WHAT A REAL TONIC WILL DO

Strikes at the Root of Disease and Gives New Health.

If you look in your dictionary you will find the word "tonic" defined as "a medicine that increases the strength and vigor of the system.' That tells why Dr. Williams' Pink Pills are a real tonic. Thousands of men and women are ailing today, not sick in bed, but without strength and ambition, utterly tired out after a day's work. No one organ seems to be at fault, yet the whole system is lacking in health. They do not sleep well and are always tired and nervous, many have headaches, backaches and stomach trouble. All these people need the tonic help of Dr. Williams' Pink Pills. The beneficial influence of this medicine reaches the whole system. Dr. Williams' Pink Pills do more than relieve the symptoms, they actually remove the cause of the trouble. The case of Mrs. J. H. Sharpe, London, Ont., is one in proof of the above statements. Mrs. Sharpe says:—"I was so run down and weak that life was a burden. The least exertion would exhaust me so greatly that I could hardly of attracting the public attention breathe. If going up stairs, I to any particular new feature, but would have to rest several minutes most readers will agree that the when I reached the top. My heart following is really an uncommon adwould palpitate until I felt as if it vertisement: would choke me. I was extremely nervous, in fact a complete wreck, visited at Colombo some weeks ago, and would sometimes have to re- and startled the public at large by main in bed for a couple of days or stating that, among other prizes to more at a time. I found no help be distributed amongst the audifrom medicine until I began using ence, would be several fine bullocks. Dr. Williams' Pink Pills, and my On visiting the circus, each perger. I feel sure that what Dr. Williams' Pink Pills have done for me they will do to other women if given number to a prize. a fair chance.'

If you are at all unwell do not fail to try Dr. Williams' Pink Pills, and you will find new health and strength. Sold by medicine dealers or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville,

FISH STILL IN GALILEE.

Mud in River Jordan No Inconvenience to Finny Toilers.

The abundance of fish in the Sea of Galilee is to this day the wonder of travellers. Most of the fishing done by the Syrians involves the use of nets, probably identical in construction with those of the apostles, and the best evidence of the fishing having through the centuries been done with nets is to be found in the case with which most of the fish may be deceived with the help of any bait, natural or artifi-The pellucid water of this beautiful lake, with its ever changing reflections, is in striking contrast with the muddy deeps of the Jordan, but the silt in that river, however unsightly to the eye, does deed everything I could think would which are extraordinarily plentiful even in the lower reaches before it falls into that deathly lake which the Arabs call the Sea of Lot.

Grains of Gold.

Seat rents, more than anything else, has caused a great mass of the first one or two boxes gave me more artisan classes to line off from the church.-Mr. John L. Whyte.

Many have puzzled themselves about the origin of evil. I observe there is evil, and that there is a way to escape it; and with this I begin and end.-John Newton.

Great Britain has done more for civilization than any other nation in history—I say "civilization" and not "culture." The Britons, as a nation, have never recognized art as that power which it really is .-Mr. Michael Balling.

SAVE THE BABY.

Baby's Own Tablets are the one safe medicine to make baby well and keep him well. They are guaranteed by a government analyst to be free from all injurious drugs and are absolutely safe to give even to the newborn babe Concerning them Mrs. Oscar Bedard, Manseau, Que., writes:—"I have used Baby's Own Tablets and have to thank them that my little one is living to-day. I know of nothing to equal them as a children's medicine." Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.



ARISTIDE BRIAND. The new French Premier.

NOVEL ADVERTISEMENT THIS.

Two Circus Patrons in Colombo Went Home With Prizes.

One reads of many ingenious ways

A well known travelling circus

On visiting the circus, each perexperience with them was that they son was provided with several nummade a complete cure. I gained in bered tickets, according to the price weight and my friends tell me I of seat. At the conclusion of the look younger than I did ten years performance, a quantity of similar-ago—I know I certainly feel youn- ly numbered tickets were drawn from a bag, each of which, of course, entitled the owner of that

> On the first evening of this novel prize distribution, two sailors were the lucky winners of two splendid Indian bullocks. Imagine the excitement as they went forward to claim their animals and eventually lead them away, after a series of tussles, by a piece of rope, through the town.

OPERATION FOR PILES FAILED

Zam-Buk Was Then Tried and Worked a Cure.

Writing from Poplar, B.C., Mrs. C. Hanson, wife of the proprietor of the Commercial Hotel, says: "I suffered for years with bleeding piles. The pain was so bad at times that I could hardly walk, and ordinary remedies seemed utterly unable to give me any ease. Finally I decided to undergo an operation, and went to the Sacred Heart Hospital in Spokane. There they performed an operation and did all they could for me. For a time I was certainly better, but within 12 months the trouble started again and the piles became as painful as ever. I tried liniments, hot poultices, various 'pile cures,' and indeed everything I could think would be likely to do any good, but still be likely to do any good, but still I espoke in a high key, and with considerable effort. But his speeches were made interesting and carried weight because of the sincerity and the conviction behind them. dull, aching and wretched 'wornout' feeling that the disease causes continued as bad as ever.

"One day I read about Zam-Buk and thought I would try it. The ease than anything else I had tried, so I went on with the treatment. In a short time I began to feel altogether different and better, and I saw that Zam-Buk was going to cure me. Well, I went on using it, and by the time I had used six boxes I was delighted to find myself entirely cured. That was three years ago, and from then to the present time there has been no return of the trouble."

Druggists and stores everywhere, 50c. box, or Zam-Buk Co., Toronto, for price.

Generosity.

"But, George," protested the lovely girl, "your salary is only \$20 a week, and we can't live on that!"
"Darling," exclaimed George, "you don't suppose I'd be mean enough to ask you to throw up your \$10 a week job, do you?'

"The Whifferbys put on a great deal of style, considering the fact that they hardly know where they will get to-morrow's dinner. 'Some method in their madness, though. The more style they put on the more apt they are to be invited out to dinner.'

"See that man over there? He is a bombastic mutt, a wind-jammer nonenity, a false alarm, and an encumberer of the earth!" "Would you mind writing all that down for "Why in the world-"He's my husband, and I should like to use it on him some time.'

Sergeant=Major Under General French

VETERAN OF BOER WAR WHO LOST HEALTH ON THE VELDT TELLS EXPERIENCE.

Cood Advice for All Who Have Indigestion or Stomach Disorders.

In his home at Waldegrove, N. S., no one is better known than Sergt-Major Cross, late of the 4th Queen's Own Hussars. Speaking of the ill-effects of a campaign upon a man's constitution, the Sergt.-Major writes: "I served under General French during the late Boer war. in the capacity of Sergt.-Major. It was perhaps owing to a continued diet of bully beef, hard tack, and bad water, but at any rate my stomach entirely gave out. I was in such a state that I could eat nothing without the greatest suffering. The army doctors did not help me much, and since leaving the service I have been very miserable. Some few months ago a friend told me he had been a great sufferer from indigestion until he tried Dr. Hamilton's Pills; they cured him. I confess it was without much faith I bought a box, but the first dose made me feel better than I had been for a long time. Dr. Hamilton's Pills completely cured, and now I can eat everything and anything. I have recommended them to others and in every case the result has been similar to mine.'

Quick, sure results attend the use of Dr. Hamilton's Pills. They cure disorders of the stomach, correct indigestion, make you feel uplifted and strengthened. To renew or maintain health, Dr. Hamilton's Pills always prove a good prescription. 25c. per box, five boxes for \$1.00, all dealers, or the Catarrhozone Co., Buffalo, N. Y., and Kingston, Ont.

INTERESTING BITS OF COSSIP FROM THE QUEEN CITY.

Provincial Treasurer's Death—The Suffragists' Movement — Toronto's High Buildings-Politics at University.

The death of Colonel A. J. Matheson removes from the legislature a member who, next to the Premier himself, had the record for long service in the House. His absence will make a large gap, for Colonel Matheson, even in the days of opposition when he was only a private member, was assiduous in his attendance to duty. It was a rare day when his seat in the House was vacant. Not only was he conscientious to a degree, thereby differing from many members who only report in the House for the purpose of drawing their sessional indemnity, but he took a real personal interest in nearly every topic that came up for discussion. This wide interest in all sorts of subjects was one of the distinguishing characteristics of Colonel Matheson's mental make up, and it had not a little to do with making him such a useful member of the legislature. He was not as frequent a speaker as some others, but when he did speak it was not because he liked to be in the limelight, but because he had information or an opinion, arrived at after due thought, which he considered would be of benefit in the deliberation.

His Sincerity and Probity.

them.

A bachelor to the end of his days, Colonel Matheson was frequently made the butt of jests in the House on this account. All these, however, he took in good part and often returned them in kind. It was appropriate that when the final call came it should find him in his library, for the late Provincial Treasurer was an inveterate reader.

Women Suffragists' Progress.

was an inveterate reader.

Women Suffragists' Progress.

The local women suffrage movement is getting a foothold. A year or two ago when the issue first began to liven things up in England, the interest here was pretty mild and academic, and one rarely met any person, even among women, who ever got excited on the subject. Thanks to the spectacular doings in England and to a persistent propaganda by a few local enthusiasts, this condition of things is changing. Suffrage is now a live topic of discussion. And from a condition where nearly everyone professed to be mildly in favor of women suffrage—"if they wanted it"—there are cryetallizing strong definite and opposing opinions. Some of the strongest "antis" are among the women themselves, and when such are in the discussion the argument is generally heated. As an issue in practical politics the suffrage question has so far been a negligible quantity. It is a question if this can be said truly much longer. A conference of men interested in the movement was held the other day and a permanent men's organization formed. It is interesting to note that two of the most prominent male propogandists in the cause are W. F. Maclean. M.P., and Dr. Jas. L. Hughes, Chief Inspector of schools.

The Sky-Scraper Problem.

The Sky-Scraper Problem We are having a belated discussion on whether sky-scrapers ought to be allowed.

Don't Wiss This

It's the "Best Ever"

Send Post Card to-day for particulars 74 St. Antoine St., Montreal, Can.

With two buildings rearing skyward from 16 to 18 stories it seems a little late to lay down a degree that 10 stories shall be the limit for the rest of the city, particularly when plans are ready for a hotel and one or two new office buildings, one said to be for the Royal Bank to run twenty stories. The corner of King and Yonge streets promises soon to look like a canyon. Yet on the whole sentiment is favorable to the skyscraper. They appeal to civic pride, and they furnish light, airy and convenient offices. It is estimated that the new Royal Bank building will accommodate 2,000 persons. It, like the C. P. R. building and the Traders Bank building, in order before it, will be able to announce that it is the tallest building in the British Empire, for, curiously, the American continent, the part of the world that has the most unoccupied land, is the only place where the land saving device of building sky-scrapers has taken root. Most European cities have low buildings, and are prevented by law from having any other.

Many of Toronto's bank buildings are fashioned after the English model—low and ornate. This clash of English archi-tecture with American architecture promises to make down town Toronto exceed-ingly interesting from an architectural standpoint, though it ruins forever any prospect of symmetry or consistency.

Party Politics in University.

The proposal to introduce party politics into the undergraduate body at the University of Toronto may lead to consequences. From the earliest times to the present day undergraduate politics have been colorless, and to the outside public meaningless. There have always been two parties, but their platforms were generally joke platforms without reference to political party lines or anything else of a serious nature. The present movement seeks to bury these old parties in the dead past and to have the students in their undergraduate bodies, such as the Literary Society, come out frankly and divide as Grits and Tories, discussing and debating the public issues of the day from this standpoint.

The backers of the movement say this would give them a real preparation for Party Politics in University.

would give them a real preparation for public life after graduation, that now they are learning much about the politics of ancient Rome, but nothing about those of modern Canada. Also they point out that the undergraduates of Oxford discuss solition without harm or molesta. discuss politics without harm or molesta-

On the other hand the University of To-On the other hand the University of Toronto, being a state institution, the discussion of politics therein might raise some delicate situations. Sir James Whitney made a somewhat oracular declaration on the subject, in which he seemed to threaten the whole movement with extinction. It is claimed by Liberals that at present they greatly predominate numerically at the University. Whether this fact has anything to do with the movement or with Sir James' hostility cannot be stated.

Engineering Problems.

Engineering Problems. The Scarboro Waterworks' difficulty. 125 EggIncubator \$ 6 and Brooder FOR

mentioned last week, is but one of many engineering problems which are pussling the brains of all citizens who are interthe brains of all citizens who are interested in municipal problems at the present moment. For example, the city's \$750,000 filtration plant has been made the object of attack. It is charged that it is leaking at the rate of several million gallons a day. The leaks run both ways, sometimes leading the water out of the plant and sometimes letting polluted water in. This is very disquieting. The plant was built under the direction of Engineer Hazen, an American expert reputed to be one of the best in his business. He denies the allegations and has been permitted the opportunity of proving them wrong, with, it is said, considerable success. In this case the citizen who wants to know is informed that the case rests on the accuracy or otherwise of van-

success. In this case the citizen who wants to know is informed that the case rests on the accuracy or otherwise of venturi meters, which are used to measure the flow. The citizen is, of course, impressed, though it is doubtful if he is much wiser.

Then there is the viaduct problem in which the railways and the city have been locked in controversy for years past. Here, too, there is a maize of figures and engineering difficulties with which the average citizen finds it hard to grasp, though he can understand the fact that no matter what happens there is going to be a bill of several million dollars for the city to pay.

Again, there is trouble over a section of the sewerage system now well on towards completion. One of the outlets into the Lake which was taken off the hands of the contractors some months ago, and which has never been used, is said to have been crumbling to pieces and is already practically useless.

The fact is that Toronto has such a stupendous amount of civic improvements under way that the resources of public ownership are being taxed to the limit. Under the circumstances it would not seem to be surprising if certain errors of judgment and of execution should creep in, though the friends of good government are hoping they will be as few as possible. as possible.

The seeker after truth has a lifetime job.

He that will believe only what he can fully comprehend must have a very long head or a very short creed.—C. C. Colton.



You cannot afford brain-befogging headaches.

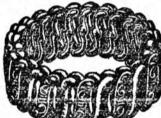
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