

TOLD HER TO REST BUT SHE COULDN'T

BUT MRS. CHEFF FOUND A
CURE IN DODD'S KIDNEY
PILLS

She suffered from Rheumatism,
Neuralgia and other symptoms of
Diseased Kidneys—Dodd's Kidney
Pills made her strong and
healthy.

Peveril, Vaudreuil Co., Que.,
Oct. 2 (Special)—One more of the
tired, pain-wrecked women of Can-
ada has found relief and new life
in Dodd's Kidney Pills. She is
Mrs. Jos. Cheff, of this place, and
she never tires of telling her neigh-
bors of her wonderful cure or sing-
ing the praises of the good old re-
medy that brought it about.

"I suffered from Rheumatism,
Neuralgia, Violent Headaches and
Palpitation of the Heart," Mrs.
Cheff states. "My back ached. I
was always tired and nervous and
I had weak spells. My doctor told
me to just rest, but that was just
what I couldn't do, till reading of
the cures of others led me to try
Dodd's Kidney Pills.

From the first dose they helped
me. I soon left my bed and started
to do my ordinary housework.

"I took in all twelve boxes of
Dodd's Kidney Pills and now my
health is excellent. I recommend
Dodd's Kidney Pills to all suffering
women."

Thousands of Canadian women
will tell you that Dodd's Kidney
Pills are the one sure relief for suf-
fering women.

FEAR AS A DISEASE.

Physicians Now Recognize Many
and Strange Phobias.

Fear as a disease had not received
serious attention until recent
years. Now it is recognized by the
medical profession that there is a
whole list of phobias, as they are
called, which are quite distinct from
normal and legitimate condition
of fear due to some natural cause.

Thus there is the fear of open
or closed places, says the Medical Re-
cord, fear of high places, fear of
men or women, fear of crowds and
of solitudes, fear of animals, fear
of insects, fear of darkness, fear
of accidents, fear of fire, fear of
travel, and in fact fear of anything.

There is no end to the absurdity
of acts which may be occasioned by
these persistent ideas of fear. Those
that possess the fear of riding on a
train find no pleasure in travelling;
those that have fear of closed places
do not enjoy going to church, and
generally always sit near the door
ready to fly at the first sign of
danger.

Various fears may also develop in
connection with the occupation of
the patient; for instance, barbers
sometimes suffer these attacks
whenever they see a razor, or tele-
graphers when they catch sight of
their instruments, which finally
necessitates giving up the occupa-
tion.

Among women especially there
occurs the fear of dirt, contagion or
infection. The countless bacteria
always present in the air are the
chief source of annoyance. The
patients are always complaining of
bad air and are always throwing
open the windows. Books are es-
pecially avoided as a possible
source of contagion. In patients
with fear of injury they will throw
away all needles in the house or
they will no more wash windows

for fear that the glass might break
and cut them.

The intellect in these cases is not
only undisturbed but may be un-
usually good. Patients exhibit
throughout a pronounced feeling of
mental illness and frequently a
clear insight into the morbidity of
the individual symptoms.

The more common of the various
phobias as classified by Beard are
as follows: Claustrophobia, fear of
narrow or closed places; agora-
phobia, fear of open places; astraphobia, fear of lightning; mono-
phobia, fear of being alone; patho-
phobia, fear of disease; mysophobia, fear of contamination;
siderodromophobia, fear of rail-
road travel; acrophobia, fear of be-
ing at a height or looking over
precipices; thanatophobia, fear of
death.

It is to be emphasized that the pho-
bias in question are not normal
fears, based, as normal or natural
fears are, on some reasonable and
justifying experience. A reasonable
and justifiable normal fear of light-
ning might arise after the experience
of having been at some time in a
house struck by lightning.

Other fears, such as the fear of
riding in a buggy after having been
in a runaway, or the fear of a voy-
age at sea or railway after a fright-
ful shipwreck or railway accident,
is a more or less natural or reason-
able fear, as the fear of hoodoos and
ghosts is among the superstitious
or those accustomed to ghost stories
and tradition of goblin visitation,
&c.

These fears do not require a
warped brain for their lodgment,
though the weakened brain may be
more vividly impressed by them.
To be regarded as symptoms of dis-
ease these fears must be groundless
so far as influences external to the
brain are concerned. They must
proceed from a morbid state of the
brain and not from properly excit-
ing external causes. They must be
fears peculiar to the individual un-
der peculiar circumstances of cere-
bral disturbance and not fear
common to others and due to causes
that naturally cause alarm and
frighten.

LOW COLONIST FARES TO THE PACIFIC COAST.

Via the Chicago, Union Pacific and North West-
ern Lines, daily from September 15th to October
15th from all points in Canada. Pullman tourist
sleeping cars daily. Personally conducted Califor-
nia tours in Pullman tourist sleeping cars on
through trains leave Chicago Tuesday and Thurs-
day of each week. For rates, folders and full
particulars apply to B. H. Bennett, Genl. Agt.,
46 Yonge St., Toronto, Ontario.

If the drain in the sink becomes
stopped up, remove all water from
sink and pour in a pint or more
gasoline and let stand; this will
cut the cause of stoppage in a little
while.

TRY MURINE EYE REMEDY
for Red, Weak, Watery, Watery Eyes
and Granulated Eyelids. Murine Doesn't
Smart—Soothes Eye Pain. Druggists
Sell Murine Eye Remedy, Liquid, 25c,
50c, \$1.00. Murine Eye Salve in
Aseptic Tubes, 25c, \$1.00. Eye Books
and Eye Advice Free by Mail.
Murine Eye Remedy Co., Chicago.

AFTER MATURE REFLECTION.

We would not care to be a steeple-
jack or premier of Russia.

Cholera morbus, cramps and kind-
red complaints annually make
their appearance at the same time
as the hot weather, green fruit,
cucumbers, melons, etc., and many
persons are debarred from eating
these tempting things, but they
need not abstain if they have Dr.
J. D. Kellogg's Dysentery Cordial
and take a few drops in water. It
cures the cramps and cholera in a
remarkable manner and is sure to
check every disturbance of the
bowels.

PADDY "IN THE INTERIM."

The habit of verbosity is a stand-
ard characteristic of human nature.
We have all met people who are
fond of using high-sounding speech.
A gentleman said to his servant
Pat: "I am going to town at 10
o'clock, and shall weed out the cu-
cumber bed in the interim."

"Interim," thought Pat, "that's
a queer name for a garden, any-
how."

"Is Mr. Smith at home?" asked
a visitor who came shortly after-
wards.

"Yes, sir; ye'll find him at work
in his interim, there beyant," an-
nounced Pat.

Little Turkeys.—Take pork ten-
derloins and cut lengthwise
through the middle, being careful
not to cut in half; fill with dressing
you would use for turkey; sew or
pin together with toothpicks; bake
for twenty minutes in a pan in
which there is enough water to
cover the bottom when baked. Make
a gravy of water left in pan. Nice
to add strip of bacon over top.

Stops a Cough Quickly --Even Whooping Cough

Sixteen Ounces of the Quickest, Surest
Cough Remedy for 50c. Money
Refunded if it Fails.

If you have an obstinate, deep-seated
cough, which refuses to be cured, get a 50-
cent bottle of Pinex, mix it with home-
made sugar syrup and start taking it. In-
side of 24 hours your cough will be gone, or
very nearly so. Even whooping-cough is
quickly conquered in this way.

A 50-cent bottle of Pinex, when mixed
with home-made sugar syrup, gives you 16
ounces—a family supply—of the finest
cough remedy that money could buy, at a
clear saving of \$2. Very easy to prepare—
full directions in package.

Pinex soothes and heals the inflamed
membranes with remarkable rapidity. It
stimulates the appetite, is slightly laxa-
tive, and has a pleasant taste—children
take it willingly. Splendid for croup,
asthma, bronchitis, throat tickle, chest
pains, etc., and a thoroughly successful
remedy for incipient lung troubles.

Pinex is a special and highly concen-
trated compound of Norway White Pine
extract, rich in gualacoid and other healing
pine elements. It has often been imitated,
though never successfully, for nothing else
will produce the same results. Simply mix
with sugar syrup or strained honey, in a
16-ounce bottle, and it is ready for use.

Anyone who tries Pinex will quickly
understand why it is used in more homes
in the U. S. and Canada than any other
cough remedy. The genuine is guaranteed
to give absolute satisfaction or money re-
funded. Certificate of guarantee is
wrapped in each package. Your druggist
has Pinex or will get it for you. If not, send
to The Pinex Co., Toronto, Ont.

NOT HE.

The "Angel" (about to give beg-
gar a dime—Poor man! And are you
married?)

Beggar—Pardon me, madam!
D'ye think I'd be reyn' on total
strangers for support if I had a
wife?

Comfort for the Dyspeptic.—
There is no ailment so harassing
and exhausting as dyspepsia, which
arises from defective action of the
stomach and liver, and the victim
of it is to be pitied. Yet he can
find ready relief in Parmelee's Ve-
getable Pills, a preparation that
has established itself by years of
effective use. There are pills that
are widely advertised as the great-
est ever compounded, but not one
of them can rank in value with Par-
melee's.

HIS INTENTIONS.

"Are you going to start a gar-
den next year?" "I am not," re-
plied the luckless amateur. "Next
year, instead of burying good stuff,
I'm going to eat it."

It Bids Pain Begone.—When neu-
ralgia racks the nerves or lumbago
cripples the back is the time to
test the virtues of Dr. Thomas' Ec-
lectric Oil. Well rubbed in it will
still the pain and produce a sensa-
tion of ease and rest. There is no-
thing like it as a liniment for its
curative properties are great. A
trial of it will establish faith in it.

Mrs. O'Flannery—"Whatever are
ye doing, Pat, sitting in front of
the glass with your eyes shut?"
Pat—"Sure, I'm just looking to see
how Oi shall look when I'm dead."

Minard's Liniment Cures Burns, Etc.

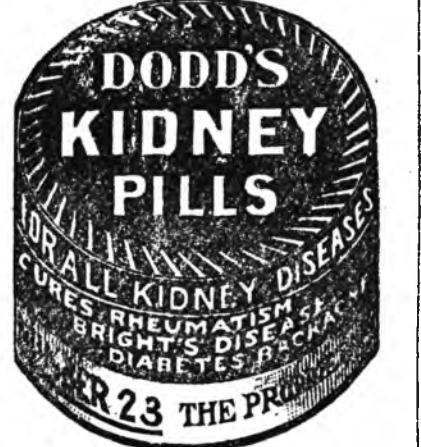
"Does your wife go to services to
see what other women wear?"
"No," replied Mr. Cumrox. "We
are now sufficiently prosperous for
her to go in order to let other wo-
men see what she wears."

Corns cause much suffering, but
Holloway's Corn Cure offers a
speedy, sure, and satisfactory re-
lief.

You can tell when a woman is
growing stout by how she talks as
if she were afraid of wasting away.

Minard's Liniment Cures Dandruff.

New Bags.—Make bags of some
heavy material such as cretonne or
denim, and place your hammocks
in them. Use stout rings on the
top to close it or even button one
side over with a lap. Make similar
ones for your summer parasols.
Never make your pieces bags of any-
thing except firm mosquito netting.
You can see in and save time.



ED. 7

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MEAT RECIPES.

Spanish Steak.—Take a flank of
steak. Cut off all the fat and fry
it brown in plenty of butter, lift
out and put in a baking pan.
Sprinkle with salt and pepper and
fry a sliced onion brown in the
butter remaining in the frying pan.
Spread onions over the steak and
cover it with can of tomatoes, juice
and all. Cover and bake an hour
in a slow oven, basting frequently.
Make gravy of drippings remaining
in the pan and serve piping hot.

Fried Chicken.—Cut one or two
small chickens in half and dredge
with flour. Heat some lard until
smoking hot, then lay in the chick-
en. After the first few minutes
cook slowly, turning so it can brown
on all sides. When done take up
and place on a platter, pour off all
the lard excepting one tablespoon-
ful, place this over the fire again
and add a heaping tablespoonful of
flour, stir until it is brown, then
add slowly one cup of milk, some
butter, pepper, and salt, and let
cook five minutes; pour over the
chicken and serve immediately.

Jellied Veal.—Buy a veal shank
for 20 cents, cover with cold water,
let come to a boil and skim care-
fully. Add one medium size onion,
a bay leaf, small piece of red pep-
per, salt and six whole cloves. Boil
slowly till meat falls off bones.
Take out the meat, strain liquid
and let it cool while the meat is
picked into small pieces. Remove
grease from the liquid, add to the
meat, put into bowls to cool. Serve
on lettuce leaves with mayonnaise
dressing. Be sure to have plenty
of liquid.

The Best Liver Pill.—The action
of the liver is easily disarranged.
A sudden chill, undue exposure to
the elements, over-indulgence in
some favorite food, excess in drink-
ing, are a few of the causes. But
whatever may be the cause, Par-
melee's Vegetable Pills can be relied
upon as the best corrective that
can be taken. They are the leading
liver pills and they have no super-
iors among such preparations.

CONTRARY.

Gibbs—Your wife seems to be a
contrary sort of woman.

Dibbs—Contrary! Why, when-
ever I ask her to darn my stock-
ings she knits her brows.

Minard's Liniment Co., Limited.
Gents.—A customer of ours cured a very
bad case of distemper in a valuable horse
by the use of MINARD'S LINIMENT.
Yours truly,
VILANDIE FRERES.

Mr. Homebody—I see you keep
copies of all the letters you write
to your wife. Do you do it to avoid
repeating yourself? Mr. Faraway
—No. To avoid contradicting my-
self.

Pain and Swelling seldom indi-
cate internal organic trouble. They
are usually the result of local cold
or inflammation which can be
quickly removed by Hamlin's
Wizard Oil.

FREQUENTLY THE CASE.

"What does your husband like
for his breakfast?"
"Anything I haven't got in the
house."

A pleasant medicine for children
is Mother Graves' Worm Extermina-
tor, and there is nothing better
for driving worms from the system.

If a man's hope of a future life
misses fire he has no kick coming.

Minard's Liniment Relieves Neuralgia.



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STOCK BROKER
Member Standard Stock and Mining Exchange
LISTED STOCKS CARRIED ON MARGIN
Correspondence invited.
33 MELINDA ST., TORONTO

BANKS AND BONDS

Q Bonds have the preference as
safe and profitable investments.

Q Formerly Banks, Insurance
Companies and other financial
concerns invested their cash sur-
pluses largely in Real Estate
Mortgages, to-day they are
purchasing the Bond issues of
established and prosperous cor-
porations considering that they
offer the greatest security and
best interest returns.

Q There is no reasonable argu-
ment to offset the fact that what
is the best investment for the
Bank surplus is the best invest-
ment for the individual investor.

Q Write to-day for our booklet
on Bonds, and Bond issues we
recommend.

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ONE OF AMERICA'S GREATEST
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Over 2,000 choice positions filled in past
Four Years.
Some others just filled—J. B. HANN, from
Newfoundland, placed with Sask. Milling Co.,
Moose Jaw, as Steno. FERN SMITH, Steno.,
Peabody Overall Co., Windsor. E. C. ROBINSON
Bkpr., with Bell Furniture Co., Southampton,
Ont. FLORENCE ANDERSON, Steno. and Bkpr.,
Can. Volvair Co., Chatham. MILDEB AND-
ERSON, Steno., with De Laval Separator Co.,
Winnipeg. R. J. SCOTT, teacher, with Drake
College, Newark, N. J. The salaries of the three
shown last week average over \$100 per annum.
The salaries of the six huge shown average close
to \$70. Our students are prepared for the big
positions where the big pay is offered. IT PAYS
TO ATTEND THE BEST. Catalogue 88 tells of
the work at Chatham. Catalogue 84 tells of our
home courses. Address: B. McLAGHAN & CO.,
C. B. College, Chatham, Ont.

FARMS FOR RENT AND SALE.

ASK DAWSON, HE KNOWS.

If you want to sell a farm, consult
me.
If you want to buy a farm, consult
me.
I HAVE some of the best Fruit, Stock,
Grain or Dairy Farms in Ontario,
and prices right.

H. W. DAWSON, Ninety Colborne
Street, Toronto.

AGENTS WANTED.

AGENTS WANTED.—A study of other
Agency propositions convinces us
that none can equal ours. You will
always regret it if you don't apply for
particulars to Travellers Dept., 228
Albert St., Ottawa.

BOY AND GIRL AGENTS! SELL
twenty-four packages of postcards
for us at 10c. each and receive an Air Gun
or Doll free. L. Bottomley & Co., Mar-
shall, Sask.

START TEA ROUTE TO-DAY. Send
postal for circulars or 10c for
samples and terms. Alfred S. Tyler, London,
Ont.

MISCELLANEOUS.

HAY and FARM SCALES, Wilson's
Scale Works, 9 Esplanade, Toronto.

SAWMILL MACHINERY, PORTABLE
Engines and Boilers, Shingle Mills,
Engines and Boilers, Mill Supplies. The
E. Long Manufacturing Co., Ltd., West
Street, Orillia, Ontario.

AGENTS WANTED. A LINE FOR
every home. Write us for our choice
greatest agency proposition in Canada
to-day. No outlay necessary. Apply B.
C. I. Co., 228 Albert St., Ottawa.

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trade, expert instruction, constant
practice, tools free, always sure employ-
ment for a barber. Write for catalogue,
Moler Barber College, 221 Queen East,
Toronto.

CANCER, TUMORS, LUMPS, etc. In-
ternal and external, cured without
pain by our home treatment. Write us
before too late. Dr. Bellman Medical Co.,
Limited, Collingwood, Ont.

TON SCALE GUARANTEED, Wilson's
Scale Works, 9 Esplanade, Toronto.

SPECIALISTS' ADVICE FREE. Consult
us in regard to any disease. Lowest
prices in drugs of all kinds.
Fees fitted by mail. Send measure-
ment. Glasses fitted by age. Write to-day
for anything sold in first-class drug
stores to Dr. Bellman, Collingwood, Ont.

CLEANING LADIES'
WALKING OR OUTING SUITS
Can be done perfectly by our French process. Try it.
British American Dyeing Co.,
Montreal, Toronto, Ottawa and Quebec.

The Soul of a Piano is the Action. Insist on the "OTTO HIGEL" Piano Action

Visitor (to little girl)—"And were
you born in India?" "I was."
"What part?" "All of me, of
course!"

Well, Well!

THIS is a HOME DYE
that ANYONE
can use



CLEAN and SIMPLE to Use.
NO chance of using the WRONG Dye for the Goods
one has to color. All colors from your Druggist or
Dye-er. FREE Color Card and STORY Booklet 11.
The Johnson-Richardson Co., Limited, Montreal.