

PALE AND SICKLY BOYS AND GIRLS

Need All the Strength That Good Red Blood Can Give

Youth is the time to lay the foundation for health. Every boy and girl should have plenty of pure, red blood and strong nerves. With thin, impure blood they start life with a handicap too great to win success and happiness. Pure, red blood means healthful growth, strong nerves, a clear brain and a good digestion. In a word, pure blood is the foundation of health.

The signs of thin, impure blood are many and unmistakable. The pale, irritable boy or girl, who has no appetite or ambition, is always tired out, melancholy, short of breath, and who does not grow strong, is the victim of anaemia, or bloodlessness—the greatest enemy of youth.

There is just one thing to do for these boys and girls—build up the blood with Dr. Williams' Pink Pills for Pale People. You can't afford to experiment with other remedies for there must be no guesswork in the treatment of anaemia. Through neglect or wrong treatment anaemia gradually develops into the pernicious form which is practically incurable. Dr. Williams' Pink Pills work directly on the blood, giving it just the elements which it lacks. In this way these Pills build up every organ and nerve in the body, thus developing strong, rugged boys and girls. Miss Anna Loseke, Grand Forks, B.C., says: "I think that before taking Dr. Williams' Pink Pills I was one of the most miserable girls alive. I was hardly ever free from awful headaches, was as pale as a ghost, and could not go upstairs without stopping to rest. Now since taking the Pills the headaches have gone, my appetite is good and I am equal to almost any exertion, and you may be sure I will always recommend Dr. Williams' Pink Pills."

Sold by all medicine dealers or sent by mail, post paid, at 50 cents a box or six boxes for \$2.50 by writing direct to the Dr. Williams' Medicine Co., Brockville, Ont.

DOMINION ATLANTIC R. R.

Great Improvements Have Been Made on It by the C.P.R.

The record of improvements effected on the Dominion Atlantic Railway, which the Canadian Pacific Railway leased in 1911 for 99 years shows that new wharves have been built; 45 miles of new track have been ballasted; 30 miles of new 85-pound rails have been laid down; 120 cattle-guards have been filled and replaced by surface guards, while dozens of bridges have been either improved or rebuilt. In round figures, 6,000 feet of wooden bridges have been replaced, or will be replaced very shortly, by steel bridges, concrete arches, and rail top culverts. New brick stations have been built; a general renovation has taken place, costing many thousands of dollars. The new stations include those at Wolfville and Annapolis Royal, Mosherville, Patterson and Iberville. During the past two years 53 stations have been repaired and painted, and platforms have been erected. A new line from Centreville to Weston, 14 miles in extent, has been built in the most substantial manner. Both permanent work and the lighter things which needed attention have been carried out; and today the old Dominion Atlantic looks spick and span—looks as if it had taken on a new lease of life.

Death Nearly Claimed New Brunswick Lady

Was Restored to Her Anxious Family When Hope Had Gone.

St. John, N.B., Dec. 15th.—At one time it was feared that Mrs. J. Grant, of 3 White St., would succumb to the deadly ravages of advanced kidney trouble. "My first attacks of backache and kidney trouble began years ago. For six years that dull, gnawing pain has been present. When I exerted myself it was terribly intensified. If I caught cold the pain was unendurable. I used most everything, but nothing gave that certain grateful relief that came from Dr. Hamilton's Pills of Mandrake and Butternut. Instead of being bowed down with pain, today I am strong, enjoy splendid appetite, sleep soundly. Lost properties have been instilled into my blood—cheeks are rosy with color, and I think that day that I heard of so grand a medicine as Dr. Hamilton's Pills."

Every woman should use these pills regularly, because good health pays, and it's good, vigorous health that comes to all who use Dr. Hamilton's Mandrake and Butternut Pills.

You may whitewash a man's character without washing it white.

KHAKI LINE OF HEROES.

Their Achievement Has Never Been Equalled.

An officer in the Army Service Corps writes:—

You know, reading the home papers—I could almost wish that a horde of these gentry could descend on old England's shores. I don't think anything but that will ever arouse them to the awfulness of the thing that the thin (very, very thin in some places) khaki line in the trenches out here is fighting hard to keep from them; and that very thin line is doing each day something that has never been equalled even by the thin red line of bygone days. I am not patting myself on the back, for my work lies behind the trenches, and I take off my hat to every mother's son that is there. I should have thought that the recruits to the new Army would have exceeded the second million by now, and yet they don't seem to have got the first completed yet. If they could only take the youth of England on a personally-conducted tour along our lines here so that they could realize what we are up against, I think they'd join in a body; but, failing that, the best way to buck them up would be a hundred thousand Germans landing in England. I don't suppose they'd get very far, still, they would bring home to the smug arm-chair brigade as nothing else ever will something at least of the awful way in which Belgium and part of France has suffered. Those who are out here are doing miracles.

In the meantime, however confident one may be of the result, we are still a long way off that salvation, and the present battle is still raging backwards and forwards as fiercely as ever. As you said in your other letter, the old Scottish have done splendidly, and I am afraid, have lost rather heavily, but there isn't one regiment in the firing line that is doing better than one another; they are all doing their best, and a splendid best, too.

A Technical Error.

Husband—It seems to me that shrapnel has been the cause of most of the casualties.

Wife—But, George, isn't he a war correspondent, not a general.

INFORMATION FOR INVENTORS

Messrs. Pigeon, Pigeon & Davis, patent solicitors, Montreal, report that 105 Canadian patents were issued for the week ending Dec. 1st, 1914, 70 of which were granted to Americans, 21 to Canadians, 8 to residents of Great Britain and colonies and 6 to residents of foreign countries.

Of the Canadians who received patents 13 were residents of Ontario, 3 of Quebec, 1 of Alberta, 1 of Nova Scotia, 1 of Manitoba, 1 of British Columbia, 1 of New Brunswick and 1 of Saskatchewan.

Easy to Please.

New Girl—"What does your father like for breakfast?"

Little Mabel—"He always likes most anything we hasn't got."

I was cured of Rheumatic Gout by MINARD'S LINIMENT. ANDREW KING, Halifax.

I was cured of Acute Bronchitis by MINARD'S LINIMENT. LT.-COL. C. CREWE READ, Sussex.

I was cured of Acute Rheumatism by MINARD'S LINIMENT. C. S. BILLING, Markham, Ont., Lakefield, Que., Oct. 9, 1907.

Sea Dogs of Many Years.

Lord Fisher, who is only seventy-three, breaks no age records in returning to active service. In the earlier half of last century, when there was no regular system of retirement in the British navy, many captains well over that age were still anxiously waiting for promotion. In 1840 every captain on the list had held post rank since Trafalgar. Admiral Bowles took up his Devonport command in his eightieth year. Lord Dundonald—who just a century ago was stripped of his honors and put in the pillory on a false charge—was seventy-nine when he became "Admiral of the United Kingdom." In those days naval commanders were often accused of being too feeble to walk to their quarter-decks. Dundonald was a brilliant exception. In 1856, in his eightieth year, this "last of the old sea kings" offered to blow up the walls of Sebastopol. — London Chronicle.

And Food at War Prices.

He—Be mine, I cannot live without you.

She—Oh, go 'long; you've said that to many girls before.

He—Yes, but not when eggs were fifty cents a dozen.

IN GREAT DISTRESS FROM ECZEMA

Suffered Over Two Years. Grew Thin and Lost Appetite. Itching, Burning, Sore Eruption. Cuticura Soap and Ointment Completely Healed.

233 George St., Sarnia, Ont.—"I suffered for over two years with eczema which first appeared in small pimples and broke into red inflamed sores. They were very itching and when my clothing rubbed against them I was in great distress. I lost my rest at night and was much disfigured by the eruption. The eczema was so bad that I grew thin and lost my appetite. My hands, arms, face and various parts of my body were covered with an itching, burning eruption of sores and though I took many common and much recommended remedies they failed to do any good.

"I used Cuticura Soap and Ointment after about three weeks I was completely healed. I take pleasure in recommending them to any other needy sufferers from eczema or other eruptions of the skin." (Signed) Miss Bertha Allan, May 23, 1914.

Samples Free by Mail

A generation of mothers has found no soap so well suited for cleansing and purifying the skin and hair of infants and children as Cuticura Soap. Its absolute purity and refreshing fragrance alone are enough to recommend it above ordinary skin soaps, but there are added to these qualities delicate yet effective emollient properties, derived from Cuticura Ointment, which render it most valuable in overcoming a tendency to distressing eruptions and promoting skin and hair health. Cuticura Soap and Ointment sold by druggists and dealers throughout the world. Liberal sample of each mailed free, with 32-p. book. Address post-card "Cuticura, Dept. D, Boston, U. S. A."

RUSSIA'S AIRSHIPS.

Sikorsky Biplanes Are Able to Carry Twenty Passengers.

A good deal has been heard concerning the British and German aeroplanes, but the great Sikorsky biplanes used by the troops of the Czar have been overlooked. These machines, invented by a famous Russian named Sikorsky, are by far the biggest aeroplanes being flown in the war—in fact, they are the largest in the world. They stand 16 feet high and are about 100 feet wide.

The Sikorsky can carry almost as many passengers as a Zeppelin airship. Twenty men can be accommodated in the large passenger cabin, which is constructed of metal and contains numerous windows. In this machine three engines are fitted, which give a total of nearly 1,000 horsepower, for, owing to the Sikorsky biplane weighing in itself one and a half tons, and having so large a crew to carry, it demands high power to pull it off the ground and keep it in the air.

The weight of the machine has necessitated an elaborate landing chassis composed of numerous springs and pneumatic tubes, so that the huge biplane can alight safely on rough ground at a speed of sixty miles an hour.

Manslaughter in Second Degree

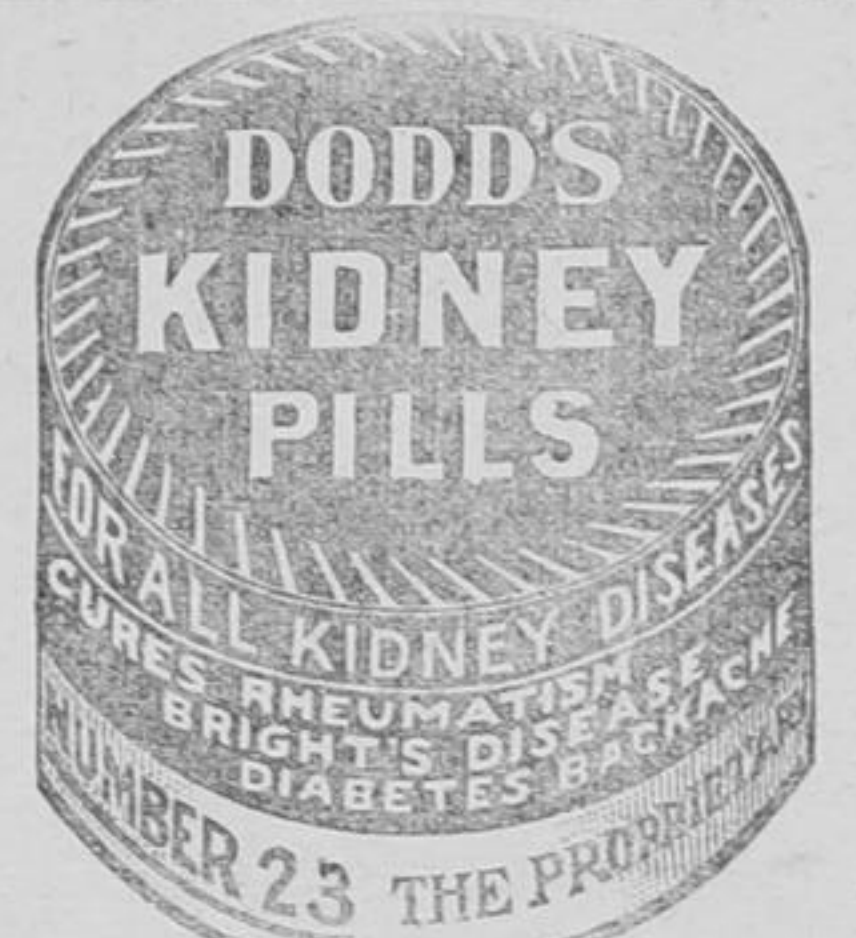
Cutting corners with a razor is dangerous and useless. The only remedy is Putnam's Corn Extractor, which removes corns and warts in one day. Because painless and safe, use only "Putnam's," 25c. per bottle at all dealers.

Happiness cannot be counterfeit; the real thing is too easily recognized.

Minard's Liniment Cures Garget in Cows.

The Scene Was Funny.

Paddy has a great power of enjoyment after all. One day as he was walking he saw a bull attack a man, and he had to hold his sides with both hands, the scene was so funny. After a time the animal turned his attention to him, and poor Pat, after exploring the upper regions, came down with a bump on the other side of the fence. He rubbed his wounds as he said to himself: "Faith, I'm glad I had my laugh when I did or I wouldn't have had it at all."



ED. 4.

ISSUE 52—14.

Story by Lord Minto.

A capital story which Lord Minto used to delight in telling was of an experience he had while he was Viceroy of India. One morning in Simla he wanted to speak to the Commander-in-Chief of the Indian Army before the latter started work for the day, so he set off unattended to pay an early call. When he arrived at the Commander-in-Chief's official residence he found his way barred by a sentry, who apparently did not recognize the visitor. Lord Minto explained that he wanted to see the Commander-in-Chief, but the sentry declined to allow him to pass. "But I am the Viceroy," protested his Lordship. The sentry looked at him with a pitying smile. "Ah," he said, thoughtfully, "we gets all sorts 'ere. Last week we 'ad a cove what kidded 'isself 'e was Queen Victoria's grandfather. We 'ad to put 'im in a strait-waistcoat, so you'd better push on."

25 German Shells to Kill a Man.

One of the things frequently noted by soldiers at the front in writing to relatives and friends is the extraordinary expenditure of bullets required to kill a man. A German report states that many German soldiers fired 4,000 cartridges apiece during the first month of the war. An English observer estimated that 25 German shells are wasted for every man killed by them. In 1870 it was calculated that the Germans fired 150 bullets and six shrapnel shells for every wounded Frenchman. In the Russo-Japanese War it is said 3,000 bullets were fired for every life lost.

Magie "Nerviline" Cures Toothache, Earache

IT RELIEVES EVERY EXTERNAL PAIN.

Cures Colds, Coughs, Sore Throat, Tight Chest and Hoarseness.

It's when sickness comes at night, when you are far from the druggist or the doctor, that's when you need Nerviline most. Experienced mothers are never without it. One of the children may have toothache. Without Nerviline—a sleepless night for the entire household. With Nerviline the pain is relieved quickly. It may be earache, perhaps a stiff neck, or one of the kiddies coughing with a bad chest cold. Nothing can give quicker results than vigorous rubbing with this old-time family remedy.

Nerviline is too useful, too valuable to be without. For lumbago, lame back, sciatica or neuralgia there is no liniment with half of Nerviline's power to penetrate and ease the pain.

As a family safeguard, as something to ward off sickness and to cure the minor ills that will occur in every family, to cure pain anywhere, you can find nothing to compare with old-time Nerviline, which for forty years has been the most widely used family remedy in the Dominion. The most economical size is the large 50c. family size bottle, small trial size 25c. All dealers sell Nerviline.

Ready For Him Both Ways.

Taylor—"This bill has been running for a long time. I'll have to begin charging you interest."

Owens—"It's against my principle to pay interest on my bills."

Taylor—"Well, pay the principal then."

Owens—"No; it's against my interest to pay the principal."

Minard's Liniment Cures Colds, &c.

Reckless Waste.

"They say that that young rouser Spenditt has committed suicide."

"Yes. The doctor says he swallowed enough poison to kill fifty men."

"Just like him! Extravagant to the last."

Sore Eyes

Granulated Eyelids, Eyes inflamed by exposure to Sun, Dust and Wind quickly relieved by Murine Eye Remedy. No Smarting, just Eye Comfort. At Your Druggist's 50c per Bottle. Murine Eye Salve in Tubes 25c. For Book of the Eye Free ask Druggists or Murine Eye Remedy Co., Chicago

Two Irishmen shovelling sand on a hot day stopped to rest and to exchange views on the labor question. "Pat, this is mighty hard work we are at." "It is indeed, Jimmy, but what kind of work is it you'd loike if you could get it?" "Well," said the other, leaning reflectively upon his shovel, "for a nice, aisy, clane business, I think I would loike to be a Bishop."

Minard's Liniment Cures Diphtheria.

Explorations within recent years have indicated that China has coal fields containing more fuel than all the rest of the world combined.

Minard's Liniment Cures Distemper.

Clark's Pork & Beans



Highest grade beans kept whole and mealy by perfect baking, retaining their full strength. Flavored with delicious sauces. They have no equal.

Don't expect a medal for being a meddler.

FARMS FOR SALE.

H. W. DAWSON, Ninety Colborne Street, Toronto.

IF YOU WANT TO BUY OR SELL A Fruit, Stock, Grain or Dairy Farm, write H. W. Dawson, Brampton, or 90 Colborne St., Toronto.

H. W. DAWSON, Colborne St., Toronto.

MISCELLANEOUS.

CANCER, TUMORS, LUMPS, ETC. Internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co. Limited, Collingwood, Ont.

PATENTS

OF INVENTIONS

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714 St. James St., - Montreal
Write for information

BOILERS

New and Second-hand, for heating and power purposes. Water Flumes, TANKS AND SMOKE STACKS.
POLSON IRON WORKS LIMITED TORONTO
Engineers and Shipbuilders.

Machinery For Sale

Engine, shafting, belting, pulleys, etc. from large factory for sale. Wheelock engine, 18 by 42, complete with cylinder frame, fly wheel, bearings, etc., all in good condition. Shafting from one inch to three inches, pulleys thirty inches to fifty inches, belting six inches to twelve inches. Will sell entire or in part.

NO REASONABLE OFFER REFUSED.

S. Frank Wilson & Sons,
73 Adelaide Street West, Toronto.

As hard as Steel and as Smooth as Velvet

That's the way to keep your Muscles—Supple and Strong.

British Army Liniment

Stands in a class by itself as a remedy for Stiffness, Rheumatism, Swellings, Wounds, Sprains, Neuralgia, &c., &c.

You should always keep a bottle of British Army Liniment in the house.

If your Storekeeper hasn't got it, write to
The Turner Co. Limited
Toronto

Snow-Mellow



FOR
Marshmallow Filling and Pliable Icing

Taking the place of whites of eggs, it works easily and is very economical. The icing will not crumble and break and the Marshmallow is finer and more easily prepared. A 25c. package makes ten to fifteen two-layer cakes.

Snow-Mellow

is as pure as snow—as wholesome as sugar—and in addition to your pastry work that you will welcome. Your friends will be loud in their praise. If you take pride in your pastry send 25c. in stamps or coin and we will mail a package, post-paid, with complete working directions.

THE W. E. OTT CO., INC.
32-34 Front St. W.,
TORONTO, CAN.

Minard's Liniment Cures Distemper.