WEAK, TIRED, DEPRESSED

That is the Usual Condition of Persons Afflicted With Anaemia

Anaemia is the medical term for poor watery blood. It may arise from a variety of causes, such as lack of exercise, hard study, improperly ventilated rooms or workshops, poor digestion, etc. The chief symptoms are extreme pallor of the face and gums, rapid breathing and palpitation of the heart after slight exertion, headaches, dizziness and a tendency to hysteria, swelling of the feet and limbs and a distaste for food. All these symptoms may not be present, but any of them indicate anaemia which should be promptly treated with Dr. Williams' Pink Pills. These Pills make new, rich blood which stimulates and strengthens every organ and every part of the body. Dr. Williams' Pink Pills have made thousands of anaemic people bright, active and strong. The following is one of the many cures. Mrs. Phillips, wife of Rev. W. E. Phillips, Princeton, Ont., says: "Some years ago, while living with my parents in England I fell a victim of anaemia. The usual complications set in and soon I became but a shadow of my former self. My mother, who had been a former nurse of many years experience, tried all that her knowledge suggested; tonics of various kinds were tried, and three doctors did their best for me, but without avail, and a continued gradual decline and death was looked for.

"Later my parents decided to join my brothers in Canada, and it was confidently expected that the ocean voyage, new climate and new conditions would cure me. For a time I did experience temporary benefit, but was soon as ill again as ever. I was literally bloodless, and the extreme pallor and generally hopeless appearance of my condition called forth many experiences of sympathy from friends whom we made in our new home in Acton, Ont. Later a friend urged me to try Dr. Williams' Pink Pills, and although in a condition where life seemed to have little to hope for I decided to do so. After using three boxes I began to mend. Continuing I began to enjoy my food, slept almost normally, and began to have a fresh interest in life as I felt new blood once again running in my veins. Dr. Williams' Pink Pills brought about a complete cure and I am to-day in robust health. My husband is rector of this parish and I have recommended the use of the Pills to a great number of people with whom we have come into contact in the course of my husband's ministry, for we both know what Dr. Williams' Pink Pills can do."

These Pills may be had from any dealer in medicine or by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

A Graceful Hostess.

There are ungracious persons, of whom a certain Mrs. Gomer is one, who cannot do anything for themselves or anyone else without magnifying the difficulties of the task.

If Mrs. Gomer baked a cake or prepared a special dish she always remarked at the table, "Land sakes, it ought to be good! It was a turrible job! I nearly roasted myself over the stove baking it!"

If she sat up with a sick neighbor she spent the evening telling about what a "turrible mess" she had left her house in, and how difficult it was for her to get away, and how hard she would have to work the next day to make up for it. One afternoon while Mrs. Curtis, her next-door neighbor, was away, her sister unexpectedly arrived from another city.

Mrs. Gomer, seeing the visitor and her grips on the Curtis front porch, and knowing the Curtis house was locked, invited her to come over to her house and wait for her sister's return.

That evening, when both families were on their front porches, Mrs. Curtis called across:

"Oh, Mrs. Gomer, I must thank you for taking my sister in! She says you entertained her all the afternoon."

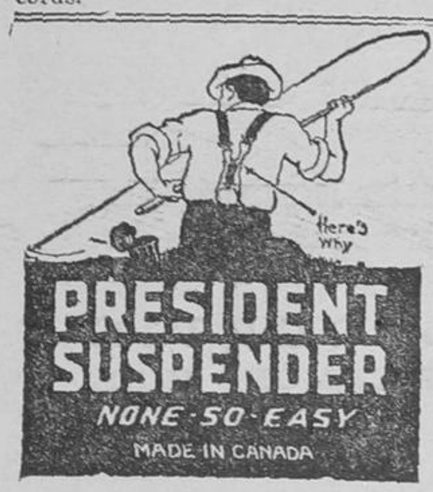
"Yes," replied Mrs. Gomer, "and it was a turrible job, too."

Fickle Youth.

Alys—George came to our house every evening for three months.

Mai—Well?

Alys—I don't know whether he got tired of my company or just wanted to hear all our music machine records.



8663

OVERBLOUSES AND BOLEROS THE VOGUE FOR GIRLS.

There is nothing, perhaps, that harmonizes better with the young girl's figure than overblouses and boleros. These have been exceedingly popular this season, due in no small measure, not alone to their good looks, but to their practicability. A very delightful dress with an overblouse is Ladies' Home Journal Pattern No. 8663, shown above. The underwaist opens in front and has a roll collar, full length plaits at the hips. The overblouse slips on over the head and is held in place by a belt. The pattern cuts in sizes 14, 16, 17 and 18 years, requiring for size 16, five yards of 36-inch material with two yards of material for the underwaist.

Patterns, 15 cents each, can be purchased at your local Ladies' Home Journal Pattern dealer, or from The Home Pattern Company, 183-A, George Street, Toronto, Ontario.

THE PERFECT PIE.

(By Peter McArthur.)

Probably no dish that ever appeared on our tables has caused so much burning as the pie—and I do not mean by that to suggest the connection between heartburn and indigestion. The pie with the hunting case crust has eclipsed many a honeymoon. The unsuccessful pie has been the uncharted rock on the sea of matrimony, the slough of respond on the straight and narrow path. But the good pie, the perfect pie has been from time immemorial the peacemaker, the healer of lovers' quarrels. The great outstanding fact of married life is that man wants pie. As Scott did not exactly say:

Lives there a man with soul so dead,
Who never to his wife hath said:
"I wish that you would learn to bake
Pies like my mother used to make."

But I have known a man to do even worse than that. I have known a man to say to his wife: "I wish you could make pies like your mother used to make." In that way he rebuked her and made friends with his mother-in-law, a feat of diplomacy never equalled in the chancelleries of Europe.

But the question has been raised: "What kind of pie was it that mother used to make? What was her masterpiece?"

There is no need of any dispute on this subject. Just wait till you find one of those old fashioned pie-making mothers and listen to what she is singing to the grandchildren on her knee.

"Can she make a cherry pie?
Billy Boy, Billy Boy!
Can she make a cherry pie,
Charming Billy?
She can make a cherry pie
While a cat can wink its eye
But she's a young thing and can't
leave her marry-O'.

When the biggest cherry trees that are now laden with ruddy fruit were mere seedlings, that song was as popular as Tipperary is to-day, and there are still merry grandmothers who sing it to their marriageable grandsons when they go a-wooing. In the good old days before there were pie factories where pies are made by machines and should be eaten by machines the making of a cherry pie was the ultimate test of a housekeeper. No girl was accounted worthy of a home who could not make a perfect cherry pie.

And this is the season of the cherry pie! Let me whisper something. Every girl should show that she is able to make cherry pies. Every love-lorn boy should see that the girl he loves is able to make them. A word to the wise is sufficient—though in this case a word to the foolish might be more appropriate.

Advice to Dyspeptics Well Worth Following

In the case of dyspepsia, the appetite is variable. Sometimes it is ravenous, again it is often very poor. For this condition there is but one sure remedy—Dr. Hamilton's Pills—which cure quickly and thoroughly.

Sufferers find marked benefit in a day, and as time goes on improvement continues. No other medicine will strengthen the stomach and digestive organs like Dr. Hamilton's Pills. They supply the materials and assistance necessary to convert everything eaten into nourishment, into muscle, fibre, and energy with which to build up the run-down system.

Why not cure your dyspepsia now? Get Dr. Hamilton's Pills to-day, 25c. per box at all dealers.

Eyes in the Dark.

Most of us are familiar by now with the marvellous streams of light which shoot up into the sky every night, switching from side to side in their search for Zeppelins. These searchlights are among the most wonderful of the devices used in warfare.

The candle-power of the lamp is, in some cases, about 25,000. Their precise range has not been determined, but on a clear night they can pick you out if you are very many miles away. There is a searchlight at the Eigerwand station, on the Jungfrau Railway, the beam of which is visible at a distance of 60 miles, and it is strong enough to enable a newspaper to be read 20 miles off.

At night, grey or khaki is more easily seen by searchlight than the French red. When landing troops by night at the Dardanelles our own soldiers were more conspicuous than were the French. Nevertheless, the landings would have been infinitely harder had not the great shafts of light picked out the dangers and obstacles on shore.

Men are brave, and all that, but when one of them is sick he grunts twice as much as a sick woman.

I bought a horse with a supposedly incurable ringbone for $30.00. Cured him with $1.00 worth of MINARD'S LINIMENT and sold him for $85.00. Profit on Liniment, $54.

MOISE DEROSCE.
Hotel Keeper, St. Phillippe, Que.

Wise Man.

Farmer Stack—You say you went through an agricultural college? Then you must know all about nitrates?

Stranger—Sure thing! Where did you want to telegraph to?

Minard's Liniment Cures Colds, Etc.

Don't Suffer Themselves.

Mr. Andrew Carnegie, apropos of the "reprisals" which make the world-war more horrible, said at a luncheon:

"Has it occurred to you that the Germans who ordered these cruel reprisals are old, fat, soft fellows, seated on leather cushions in luxurious offices? They don't suffer themselves so much as a pin prick. They rather remind me of the mother who brought her little boy to school and said, 'This little boy of mine, teacher, is very delicate. So we mustn't whip him. If he does anything bad—and I know he will—just whip the boy next to him. That will give him a good scare and bring him round, maybe.'"

Minard's Liniment Cures Distemper.

Hurt His Feelings.

Lytway, the butcher, had been very busy for a few moments with a well-known dictionary. Suddenly he closed it with a snap and glowered at his wife in the cash desk.

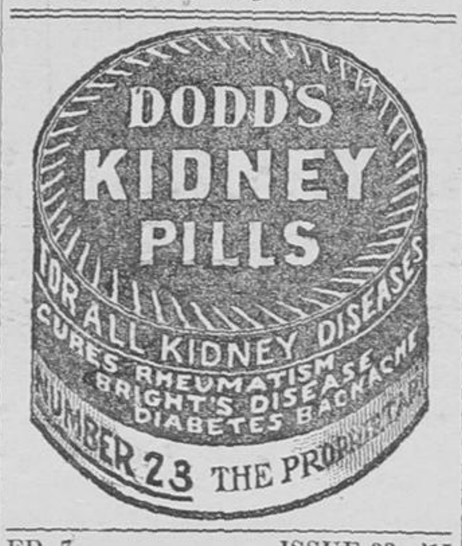
"That Mrs. Smarte is getting too clever," he growled.

"What's the matter?" asked the good lady, surprised at this criticism of a good customer.

"When she came in just now she told me I ought to rename my scales the Ambuscade brand."

"Well, why——"

"I've just looked up the word," went on the infuriated man, "and the dictionary says that ambuscade means 'to lie in weight.!"



A Gentle Rebuke.

It was late in the year for strawberries, but Mrs. Beacon was determined to have some for Sunday dinner. Over the telephone came the news that they were "very fine, ma'am, very fine indeed." Being, however, a cautious housekeeper, she decided to look over the fruit herself, as the grocer was not always to be trusted.

"They don't appear very good," she said, somewhat later, examining carefully a basketful. "They look,"—here she extracted one and tasted it—"they look a little green. I don't know. Just let me try one." She took another. "I guess I'll take one box, please. You don't put very many in a box, do you?" she inquired.

"There was," said the grocer, respectfully, "but there's been so many ladies looking 'em over that there ain't—"

"You may give me two boxes," said Mrs. Beacon.

Sore Corns Go!

Absolutely Painless

No cutting, no plasters or pads to press the sore spot. Putnam's Extractor makes the corn go without pain. Takes out the sting over-night. Never fails—leaves no scar. Get a 25c. bottle of Putnam's Corn Extractor to-day.

A Chinese father has the supreme right of life and death over his children, and is not amenable to any law in this respect.

Minard's Liniment Cures Garget in Cows

There are a million Chinese in the British Empire.

FARMS FOR RENT.

IF LOOKING FOR A FARM, CONSULT me. I have over Two Hundred on my list, located in the best sections of Ontario. All sizes. H. W. Dawson, Brampton.

NEWSPAPERS FOR SALE.

PROFIT-MAKING NEWS AND JOB Offices for sale in good Ontario towns. The most useful and interesting of all businesses. Full information on application to Wilson Publishing Com-

FARMS FOR SALE.

FARMS FOR SALE IN THE County of Norfolk. Good choice. Prices ranging from $30.00 to $100.00 per acre. Terms reasonable. Apply R. W. Bartmann, Lynedoch, Ont.

MISCELLANEOUS.

CANCER, TUMORS, LUMPS, ETC., internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

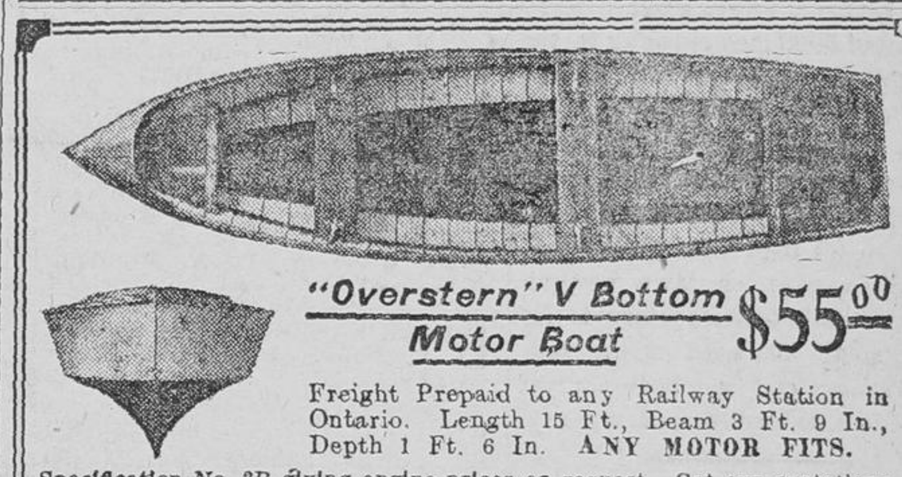
DIRK'S RED MITE KILLER

One application KILLS all Mites and prevents their reappearance during the season. Keeps fowls free from body lice. Makes scaly legs bright and clean. Keeps lard, pastry and sweets free from ants. Bedbugs will give no trouble where used. Write to-day for special trial price. Booklet free.

Marshall & Marshall, Niagara Falls, Ont.

At the outbreak of the war the Germans filled railway carriages with dummies made of straw, and dressed in French uniforms, in order to make people believe that they had captured numerous prisoners.

Minard's Liniment Cures Diphtheria.



"Overstern" V Bottom Motor Boat $55.00

Freight Prepaid to any Railway Station in Ontario. Length 15 Ft., Beam 3 Ft. 9 In., Depth 1 Ft. 6 In. ANY MOTOR FITS.

Specification No. 2B giving engine prices on request. Get our quotations on—"The Penetang Line" Commercial and Pleasure Launches, Row boats and Canoes.

THE GIDLEY BOAT CO., LIMITED, PENETANG, CAN.

ICE CREAM

(Good Enough for Babies)

Give the children all the Ice Cream they want.

It is just the kind of nourishment they need during warm weather.

It is much better than pastries and candies—if it's Ice Cream made as pure and in a sanitary plant like the City Dairy.

We ship thousands of Ice Cream Bricks for consumption in the home and thousands of gallons of Bulk Ice Cream for consumption in the shops of discriminating dealers everywhere in Ontario.

City Dairy

Look for the Sign.

TORONTO.

We want an Agent in every town.