Rheumatism Goes Quickly Its Virus Forever Destroyed

EVERY CASE IS CURABLE.

Good-bye to Rheumatism! Your aching joints, your stiff, sore

muscles, those sleepless nights and suffering days-good-bye forever- and his little book 'The War your day is gone.

good news below. "A man met me a month ago, and said, 'don't stay crippled, quit com-

plaining, limber up.' My answer was, 'I'm rheumatic, I can't do it.' He looked me over in a pitying sort of Emperor, who said: 'The Emperor's way and told me to go to the nearest word must not be twisted or exdrug store for Nerviline and Ferrozone. The combination had cured him. I was convinced of his sincerity and followed his instructions. I rubbed on Nerviline three times every day-rubbed it right into my aching form; you have thereby received a joints. The pain quickly lessened, and I became more limber and active. To draw the virus of the disease from my blood I took two Ferrozone Tablets with every meal. I am well today, not an ache, not a pain and no sign of stiffness at all."

What Nerviline can do in a case like this it can do for you too. For nearly forty years Nerviline has been recommended for Rheumatism, Lumbago and Sciatica and Lame Back, sent day." It is the one remedy that never disappoints.

SOME LONELY ISLANDS.

May Not Hear of War for Two think it necessary." Years.

Though scientific progress has made it possible to do a double journey between England and America in a fortnight, there remain many islands with which it takes years to communicate.

Off the Scottish coast are the groups of islands known as the Hebrides, Orkneys and Shetlands. Of these the most isolated island is St. Kilda, some three miles long and PLEASED TO RECOMMEND two miles broad. The inhabitants lead lives of great loneliness, for it takes a month to get to the next island and the sea often makes any communication with St. Kilda impossible for months.

lands in the Pacific has a total population of only 158, while another bles, constipation, loss of sleep and account of the climate at sea level little bit of the British empire is Fanning Island. This is a landing children should be without them." latitude. Here and there in the place for the Pacific submarine capeople in the place.

inhabited island in the empire. It Brockville, Ont. is 1,800 miles from land, has a population of 74 Scottish Americans, and the inhabitants get news of the outer world usually once every two years.

LIGHT BOOZE

Do You Drink It?

A minister's wife had quite a tussle with coffee and her experience is interesting. She says:

training as a nurse, while on night duty, I became addicted to coffee drinking. Between midnight and four in the morning, when the patients were asleep, there was little to do except make the rounds, and it was quite natural that I should want a hot cup of coffee about that time. I could keep awake better.

"After three or four years of coffee drinking I became a nervous wreck and thought that I simply could not live without my coffee. All this time I was subject to frequent bilious attacks, sometimes so severe as to keep me in bed for several days. (Tea is just as injurious as coffee because both contain the drug caffeine.)

"After being married, Husband begged me to leave off coffee, for he feared that it had already hurt me almost beyond repair, so I resolved to make an effort to release myself from the hurtful habit.

a few days felt the languid, tired feeling from the lack of the coffee drug, but I liked the taste of Postum, and that answered for the breakfast beverage all right.

"Finally I began to feel clearheaded and had steadier nerves. After a year's use of Postum I now feel like a new woman-have not had any bilious attacks since I left off coffee."

Name given by Canadian Postum Co., Windsor, Ont. Read "The Road to Wellville," in pkgs.

Postum comes in two forms: Regular Postum - must be well boiled. 15c and 25c packages.

Instant Postum-is a soluble powder. A teaspoonful dissolves quickly in a cup of hot water and, with so thick and warm as that which cream and sugar, makes a delicious beverage instantly. 30c and 50c tins.

The cost per cup of both kinds is about the same. "There's a Reason" for Postum.

RESPONSIBLE ONLY TO GOD.

Kaiser Looks On Himself as Instrument of the Lord.

Mr. J. M. Kennedy, says the London Daily Express, has collected a series of illuminating quotations from the Kaiser's speeches, Lord," gives a complete picture of Sufferer, cheer up, and read the the ruthless egomaniac who has plunged Europe into mourning. Here is what Wilhelm of Hohenzollern says about himself:

"Remember the maxim of an old plained away.' ''

"Shame on the man who abandons his king!"

"You wear the Emperor's unipreference over other men."

"I am the possessor of an inflexi ble determination to proceed fearlessly in the path that has once been recognized as the right one, and this in spite of all opposition.'

"As I look upon myself as an instrument of the Lord, I am indifferent to the point of view of the pre-

"The soldier must not have a will

of his own-they must all have only one will, and that will is mine." "A ruler may be very disagree-

able, and I will be disagreeable if I "There is only one law-my law

the law which I myself lay down.' "The King holds his power by the grace of God, to whom alone he is responsible. He chooses his own path, and only decides his actions

from this point of view." "There is only one master in this country. I am he, and I will not tolerate another."

BABY'S OWN TABLETS

ABOUT ARCTIC COLD.

Misconceptions in Regard to the Temperature.

There is a common belief, writes Capt. Villijalmur Stefansson in the Bulletin of the American Geographical Society, that Arctic travellers are the best authorities on the effects of extreme cold. That idea has its origin in a hazy understand-During the two years of my ing of the physical truth that, other things being equal, the farther you go toward the pole, the lower becomes the average temperature.

But altitude and the presence or absence of large bodies of water are about as important factors as latitude in determining temperature. All of us know that, but the thinking habits of ancestors who did not know it are so strong upon us that we do not make actual use of that

knowledge. The Meteorological Service of Canada has regular observers, among other places, in Manitoba and at Herschel Island. Manitoba is an agricultural province, whose largest city has a population of nearly two hundred thousand, and with a climate that allows successful grain farming wherever the soil is suitable. Herschel Island is a whaleman's rendezvous about a thousand miles farther north; its only permanent inhabitants are Es-"I began taking Postum, and for kimos; it lies on the northern coast of our continent, far out of the way of any warm current from either the Atlantic or the Pacific, and yet for ten years its temperature has never fallen as low as the lowest record in Manitoba-and this measured with instruments of the same sort, made by the same maker, and tested and carefully compared with the same standard in Toronto.

Up to May, 1908, the lowest recorded temperature for Herschel Island was -54 deg. Fahrenheit; for Manitoba, -55 deg. Fahreneit. And yet the Manitoba cold seldom prevents the young people of the farms from riding in singing sledfuls to dances six or ten miles away-clad, too, in clothing that is not nearly the poorest Eskimo wears in similar temperatures and under similar conditions.

It is true that a tourist often writes more interestingly about a -sold by Grocers. place than its oldest inhabitant can.

Skin Much Inflamed, Itched and Smarted. Could Not Wear Shoes. Cuticura Soap and Ointment Entirely Healed.

Victoria St., Thetford Mines West, Que. One day I was repairing a valve on top of a boiler when a steam pipe close to my feet burst scalding both. Blisters came on my feet and I could not wear my shoes. The skin was very much inflamed and it gave me such pain that I could not sleep at night. I was treated for ten days with no improvement so tried oint-

ments but none did any good. "One day I came across the Cuticura advertisement and decided to try a sample. The Cuticura Soap and Ointment gave me such relief and stopped the itching and smarting so quickly that I bought a box of Cuticura Ointment and some more Cuticura Soap. Now the wounds are entirely healed and the scars have quite (Signed) William Neck, disappeared." Jan. 31, 1914.

Samples Free by Mail

In selecting a toilet soap why not procure one possessing delicate emollient properties sufficient to allay minor irritations, remove redness and roughness, prevent pore-clogging, soften and soothe sensitive conditions, and promote skin and scalp health generally? Such a soap combined with the purest of saponaceous ingredients and most fragrant and refreshing of flower odors, is Cuticura Soap. Cuticura Soap and Cuticura Ointment are sold by drugglsts and dealers everywhere. Liberal sample of each mailed free, with 32-p. Skin Book. Address post-card Cuticura, Dept. D. Boston, U. S. A.".

Arctic literature is interesting enough; the trouble with it is its inaccuracy and exaggeration. An Will Eskimo reporter on a New York daily might possibly write an amusing account of a sultry July afternoon in the tenement district, but would it be likely to be accurate? Mrs. Henri Bernier, Anceline, It would give a reader in Paris no Que., writes: "It is with pleasure very clear idea of the summer clithat I recommend Baby's Own Tab- mate of New York; neither do some simple fevers. No mother of young in the regions about 70 deg. north The Tablets are guaranteed to be book you read of the terrible cold be given to the youngest child with the tabulated temperatures in the The loneliest of all parts of Bri- perfect safety and good results. appendix, and you may find "-36 tish territory is the Island of They are sold by medicine dealers deg." corresponding to your day of Tristran D'Acunha, in the South or by mail at 25 cents a box from horrors. No doubt it was horribly Atlantic which is also the smallest The Dr. Williams' Medicine Co., cold to a man who had grown to middle life in southern England, where the skating on small ponds is safe only in a "hard" winter. A Manitoban might forget to make a weather entry in his diary on a day vocabulary.

Muelhausen's Treasure.

Muelhausen in ancient times was known to fame as the seat of the Anabaptists. Now it is a city of 85,000, with a forest of smokestacks rising from the factories. In the older part are many art treasures, including a famous house of the Knights of St. John, beautiful Schwarzenberg Place, with its bubling fountain, its notable old pray for? cathedral with a carved door, the admiration of experts, and many other evidences of a gilded past.

Toys From Black Forest.

The Black Forest is the traditional home of nearly all the toys that delight children. The most skilful wood carvers in the world live there in humble surroundings. Whole families are engaged in toy making. Even the children help. No other nations can compete with the Germans and the Austrians in the manufacture of jointed and bisque

Minard's Liniment Relieves Neuralgia.

Fighting Again.

"Why, Willie," said the teacher, in a pained voice, "have you been fighting again? Didn't you learn when you are struck on one cheek you ought to turn the other one to the striker?" "Yes'm," agreed Willie, "but he hit me on the nose, and I've only got one."

Granulated Eyelids, Eyes inflamed by exposure to Sun, Dust and Wind quickly relieved by Murine Eye Remedy. No Smarting. just Eye Comfort. At Your Druggist's 50c per Bottle. Murine Eye Salvein Tubes 25c. For Book of the Eye Free ask Druggists or Murine Eye Remedy Co., Chicago

Demanded Her Rights.

Lawyer-You say you told the cook to get out of the house the minute you found it was on fire, and she refused to go?

Mrs. Burns-Yes, she said she must have a month's notice before she'd leave.

Minard's Liniment Cures Burns, Etc.

SMALLEST REPUBLIC SAFE.

European Powers Don't Trouble to Annex It.

If there is an advantage in a country being large there is also an advantage in its being small, provided it is small enough, says the Wall Street Journal. The Republic of Maresnet, also called Klemis. and sometimes Alterberg, owes its independent existence to the fact that it is so small that the European powers don't even take the trouble to annex it.

Maresnet lies on the border of Belgium and Prussia, between Verviers and Aix-la-Chapelle. It has an area of 1,400 acres, a population of 3,500.

At one time the community belonged to Austria. It was later annexed by France and made the subject of quite a little dispute between Napoleon I. and the Prussians. But at the Congress of Vienne, 1815, nobody seems to have thought of Maresnet, and to this 14,000. Terms liberal. Wilson Publishday the country is an independent republic. For a time there was some dispute between Belgium and Prussia about the territory on account of the rich cadmium mine located there, but even this is now ex-

The republic has an administrator of its own, composed of a burgomaster and 10 members of a council. The burgomaster is both a Prussian and a Belgian subject. The inhabi- us before too late. Dr. Bellman Medical tants speak both German and French, and decide individually whether they will perform military service for Prussia or for Belgium. | Heart-Stirring Scenes in London

Maresnet has not yet been heard from in the present conflict.

Any Sour Stomach

Relieves Fullness After Meals.

"When I was working around the farm last winter, I had an attack of inflammation," writes Mr. E. P. Dawkins, The group of eight Phoenix is- lets, which I have given my little of the documents of the Franklin of Port Richmond. "I was weak for a ones for stomach and bowel trou- Search give a strictly unimaginative long time, but well enough to work until spring. But something went wrong with my bowels for I had to use other poor spent creatures have salts or physic all the time. My lived their lives and have had their stomach kept sour, and always after day eating there was pain and fulness, and ble, and usually there are about 100 free from injurious drugs and may and the suffering it caused; turn to all the symptoms or intestinal indigestion. Nothing helped me until I do our best to nurse them back to used Dr. Hamilton's Pills. Instead of hurting, like other pills, they acted reinstate them; and we must exact very mildly, and seemed to heal the bowels. I did not require large doses to get results with Dr. Hamilton's Pills, and feel so glad that I have found a mild yet certain remedy. To-day I am well-no pain, no sour stomach, a good appetite, able to digest anything. medicine to do, and I can say Dr. that exhausted the Englishman's Hamilton's Pills are the best pills, and my letter, I am sure, proves it.

Refuse a substitute for Dr. Hamilton's Pills of Mandrake and Butternut, sold in yellow boxes, 25c. All dealers, or The Catarrhozone Co., Kingston,

What He Prayed For.

"Bobby I suppose you say your prayers every night.' "Yes'm."

"And what are the things you

"Mostly that pop won't find out what I've been doin' through the

Baltimore, Md., Nov. 11, 1903. Minard's Liniment Co., Limited. Sirs,-I came across a bottle of your out of danger " MINARD'S LINIMENT in the hands of one of the students at the University of Maryland, and he being so kind as to coming again." let me use it for a very bad sprain, which I obtained in training for foot races, and to say that it helped me would be putting it very mildly, and I therefore ask if you would let me know of one of your agents that is closest to Baltimore so that I may obtain some of it. Thanking you in advance I remain, Yours truly,

W. C. MCCUEAN. 14 St. Paul street,

Care Oliver Typewriter Co. P.S.-Kindly answer at once.

And many a timid man gives another credit for his own ideas be-

cause he isn't sure of their merits. Minard's Liniment for sale everywhere.

Did a Lot For Him.

"You can't convince me," said the little man with the ragged trousers, "that you can bring up children right by talkin' to 'em and lettin' it go at that. You've got to use the rod, or you'll spoil the child. I used to git about three lickin's a day on the average." "It doesn't seem to have done very much for you," replied the lady with the protruding jaw. "It has done a lot for me. If they'd let me go my own way I might almost have been a failure in life."

Supplied the Incentive.

"Badger says his wife is largely responsible for his business success."

"Well, she certainly made it necessary for him to buckle down and earn more money."

Food Supplies In War Time

Rumors are in circulation that we are unable to supply orders owing to the war demand. This statement is absolutely incorrect. We are filling our orders as usual. Insist on getting CLARK'S what you ask for CLARK'S

> W.Clark, Limited MONTREAL.

PARMS FOR SALE

H. W. DAWSON, Ninety Colborne Street, Toronto.

F YOU WANT TO BUY OR SELL A Fruit, Stock, Grain or Dairy Farm, write H. W. Dawson, Brampton, or 94

H. W. DAWSON, Colborne St., Toronto.

NEWSPAPERS FOR SALE.

1 OOD WEEKLY IN LIVE TOWN IN W York County, Stationery and Book Business in connection. Price only ing Company, 72 West Adelaide Street

SEED POTATOES.

TEW BRUNSWICK SEED POTATOES .be probably the best time to buy your seed potatoes for next year. Write me for price list of Varieties. C. Fred Fawcett, Upper Sackville, N.B.

MISCELLANEOUS. ANCER. TUMORS, LUMPS, ETC., internal and external, cured without pain by our home treatment. Write Co., Limited. Collingwood, Ont.

PLIGHT OF REFUGEES.

When Exiles Arrive.

It just tugs at the heart-strings to see refugees on their arrival in London, writes a correspondent. Dead beat mentally, they want to lie down and rest and forget that there are Germans and that their country lies devastated an scarred. They are too tired and heartsick even to weep.

Even the children are stolid; they would line up and follow a leader for mile after mile now in utter hopelessness. The boys and girls will recover, but many of the

They are here with us, we must the joy of living again; we must a terrible vengeance on their op-

One family which arrived at Charing Cross consisted of an old man and woman, a younger couple, probably their son and daughter-in-This is a whole lot of good for one law, four tiny children of ages between three and eight years, and twins in a perambulator.

A Professional Hardship.

Maid-My brother is a cook in

the navy.

Bridget-Shure it must be turhible to be a cook where ye can't

For Married Men Unly

quit when ye feel like it.

When your razor is dull as a hee, ask your wife if she wasn't paring her corns. Get her Putnam's Corn Extractor; it's the only painless and safe cure. All dealers sell "Putnam's" at 25c. per bottle.

Another Crisis.

"Well, madam, is your husband

"It isn't quite sure, the doctor is

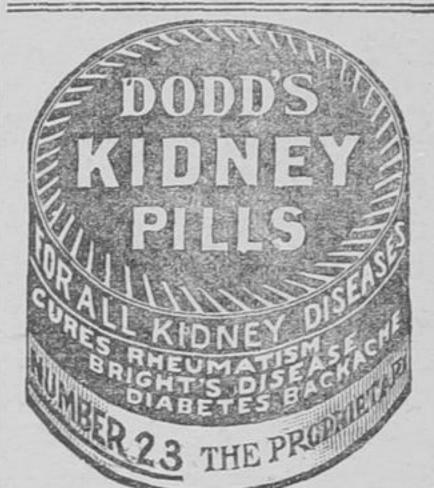
Minard's Liniment Cures Dandruff.

Wouldn't be Ignored.

Elsie is a self-willed child. One evening while her brother was studying his lessons, she asked him something. Getting no reply, she repeated her question, and again repeated it with increasing petulance. Her mother said rebukingly: "Don't annoy your brother, Elsie. Can't you see that he's busy?"

"I know," replied the child; 'but he might at least have said: Shut up!"

A wise man declines to take a drink between drinks.



EB. 7.

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