

## BABY'S GREAT DANGER DURING HOT WEATHER

More little ones die during hot weather than at any other time of the year. Diarrhoea, dysentery, cholera infantum and stomach disorders come without warning, and when a medicine is not at hand to give promptly the short delay too frequently means that the child has passed beyond aid. Baby's Own Tablets should always be kept in the home where there are young children. An occasional dose of the Tablets will prevent stomach and bowel troubles, or if the trouble comes suddenly the prompt use of the Tablets will cure the baby. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

## SLEEP UNDER WATER.

Mothers in India Direct Streams on Top of Infants' Heads.

The sound of running water is said to have the effect of lulling one to sleep. In India the mothers make their babies sleep by letting a small stream of water flow directly on their heads. Apparently this novel liquid lullaby has no harmful effects upon the infants, and they lie sleeping for hours with a stream of water flowing upon the tops of their heads.

This is done by the native mothers in the vicinity of Simla, in India. There the women do a great deal of field work and must leave their babies alone. Few of these women can afford caretakers, and they resort to what they consider the next best thing.

An example of this was noted when a new road was being built and many mothers were employed in some of the work. There were little grooves of resting places along the line of the road that was under construction, and here were numbers of babies. Each resting place was selected because of a spring near at hand. The water from the spring was carefully directed to the place where the babies were lying. The babies were placed with their heads on a pillow of earth, and a stream of water directed to flow fairly against the top of the infant's head, and a trough was made for this water to run off in.

According to English officers who reported this method of caring for babies, it was quiet and successful. Never were such quiet and well-behaved babies found as those under the spouts of water. The native mothers laughed at the suggestion that such a thing would hurt their babies, and declared that, on the other hand, it tended to make them strong. In fact, some of the mothers declared that a child not brought up in this manner would be weak mentally, as well as physically, as they believed the water pouring on the heads actually strengthened their brains.

## STOPPED SHORT

Taking Tonics, and Built up on Right Food.

The mistake is frequently made of trying to build up a worn-out nervous system on so-called tonics—drugs.

New material from which to rebuild wasted nerve cells, is what should be supplied, and this can be obtained only from proper food.

"Two years ago I found myself on the verge of a complete nervous collapse, due to overwork and study, and to illness in the family," writes a young mother.

"My friends became alarmed because I grew pale and thin and could not sleep nights. I took various tonics prescribed by physicians, but their effects wore off shortly after I stopped taking them. My food did not seem to nourish me and I gained no flesh nor blood.

"Reading of Grape-Nuts, I determined to stop the tonics and see what a change of diet would do. I ate Grape-Nuts four times a day with cream and drank milk also, went to bed early after eating a dish of Grape-Nuts before retiring.

"In about two weeks I was sleeping soundly. In a short time gained 20 lbs. in weight and felt like a different woman. My little daughter whom I was obliged to keep out of school last spring on account of chronic catarrh, has changed from a thin, pale nervous child to a rosy, healthy girl and has gone back to school this fall.

"Grape-Nuts and fresh air were the only agents used to accomplish the happy results."

Name given by Canadian Postum Co., Windsor, Ont. Read the little booklet, "The Road to Wellville," in pkgs. "There's a reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

## "BUFFALO BILL" CODY.

Made Over a Million Dollars With His Great Show.

What boy's heart—boys up to the age of fifty, we mean—did not sink as the owner of it read that Buffalo Bill's Wild West Show had been forced to close up shop, and that the sheriff was in possession? But it is a relief to know that Colonel William F. Cody, "Buffalo Bill" himself, is not seriously affected by the disaster to a once great show which still bears his name. He retired from the business a couple of years ago, having acquired a neat fortune of over a million dollars. A few weeks ago there was a rumor that he was dying in Knoxville, Tenn., but happily it was not so. He is only 75 years of age, too young to pass in his checks yet.

The most picturesque figure of American frontier life never knew the education of the schools. Three weeks of regular school training was all he ever had, and his wide knowledge of the world was gained by travel.

His early life as a child was spent in the freighting business. He crossed the plains many times as a boy. He filled every post of occupation in the border life. He has been freighter, mule-driver, pony express rider, trapper and hunter, stage driver, scout, ranchman, mine-owner, justice of the peace, member of the Nebraska Legislature, an actor in a border play written by Ned Buntline, and later one of the most successful showmen of modern times.

When he was a boy of 11 he killed his first Indian. He and a party of other wagon drivers were being pursued by a band of Indians, who had broken up their caravan. The whites were making their way along a river bed to a fort. Here is how he tells it:

"Being the youngster of the party, I became somewhat tired, and without noticing it I had fallen some little distance behind the others. It was about ten o'clock, and we were keeping very quiet and hugging the bank closely, when I



"Buffalo Bill" Cody.

happened to look up to the moonlit sky and saw the plumed head of an Indian peeping over the bank. Instead of hurrying ahead and alarming the men in a quiet way, I instantly aimed my gun at the head and fired. The report rang out sharp and loud on the night air, and was immediately followed by an Indian whoop, and the next moment about six feet of dead Indian came tumbling into the river. I was not only overcome by astonishment, but was badly frightened, as I could hardly realize what I had done. I expected to see the whole force of Indians come down upon us. While I was standing thus bewildered, the men, who had heard the shot and the warwhoop and seen the Indian take a tumble, came rushing back. 'Who fired that shot?' cried Simpson. 'I did,' replied I, rather proudly, as my confidence returned when I saw the men coming up. 'Yes, and little Billie has killed an Indian stone dead, too dead to skin,' said one of the men, who had approached nearer than the rest. From that time forward I became known as an Indian killer. This was, of course, the first Indian I had ever shot, and I was then not more than eleven years of age."

He served as a scout in the American Civil War, and subsequently in the same capacity against the Indians who made life miserable for settlers in the South-Western States.

When asked how he gained the title of Buffalo Bill, he replied: "It was in 1867, the time that the end of the Kansas Pacific track was in the heart of the buffalo country, and the company was employing about twelve hundred men in the

## RASH ON FACE HANDS AND ARMS

Skin Would Cake Over and Peel. Spots Large. Used Cuticura Soap and Ointment. Has Not Had a Mark on Her Since. They Also Cured Mother of Pimples on Face.

578 Gladstone Ave., Toronto, Ont.—"My baby's trouble began as a rash and the skin used to sometimes peel off and look as if it were going to get better, but would just cake over again and peel. The spots were large and it used to make her face very red and inflamed all the time. It came on her face, hands and arms, and it used to make her restless at night. She got the rash in March and how I hated to see it on her little face and hands! I tried a lot of different things after that but nothing did any good. I saw the advertisement and sent for samples of Cuticura Soap and Ointment and it started to get better right away. I used them only about once a day, and in little more than two weeks she hadn't a spot on her anywhere. She had it three months before I used the treatment. She has not had a mark on her since and she is two and a half years old now. Cuticura Soap and Ointment also cured pimples on my face."

(Signed) Mrs. McKnight, Jan. 8, 1912. For treating poor complexions, red, rough hands, and dry, thin and falling hair, Cuticura Soap and Cuticura Ointment have been the world's favorites for more than a generation. Sold throughout the world. Liberal sample of each mailed free, with 32-p. Skin Book. Address post card Potter Drug & Chem. Corp., Dept. 34D, Boston, U.S.A.

construction of the road. As the Indians were very troublesome it was difficult to obtain fresh meat for the workmen, and the company therefore concluded to engage the services of hunters to kill buffaloes. Goddard Brothers, who had the contract for boarding the employees of the road, made me a good offer to become their hunter. They said that they would require about twelve buffaloes per day. They used only the hindquarters and the hump of the buffalo.

"As this was to be dangerous work, on account of the Indians, who were riding all over that section of the country, and as I would be obliged to go from five to ten miles from the road each day to hunt the buffaloes, accompanied by only one man with a light wagon, for the transportation of the meat, I, of course, demanded a large salary. They could afford to remunerate me well, because the meat would not cost them anything.

"They agreed to give me \$500 a month, provided I furnished them all the fresh meat required, and I immediately began my career as a buffalo hunter, and it was not long before I acquired considerable notoriety, and was given the name of Buffalo Bill.

"During my engagement as a hunter for the company—a period of less than eighteen months—I killed 4,280 buffaloes and had many exciting adventures with the Indians."

## Try Murine Eye Remedy

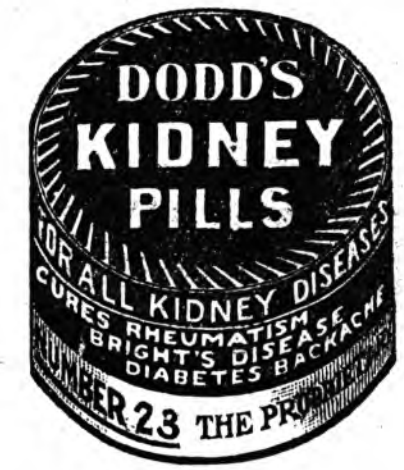
If you have Red, Weak, Watery Eyes or Granulated Eyelids. Doesn't Smart—Soothes Eye Pain. Druggists Sell Murine Eye Remedy, Liquid, 25c, 50c. Murine Eye Salve in Aseptic Tubes, 25c, 50c. Eye Books Free by Mail. An Eye Tonic Good for All Eyes that Need Care. Murine Eye Remedy Co., Chicago

The title admiral derives its origin from an Arabic word, emir-al-bahr, meaning "lord of the sea."

Minard's Liniment Cures Colds, Etc.

Wasp stings are best treated by applying ammonia, bicarbonate of soda, or potash.

She—"I've just heard the story of a man out West who bartered his wife for a horse. You wouldn't swap me for a horse, would you, darling?" He—"Of course not. But I'd hate to have anyone tempt me with a good motor-car."



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## ABOUT POISON IVY.

How to Distinguish It and How to Ward Off Its Ill Effects.

Pusey says: "Poison ivy is a trailing green vine with handsome, bright green foliage, which turns a brilliant yellow to red in early autumn (and is very tempting, by the way, to collectors of autumn leaves). It is very easily distinguished from other similar looking vines by the fact that its leaves occur in groups of three on a stem, and not five.

"It and other poisonous plants are most irritating when moist, and should especially be avoided in the early morning, when wet with dew.

"After exposure to poison ivy the ill effects can be warded off by prompt removal of the irritating substance. This can be done by vigorous washing with soap and water, preferably using a hand brush, and after that with alcohol. If these measures are carried out before the effects on the skin become manifest, the usual reaction in the skin can, as a rule, be entirely, or in a great part, prevented. And even after dermatitis has begun it can often be reduced to slight intensity and cut short by the same measures.

"Of course, after irritation has become intense, vigorous washing of the surface cannot be done, and sponging with alcohol is painful. To relieve the itching, sponging with cool water or distilled extract of hamamelis (witch hazel), followed by an application of dusting powder, is comforting. Salves, as a rule, are not well borne."

## How Teddy Lost the Bear.

They say a corn interfered with his speed. Always apply Putnam's Corn Extractor. For fifty years it has been curing corns and warts. "Putnam's" never fails. Use no other. 25c. at all dealers.

## Generous.

"Don, did you give Bessie the best part of that apple, as you were told?"

"Yes, I gave her the seeds. She can plant them and have a whole orchard."

This is to certify that I have used MINARD'S Liniment in my family for years, and consider it the best liniment on the market. I have found it excellent for horse flesh.

(Signed) W. S. PINEO. "Woodlands," Middleton, N.S.

## Often the Case.

"And a very suitable bride for you, too, old chap."

"Why?"

"Well, you say she has brains enough for two."

Minard's Liniment Cures Distemper.

## An Old Friend Reaches England.

Excited Old Lady (as express thunders through station).—Oh, porter, doesn't that train stop here? Patient Porter.—No, lady; it don't even hesitate.

## SUMMER TOURIST RATES TO THE PACIFIC COAST.

Via Chicago and North Western Ry. Special low rate round trip tickets on sale from all points in Canada to Los Angeles, San Francisco, Portland, Seattle, Vancouver, Victoria, Edmonton, Calgary, Banff, Yellowstone Park, etc. during August and September. Excellent train service. For rates, illustrated folders, time tables and full particulars address, B. H. Bennett, General Agent, 46 Yonge Street, Toronto, Ontario.

## Usually Does.

"So you went to the big outing?"

"Yes," replied Mr. Growcher, "and I want to say that there is nothing like a picnic to make a man realize what a nice cool place his office is."

Minard's Liniment Cures Cargot in Cows.

## Only Joking.

Johnny was rather apprehensively awaiting his father's return from business. He had a curious little feeling that more would be heard about the broken panes of glass in old Grime's glasshouses.

"Take off your coat, my son, and come along with me!" said pa, after he had rested from dinner.

"You're not going to give me a hiding, are you, pa?" inquired young hopeful, with a nervous gulp.

"Didn't I tell you this morning that I would settle with you for your bad behavior when I came home?" queried father.

"Yes," said Johnny hopefully; "but I thought you were only joking, like when you told the grocer you would settle with him."

## FARMS FOR SALE.

H. W. DAWSON, Ninety Colborne Street, Toronto.

FRUIT, STOCK, GRAIN AND DAIRY Farms in all sections of Ontario. Some snags.

FACTORY SITES, WITH OR WITHOUT Railway trackage. In Toronto, Brampton and other towns and cities.

RESIDENTIAL PROPERTIES IN Brampton and a dozen other towns.

H. W. DAWSON, Colborne St., Toronto.

## STAMPS AND COINS.

STAMP COLLECTORS—HUNDRED DIFFERENT Foreign Stamps. Catalogue, Album, only Seven Cents. Marks Stamp Company, Toronto.

## MALE HELP WANTED.

**MEN WANTED**

YOUNG MAN BE A BARBER. I TEACH you quickly, cheaply, thoroughly and furnish tools free. We give you actual shop experience. Write for free catalogue. Moler College, 219 Queen St. East, Toronto.

**MEN WANTED**

## MISCELLANEOUS.

CANCER, TUMORS, LUMPS, ETC., internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

ALL STONES, KIDNEY AND BLADDER Stones, Kidney trouble, Gravel, Lumbago and kindred ailments positively cured with the new German remedy, "Sanol," price \$1.50. Another new remedy for Diabetes-Mellitus, and sure cure, is "Sanol's Anti-Diabetes." Price \$2.00 from druggists or direct. The Sanol Manufacturing Company of Canada, Limited, Winnipeg, Man.

## FOR SALE

**Pulleys & Shafting**

Suitable for Mills, Manufacturing Plants, Printing Houses, Etc.

2 Wood Split Pulleys, 12 1/2 x 48 in. for 3 1/8 in. shaft.

1 Wood Split Pulley, 12 1/2 x 48 in. for 2 1/8 in. shaft.

1 Wood Split Pulley, 12 1/2 x 28 in. for 3 7/16 in. shaft.

1 Wood Split Pulley, 10 1/2 x 36 in. for 3 7/16 in. shaft.

Pulleys of smaller sizes and Shafting of various lengths and sizes to be sold at very low figures.

Box 28,

Wilson Publishing Co., Toronto.

## The Likeness.

"Miss Dicky, the public speaker, is a fountain of eloquence."

"Well, all the likeness I can see in her to a fountain is that they are both gushing."

Minard's Liniment Cures Diphtheria.

## Virtues of Vegetables.

Lettuce has a soothing effect on the nerves and is excellent for sufferers from insomnia.

Tomatoes are good for a torpid liver, but should be avoided by gouty people.

Celery and onions are nerve tonics.

Spinach has great aperient qualities and is better than medicine for constipation.

Beets are fattening and are good for people who want to put on flesh. So are potatoes.

Parsnips possess the same virtues as sarsaparilla.

Asparagus stimulates the kidneys. Bananas are beneficial to sufferers from chest complaints.

Of course, experience is valuable, but nearly every man you meet is willing to swap some for money.