The belt of ground

beaten by a cone of fire. Enfilade fire.—Fire which sweeps a

Grazing fire.—Fire which is parallel, or nearly so, to the surface of hte

Dead ground.-Ground which cannot be covered by fire.

Abattis.—An obstacle formed of trees or branches of trees picketed to the ground, with their points towards the enemy.

Banquette.—The place upon which the men stand to fire over a parapet. Counterscarp.—The slope of the

by the action of water.

Embrasure.—A channel through the one in jail or the hospital."

Fascine.—A long bundle of brush-

ground being broken by a rise or de- house next morning. pression.

Gabion.—An open cylinder of brushwood, sheet iron, etc., used for revet-

Revetment .- Any method of making earth stand at a steeper slope than the natural one.

Sap .- A trench formed by men trench and constantly extending the end towards the enemy.

Spitlock .- To mark out a line on the ground with the point of a pick.

We Always Do.

Don't let people bore you to death with their moss-covered anecdotes. Spring a few of your own old favor-

Minard's Liniment Cures Dandruff.

Wise City Belle. Stella-Why do they put bells on

the cows? Bella-It gives warning so you can run away from them.

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Not Mercenary.

Mr. Gottrox-My daughters, young man, are both worth their weight in

Suitor-Then the fact that I am asking you for the smaller one proves, at any rate, that I am not mercenary.

Minard's Liniment Cures Burns, Etc.

The men are on earth chiefly to attract the women, but they don't know it. The women are on earth chiefly to attract the men, and they know it-"Going back!" said the visitor in though some pretend otherwise.

NO THE WHITEST, LIGHTES

MADE IN CANADA

ONTAINS NO ALL

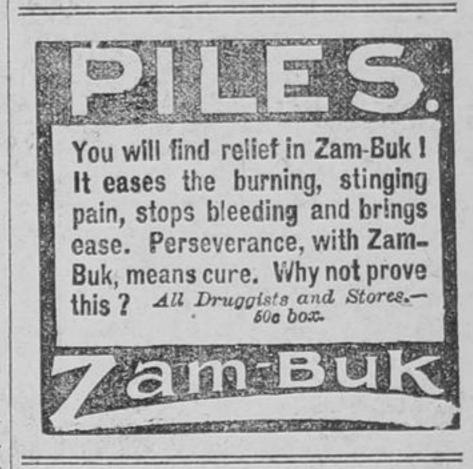
Also in Debt.

"The beauty of automobiling is Donga .- A channel or gully formed | that it keeps one out of doors." "Not always. It frequently lands

Love Will Find a Way.

Master-Norah seems quite gone

Mistress-Gone! Why, she actually Fold in the ground.—A slight hol- mails a postcard to herself every low caused by the regular lie of the night, so he'll be sure to call at the



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