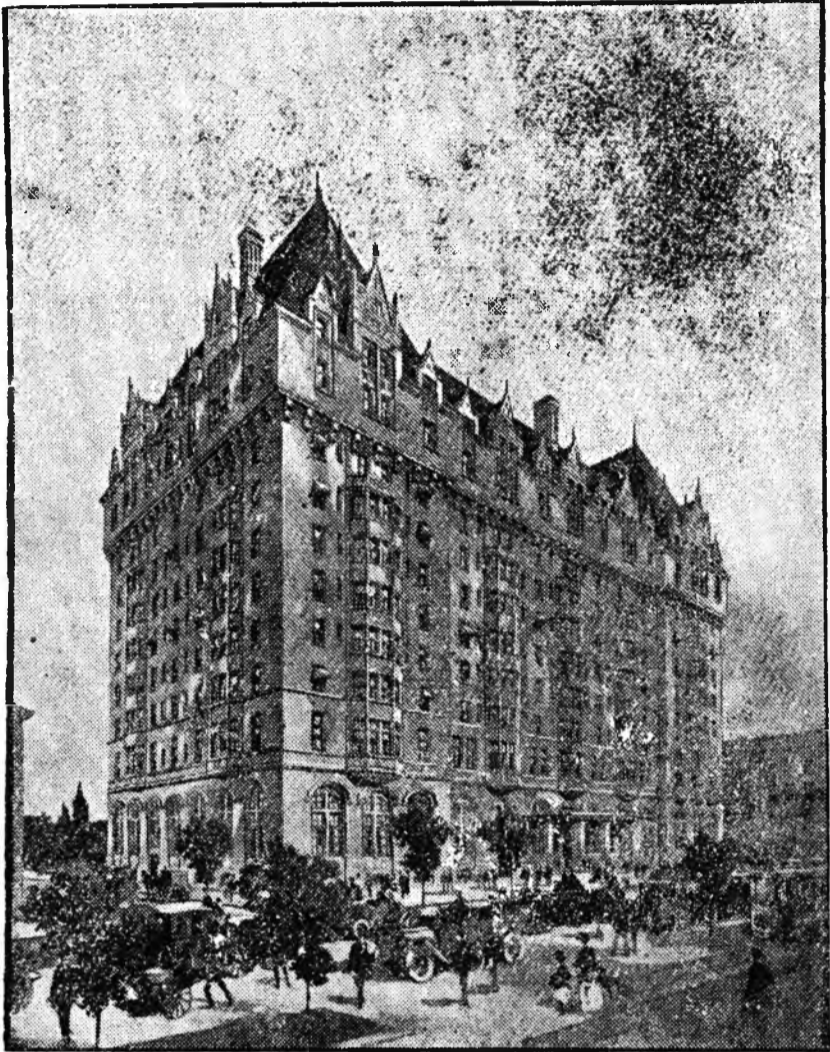


Honest Tea  
is the best policy  
**LIPTON'S TEA**  
OVER 2 MILLION PACKAGES SOLD WEEKLY



**"THE SELKIRK,"** Palatial New Hotel of the Grand Trunk Pacific at Winnipeg.

The above is the plan which has been approved by the Grand Trunk Pacific management for the new hotel which the company intends to erect in Winnipeg. This hotel, which in appearance and luxuriousness of appointments is to be the equal of the Chateau Laurier, at Ottawa, will cost in round figures one million dollars. It will be situated on Broadway, near the Manitoba Club, and close to the new Union Station. It has been definitely decided to call the hotel "The Selkirk," which not only has the merit of being a highly distinctive and appropriate name, but also one which is historically associated with Winnipeg and with the development of the West generally.

Messrs. Ross and Macfarlane, of Montreal, are the architects for the hotel. They are now working on the detailed plans, and construction is to commence forthwith.

This hotel will be the first of a chain of similar hotels to be erected throughout the West by the company. To-day the management announced the purchase of a centrally situated site opposite the Edmonton Club on McDougall Avenue, Edmonton, for the erection in the near future of another large hotel. The Company has also just closed a deal by which it secures a very advantageous site for a new station to be erected in the city of Calgary.

**EATING IN SUMMER.**

**Amount Should Not Be Reduced Unless Work is Lessened.**

Diet in hot weather is a subject on which there are dangerous popular and professional delusions. Without the slightest evidence the alleged experts are advising people to cut down the diet, irrespective of the amount of work done.

"The hard worker must take in as much fuel in summer as winter or live on his own tissues. The only man who can afford to cut his diet is he who cuts his work with the hot weather—and that only means those who can afford leisure, not the vast majority, whose busy season is in the summer. The building trades and many other outdoor employments shut down in the winter and the laborer needs less food like an idle ship at her dock, yet our experts tell these idlers to eat more simply because it is winter.

What we do know is that to resist infections man must be well nourished. Summer or winter, idle or busy, and the average healthy man can extract nourishment from almost all articles used as foods, if he won't gulp them in a hurry like a dog or chew them like a cow.—American Medicine.

**SUGAR FOR WEAK HEARTS.**

**English Doctor Advises Its Use For Various Disorders.**

The British Medical Journal recently began a series of articles by Sir James Sawyer, advocating the use of sugar as a heart tonic. He prescribes it also in wasting disorders, some forms of anaemia,

dynamic rheumatism and nervous diseases. He finds patients increase in weight, power, strength, and vigor, and in those of neuroathenic tendencies he finds that the results are especially good.

The patient is advised to carry with him about half a pound of lump sugar and to eat it from time to time, except just before a meal. In concluding his paper the English physician declares that henceforth we must think of members of the sugar group as sustainers and developers of the heart muscles and of benefit in a large variety of cardio-vascular troubles.

Pure cane sugar should be used. The purity of the product is assured if two lumps become luminous when rubbed together in the dark. If the lumps do not shine, the manufacturer of the same may be denounced as a luminosity.

**A MOTHER'S PRAISE OF BABY'S OWN TABLETS**

Mrs. Allen Mason, Carleton, N. B., writes: "I have used Baby's Own Tablets ever since I have had children, and that is going on fifteen years. I have always found them entirely satisfactory for all the ailments of little ones and feel that I cannot praise them too highly." Mrs. Mason's praise is just that of thousands of mothers who consider Baby's Own Tablets the only safe and sure remedy to keep in the house for their little ones. The Tablets are sold by medicine dealer, or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

**FADING AT THIRTY**

**When Woman Should be in the Pride of Charm and Beauty**

At thirty to thirty-five a woman should be in the prime of charm and beauty, and yet many women begin to fade before then. Wrinkles appear and the complexion grows sallow. Dark rings surround the eyes, and headaches follow, with backaches and low spirits. The cause of this is simply need of blood nourishment. Good, pure blood is the life of a woman's beauty and health. It is good blood that brings the glow of health to the cheek, brightness to the eye, and elasticity to the step, and the general happiness of good health. When woman feels jaded and worn out her blood supply needs attention, and the one unrivalled and sure remedy is Dr. Williams' Pink Pills, which supply the rich, red blood that repairs the waste, dispels disease and restores the brightness and charm of womanly health.

Mrs. H. G. Hart, Winnipeg, Man., is one of the thousands of sufferers who owes her present health to Dr. Williams' Pink Pills. She says: "I had suffered for a long time, not knowing what the trouble was. I had doctored with several doctors, but only seemed to be growing worse. The last doctor I had told me the trouble was anaemia, that my blood was turned to water and that my condition was serious. But his treatment, like the rest, did me no good. I got so bad that if I excited myself, or went up stairs, I was completely out of breath and felt as if I was going to suffocate. My heart would palpitate violently, and at times I would suffer with terrible pains from it. I had a yellow complexion, my lips had lost their color, and I had no appetite and could not eat. I grew so weak I could hardly drag myself along, and my feet seemed to have weights on them. I was so completely run down that I thought I was going into consumption. At this time a friend urged me to take Dr. Williams' Pink Pills. After taking a few boxes I found my health improving, and after taking the Pills for a couple of months I was entirely well, and have since enjoyed the best of health, and I feel that I can never say enough in praise of Dr. Williams' Pink Pills."

These Pills are sold by all dealers in medicine or sent by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

**WOMAN BURIED ALIVE.**

**Put in Grave With Man She Had Killed to Save Honor.**

On the Russian gold working near Argun, in eastern Siberia, numbers of Korean workmen are employed and whole colonies of Koreans have been established in the vicinity.

A grim story illustrating the ideas of popular justice which obtain among these people is narrated by the Novoye Vremya. It appears that a certain Tschusain, returning to the district after a somewhat prolonged absence, sought to renew a love affair which he had previously had with a Korean woman named Lo. The woman had in the meantime married and resisted her former lover's advances. He persisted, and in defence of her honor she killed him.

Thereupon a court was convened from among the Korean community and the six eldest men present passed sentence that the woman should be buried alive. She was dragged away to the grave of Tschusain, which was opened, and after having been stunned with a blow on the forehead from a billet of wood, she was thrown in with the decomposed corpse of her would-be betrayer and buried in the presence of the entire local Korean populace.

On the news becoming known to the Russian authorities the grave was again opened and the story verified, with the result that the members of the court will now have to stand trial for murder.



Passenger—Somehow I always feel easier travelling steerage than too far forward.—Life

**THE SUNDAY SCHOOL STUDY**

**INTERNATIONAL LESSON, JUNE 18.**

**Lesson XII.—The downfall of Samaria, 2 Kings 17. 1-18. Golden Text, Prov. 29. 1.**

Verse 1. The twelfth year of Ahaz—One of the worst of the kings of Judah. See lesson for last Sunday—Word Studies.

Hoshea son of Elah—There are no special manifestations of strength in the character of this king. To be sure he is singled out of all the kings of Israel, for commendation (rather negative) to the effect that, while he had done some evil, it was not as the kings of Israel that were before him. But he had none of the faith nor the positive qualities of the reformer. Doubtless he did not replace the calf at Dan which the Assyrians had taken away. But he lacked the energy to bring back the old worship. Indeed, he seems to have lived with one eye upon the Assyrian power and the other upon his own interest. He was an opportunist, as he was a puppet. It would have required a man of broad, disinterested statesmanship, courage, and unyielding trust in God, to steer the already battered ship through the stormy waters of this eventful era.

3. Hoshea . . . brought him tribute—This humiliation was the result of the differences which had existed between Ahaz, king of Judah, and Pekah, king of Israel. The former had called in Tiglath-Pileser to defend him against Pekah and the king of Syria. When Pekah had been disposed of, Hoshea, who was a conspirator, was given this vassal sovereignty in Samaria. From inscriptions we learn that the tribute was a heavy one, ten talents of gold (\$200,000) and 1,000 talents of silver (\$1,250,000).

4. The king of Assyria shut him up—This is all we know of the fate of Hoshea, except a possible hint in Micah 5. 1. Some conjecture that a battle was fought, and the king captured, before the walls of the capital. At any rate, the cause of this sudden vengeance is not hidden. Hoshea was playing a double and losing game. If his cessation of payment of the annual tribute had been followed immediately by the arrival of the Egyptian forces, he might have won. But his ruin was in the procrastination of King So. When it was too late Hoshea tried to propitiate Shalmaneser with gifts. But the Assyrian monarch was aware of his duplicity.

6. Ninth year of Hoshea — Samaria was taken B. C. 722. Sargon, probably a usurping officer of the army, had succeeded Shalmaneser the year before. Samaria was not destroyed. The inhabitants who were carried away in captivity were replaced by foreign colonists, under Assyrian governors.

Placed them in Halah—North of Thapsacus, on the Euphrates. Sargon reported the number as about 27,000. The record of these wholesale deportations of men, women, and children, flocks and wagons, is preserved on the tablets in Sargon's palace at Khorsabad. The Habor is the same as the modern Khabour, a river in northern Assyria, flowing into the Euphrates.

8. Kings of Israel—Jeroboam, who introduced the calf-worship, and Ahab, who was responsible for Baal-worship in Israel, are especially in the thought of the writer as he digresses to summarize the lessons of his story.

9. Tower . . . fortified city—That is, they set up their secret bowers



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and wicked images not only in populous but also in sparsely settled places, such as sheepfolds and vineyards.

13. By every prophet—Israel had failed in her high mission in spite of the warnings and exhortations of such men as Ahijah, Elijah, Elisha, Micaiah, Jonah, Amos, Hosea, Nahum, Oded, and Jehu. The mention of such names shows how much more God had given to Israel than to Judah.

16. Asherah—Singular of Asherim. Lewd images, presumably of the Phoenician goddess Ashtoreth. The worship of the starry host of heaven was borrowed from the Assyrians. It is never mentioned in the Mosaic law until after the Israelites had come in contact with these eastern peoples.

17. Caused their sons . . . to pass through the fire—These were rites connected with the worship of Moloch, learned from Ammon and Moab. They were prohibited in both Leviticus (18. 21) and Deuteronomy (12. 31; 18. 10). Ahaz is said to have made his son pass through the fire (2 Kings 16. 3). The purpose of this hideous sacrifice was apparently to propitiate the Deity by the yielding up of the most precious possession.

Divination and enchantments—These were practiced by means of belomancy (Ezek. 21. 21-22), and necromancy. The curse of all this, and the selling of themselves for immoral purposes, connected with the heathen idolatries, was, that it led the people farther and farther away from God, till they forgot both their dependence upon him and their responsibility to him.

**WILL BE LARGEST CANAL.**

Russia at the present time is contemplating the establishment of the world's longest waterway. It is to extend from the Black Sea to the Baltic. It will utilize two long rivers, dredged and straightened out, with an artificial connecting link or canal 60 miles in length. Russia now has the longest railway in the world. When the Black Sea and the Baltic waterway is finished she will also have the longest canal.

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