

BABY RESTS AFTER BATH



With CUTICURA SOAP

Because of its extreme purity, delicate emollient properties and refreshing fragrance. Assisted by Cuticura Ointment it is equally effective in the treatment of heat rashes, itchings, irritations and chafings.

Samples Free by Mail
Cuticura Soap and Ointment sold throughout the world. Liberal sample of each mailed free, with 32-p. book. Address "Cuticura," Dept. K, Boston, U.S.A.

WANTED—A MOTTO.

Well to Have One as a Spur or a Guide to Success.

It is an extraordinary and significant fact that men who have risen to fame and fortune, especially those whose beginnings have been small, have always had a motto, a maxim, a proverb, as a spur or a guide to success.

When one of these great men "sits" for an interesting interview, and pulls back the curtain on his methods, invariably there comes the confession: "My motto was—"

And then he quotes the half-dozen words which seem to have been a life's inspiration to him. Noble families have felt the mesmeric influence of the family motto, and preserved their "nobility" in the best sense. School-boys have imbibed, for their good, the teaching wrapped up in their school's motto.

Fathers sending their sons out into the world have, not only on the stage, but in real life, said: "Good-bye, my boy! Remember that—"

And then comes the maxim they are to make their own. Certain it is there's something in it. So to "get on" we must get a motto. "Opportunity passes but once." "The open eye sees the open chance." "Custom follows courtesy." "Give the best, and you'll get it." "My policy—honesty." "Do it NOW."

Pick a good one and live up to it.

Many a man who is good has a sad look.

Breakfasts of "Other Days"

ran something like this:—

Ham, bacon or sausage; fried potatoes; doughnuts and coffee—prepared by overworked mothers.

Today's and Tomorrow's Breakfasts

run about like this:

Post Toasties

—with cream or fruits; a poached egg or two; crisp toast; and a cup of Postum—a royal starter for any day.

Quick, easy to serve, appetizing, and—

"Mother" has it easier!

—Sold by Grocers.

Canadian Postum Cereal Co., Ltd., Windsor, Ont.

POINTED PARAGRAPHS.

Most men reckon time by pay-days.

If the play is a frost the audience soon melts away.

Brides with sour dispositions are apt to spoil honeymoons.

Many a man who is good has a sad look.

The tastes of a millionaire may be imprisoned in a pauper's purse.

A man who can dispose of his troubles for a consideration is a genius.

Pride makes some people ridiculous and prevents others from becoming so.



A German Trooper.

Wearing the famous Death Head Hussar helmet. This was the regiment to which the Crown Prince was attached while at Danzig. It is said that but fifty men are left after the fighting in Belgium and France.

Lame Back Strengthened Stiffness Taken Right Out

Was Relieved in an Hour, and Cured Over Night.

A lame back? Quite unnecessary. All you have to do is to rub on Nerviline. It's simply a wonder for back-ache—relieves after one rubbing. "Nothing possibly could cure an aching back faster than Nerviline," writes Mrs. Arthur Kobar, of Lower Chelsea, N.S. "I caught cold and was so prostrated with pain I could not bend over. We always have Nerviline at home, and I had the painful region rubbed thoroughly with this grand liniment. At once the pain departed. The lameness was rapidly reduced and in an hour I was able to be about my household. I was rubbed again just before retiring, and awoke as usual in the morning without a sign of my back trouble."

There is no sort of muscular pain that Nerviline won't cure quickly. Thousands swear by it for rheumatism, neuralgia, sciatica and lumbago. It sinks to the core of the pain—right through muscle, tissue and nerve—it penetrates where no oily, greasy liniment can go and invariably cures quickly. If you have an ache or a pain anywhere—use Nerviline—it will cure you. Family size bottle, very large 50c; trial size 25c. at all dealers.

WHEN WOMEN FIGHT.

Instances Where They Have Shown Great Bravery.

Strangely medieval was the spirit with which the factory women of Liege recently repulsed the German invaders by pouring boiling water on their heads.

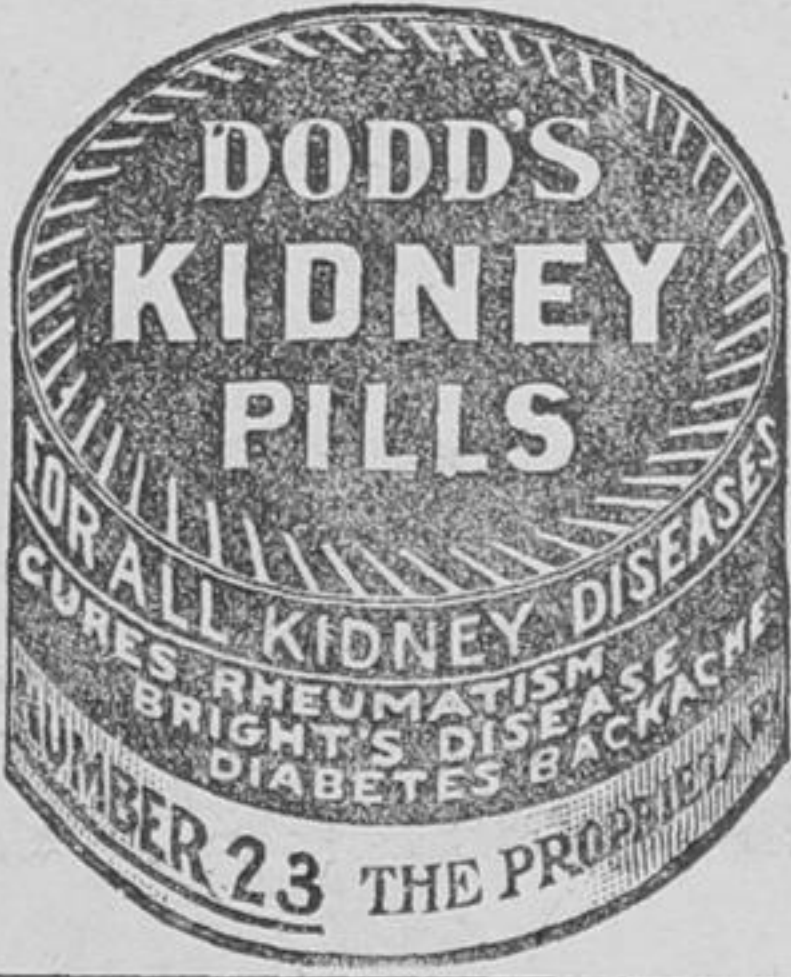
In years gone by it was quite a common occurrence for women to do their share of the fighting. When her lord went to battle it was left to his lady and retainers to guard the castle.

Gallant Lady Banckes, who held Corfe Castle in the Civil War against the Parliamentarians, has a monument erected to her memory at Ruislip, in Middlesex, England. Stones and hot embers were her weapons.

Black Agnes of Dunbar—so called from her dark hair and skin—is perhaps the best known of all. Left in charge of Dunbar Castle, a fine stronghold, by her husband, the Earl of March, she defended it against the English forces under the Earl of Salisbury in 1339. The countess, a grandniece of King Robert Bruce, possessed his spirit, and herself directed the men's efforts from the battlements. With great masses of rock she smashed the engine of the English, which was playing havoc with the castle walls.

For long, dreary weeks her indomitable will held the castle, hurtling stones and rocks on the besiegers, until Sir Alexander Ramsay reached her with aid from the sea, when the enemy left in despair.

Brides with sour dispositions are apt to spoil honeymoons.



RUSSIA WANTS A FREE PORT.

Ships Have to Pass Fortified Straits to Get to Ocean.

Now that we are all thinking of that new map of Europe, which is to usher in a permanent universal peace, it is interesting to recall the words of Spencer Walpole on the destiny of Russia. Writing in 1882, Walpole considered that the peace of Europe would continue to be threatened so long as Russia, with a population of 80,000,000—it is now more than 170,000,000—had no maritime outlet for her commerce under her own absolute control. The traffic of the Baltic must pass through a narrow strait, the White Sea is not always open, and every ship from the Black Sea must pass under the guns of Constantinople!

Would England or any other great nation, suggests Walpole, have tolerated with such patience the exclusiveness to which Russia is condemned? "As surely as the river seeks the ocean, so does every great people gravitate towards its natural outlet—the sea. It may be possible to direct its march, just as it is practicable to turn the course of a river. It would be as easy to stop the river as to arrest the nation."

Very Quarrelsome Neighbors

Names of the parties are: Corns and Toes—both very unhappy till the trouble was remedied by Putnam's Corn Extractor. Any corn goes out of business in 24 hours if "Putnam's" is applied—try it, 25c. at all dealers.

A Poser.

Son—Say, pop.
Father—Yes, son?
Son—What becomes of your lap when you stand up?

INFORMATION FOR INVENTORS

Messrs. Pigeon, Pigeon & Davis, Patent Solicitors, Montreal, report that 105 Canadian Patents were issued for the week ending September 22nd, 1914, 71 of which were granted to Americans, 21 to Canadians, 7 to residents of Great Britain and Colonies, and 6 to residents of Foreign Countries.

All things are possible, except making a bill smaller by filing it away.

Minard's Liniment Cures Dandruff.

Which.

Wife—I hired a new cook to-day, Lena Stout.
Hub—You did! And which is she?
Wife—Which what?
Hub—Lean or Stout

Dr. Morse's Indian Root Pills

are just the right medicine for the children. When they are constipated—when their kidneys are out of order—when over-indulgence in some favorite food gives them indigestion—Dr. Morse's Indian Root Pills will quickly and surely put them right. Purely vegetable, they neither sicken, weaken or gripe, like harsh purgatives. Guard your children's health by always keeping a box of Dr. Morse's Indian Root Pills in the house. They

Keep the Children Well

Consumption and Bronchitis

For the past three years COPELAND'S CURE FOR CONSUMPTION has been steadily winning confidence by its splendid record of results. Consumptives in all stages of this dread disease have been restored to the full vigor of life by the use of this medicine.

Hundreds

of testimonials, on file at our offices, testify to the remarkable results obtained even after noted doctors have given up all hope of recovery.

Are You a Sufferer?

If so Copeland's Cure for Consumption and Bronchitis will benefit you.

Sold By All Druggists

or a trial bottle will be sent prepaid on receipt of the regular price, \$1.00.

COPELAND MEDICINE COMPANY, Limited
Toronto, Ont.

General Douglas.

General Sir Charles W. H. Douglas, Chief of the Imperial General Staff, is little known to the public. A dour Scotch soldier, he participated in Roberts' famous march to Candahar, and served with distinction in India, Egypt and South Africa. In the last Boer war he was on the staff and so did little of the showy work, but his list of "mentioned in despatches" has rarely been excelled. Douglas would be mightily astonished if anybody cheered him, and he would probably consider it an impertinence. Anyway, his is not one of the faces that decorate picture postcards, and not one in a thousand would recognize his photo if they saw it.

Death Nearly Claimed New Brunswick Lady

Was Restored to Her Anxious Family When Hope Had Gone.

St. John, N.B., Dec. 15th.—At one time it was feared that Mrs. J. Grant, of 3 White St., would succumb to the deadly ravages of advanced kidney trouble. "My first attacks of back-ache and kidney trouble began years ago. For six years that dull gnawing pain has been present. When I exerted myself it was terribly intensified. If I caught cold the pain was unendurable. I used most everything, but nothing gave that certain grateful relief that came from Dr. Hamilton's Pills of Mandrake and Butternut. Instead of being bowed down with pain, to-day I am strong, enjoy splendid appetite, sleep soundly. Lost properties have been instilled into my blood—cheeks are rosy with color, and I think that day that I heard of so grand a medicine as Dr. Hamilton's Pills."

Every woman should use these pills regularly because good health pays, and it's good, vigorous health that comes to all who use Dr. Hamilton's Mandrake and Butternut Pills.

A Cure Needed.

Small Boy (to charitable lady) — "Please, mother says, she's much better of the complaint wot you gives her quinine for, but she's awful ill of the disease wot's cured by port wine and chicken broth."

A Sensible Merchant

Bear Island, Aug. 26, 1903.
Minard's Liniment Co., Limited.
Dear Sirs,—Your traveller is here to-day and we are getting a large quantity of your MINARD'S LINIMENT. We find it the best Liniment on the market making no exception. We have been in business 15 years and have handled all kinds, but have dropped them all but yours; that sells itself; the others have to be pushed to get rid of.

W. A. HAGERMAN.

Answered.

"How old are you, Bobby?"
"Six."
"And when were you six?"
"My last birthday."

Minard's Liniment Cures Burns, Etc.

A rifleman in telling a story said — "My aim is always to tell the truth." "Yes," said a brother private, "but you're the worst shot in the regiment."

YOUR OWN DRUGGIST WILL TELL YOU
Try Minard's Liniment for Red, Weak, Watery Eyes and Granulated Eyelids. No Smarting—just Eye Comfort. Write for Book of the Eye by mail free. Minard's Liniment Co., Chicago.

Giving Details.

Maud—Kitty married a man a good deal older than she, so I hear.
Marie—Older! Why, he's twice her real age and three times the age she says she is.

Minard's Liniment for sale everywhere.

King George's German.

A German accent, like a German name, is at a discount in England. But what would have been the feeling if war had come during the reign of Queen Victoria or of Edward VII.? Queen Victoria liked German above any other language, and made its use one of her household, or at any rate nursery laws. Edward the Seventh spoke it as fluently as he spoke English, and only when George V. came to the throne was there a complete divorce between the English Court and the Kaiser's native tongue. "I don't like it and I'll never learn it," was his Majesty's boyish way of meeting the family persuasions; and though to some extent he had to give way before parental pressure, he never got on to really good terms with a language for which he had an instinctive dislike. King George understands German perfectly, but it happens that he is the first of a long line of English Kings to speak it imperfectly.

Irrespective of the high cost of living, even a shower will send umbrellas up.

Minard's Liniment Relieves Neuralgia.

Food Supplies In War Time

Rumors are in circulation that we are unable to supply orders owing to the war demand. This statement is absolutely incorrect. We are filling our orders as usual. Insist on getting **CLARK'S** what you ask for

W. Clark, Limited
MONTREAL.

FARMS FOR SALE.

H. W. DAWSON, Ninety Colborne Street, Toronto.
IF YOU WANT TO BUY OR SELL A Fruit, Stock, Grain or Dairy Farm, write **H. W. Dawson**, Brampton, or 29 Colborne St., Toronto.
H. W. DAWSON, Colborne St., Toronto.

NEWSPAPERS FOR SALE.

GOOD WEEKLY IN LIVE TOWN IN York County. Stationery and Book Business in connection. Price only \$4,000. Terms liberal. Wilson Publishing Company, 75 West Adelaide Street, Toronto.

AGENTS WANTED.

AGENTS, UP-TO-MINUTE WAR BOOK and Combination Christmas Gifts are **SURE MONEY-MAKERS**. Handsome Samples Free; Best Terms. **ORDER NOW**; Postage twenty-five cents. Nichols Company Limited, Publishers, Toronto

FEMALE HELP WANTED.

LADIES TO DO PLAIN AND LIGHT sewing at home, whole or spare time; good pay; work sent any distance; charges prepaid. Send stamp for particulars. National Manufacturing Company, Montreal.

FOR SALE.

PHOTO WAR BUTTONS, 10 CENTS EACH prepaid. The King, Sir John French, Gen. Joffre, Admiral Jellicoe, and Souvenir of Valcartier Camp. Good Agents wanted. F. E. Simson, 401 Merchants Bank Building, Montreal.

MISCELLANEOUS.

CANCER, TUMORS, LUMPS, ETC., internal and external, cured without pain by our home treatment. Write us before too late. Dr. Belman Medical Co., Limited, Collingwood, Ont.

PATENTS OF INVENTIONS

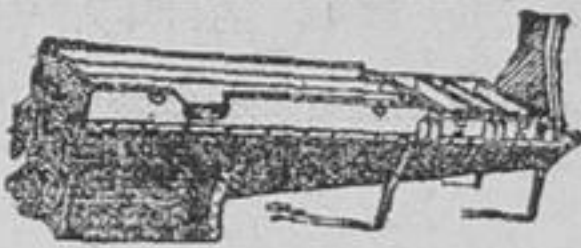
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71a St. James St., - Montreal
Write for information

BOILERS

New and Second-hand, for heating and power purposes. Water Flumes, TANKS AND SMOKE STACKS.
POLSON IRON WORKS LIMITED TORONTO
Engineers and Shipbuilders.

Your Last Chance!

Canada's Troops off to the war. Just before embarking 21 magnificent copyright views were taken, including two large panoramic cards and handsome Souvenir booklet. Yours for 35c. post-paid. Trade supplied. Agents wanted.
T. H. DAVIES
525 St. Paul St. - Montreal.



Government Protection of the Maple Syrup Industry means better prices for the Farmer

Farmers! Wake up to your golden opportunity. Get busy with your Maple Groves! Consumers will now want the genuine Maple Syrup in largely increased numbers. Install your Evaporator before the cold weather sets in and make sure of handsome profits during 1916. Write for free booklet concerning our "Champion" Evaporator.

THE GRIMM MFG. CO., LIMITED
58 Wellington St., Montreal, Que.

Very Independent.

A young Irishman entered a chemist's shop, pointed to a stack of castile soap, and said—"Oi want a lump o' thot." "Very well, sir," said the assistant. "Will you have it scented or unscented?" "Oi'll take it with me," said the Irishman.

MOTHERS

REMEMBER! The ointment you put on your child's skin gets into the system just as surely as food the child eats. Don't let impure fats and mineral coloring matter (such as many of the cheap ointments contain) get into your child's blood! Zam-Buk is purely herbal. No poisonous coloring. Use it always. 50c. Box at All Druggists and Stores.

USE ONLY ZAM-BUK FOR CHILDRENS SORES