SUMMER COMPLAINTS

At the first sign of illness during the hot weather give the little ones Baby's Own Tablets, or in a few hours he may be beyond cure. These plaints if given occasionally to the denly. Baby's Own Tablets should always be kept in every home where no other medicine as good and the mother has the guarantee of a government analyst that they are absolutely safe. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

PIE CULTURE.

(By Peter McArthur.)

An article published some days ago in which I mentioned the fact that the cherry pie was at one time considered the supreme test of a housewife, or rather, the test by which it might be discovered whether a girl was competent to be a housewife, has brought me a good story from Dr. Hugh Mac-Callum, of London. According to him the cherry pie plays a much wider part than I suggested in the life of the New England States. He says:

"At a medical banquet which I once attended our great Dr. Osler, of Oxford, stated that Dr. Weir Mitchell, of Philadelphia, had once put his culture to the final test. Dr. Mitchell, who was present, nodded gravely.

"'He gave me a piece of cherry pie to eat and watched me while I ate it.' "Once more Dr. Mitchell nodded. "'And,' continued Dr. Osler, 'I ate

it to his entire satisfaction.' "Dr. Mitchell applauded enthusiasti-

cally." Naturally the assembled medical men wanted to find out how a cherry pie should be eaten for the test was one that any of them might be obliged

to face at any time. "All we could learn," said Dr. Mac-Callum, "was that he ate it with a

spoon and that he rejected the pits." This information contains the possibilities of much further discussion. It will be news to the eaters of factory made pies and even to housekeepers who are making their own cherry pies during this cherry season, that the cherries should always be used with their pits. Also the writers of books of deportment must record the fact that in the case of the cherry pie the fork must give place to the spoon. But the most important fact is that no matter how a cherry pie is eaten it is the best pie that is made.

EMBRACE ON BATTLEFIELD

Italian soldier in a letter home. He ency in shells, ammunition, and writes:-

ing mists had cleared, one of our pat- belong to an old German family. One rolls found themselves opposite a of its most conspicuous members is trench containing about 20 Austrians. Stanley's cousin, the Prussian gener-Our men, eight in number, charged al, Hans von Donop, for several years ed soldier, as 'far as regards the with the bayonet, and taking the en- grand master of the household to the claims of creditors. emy unaware, put them to flight.

other tried to hide. One of our men general of the cavalry of the Gersaw him, and gave chase. The Aus- man army. General Hans von Dontrian fired at his pursuer, who fired op, since the beginning of the present

"At last the Italian came up with of German cavalry in France. the fugitive and sprang on him to General Sir Stanley von Donop is receiving no benefit. By a persuatake him prisoner. They pitched into a son of the late Vice-Admiral von sion from a friend I got MINARD'S one another for some minutes, and Donop of the British navy, is a bro- LINIMENT and used one bottle which then the Austrian surrendered.

other like long-lost brothers.

law from the frontier district. The coming master-general of the ordthey found they had been shooting ment. at one another, but delighted that neither had been sucessful.

CHANGE THE VIBRATION

It Makes for Health.

tatoes, coffee, etc., and adopted a breakfast of fruit, Grape-Nuts with cream, some crisp toast and a cup of Postum.

His health began to improve at tive, did they?" he asked. once for the reason that a meat eater will reach a place once in a while it very much," the lecturer replied. where his system seems to become clogged and the machinery doesn't little," the warden remarked, "instead work smoothly.

A change of this kind puts aside folded." food that is slow to digest and takes up food and drink of the highest "I noticed that they sat with their value, already partly digested and hands folded, but I thought they capable of being quickly changed into were all manacled." good, rich blood and strong tissue.

A most valuable feature of Grape-Nuts is the natural mineral elements (phosphate of potash, etc.,) grown in the grains from which it is made. These elements are absolutely ne- for a few friends of mine." cessary for the well-balanced rebuilding of body, brain and nerves.

show one a way to physical and my house for dinner." mental strength well worth the trial.

Look in pkgs. for the little book, "The Road to Wellville." "There's a rate has been falling three times as Reason."

HEAD OF ORDNANCE DEPT.

KILL LITTLE ONES British Officer in Charge of Ordnance Dept. Has Cousin in the German Army.

Canadians have been amazed to learn since the war began the great Tablets will prevent summer com- number of Germans and people of German descent who have succeeded well child and will promptly cure in getting into high places in the old these troubles if they come on sud- land. Many of them are doubtless lous cures as Dr. Hamilton's Pills. who, after the harvest, would be a not long after the war started, before there are young children. There is the British public began to insist that feverish feeling in the skin is people bearing German names had to get out of public positions, whether disorders are stopped. proven guilty of disloyalty or not. things became so hot that he had to health. leave for the States. Lord Haldane was forced to retire from the Cabinet because he had been a great admirer of Germany, which he declared was his "spiritual home." I. T. Lincoln was the Anglicized name of an Austrian who became a member of Parliament, and then betrayed his trust, flying to America a short time ago to greatly extended.

ter-general of ordnance, had to go. foods. This was accompanied by the rather startling statement that Kitchener



General Sir Stanley von Donop.

and Von Donop were great friends, and that the latter's retirement would involve the former's. Who is this man with the German name at whose door has been placed the blame for A moving incident is related by an the British army's scandalous defici-

"The other day, before the morn- Sir Stanley has the misfortune to Kaiser's brother-in-law, Prince Fred-"Six were taken prisoners, and an- erick Leopold of Prussia, inspectorwar, has been commanding a division

The two men looked at one an- op, chief Government inspector of other, and suddenly rushed into one railroads, and joined the Royal Aranother's arms again, and kissed each tillery 25 years ago, the only active service which he has seen having It turned out they were brothers-in- been in the Boer war. Before be-Austrian had married the Italian's nance he was for several years disister. They were horrified when rector of artillery at the War Depart-

Restrained Applause.

institution ventured an apology.

"But they might have clapped a of just sitting there with their hands

"Well, well!" the lecturer laughed.

Getting Back.

"My cook left this morning merely because I asked her to get dinner

"I hired her, my dear, and I don't mind giving you a chance to get back A few days' use of Grape-Nuts will at her. Bring your friends over to

> In recent years Germany's birthrapidly as Britain's.

\$1,000 REWARD

STIPATION

To any person who cannot be cured of Constipation by Dr. Hamilton's satisfaction or effects such marvel-

loyal to the Union Jack, but it was Relief instantly follows their use. burder on the people. That blinding headache goes forever, soothed away, bilious fits and stomach

Don't be nervous about using Dr. Better be sure than sorry. Prince Hamilton's Pills; they are mild Louis of Battenburg, who was First enough for a child to use, yet certain Sea Lord of the Admiralty, was the and effective in action in the most ada, but the States, have left for first to go. Sir Edgar Speyer, a Privy chronic cases. Get a 25c. box to-day; Councillor, was another for whom they bring and keep robust good

ONTARIO DAIRY PRODUCTS.

poses of demonstrating rotation and perts in the west insist that our crop, the value of alfalfa and corn for en- if the favorable conditions are mainsilage will be one of the features tained, will be the largest that we of the Ontario Government dairy ex- have produced. It is now the queshibit at the National Exhibition, To- tion of labor that is agitating the avoid arrest. And the list might be ronto. Mr. Geo. A. Putnam plans minds of the farmers. Several towns Brothers, Niagara Falls, Ont to locate the model farm in the south- and municipalities have suspended The other day a despatch read that west wing of the building and nearby their programme of public work in Lloyd George had determined that will be another innovation, an exhibit order that all the laborers possible General Sir Stanley Von Donop, mas- showing the value of concentrated should be on the land for the harvest.

> He expects to have an unusually large and representative showing of Ontario dairy products and intends making the exhibit as practical and instructive as possible. In this work he will have the assistance of several Government officials, who will be engaged in making a number of demonstrations, including the sediment test, away that drawing pain, eases instantcow testing, care and testing of milk ly, makes the feet feel good at once. and cream.

The Niagara Fall of milk will again be a feature, the flow showing the production of milk in the Province, and the proportions into which the total is divided for cheese and butter-making, city consumption, etc.

It has again been decided to distribute samples of Cheddar cheese and to demonstrate in a practical way the relative food value of dairy products.

The great success of the Quebec contingent in the butter section a year ago has stimulated the spirit of emulation among the people of the adjoining province and this year there has been a large increase in the number of requests for entry forms from the dairy schools all over Quebec.

Did a Marathon.

when you asked him for my hand. And what did he say?"

"I'm not sure he said anything." "Not sure? Didn't you hear anything?"

faster than the sound of his voice."

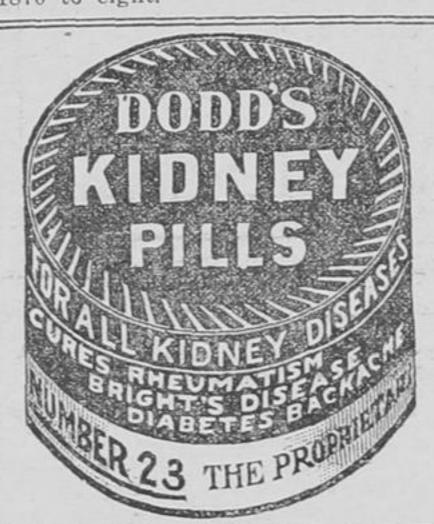
Medals and decorations are not considered in the estate of a deceas-

This is to certify that fourteen years ago I got the cords of my left wrist nearly severed, and was for about nine months that I had no use of my hand, and tried other Liniments, also doctors, and was ther of Lieut.-Col. Pelham von Don- completely cured me, and have been using MINARD'S LINIMENT in my family ever since and find it the same as when I first used it, and would never be without it. ISAAC E. MANN.

Why Cows Give More Milk.

Cattle used to be bred chiefly for work. Therefore the cows did not give much milk. Breeds improve the thing for which they are selected.

A noted humorous lecturer, who In 1790 the work cows of Germany was invited to deliver an address to gave an average of a pint and a half an audience of convicts in a Western a day. Interest in milk increased, and penitentiary, noticed that the audi- by 1800 the average yield was a quart A man tried leaving off meat, po- tors laughed heartily, but did not ap- and a half. Breeding went on milkward, and in 1810 the German cows After the lecture the warden of the averaged two quarts of milk each per day. In 1820 three, in 1830 four-"They didn't seem very apprecia- and there the gain stopped for thirty years. But in 1860 the production "I thought they seemed to enjoy had increased to six quarts, and by 1870 to eight.



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Harvesting the Crop.

According to C. P. R. advices there is likely to be a shortage of farm labor in the west in the fall. There are already over 100,000 of our Canadian young men under arms, and the war may demand more. Immigration is, of course, at a standstill. Pills, the above reward will be paid. It will be impossible to get men from No medicine gives such lasting the east, where men are scarce, and in any case the west does not want men

The question is, where will the men come from? The press is advising the farmers to hire men now and to hire them for a year in advance. There is, indeed, talk of a famine of unskilled labor in the fall. Many thousands of men, not merely from Can-Europe, since the war started. Where will the men come from, and particularly in view of the added acreage which will mean more labor, as there is fully 30 per cent. of increase under cultivation? The States expects the A model dairy farm for the pur- largest crop in its history; and ex-

Applied in 5 Seconds Sore, blistering feet from corn-pinched toes can be cured Putnam's Extractor in 24 hours. "Putnam's" soothes

Get a 25c. bottle of "Putnam's to-day.

Generous Bay of Fundy.

Some of the finest grindstones in the world come from the bottom of the Bay of Fundy. The stonecutters there have a simple method of moving them to the shore. Workmen quarry the stone from the solid rock when the tide is out, and fasten them to a large flat-bottomed boat.

The tides in the Bay of Fundy are the highest in the world, they rise from fifty to seventy feet, and rush in with great swiftness. The tide lifts the flatboat with the stones attached; the workmen bring the boat ashore and remove the stones at their leisure when the tide is out.

The Substitute for Vodka.

Elimination of vodka from Russia "So papa jumped from his chair has evidently started that immense nation tea-drinking. In February last the New York "Journal of Commerce" stated that the quotations were 8c to 10c a pound higher than they were a year previously, and that "No; but perhaps I was travelling the Russians were buying all the India-Ceylons available. The price has been advancing ever since.

Convicted.

First Lawyer - Did his speech carry conviction? Second Lawyer-It did! His client got five years.

Minard's Liniment Cures Distemper.

The Lover's Quarrel.

just now?"

Minard's Liniment Cures Colds, Etc.

Unselfish.

Doctor-Is your wife strong-minded enough to see that you positively refrain from eating sweets?

Patient-Sure, doctor! She's got spunk enough to make me pass up the candy and pastry and all that as long as she's allowed to eat it her-

And He Cleared.

Builder-I've just caught that man Brown hanging about smoking during working hours, so I gave him his four days' wages and told him to clear out.

Foreman-Good heavens, guv'nor! That chap was only looking for a

WEAR for every ecreation Shoe Dealers Worn by every member

FARMS FOR RENT.

F LOOKING FOR A FARM, CONSULT

AGENTS WANTED

NEWSPAPERS FOR SALE

Offices for sale in good Ontario towns. The most useful and interesting of all businesses. Full information on application to Wilson Publishing Com-

FARMS FOR SALE.

PARMS FOR SALE IN THE County of Norfolk. Good choice. Prices ranging from \$30.00 to \$100.00 per acre. Terms reasonable. Apply R. W. Bartmann, Lynedoch, Ont.

DOGS FOR SALE.

DED, OR BLACK AND WHITE Cocker Spaniel pupples. \$20, females \$15. Airedales, males \$25, females \$15. St. Bernards, males \$30. These are the best breeds for Canada. All pedigreed stock. Suitable for children or guard for the home. F. E. Stewart, Oakworth Kennels, St. Nicholas Building, Montreal.

MISCELLANEOUS.

MANCER, TUMORS, LUMPS, ETC., internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.



That's All.

"What were you doing in that pawn shop, Jim?" "Oh, merely passing away the

Minard's Liniment Cures Diphtheria.

Reversed.

"How long have they been mar-

"About five years."

"Did she make him a good wife?" "No; but she made him an awfully good husband."

Minard's Liniment Cures Garget in Cows

Should be Off Duty.

A sentry, an Irishman, was on post Both (aside)-"Now, I wonder duty for the first time at night, when what it wus we wus scrappin' about the officer of the day approached. He called: "Who comes there?"

"Officer of the day," was the re-

"Then what are yez doin' out at night?" asked the sentry.

