# Good-Bye, Old Backache Aerviline Will Fix You!

Stiffness is Rubbed Right Out; Every Sign of Pain Disappears.

Gee whiz-think of it!

to cure your lame back. Every trace of lameness, every bit of stiffness, every sign of weakness in the back's muscles can be rubbed away

for all time to come by good old "Nerviline."

No other liniment can do the work so quickly, can penetrate so deeply, can bring ease and comfort to the back-weary sufferer as Nerviline invariably does.

Backache isn't the only malady Nerviline is quick to cure. For lumbago or sciatica you would go far to find relief so speedy as Nerviline gives. For chronic rheumatism there are pain-destroying properties in Nerviline that give it first rank. The way it limbers up a stiff joint and takes soreness out of strained or rheumatic muscles is simply a wonder.

If you have an ache or a pain anywhere, if you have a sore back, a stiff neck, a stiff joint, a strained muscleif you have lumbago, congested chest or sore throat, just try Nerviline. Rub it on plentifully-it won't blister, it can't do anything but cure you quickly. The large 50c. family size bottle is the most economical, of course, but you can, from any dealer, also get the 25c. small size of Nerviline, the king of all pain-relieving remedies.

#### A SPLENDID CAPITAL.

christiania, Denmark, Is Laid Out to Good Advantage.

Christiania probably is the most tastefully laid out capital of any state in Europe, Paris itself not ther of the Queen of Spain. excepted, says the Manchester Guardian. It owes its foundation entirely to King Christian IV. of Denmark, from whom it takes its name, who, in or about the year 1623 decided to erect for himself a new capital on the opposite side of the river to Oslo.

the city run at right angles and are hardly be an exaggeration to call For the most part the architecture is rather heavy in design, but the clear air that comes from the fiords tends to give the whole place a tone of lightness that it would otherwise lack. The River Aker contains a tance from the city, where practically the whole of the necessary power for the ever-growing manufacturing quarter of the Norwegian capital is generated. This quarter is rather rigorously restricted to the suburb of Sagene, on the north side of the city, since town planning is something more than a mere name in Norway.

The royal palace, which was built by Christian IV., is a handsome building of rather unattractive architecture. The interior has been much improved since Norway be- She-Certainly-if no one else marcame a separate kingdom and King ries me before then. Haakon took over the crown, and many of the rooms are distinctly English in their appearance. This is largely due to the taste of Queen Maude, who has equipped one or two of her private apartments as

# Let Them Speak

For Themselves

You needn't take anybody's word for the superiority of Post Toasties-

Get a package from your Grocer, pour some of the crisp, sweet flakes into a dish, add cream or milk, and a sprinkle of sugar if you wish.

Then be the judge of

# Post Toasties

The Superior Corn Flakes

-made from the hearts of the finest Indian Corn, skilfully cooked, seasoned, rolled and toasted.

Toasties are not ordinary "corn flakes," so remember when you want Superior Corn Flakes to ask your grocer for

# Post Toasties

Canalian Postum Cereal Co., Ltd., Windsor, Ont.

close replicas of the rooms at Sandringham and Marlborough House as possible. The university, which is one of the most notable of its kind in the whole of Northern Europe, though founded less than a century ago, now contains some fifteen hundred students, whose studies are modelled upon those at Oxford and No more stomach dosing necessary Cambridge. Its library is remarkably complete, comprising some 400,000 volumes, but it has few literary treasures, save some old Norse manuscripts.



Maurice of Battenberg.

First member of the Royal Family to be killed in the war. He was a cousin of King George and a bro-

A WARM WINTER.

June weather prevails in California, the ideal Wintering place, reached comfortably and conveniently by the Chicago and North Western Ry Four splendid trains daily from the new passenger terminal Chicago-The Overland Limited, fastest train to San Francisco; the Los Angeles Limited, three days to \$100 or more a flask (seventy-five The whole of the main streets of Land of Sunshine the famous San Francisco Limited and the California Mail. Illustrated folders describing the great extremely wide. Indeed, it would California Expositions, and also giving rates and full particulars, will be mailed promptl/ on application to B. H. Bennett, them squares rather than streets. General Agent, Chicago & North Western Ry., 46 Yonge St., Toronto, Ont.

#### A Reverse.

"I hear that Rogers has met with reverses since his marriage.'

"One reverse, anyway. He mar wonderful series of waterfalls in ried his stenographer and now inthe upper courses some little dis- stead of his dictating to her, she dictates to him."

> Granulated Eyelids, Eyes inflamed by exposure to Sun, Dust and Wind quickly relieved by Murino Eye Remedy. No Smarting. just Eye Comfort. At Your Druggist's 50c per Bottle. Murine Eye Salvein Tubes 25c. For Book of the Eye Free ask Druggists or Murine Eye Remedy Co., Chicago

He-I can't afford to marry for five years. Will you wait for me

Minard's Liniment Cures Diphtheria.

CANADA AND RUSSIA.

Possibility of Monthly Steamship Service Between Them.

The present war has brought Russian and British Empire interests much closer together, and with considerable enterprise the Russian Government has arranged to send the Nijni Novgorod, a Volunteer Fleet steamer, to Vancouver to see what business can be picked up. She will leave Vancouver on November 25th with several thousand tons of freight, delivered to her by the Canadian Pacific Railway. Indeed, so promising is the business that a second vessel, the Kiev, is scheduled to arrive at Vancouver early next month, leaving again for Russia on Christmas Day. This is evidently leading up to a possible monthly service between Canada and Russia, and though the Canadian Pacific Railway is at present only issuing through bills-oflading for freight, there is no reason why a passenger business should not grow up also. As a matter of fact the Canadian Pacific Railway, which handled the Novgorod at the Japanese ports on her Eastbound voyage, booked several passengers for Vancouver. The displacement of this vessel is

5,285 tons. There are many commodities which can profitably be exchanged between the two countries; for instance, grains, machinery, minerals, hides, furs, tea, cotton, tobacco, condensed milk, automobiles, apples, etc. The Russian Volunteer Fleet is an extensive and wellmanaged organization consisting of fourteen vessels, totalling about 75,000 tons. It has an excellent service from Vladivostock to Tsuruga and Shimoniseki-two Japanese ports. The steamers in its service were built mostly in Glasgow or Newcastle, the Novgorod coming from the yards of Armstrong, Mit- | ED. 7.



Used exclusively and Cuticura Ointment occasionally will promote and maintain a clear skin, free from pimples, blackheads, redness, roughness and other unsightly eruptions.

#### Samples Free by Mail

Cuticura Soap and Ointment sold throughout the world. Liberal sample of each mailed free, with 32-p. book, Address "Cuticura," Dept. K, Boston, U.S.A.

chell & Co., of Newcastle, and the Kiev from those of J. & S. Thomp

Mercury and the War.

son, of Glasgow.

Quicksilver has risen from \$35 to pounds). According to the Mining World, that is by far the highest price for mercury in modern times. nervous exhaustion. The annual production is about States and Austria-Hungary produce each about one-sixth of this amount, Italy a little more, and Spain nearly one-third. The war in Europe has shut off the Austrian supply, and made it difficult to transport the product of Italy and increased demand for mercury, which is now principally used in the manufacture of fulminate for explosive caps. Mercury is also used extensively in drugs and and instrument of precision. Formerly a considerable amount of quicksilver was used in silvering mirrors, and in the amalgamation ver from their ores; but mirrors are now silvered with nitrate of silver, and the cyanide process has virtually supplanted the amalgamation process in metallurgy

### How Teddy Lost the Bear

They say a sore corn interfered with his speed. Always apply Putnam's Corn Extractor. For fifty years it has been curing corns and warts. "Putnam's" never fails, Use no other, 25c. at all dealers.

### Ingenious Boy.

"No, Willie, dear," said mamma, 'no more cakes to-night. Don't you know you cannot sleep on a full stomach ?"

"Well," replied Willie, "I can sleep on my back."

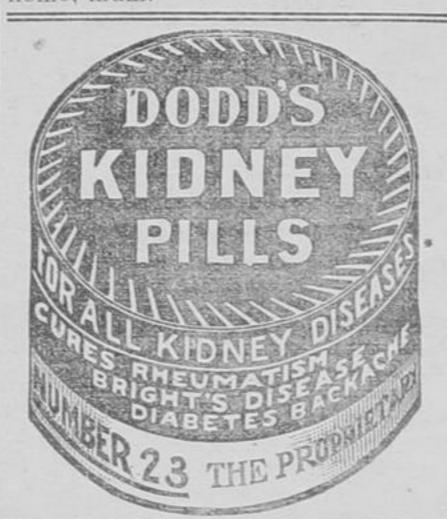
Minard's Liniment Cures Colds, &c.

### That's So.

Lady (to house agent)—The great disadvantage is that the house seems to be damp.

Agent - Disadvantage, madam? Advantage, I call it. In case of fire it wouldn't be so likely to burn.

"Are you married, my man?" a lady asked a sailor. "Yes, indeed, mum-married and fourteen children." "Poor fellow, travelling about like this! And don't you ever get homesick?" "Only when I'm home, mum.'



ALWAYS PLENTY OF TIME.

Loss of Day Nothing in Leisurely Holy Land.

In Jerusalem, town-time and train-time are different, forty minutes different and both are variable. Train officials say the train leaves for Jaffa at 6.40 in the morn ing; but 6.40 by train-time is 7.20 The by town-time. One morning when we were starting for Egypt, states a writer in The Atlantic Monthly, we ordered our carriage for seven o'clock Arriving at the station at 7.15 we found the train gone and the station empty. At last we rous ed out an official.

"Where's the train?" we demanded.

"Gone, Messieurs!"

"Gone! You've changed the hour of the train, then?"

"Non, non, Messieurs! The train leaves at the same hour always, but the time has changed. Yesterday 6.40 train time was 7.20 town-time. To-day 6.40 train time is 7 towntime. To-day 6.40 train time is 7 town-time. No, no," and he smiled patronizingly, "the trains always Colborne St. Toronto. leave at the same hour, our trains never change-it is the time that alters itself, not the train, Messieurs!"

We sought the telegraph office. "To the Hapag agent in Jaffa," we dictated, "Missed train. Cancel passage on boat for Egypt. Wire date of next sailing for Port Said. This was turned into flowery Turk ish and sent. A reply came soon.

"Plenty of time. Your boat will wait till to-morrow afternoon, for the water is so rough she cannot land her passengers and cargo to day. Plenty of time, if you care to take the train to-morrow."

# When a Woman Suffers With Chronic Backache

There is Trouble Ahead.

Constantly on their feet, attending to the wants of a large and exacting family, women often break down with

In the stores, factories, and on a 4,100 metric tons. The United farm are weak, ailing women, dragged down with torturing backache and bearing down pains.

Such suffering isn't natural, but it's dangerous, because due to diseased

kidneys.

The dizziness, insomnia, deranged menses and other symptoms of kidney complaint, can't cure themselves, they Spain. It has also caused a greatly require the assistance of Dr. Hamilton's Pills which go direct to the seat of the trouble.

To give vitality and power to the kidneys, to lend aid to the bladder and liver, to free the blood of poisons, probably there is no remedy so sucmedicaments, and in thermometers cessful as Dr. Hamilton's Pills. For all womanly irregularities their merit is well known.

Because of their mild, soothing, and healing effect, Dr. Hamilton's Pills are process of extracting gold and sil- safe, and are recommended for girls and women of all ages. 25 cents per box at all dealers. Refuse any substitute for Dr. Hamilton's Pills of Mandrake and Butternut.

### Away From Home.

Mrs. Whittler - What delightful manners your daughter has.

Mrs. Biler (proudly)—Yes. You see, she has been away from home so much.

Minard's Liniment Cures Distemper.

## The Practical Fellow.

"They say it takes more than a million years for the light from that star to reach the earth."

"Oh, piffle! Wh" it hasn't been dark more'n half an hour."

Minard's Liniment Co., Ltd. Gentlemen.-In July 1905 I was thrown from a road machine, injuring my hip and back badly and was obliged to use a crutch for 14 months. In Sept. 1906 Mr. Wm. Outridge of Lachute urged me to try MINARD'S LINIMENT, which I did with the most satisfactory results and to-day I am as well as ever in my life.

MATTHEW x BAINES. mark.

### Data Missing.

"Oh, George, am I as dear to you now as I was before we married?" "Can't say, exactly. I didn't keep any account of my expenses then."

Minard's Liniment Cures Carget In Cows.

### Moral Twisted.

The telephone in a physician's office rang madly the other day, and the following conversation took

"We want the doctor, quick!" "Who's sick at your house?"

"Everybody except me. I'd been naughty, so they wouldn't give me any of the nice mushrooms papa picked in the woods."

Visitor (to small boy)-"This is delicious jam. Did your mamma make it?" Small Boy-"She did most of the work, but I had a finger ISSUE 48-'14. in it."



FARMS FOR SALE.

H. W DAWSON, Ninety Colborne Street, Toronto.

F YOU WANT TO BUY OR SELL A Fruit, Stock, Grain or Dairy Farm. write H. W. Dawson, Brampton, or #4

H. W. DAWSON, Colborne St., Toronto.

NEWSPAPERS FOR SALE.

OOD WEEKLY IN LIVE TOWN IN York County. Stationery and Book Business in connection. Price only \$4,000. Terms liberal. Wilson Publishing Company, 73 West Adelaide Street, Toronto.

#### MISCELLANEOUS.

MANCER, TUMORS, LUMPS, ETC., internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co. Limited, Collingwood, Ont.



New and Second-hand, for heating and power purposes. Flumes. TANKS AND SMOKE STACKS.

POLSON IRON WORKS TORDATO Engineers and Shipbuilders.

AND GIRL



an hour. Just simply sell 24 packages of our assorted picture post cards. Each package contains 6 cards, which you sell for only 10c. A free coupon given with each package, will make your friends buy them on sight. Don't wait a minute, but order right now. You send no money until you have sold the cards, then send us the money you have received (\$2.40), we send you this

tiful ring in less than

ring, engraved, by return mail. Ask for our big catalog of premiums. Address feel sick!



Not Known in Canada.

Three varieties of the dog never bark—the Austrian dog, the Egyptian shepherd dog, and the "lionheaded" dog of Tibet.

Customer-How are your salted almonds? Fresh? Clerk-No'm;

When a man starts out to make a fool of himself he usually works overtime.

