

## WEAK, TIRED PEOPLE

Are Usually the Victims of Pale Watery Blood.

Anaemia is the medical term for poor or watery blood. It may arise from a variety of causes, such as lack of exercise, hard study, improperly ventilated rooms or workshops, imperfect assimilation of food, etc. The chief symptoms are extreme pallor of the face, lips and gums; rapid breathing and palpitation of the heart after slight exertion; headaches, dizziness, sometimes fainting spells and a tendency to hysterics, swelling of the feet and limbs, a feeling of constant tiredness and a distaste for food. Dr. Williams' Pink Pills are a certain cure for anaemia, because they make new, rich blood, which stimulates and strengthens every organ and every part of the body. The following is one among thousands of cases of this serious trouble cured by the use of Dr. Williams' Pink Pills. Miss Georgina Raymond, St. Jerome, Que., says: "About a year ago my health began to give out. I suffered from headaches, heart palpitation, dizziness, and appeared to be threatened with a general breakdown. I was at this time employed in the family of a doctor, who, seeing my condition, gave me medicine. I took this faithfully for some time, but with no benefit, and I grew much discouraged. Then a friend advised me to try Dr. Williams' Pink Pills, saying that she had found a cure through them in similar conditions. I took her advice, got a supply of the pills and took them regularly for some time. Gradually I became strong, and in the course of a month or so I was again enjoying the best of health, and have not since had the least return of the old symptoms. I can heartily recommend Dr. Williams' Pink Pills to all weak girls."

Sold by all medicine dealers at 50 cents a box or six boxes for \$2.50 or sent by mail, post paid, by The Dr. Williams' Medicine Co.

## UNMARRIED GIRLS IN CAGES.

Custom Followed by Some Natives of New Britain.

The Rev. George Brown, D.D., who has passed many years of his life in the South Sea Islands endeavoring to stamp out polygamy and cannibalism among the natives, says in some parts of New Britain the natives have a custom of placing young women in strict seclusion before marriage by imprisoning them in cages for several years until they reach a marriageable age. Dr. Brown, says the London Globe, describes how on one occasion he inspected a number of these human cages.

"The cage was quite clean," he said, "and contained nothing but a few short lengths of bamboo for holding water. There was only room for a girl to sit or lie down in a crouched position on the bamboo platform, and when the doors are shut it must be nearly or quite dark inside. They are never allowed to come out, except once a day to bathe in a dish or wooden bowl

## Terrible Itching Got Little Sleep



Mr. T. Williams, Winnipeg.

## Until Cuticura Remedies Cured Him

Those who have suffered long and hopelessly from torturing skin eruptions will read with interest this letter from Mr. T. Williams, 115 Pacific Ave., Winnipeg (dated Jan. 14, 1911): "The Cuticura Remedies certainly did work finely, and I am thankful that there is such a remedy, and that I tried it. About three months ago a terrible itching commenced on my body. I could not understand it. It gradually grew worse and covered a large portion of my body. There was also a slight eruption of the skin, sort of a rash. I suffered greatly with the itching and at night time I had little sleep. I tried one or two remedies which did no good, and then I tried Cuticura Soap, Ointment and Resolvent. In about ten days I was completely cured."

For more than a generation the Cuticura Remedies have afforded the speediest and most economical treatment for itching, burning, scaly and bleeding skin and scalp humors, of young and old. Sold by druggists and dealers everywhere. For a liberal sample of Cuticura Soap and Ointment, with 32-p. book on the care of the skin and treatment of its affections, send a postal to the Fetter Drug & Chem. Corp., sole props., 51 Columbus Ave., Boston, U. S. A.

placed close to each cage. They are placed in the cages when quite young, and must remain there until their marriage.

## MACNAMARA'S STORY.

Mr. T. J. Macnamara, the Canadian who is Parliamentary secretary to the British Admiralty, spent his early manhood as a teacher in the board schools, and as a result he is possessed of a budget of humorous stories anent the difficulties that are met with when endeavoring to develop youthful minds.

One relates to a young and enthusiastic teacher who was trying



Dr. T. J. Macnamara.

his utmost to convey his idea of pity to his class. Said the teacher: "Now, supposing a man was working on a river, and suddenly fell into the water. His wife, hearing his screams, and knowing full well his peril, rushed immediately to the bank. Why did she rush to the bank?"

There was a dramatic pause. Then a small voice piped out: "Please, sir—to draw his insurance money."

## NEW GOVERNMENT BUILDING

Magnificent Structure for Exhibits at Canadian National.

The new Government building at the Canadian National Exhibition is being rushed to completion and will be ready for the year's Fair. It will cost \$160,000, of which the Dominion Government pays \$100,000, the Ontario Government \$25,000 and the City of Toronto the balance. It will be used for Provincial, Dominion and Educational Exhibits.

## THE DIFFERENCE.

Gibbs—"Ever notice that when a man is engaged to a girl he is mad if he can't always be alone with her?" Dibbs—"Yes, and I've also noticed that after they are married he's madder if he has to be."

Time Has Tested It.—Dr. Thomas' Eclectric Oil has been on the market upwards of thirty years and in that time it has proved a blessing to thousands. It is in high favor throughout Canada and its excellence has carried its fame beyond the seas. It has no equal in the whole list of liniments. If it were double the price it would be a cheap liniment.

To spare the religious susceptibles of the Egyptian peasantry, the 3 per cent. interest paid by savings banks is described as a reward to the depositor for saving his money.

No one need fear cholera or any summer complaint if they have a bottle of Dr. J. D. Kellogg's Dysentery Cordial ready for use. It corrects all looseness of the bowels promptly and causes a healthy and natural action. This is a medicine adapted for the young and old, rich and poor, and is rapidly becoming the most popular medicine for cholera, dysentery, etc., in the market.

## JACK'S WAY.

It is a fortunate boy who has an older brother to give him the benefit of his longer experience. "Don't sleep with your mouth open in that way," said Jack to his younger brother, as the daylight began to peer into their bedchamber. "You should breathe through your nose." "Yes, but I don't know when my mouth is open. What do you do when you wake up and find your mouth open?" "What do I do?" answered Jack, derisively. "Why, I get up and shut it, of course."

Hats were first made in the year 1404.

In Iceland bread is made by beating to powder dried codfish.

Minard's Liniment Cures Distemper.

## MADE HIS OWN COFFIN.

Ernest Feldkirch, a Gottingen carpenter eighty-six years of age, has cheerfully looked death in the face for twenty-six years. His first illness, which came when he was sixty, suggested to him that, having no relatives, he should provide for his burial himself, and as soon as he recovered he set to work and made himself a coffin, which he placed conveniently beside his bed. After a number of years it began to decay, and he was obliged to make another. The second is now in the same condition as the first, and his friends are urging Feldkirch to discard it for a third. The old man, who is hale and happy as ever, declares he will make one more, and if he finds it decaying he will give the business up as a bad job.

## SUMMER SKIN TROUBLES.

Sunburn, blistering, and irritation are the commonest form of summer skin troubles, and Zam-Buk ends these very quickly. It works in two ways. As soon as applied, its antiseptic powers get to work and kill all the poison in a wound, a sting, or a sore. This generally ends the smarting and the pain. Then Zam-Buk begins the healing process, and fresh healthy tissue is built up. For sore, blistered feet, sore hands, heat rashes, baby's heat spots, sore places due to perspiration, etc., you can't equal Zam-Buk. Druggists and stores everywhere sell Zam-Buk, 50c. box. Use Zam-Buk Soap also, 25c. per tablet. All stores, or Zam-Buk Co., Toronto.

## FRESH AIR IN THE COUNTRY.

Jaded Town Dweller—"How fresh the air seems down here in the country! In the city it is intolerable." Son of the Soil—"Yes, indeed, sir! For my part I've often wondered why they don't build the city out in the country where there's better air and more room!"

Corns cripple the feet and make walking a torture, yet sure relief in the shape of Holloway's Corn Cure is within reach of all.

Little Elsie (after being punished)—"I think papa is dreadful. Was he the only man you could get, mamma?"

## Minard's Liniment Cures Cargat in Cows.

"What are you going to name the baby?" "We thought of calling her 'Scandal'!" "But why?" "We can't hush her up!"

Mothers can easily know when their children are troubled with worms, and they lose no time in applying the best of remedies—Mother Graves' Worm Exterminator.

## GRANDMA KNEW.

"Grandmother, which of my parents do I resemble?" "Both, child. You have your mother's remarkable capacity for spending money, and your father's genius for not making any."

A Medical Need Supplied.—When a medicine is found that not only acts upon the stomach, but is so composed that certain ingredients of it pass unaltered through the stomach to find action in the bowels, then there is available a purgative and a cleanser of great effectiveness. Parmelee's Vegetable Pills are of this character and are the best of all pills. During the years that they have been in use they have established themselves as no other pill has done.

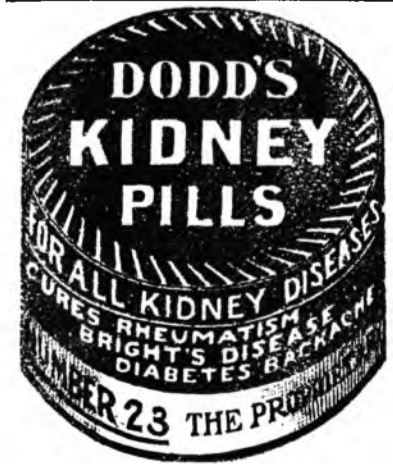
Cider was made in England so long ago as the thirteenth century.

## Minard's Liniment Cures Diphtheria.

## HE FOUND IT.

"Eureka!" exclaimed Mr. Green, who, with a lighted match in his hand, was down in the cellar hunting for a leak in the gas pipe.

A moment later Mrs. Green sadly remarked: "That's just our luck. Now we'll have to pay out more money to get the roof fixed."



ED. 7.

ISSUE 28-'12

Five cups of this most delicious beverage for one cent

# LIPTON'S TEA

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## CARPET DYEING

and Cleaning. This is a specialty with the British American Dyeing Co. Send particulars by post and we are sure to satisfy. Gold Medal Dist. Address Box 233, Montreal



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Is guaranteed to keep flies off your Cattle \$2.00 PER GALLON Dilute with 4 gallons of water. Write for a gallon now to THE MACLAREN IMPERIAL CHEESE CO. LTD., WOODSTOCK, ONTARIO. Sole Mfrs.—The Sapho Manufacturing Co., Limited, Montreal.

## EXPECTED TOO MUCH.

Customer (sarcastically)—"I've managed to cut this steak, but I'm bothered if I can chew it." Waiter—"Yes sir. We guarantee our knives, but our responsibility does not extend to our customers' teeth."

Pills for Nervous Troubles.—The stomach is the centre of the nervous system, and when the stomach suspends healthy action the result is manifest in disturbances of the nerves. If allowed to persist, nervous debility, a dangerous ailment, may ensue. The first consideration is to restore the stomach to proper action, and there is no readier remedy for this than Parmelee's Vegetable Pills. Thousands can attest the virtue of these pills in curing nervous disorders.

## SHE COUNTED SHEEP.

"Well, and how did your mother sleep last night? Did she follow my advice and begin counting sheep?" "Yes, she counted eighteen thousand." "And then fell asleep?" "No; then it was time to get up."

Minard's Liniment Co., Limited. Gents.—I cured a valuable hunting dog of mange with MINARD'S LINIMENT after several veterinarians had treated him without doing him any permanent good. Yours, etc., WILFRID GAGNE, Prop. of Grand Central Hotel, Drummondville, Aug. 3, '04.

HE DESERVES IT. Proud Ma—"There isn't another person in the city can play like Alfonso." Uncle Gustave—"Is there another person who would want to?"

## When Your Eyes Need Care

Try Murine Eye Remedy. No Smarting—Feels Fine—Acts Quickly. Try it for Red, Weak, Watery Eyes and Granulated Eyelids. Illustrated Book in each Package. Murine is compounded by our Oculists—not a "Patent Medicine"—but used in successful Physicians' Practice for many years. Now dedicated to the Public and sold by Druggists at 25c and 50c per Bottle. Murine Eye Salve in Aseptic Tubes, 25c and 50c. Murine Eye Remedy Co., Chicago

## Minard's Liniment Cures Colds, Etc.

PREVENTATIVE OF ROT. Instead of treating wood to preserve it from rot, an inventor of Budapest arrives at the same result by a reversal of this operation, for he treats the earth to surround the posts in such a manner as to destroy all germs and insect life. This process serves as a substitute where it is difficult to secure the treated lumber. It is called "peristerilization."

The modern girl is never satisfied until she gets a hat too large for her head and shoes too small for her feet.

Trade unions in the United States have a membership exceeding one and a half millions.

## FARMS FOR SALE.

H. W. DAWSON, Ninety Colborne Street, Toronto.

EIGHT THOUSAND DOLLARS WILL buy beautiful hundred acres in Northumberland County, including Stock and Implements. There is in the stock 4 horses, 10 cows, etc. This is a snap, and can be had on easy terms. Possession at once.

GOOD FARMS IN LINCOLN, WELAND, Halton, Peel, York, Durham, Northumberland, Prince Edward counties at reasonable prices.

ALBERTA, SASKATCHEWAN AND Manitoba lands in large or small blocks.

FRUIT FARMS—ALL SIZES, IN THE Niagara Fruit Belt.

H. W. DAWSON, Toronto.

## MALE HELP WANTED.

RAILWAY AGENTS, TELEGRAPHERS and Clerks in great demand throughout Ontario and North West. Six Months will qualify you. Day and Mail courses. Positions secured. Free Book 18 explains. Dominion School Telegraphy, Toronto.

## MISCELLANEOUS.

HAY AND FARM SCALES, Wilson's Scale Works, 9 Esplanade, Toronto.

CANCER, TUMORS, LUMPS, etc. Internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

TON SCALE GUARANTEED, Wilson's Scale Works, 9 Esplanade, Toronto.

FARMERS! SEND YOUR NAME AND get valuable information. D. Bell, 93 Argyle Street, Toronto.

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It pays to keep your stock free of flies—contended cows give 24 more milk; horses work harder and on one feed. Cattle less than 1/2 cent a head per day. Use Cooper's Fly Knocker and save money. Easy to use—economical—efficient—see. Quarts (Imperial) 50c; Gallons (Imperial) \$1.25. Special circular free—tell us what others say about Cooper's. Any dealer or

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—ON THE—

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