

A Nova Scotia Case of Interest to All Women

Halifax Sends Out a Message of Help to Many People.

Halifax, N.S., Dec. 15.—When interviewed at her home at 194 Argyle St., Mrs. Haverstock was quite willing to talk of her peculiarly unfortunate case. "I was always 'blue' and depressed, felt weak, languid and utterly unfit for any work. My stomach was so disordered that I had no appetite. What I did eat disagreed. I suffered greatly from dizziness and sick headache and feared a nervous breakdown. Upon my druggist's recommendation I used Dr. Hamilton's Pills.

"I felt better at once. Every day I improved. In six weeks I was a well woman, cured completely after different physicians had failed to help me. It is for this reason that I strongly urge sufferers with stomach or digestive troubles to use Dr. Hamilton's Pills."

Dr. Hamilton's Pills strengthen the stomach, improve digestion, strengthen the nerves and restore debilitated systems to health. By cleansing the blood of long-standing impurities, by bringing the system to a high point of vigor, they effectually chase away weariness, depression and disease. Good for young or old, for men, for women, for children. All dealers sell Dr. Hamilton's Pills of Mandrake and Butternut.

QUEEN OF ITALY.

Lovely in Person and Has Great Influence with the King.

Helene of Italy is the one queen of Europe most ideally a true wife and mother. Her husband's interest rests safely in her keeping. She will never betray him that the Slavs may triumph. Her little son is Italian, and the sovereignty of Italy will be his some day. His mother, bending over his bedside every night as she tucks in the coverlet with those busy, kind, practical hands, performing the sweet service which is honored by the lowly but often scorned by the high, is thinking these days of the future of her son, not of the future of the Slav.

One can rest assured that she is thinking of the future of the Italian people also. She has lived among them for eighteen years and spent eleven of them after her marriage without going back to her old home in Montenegro, a comparatively short distance away and a land which she loves. It was a sacrifice she made in order to prove to her husband's subjects that she had come to dwell among them and remain as one of them, and that her marriage did not mean that she was to be open to the predominating dictation of Russia in Montenegro.

The Queen of Italy is lovely in person, as all the world knows, endowed beyond that with force of character. This is the explanation of her influence upon the King. Feminine beauty merely of face and form never has and never will sway the minds of men and dictate the foreign policy of a state. Force of character, with sincerity of devotion, but without beauty, has done it dozens of times. Allied with

beauty, making its appeal complete, it has often proved equal to stupen-



Queen Helene of Italy.

dous tasks in the high councils of government.

DOUBLE TRACKING C.P.R.

The East Will Be Similarly Treated As the West.

While the vast enterprise of double tracking the entire Canadian Pacific system is one that cannot, in the nature of the case, be fully realized for years, yet when it is stated that there will be shortly 1,005 miles of double track between Port Arthur and Calgary, leaving gaps of only something like 165 miles—one gets a realizing notion of the work involved, of great distance covered and of the courage and persistence involved in this large and notable undertaking of duplicating the whole system, which comprises some 13,000 miles of track. Of course the chief consideration is the West, whose rapid development called for this new policy; but the East will be similarly treated in time, especially the lines which connect large centres of population, and promise bigger business. The cost will be so enormous as to baffle exact figures at the moment; the double tracking, too will be built in a vastly different way from the original railway, which was put through in a tremendous hurry. The present double tracking will offer a finished railway, in every respect both as regards the weight of rails, the strength of bridges, and the perfection of roadbed. Thus applied, the new policy will work out for immediate return.

TEXTILE MILLS ARE BUSY.

Present Conditions Are Favorable to Full Operation.

The stimulating effect of present conditions upon the Canadian cotton industry has resulted in the resumption of full working time in the ten mills of the Dominion Textile Co., Limited. During the eight months prior to the commencement of the war in Europe the 7,000 employees of this company were working on an average only 70 per cent. of full time. Since the outbreak of hostilities they have been working full time, and if the present demand for Canadian cotton continues, as is likely to be the case, overtime and double shifts in certain departments will be necessary.

The operation at full capacity of the ten mills of the Dominion Textile Co., Limited, will mean the placing in circulation annually of upwards of \$10,000,000. Most of this large amount of money will be spent in Canada—in wages, in freight and cartage, in coal, oil, and other factory supplies, and in the many other items that enter into the cost of the finished product. As the ten mills of the company are scattered from Kingston to Halifax the benefits accruing from the circulation of this large amount of money will be spread over a wide area.

Costly Illumination.

Putting Wife—You used to call me the light of your life.

Hub—So I did; but I had no idea the meter was going to register such a cost.

FOR ECZEMAS AND RASHES



Use CUTICURA SOAP AND OINTMENT

The itching, burning, suffering and loss of sleep caused by eczemas, rashes and irritations of the skin and scalp are at once relieved and permanent skin health restored in most cases by warm baths with Cuticura Soap followed by gentle applications of Cuticura Ointment.

Cuticura Soap and Ointment are sold throughout the world. A liberal sample of each, with 32-page booklet on the care and treatment of the skin and scalp, sent post-free. Address: Potter Drug & Chem. Corp., Dept. 12K, Boston, U. S. A.

A PRETTY GREASY MENU.

Men of Shackleton Expedition Will Subsist Very Largely on Lard.

While marching across the ice fields the men engaged in the Shackleton expedition to the South Pole, will have three meals a day—breakfast, luncheon and dinner at night. The menu for breakfast and dinner will be the same, each man being given three ounces of lard, two ounces of sugar, one of dried milk, wheat protein and oats. The luncheon will consist of nut food mixed with oil and dried milk and oats.

"You may feel rather sick when you hear of it," Sir Ernest said during a recent interview, "it's rather a greasy compound. Indeed, when we tried it in Norway we thought it a very unpleasant sort of ration, but I can assure you that, scientifically considered, it is the finest that has ever been devised. I hope that this time hunger will play a very small part in our troubles."

All the provisions have been packed in sausage skins.

Are Your Feet Calloused?

Easy to remove lumps by applying Putnam's Corn and Wart Extractor. This purely vegetable remedy acts painlessly and is guaranteed. Insist on "Putnam's" only. 25c. per bottle.

His Specialty.

Employer—Not afraid of early hours, I suppose?
Young Man—You can't close too early for me, sir.

Minard's Liniment for sale everywhere.

Subtraction.

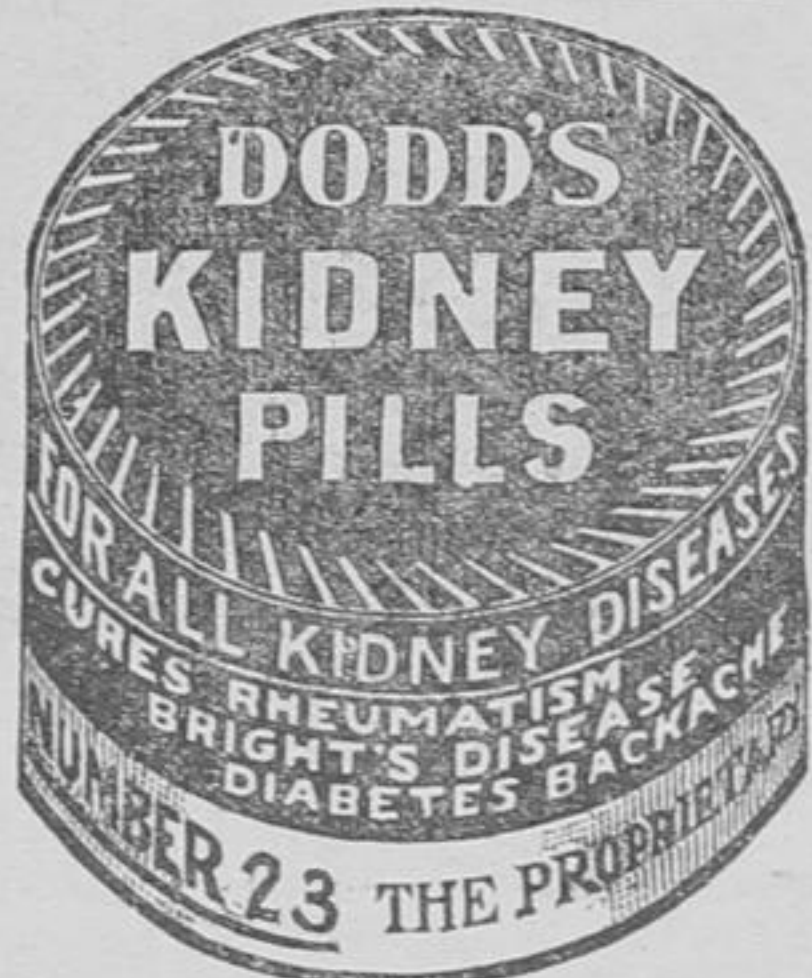
Mr. Wyse—That bank treasurer has been stealing for 20 years.
Mrs. Wyse—Yes, but he wasn't half bad at that. He'd been with the bank for over 40 years.

Minard's Liniment Relieves Neuralgia.

This Boy Will Bear Watching.

Sunday School Teacher—Once upon a time there were two rich men, one of whom made his fortune by honest industry, while the other made his by fraud. Now, which of these two men would you prefer to be?

Tommy (after a moment's hesitation)—Which made the most?



ED. 7.

ISSUE 39-'14.

INFANTRY WINS BATTLES.

Puts Finishing Touch to Cavalry and Artillery Action.

While there have been many discussions as to the relative value of the different branches of an army there is no doubt but that it is the infantry that wins battles.

While it is probable the success of a battle will depend to a large extent on the support of the field artillery, it is certain that the principal and most important arm is the infantry, which in practically every case must decide the final issue. The cavalry may be the first to be drawn into a battle, and the artillery may destroy the enemy's artillery, but a battle is never won until the infantry has driven back the enemy's lines.

The present mode of advancing for the infantry is to deploy them in a line with a long interval between each soldier. This, naturally, is for the purpose of offering a smaller target for the enemy. It makes it more difficult, however, for the leaders to keep a good control over the men, and for that reason one of the objects of field artillery is to make the enemy's troops deploy early.

The infantry soldier is armed in all the countries with a rifle and bayonet. The rifle is the weapon upon which reliance is placed, the bayonet being used only as a last means, when in a hand-to-hand encounter with the enemy.

Sciatica Vanishes Instantly If Nerviline Is Used

CAN YOU BEAT THIS CASE?

No ordinary liniment will even relieve Sciatica. Nothing but the most powerful kind of remedy can penetrate through the tissues and finally reach the Sciatic Nerve. You can always depend on the old-time "Nerviline." Nothing made to-day is as good for Sciatica as Nerviline was when first produced, about forty years ago. All this time the same old "Nerviline" has been curing Sciatica, Lumbago, Rheumatism, and is considered to be without an equal in relieving pain or soreness anywhere. "Nerviline" couldn't be made stronger or better," writes James E. Edwards. "The way it cures Sciatica is to me simply a miracle. For years I suffered frightfully. I ruined my stomach with internal dosing. I rubbed in gallons of oils and liniments—none were strong enough. One good rubbing with Nerviline relieved. I kept on rubbing and shortly was cured. My father cured rheumatism in his right arm and mother cured herself of chronic lumbago with Nerviline. Our family simply swears by Nerviline and we are never without a 50c. family size bottle in our home. We find that for external pain, for coughs, colds, earache, such minor ills it is a veritable family physician."

Out of Commission.

Nervous Wife—Oh, Harry dear, do order a mouse-trap to be sent home to-day.

Harry—But you bought one last week.

Nervous Wife—Yes, dear, but there's a mouse in that.

ACCEPTED NEILSON'S GIFT.

65,000 Chocolate Bars Going to Valcartier.

Toronto, September 21.—William Neilson Limited, Toronto, offered to supply the Government with 65,000 bars of chocolate, for use in whatever manner the Government should choose.

This offer has been gratefully accepted by the Minister of Militia, and the chocolate is to be shipped to Valcartier, and from there will be reshipped with the Canadian Commissariat to Europe. The several hundred members of the staff of William Neilson Limited, have also donated one full day's pay to the Canadian Red Cross Fund.

THOS. BARKER MODEL

12-GUAGE
30 INCH
DOUBLE
BARREL SHOT GUN,
STORE PRICE \$12.00
OUR PRICE ONLY . . .



BIG VALUE AT SMALL COST

7.95

How we come to be able to sell this gun at \$7.95, will not interest you. The pleasant fact is the main thing; and we are going, to use it to get acquainted. This gun retails at \$12.00 to \$14.00 according to locality. Here are the details:

Double barrel take-down model, laminated steel barrels—left barrel choke bored. Rebound back-action locks, circle hammer, nitro-firing pin. Walnut finish, pistol-grip stock, with fancy butt plate. Automatic ejector.

Charges prepaid if this ad. is sent with order. Money back if you want it.

This is just a sample of money-saving values in hardware, tools, horse goods, blacksmiths' and farmers' supplies in our

BIG CATALOGUE SENT FREE ON REQUEST.

THE HALLIDAY COMPANY, LIMITED
Successors to Stanley Mills & Co. Mail Order Dept. Established 1888. HAMILTON, CANADA

CLARK'S SOUPS
Delicately flavoured—Highly concentrated.
WHY WORRY!
Choose your variety and ask your grocer for "Clark's".

FARMS FOR SALE.

H. W. DAWSON, Ninety Colborne Street, Toronto.

IF YOU WANT TO BUY OR SELL A Fruit, Stock, Grain or Dairy Farm, write H. W. Dawson, Brampton, or 90 Colborne St., Toronto.

H. W. DAWSON, Colborne St., Toronto.

NEWSPAPERS FOR SALE.

GOOD WEEKLY IN LIVE TOWN IN York County, Stationery and Book Business in connection. Price only \$4,000. Terms liberal. Wilson Publishing Company, 74 West Adelaide Street, Toronto.

SEED POTATOES.

NEW BRUNSWICK SEED POTATOES.—On account of the war, this fall will be probably the best time to buy your seed potatoes for next year. Write me for price list of Varieties. C. Fred Fawcett, Upper Sackville, N.B.

MISCELLANEOUS.

CANCER, TUMORS, LUMPS, ETC., internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

With the Modern Heel.

"What on earth are you doing with your shoe on the desk?"
"I'm only rubbing out a mistake. I've lost my eraser."

Minard's Liniment Cures Dandruff.

Changing Times.

"Now then, Cousin Emma, let me give you a bit off the breast."
"Yes, please, I should like to taste that, for in my young days they always gave it to the grown-ups, and now they keep it for the children, so I've always missed it."

Carterhall, Nfld.
Minard's Liniment Co., Limited.
Dear Sirs.—While in the country last summer I was badly bitten by mosquitoes so badly that I thought I would be disabled for a couple of weeks. I was advised to try your Liniment to allay the irritation, and did so. The effect was more than I expected, a few applications completely curing the irritation, and preventing the bites from becoming sore. MINARD'S LINIMENT is also a good article to keep off the mosquitoes.
Yours truly,
W. A. V. B.

The Way Out.

Dad—The kind of wedding you want, my child, would cost \$2,000.
Daughter—Then what is to be done, papa?
Dad—You will have to be married without my consent.

Minard's Liniment Cures Burns, Etc.

A Success.

"She married him to try to make a man of him."
"Succeed?"
"Perfectly—now he washes dishes, sweeps floors and makes up beds just like a maid of all work."

Sore Eyes
Granulated Eyelids, Eyes inflamed by exposure to Sun, Dust and Wind quickly relieved by Murine Eye Remedy. No Smarting, just Eye Comfort. At Your Druggist's 50c per Bottle. Murine Eye Salve in Tubes 25c. For Book of the Eye Freask Druggists or Murine Eye Remedy Co., Chicago

With a view to increasing the agricultural production of Tripoli the Italian Government will establish an experiment station.

Here's a Happy Hunch== Post Toasties

and cream

for breakfast, lunch or supper.

Choice white Indian Corn, rolled into thin flakes, and toasted to a rich golden brown—delicious!

This food comes in sealed packages, always fresh, crisp and sweet; and ready to serve at a moment's notice.

Post Toasties make a mighty satisfactory dish at any time.

—sold by grocers.

Canadian Postum Cereal Co., Ltd., Windsor, Ont.