

How a Sick Woman Can Regain Health

READ THIS VERY CAREFULLY.

"For years I was thin and delicate. I lost color and was easily tired; a yellow pallor, pimples and blotches on my face were not only mortifying to my feelings, but because I thought my skin would never look nice again I grew despondent. Then my appetite failed, I grew very weak. Various remedies, pills, tonics and tablets I tried without permanent benefit. A visit to my sister put into my hands a box of Dr. Hamilton's Pills. She placed reliance upon them and now that they have made me a well woman I would not be without them whatever they might cost. I found Dr. Hamilton's Pills by their mild yet searching action very suitable to the delicate character of a woman's nature. They never once gripped me, yet they established regularity. My appetite grew keen—my blood red and pure—heavy rings under my eyes disappeared and to-day my skin is as clear and un-wrinkled as when I was a girl. Dr. Hamilton's Pills did it all."

The above straightforward letter from Mrs. J. Y. Todd, wife of a well-known miller in Rogersville, is proof sufficient that Dr. Hamilton's Pills are a wonderful woman's medicine. Use no other pill but Dr. Hamilton's, 25c. per box. All dealers or The Catarrh-ozone Co., Kingston, Ontario.

FROM DAWN TO DARK.

Dr. James L. Hughes, Toronto.
I love the vital glow of dawn
And song of lark;
When light's triumphant majesty
Shines out the dark;
When softly out of grateful hearts
Each flower and tree,
Of joy, and peace, and greater growth
Whispers to me.

I love the happy, busy hours
Throughout the day;
When in the sunlight men may work,
And children play;
When by achievement of his plans
May learn to see
New visions of a higher life,
And thus grow free.

I love the sunset, when the light
Paints its goodbye
In colors of exultant hope
Across the sky
So grandly, that all nature turns
To see the west;
And life in all its varied forms
Prepares to rest.

His Wife.

"He is very popular with his wife of late."
"And him a flirt. How does he do it?"
"She called him up the other day and said: 'Hello, darling, and he recognized her voice and replied: 'You have evidently made a mistake; I am not your darling. I have the dearest, sweetest, most beautiful wife in the world, and she is the only woman I permit to call me darling!'"

KNOW NOW

And Will Never Forget the Experience.

The tea or coffee drinker who has suffered and then been completely relieved by changing to Postum knows something valuable. There's no doubt about it.
"I learned the truth about coffee in a peculiar way," says a western woman (Tea is injurious because it contains caffeine, the same drug found in coffee). "My husband, who has for years, been of a bilious temperament, decided to leave off coffee and give Postum a trial, and as I did not want the trouble of making two beverages for meals I concluded to try Postum, too. The results have been that while my husband has been greatly benefited, I have myself received even greater benefit."

"When I began to drink Postum I was thin in flesh and very nervous. Now I actually weigh 16 pounds more than I did at that time, and I am stronger physically and in my nerves, while husband is free from all his ails."

"We have learned our little lesson about coffee and we know something about Postum, too, for we have used Postum now steadily for the last three years and we shall continue to do so."

"We have no more use for coffee—the drug drink. We prefer Postum and health."

Name given by Canadian Postum Co., Windsor, Ont. Read "The Road to Wellville," in pkgs.

Postum comes in two forms:—

Regular Postum—must be well boiled. 15c and 25c packages.

Instant Postum—is a soluble powder. A teaspoonful dissolves quickly in a cup of hot water and, with cream and sugar, makes a delicious beverage instantly. 30c and 50c tins.

The cost per cup of both kinds is about the same.

"There's a Reason" for Postum.
—sold by Grocers.

WHAT HIT HIM?

A Highlander's Experience at Lucknow.

Many queer things happen in war time. There is a story which is today repeated in Highland troops of a funny incident that befell one Johnny Ross of the 93rd Sutherland Highlanders at Lucknow, in India, during the great mutiny.

Before falling in for the assault on the begum's palace Johnny Ross and George Puller, with some others, had been playing cards in a sheltered corner, and in some way quarrelled over the game. They were still arguing the point when the signal was given to fall in, and Puller told Ross to "shut up."

At that moment a spent bullet hit Ross in the mouth and knocked out four of his teeth. Johnny thought it was Puller who had struck him, and at once returned the blow.

"You fool!" said Puller. "It wasn't I that struck you. You've got a bullet in your mouth!"

And so it was. Ross put his hand to his mouth and spat into it four front teeth and a bullet. He at once apologized to Puller for having struck him, and added: "How shall I manage to bite my cartridges now?"

Those were the days of muzzle-loading cartridges, which had to be torn open with the teeth when loading.

A SAD TRAGEDY

It often happens—your sore corn is stepped on. Why not use "Putnam's Corn Extractor." It cures in one day. Absolutely no pain with "Putnam's." Use no other, 25c. at all dealers.

Sure Thing.

Willie—Paw, what is hollow mockery?
Paw—A hungry parrot, my son.

Fairville, Sept. 30, 1902.
Minard's Liniment Co., Limited.
Dear Sirs,—We wish to inform you that we consider your MINARD'S LINIMENT a very superior article, and we use it as a sure relief for sore throat and chest. When I tell you I would not be without it if the price was one dollar a bottle, I mean it.

Yours truly,
CHAS. F. TILTON.

Ignorance must be bliss in the case of the fellow who never knows when he gets the worst of it.

INFORMATION FOR INVENTORS

Messrs. Pigeon, Pigeon & Davis, patent solicitors, Montreal, report that 137 Canadian patents were issued for the week ending January 26th, 1915, 110 of which were granted to Americans, 15 to Canadians and 12 to residents of foreign countries.

THE KING OF ITALY.

A Real Leader and Guide of His People.

In spite of his ministers, who wished to keep him in Rome to consult about war matters, the King of Italy as soon as he heard of the earthquake was off to Avezzano to study the catastrophe on the spot and see with his own eyes how best to minimize the disaster. When an earthquake wrecked Messina a few years ago he and the queen were everywhere and their example quickened endeavor and mitigated misery.

The King of Italy takes his position most seriously. He thinks a king should be the real leader and guide of his people. He has learned four or five modern languages thoroughly and is well read both in literature and science.

In person, though well shaped and good looking, he is very small, not more than 5 feet 2 inches in height, but, resenting the dispensation, he has taken every care to increase his strength by constant exercise and is now a very fair athlete.

In private life the King of Italy is really a charming companion, utterly without pose or affectation, meeting every one on the frankly human level. He often says that a good book and a long automobile ride are about the keenest pleasures of life; but he has made himself an admirable horseman and soldier and his duties as soldier and monarch leave him little time even for such innocent pleasures as automobiling and reading.

The little King of Italy has both heart and head. He is determined to leave Italy greater and richer and happier than he found her; and already he has done much.

Kind words are the brightest of home flowers; they make a paradise of the humblest home.

Kidney Disease in Every Symptom

WHY MRS. MARK FOUND QUICK RELIEF IN DODD'S KIDNEY PILLS.

New Brunswick Lady Who Suffered for Six Years Tells How She Found a Speedy Cure.

Miscoon Harbor, Gloucester Co., N.B., Feb'y 15th (Special).—"For some five or six years I was troubled with backache. I tried many tonics, but kept growing steadily worse, until I decided to try Dodd's Kidney Pills. They gave me almost immediate relief."

This is the statement of Mrs. A. Mark, well known and highly respected here. Asked to give more particulars in regard to her case, Mrs. Mark said:

"My trouble started with a cold, and gradually grew worse. I had stiffness in my joints and cramps in my muscles and suffered from neuralgia. I had heart flutterings and headaches, my sleep was broken and unrefreshing and I was always tired and nervous. I had dark circles under my eyes, I was irritable and often dizzy and had a bitter taste in my mouth in the mornings. I also had attacks of rheumatism."

"It just took three boxes of Dodd's Kidney Pills to fix me up." Every symptom Mrs. Mark mentions spells kidney disease. That's why she found such quick relief in Dodd's Kidney Pills.

GERMAN WAR MASTERS.

Theologians and Schoolmasters in the Firing Line.

Great satisfaction is expressed in German newspapers that so many pastors and students of theology are voluntarily serving at the front. Of the 168 pastors who have been called to arms in the Kingdom of Wurtemberg 90 are serving at the front, and of 170 divinity students at the Wurtemberg University of Tuebingen 150 have donned the Kaiser's coat.

It appears that in the German army of the Argonne there is an entire company composed of theologians. From all German universities with theological faculties the theologians are fully represented in proportion to their numbers. Very few of them care to serve as officers or N.C.O.'s, and are said to prefer serving in the ranks, where their influence among the ordinary soldiers is stated to be very great.

It is computed that 40,000 schoolmasters are serving, or nearly one-fifth of the entire number in the empire.

Up to the Minute.

Cranque—A wife is an expensive luxury.

Blanque—So is an automobile.

Cranque—Sure. But you can get a new model every year.

Sore Eyes
Granulated Eyelids,
Eye inflamed by exposure to Sun, Dust and Wind quickly relieved by **Murine Eye Remedy, No Smarting, just Eye Comfort. At Your Druggist's 50c per Bottle. Murine Eye Remedy 25c. For Book of the Eye Free Ask Druggists or Murine Eye Remedy Co., Chicago**

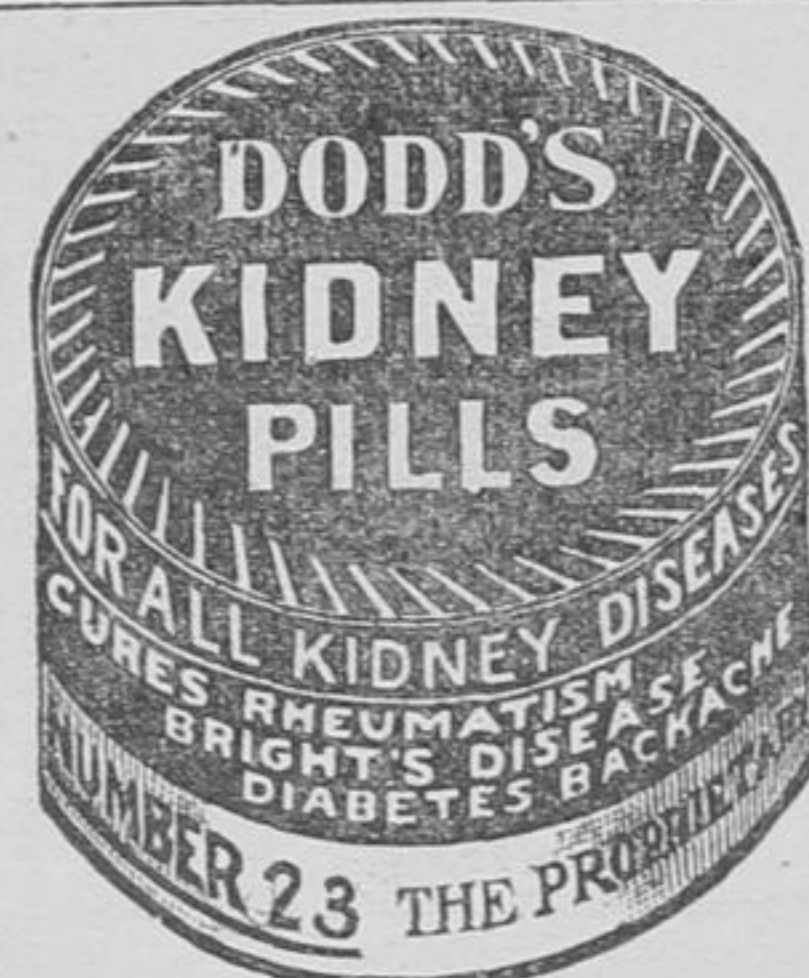
Guard well the door of your lips that no unchaste word, jest, or story, or slander or cutting remarks, no irreverent or untruthful statement shall pass out.

Minard's Liniment Cures Cargot in Cows.

Many a woman sits up for her husband in order to be prepared to sit down on him.

Minard's Liniment Cures Colds, Etc.

"I am thoroughly ashamed of this composition, Charles," said the teacher sternly, "and I shall certainly send for your mother and show her how badly you are doing." "All right," said Charles, cheerfully; "send for her. Me mudder wrote it."



HOW BRITAIN TREATS ENEMY.

Prisoners to Have Old English Mansion to Themselves.

The London Daily Mail says the British Government, at a cost of \$100,000, has converted Donington Hall, Leicestershire, one of the most beautiful old halls in England, into a home of rest for captured German officers, of whom it will accommodate nearly three hundred.

There are about sixty acres of parkland, with spacious lawns and charming views across the valley of the Trent. The house is finely appointed and contains a dining-room with carved oak panels, and a carved and polished elm ceiling, a smoking lounge, equal to that of a good hotel, six bathrooms with hot and cold water, and a shower bath; also a medical ward with a doctor and constant attendants. Electric light has been installed and all the compartments are heated.

There is also a canteen from which the prisoners can obtain wines and spirits of all the principal brands. They will be waited upon by German valets, shaved by German barbers and served with food by German waiters, captured in the German ranks.

Alongside the hall is an old chapel with stained glass windows, in which a German priest will conduct services. Beneath the window is the text of "Peace on Earth, Good Will Toward Men."

The Daily Mail says cynically: "One must suppose that the War Office has really at heart the idea of reforming the Prussian officers and by letting them soak in the suggestions of beauty and peace, showing them the difference between the 'Kultur' that watched Louvain burn and the culture inspired by a sunset in the valley of the Trent."

Lumbago's Misery Ceases Every Aching Muscle Cured

JUST RUB ON OLD TIME "NERVINE."

Not necessary to drug inside! That awful stiffness that makes you yelp worse than a kicked dog will be cured—cured for a certainty, and quickly, too, if you just rub on Nervine.

Rub Nervine right into the sore spot, rub lots of it over those tortured muscles, do this and the pain will go. You see Nervine is thin, not oily. Therefore it sinks in, it penetrates through the tissues, it gets right to those stiff, sore muscles and irritated nerves that make you dance with pain. You'll get almost instant relief from muscle soreness, stiffness, aching joints, lameness or rheumatism by rubbing with Nervine. It's a soothing liniment, and doesn't blister, doesn't burn or even stain the skin.

It's the most harmless cure in the world for Lumbago, Back Strain or Sciatica. It takes away the ache at once and ends your misery quickly.

Now quit complaining—don't suffer another day—Nervine, that good, soothing old-time liniment will limber you up mighty quick. Get busy to-day, the large 50c. family size bottle is the most economical, of course, the trial size costs but 25c. Any dealer anywhere can supply Nervine.

He—"My dear, the bank in which my money's deposited has gone smash through—"
She—"What a mercy you've got your cheque book at home, love!"

Minard's Liniment Cures Diphtheria.

When asked by her teacher, "Which of the feathered tribe can lift the heaviest weights?" a little girl replied, "The crane."

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Minard's Liniment Cures Distemper.

ENGINE FOR SALE
New Wheelock 18 x 42
Automatic Valve
Complete operating condition, flywheel, frame, belt, cylinders and all parts. Can be shown running at present time.
Will sell at less than half cost price.
S. FRANK WILSON & SONS
73 Adelaide St. West, Toronto

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Delicately flavoured—Highly concentrated.

WHY WORRY!
Choose your variety and ask your grocer for "Clark's".

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IF YOU WANT TO BUY OR SELL A Fruit, Stock, Grain or Dairy Farm, write H. W. Dawson, Brampton, or 90 Colborne St., Toronto.
H. W. DAWSON, Colborne St., Toronto.
NURSERY STOCK.
STRAWBERRIES, RASPBERRIES, POTATOES. Catalogue free. McConnell & Son, Port Burwell, Ont.
MALE HELP WANTED.
LEARN BARBER TRADE—ALWAYS sure employment at good wages; few weeks required to complete course write for full particulars and catalogue to-day. Moler Barber College, 219 Queen East, Toronto.
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CANCER, TUMORS, LUMPS, ETC., Internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

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Comprises knowledge of the water conditions, application of the correct reagents, careful supervision as to quantity and regulation of treatment.
Such thorough, scientific handling of Boiler Water propositions, results in the prevention of scale, corrosion, pitting and foaming, and consequently a great saving of money.
Individual analysis of water from your own boilers by our chemist will be made free of charge if you are interested in ridding your boilers of scale.
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BUT it needs looking after. Carbolated "Vaseline" will help it to heal quickly and prevent risk of infection. First aid treatment with
CARBOLATED Vaseline
Trademark
Made in Canada
It is a most effective antiseptic dressing for cuts, bruises, boils, and skin irritations of all kinds, such as eczema, poison ivy and barber's itch. Also good for corns.
AVOID SUBSTITUTES. Insist on "Vaseline" in original packages bearing the name, CHESEBROUGH MANUFACTURING CO., Consolidated. For sale at all Chemists and General Stores.
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