

INSIGHTLY PIMPLES CAME ON FACE

Sores Spread Until Face Was Covered. So Itchy Could Not Resist Scratching. Cured Entirely In About Two Weeks by Cuticura Soap and Ointment.

Clachan, Ontario.—"My trouble started with sores breaking out on the face. They came as pimples and were unsightly. These sores seemed to keep spreading until my face was covered. They were so itchy that at times I could not resist scratching them. After trying two or three different salves which did not stop the sores breaking out, I tried a cake of Cuticura Soap also Cuticura Ointment. I found that they cured me, entirely of the sores in about two weeks." (Signed) Fred E. Meyer, Feb. 12, 1912.

LEGS BURNED AND ITCHED

Bouris West, P. E. Island.—"My little girl, aged four years, was troubled with a painful rash on her legs. It began in a dry rash very hot and itchy and after a few days it looked like little pimples with a white top on them. Her legs burned and itched very much and she was very restless and was also cross and fretful. She used to scratch and make sores when I was not watching her. I had to leave her stockings off her as they would irritate her legs. I used to bathe her legs with warm water and use the Cuticura Soap freely, then dry her legs and rub on the Cuticura Ointment and she was cured in one week." (Signed) Mrs. P. J. Mullally, Aug. 1, 1912.

Cuticura Soap and Cuticura Ointment are sold by druggists and dealers everywhere. For a liberal free sample of each, with 32-p. book, send post card to Potter Drug & Chem. Corp., Dept. 51D, Boston, U. S. A.

COREAN JUSTICE.

The Judges Have a Poor Idea of Administering It.

The Korean judge dispenses justice in the open, and by etiquette only the judge can sit; everyone else must stand, excepting the prisoner and his friends, who are forced to remain in an humble kneeling position with bowed heads, says the Wide World Magazine. Until quite recently these trials were always very one-sided and shockingly unjust. When a man was brought to a judge, it was taken for granted he was guilty, and, if he did not confess he was tortured and made to do so. Witnesses, too, were openly bribed. In fact, giving evidence for or against an accused person meant a living to a portion of the community, and these witnesses naturally favored those who paid best. Punishments varied. If the prisons were too full, and the condemned could not pay a fine, they were often given a chance to escape, or disappeared by some means. Though these are things of the past, Korean judges, like those of China, possess a poor idea of the sense of justice.

Twinkle! Twinkle!

Wilbur—Do they always keep that big bell on the cow?
Papa—Yes, Wilbur.
Wilbur—I suppose it is to keep her from falling asleep in this quiet place.

True prayer brings out wants to heaven and leaves them there.

Post Toasties for Lunch

Appetizing and wholesome these hot Summer days.

No cooking — no hot kitchen.

Ready to eat direct from the package — fresh, crisp and dainty.

Serve with cream and sugar—and sometimes fresh berries or fruit.

Post Toasties are thin bits of Indian Corn, toasted to a golden brown.

Acceptable at any meal—

Post Toasties

Sold by Grocers everywhere.

Canadian Postum Cereal Co., Ltd. Windsor, Ontario.

SALT AND GOOD LOOKS.

German Physician Advises Its Use to Whiten Skin.

According to a German physician, salt taken with food has a whitening effect on the skin. This is accounted for by the fact that it is a compound containing the powerful bleaching agent, chlorine. At any rate, it is undoubted that white people eat much more common salt than dark races.

Fruit, on the other hand, darkens the skin, because it contains salts of manganese.

Besides whitening the skin it is probable that abundance of salt in the diet makes the face and the whole body plump. When a person eats salt freely the result is that the blood, skin, muscles, etc., retain a great quantity of fluid. Hence the effect on the face would be to make it full and rounded.

But it should be eaten with judgment and moderation. If a young girl eats a large quantity of salt and makes her face plump then the skin is stretched and, as she grows older and drier, wrinkles appear. But if she uses a saltless diet while young, then when the wrinkles come she should be able to disperse them by adding salt to her diet.

So far as observation goes salt has the virtue of preserving the health of the skin and preventing eruptions. But only when used in moderation is it of real service, and people with weak hearts or kidneys, or who have a tendency to dropsy, are better without any or with the smallest possible quantity.

Try Murine Eye Remedy

If you have Red, Weak, Watery Eyes or Granulated Eyelids. Doesn't Smart—Soothes Eye Pain. Druggists Sell Murine Eye Remedy, Liquid, 25c, 50c. Murine Eye Salve in Aseptic Tubes, 25c, 50c. Eye Books Free by Mail. An Eye Tonic Good for All Eyes that Need Care. Murine Eye Remedy Co., Chicago

Grains of Gold.

A man never rises so high as when he knows not whether he is going.—Oliver Cromwell.

To be free-minded and cheerfully disposed at hours of meat, and sleep, and exercise is one of the best precepts of long lasting.—Bacon.

Wealth is honorable, and may be used most blessedly when men regard themselves as being what indeed they are—stewards of it, and not the owners.—Farrar.

The middle class is a large and important class of the population, which is often over-looked, which has to bear a great many of the burdens of the State in almost undue proportion, and which does not in these days receive either the sympathy or the attention or the credit which it deserves.—Lord Balfour of Burleigh.

Minard's Liniment Cures Diphtheria.

To Be Well Dressed.

Don't be extreme in anything. Don't spoil the gown for a yard of stuff. Don't wear red or purple veils. Don't go in for the style of "sweet seventeen" at 40. Don't wear a new dress with a dowdy bonnet. Don't wear too many rings. Don't wear evening jewelry at breakfast. Don't pinch your feet and hands by taking a size too small in shoes or gloves; it tends to make the offending members all the larger. Don't wear a fur boa with a cotton dress. Don't wear a flowery hat with a coat and skirt. Don't adopt a color merely because it is fashionable. Don't drink lemon juice to make you thin. Don't forget that "a stitch in time saves nine." Don't make a visit of condolence in gay-colored clothes. Don't wear gold or silver jewellery while in mourning. Don't wear bright jet in the first stage of deep mourning, only dull.



UNANSWERABLE.

"Mother, do doors talk?"
"No, dear. Why do you ask?"
"Well, I heard you tell Mary to answer the door."

URIC ACID NEVER CAUSED RHEUMATISM

I WANT to prove it to your satisfaction. If you have Rheumatism, acute or chronic—no matter what your condition—write to-day for my FREE BOOK on "RHEUMATISM—Its Cause and Cure." Thousands call it "The most wonderful book ever written." Don't send a stamp—it's ABSOLUTELY FREE. JESSE A. CASE, Dept. 476, Brockton, Mass., U.S.A.

Maybe.

Gabe—Who was it that said—"It is better to give than to receive?"

Steve—Some bachelor who was buying wedding presents for a friend, I guess.

SUMMER TOURIST RATES TO THE PACIFIC COAST.

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A Linguist.

An old but sturdy Irishman, who had made a reputation as a gang "boss," got a job with a railroad construction company at Port au Prince, Haiti.

One day when the sun was hotter than usual, his gang of Haitians began to shirk, and as the chief engineer rode up on his horse, he heard the Irishman shout:

"Allez!—you sons of guns!—al-lez!" Then, turning to the engineer, he said, "I curse the day I ever learned their language."

Minard's Liniment Cures Colds, Etc.

Ten Good Things.

There are ten things for which no one has ever yet been sorry. These are—For doing good to all; for speaking evil of none; for hearing before judging; for thinking before speaking; for holding an angry tongue; for being kind to the distressed; for asking pardon for all wrongs; for being patient towards everybody; for stopping the ears of a tale-bearer; for disbelieving most of the ill reports.

CANADIAN NATIONAL EXHIBITION.

We learn from a reliable source that the Auto-Strop Safety Razor Co., Ltd., of Toronto, who are well-known throughout the world as manufacturers of the Self-Stropping Auto-Strop Razor, have arranged a novel and attractive method of advertising which will be demonstrated at their booth in the Manufacturers' Building, at the Canadian National Exhibition.

This demonstration will be conducted as follows: Each visitor to the Booth will be presented with a numbered badge, which will be issued in duplicate. By finding the person bearing the duplicate number and presenting same to the Auto-Strop Booth each holder will be given a \$5.00 Auto-Strop Safety Razor free of charge.

It is safe to say that this Booth will prove one of the most attractive at the Exhibition.

Cowardly.

Asking permission of a girl before you kiss her is cowardly. It is putting the responsibility up to her.

Minard's Liniment Cures Distemper.

Pearls of Truth.

Speculation is a word that sometimes begins with the second letter.—Chatfield.

The virtue of prosperity is temperance; the virtue of adversity is fortitude.—Bacon.

Be not curious in unnecessary matters, for more things are known unto thee than men understand.—Ecclesiasticus.

I think you will find it true that, before any vice can fasten on a man, body, mind, or moral nature must be debilitated. The mosses and fungi gather on sickly trees, not thriving ones.—O. W. Holmes.

An Irishman complained that his doctor kept stuffing him so with drugs that he was "sick for a week after he was quite well."



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Berberine Belief.

Everything that goes wrong is attributed by the Berberines, a tribe of the Sudan, to the devil. Ethel S. Stevens, in "My Sudan Year," quotes a story told her by Bishop Gwynne of his "boy's" coming to him one day and announcing, "The devil is in the house."

"Oh," said the bishop, "that is very interesting! When did he arrive?"

"He came in with the cook from the souk market yesterday evening."

"Really?" commented the bishop, puzzled.

"Yes, and in the night he came out of the cook and passed into me."

"Oh, and what did he do?"

"He went to the cupboard and broke a plate and the top of the jam jar."

A light broke in on the bishop. "Oh, he was after the jam! I suppose he ate some?"

"Yes," said the boy, "he did!"

The idea of devil-possession is not merely an elaborate form of excuse; the native servant really believes in it.

ON THE MARRIAGE DAY.

Romance ceases and history begins—and corns begin to go too when "Putnam's" is applied—it takes out roots, branch and stem. Nothing so sure and painless as Putnam's Corn and Wart Extractor; try "Putnam's," 25c. at all dealers.

One Woman, One Carriage.

"Men are really too mean for anything!" "What's the trouble now?" "Why, I asked John for an automobile to-day, and he said that I must be content with the splendid carriage that Nature has given me!"

Minard's Liniment Co., Limited. Gentlemen—I have used MINARD'S LINIMENT on my vessel and in my family for years, and for the every day ills and accidents of life I consider it has no equal.

I would not start on a voyage without it, if it cost a dollar a bottle.

CAPT. F. R. DESJARDIN, Schr. "Storke," St. Andre, Kamouraska.

Using Him.

"Lie still there and I won't hurt you. All I want is your money and your jewels, and then I'll git." "All right, old man, and while you're searching for the jewels if you run across my dress-shirt I wish you'd put them on the dresser. I haven't been able to find them for a month."

Minard's Liniment Cures Cargot in Cows.

Very Good.

A Highlander fell into a river, and after desperate efforts managed to reach the bank in safety. His wife, who had been a distressed on-looker, exclaimed, as soon as her anxiety was relieved—"Ah, Donald, ye should be verra thankfu' tae Providence for savin' your life." Donald was somewhat aggrieved at what he deemed an unequal apportionment of the credit. "Yess, yess," he replied, "Providence was very good, but I wass ferry clever too, whatefer."

Zam-Buk
Is the best remedy known for sunburn, heat rashes, eczema, sore feet, stings and blisters. A skin food!
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