WEST POINT UNIFORMS.

Cadets Must Sacrifice Comfort For the Sake of Looks.

"It is true," said a retired army officer in a discussion of West Pointers with the Washington Herald, "that many West Pointers acquire a figure of perfection of symmetry and a carriage the acme of manly grace, but these are due not to any ingenious appliances, but to the systematic drills and exercises that make the cadet, to a certain extent, an athlete. At the outset these young fellows are put through what are called the 'setting up' exercises, their object being to straighten the body and develop the chest. One might suppose that it would require a great amount of such exercise to make any marked showing, but three long hours of such exercise daily will soon produce beneficial results in the most stooped forms.

"The cadet uniform is also a great help in this direction. The dress coat is tight, very tight. The shoulders are heavily padded in order to give them a square effect. The chest is made thick, so that there will be no danger of wrinkling. And in size a new dress coat seems always to be designed for a boy several times smaller than the one who is to wear it. A new dress coat, in fact, is always a source of suffering to its owner. When he first puts it on it buttons readily about the neck, but seems to lack about six inches at the waist. The owner may squirm and wriggle and attempt to reduce his waist to a minimum circumference, but his maiden efforts are never sufficient to button the new dress coat. Experience is a great teacher, though, and the young fellow laughingly requests one or two of his friends to lend their assistance, and he finally succeeds in buttoning the coat. All this for the sake of looks. Comfort has no place in the makeup of a West Pointer; it's discipline and looks."

WATCHED OVER BY SATAN.

Superstitions That Twine About the Mandrake Plant.

The little plant the mandrake has a wealth of tradition centering round it such as is seldom found in floral lore. Quite an insignificant little plant with a spindle shaped root often divided into two or three forks and rudely resembling the human form, it is doubtless from this latter fact that it has derived its name. Langhorne in the latter part of the eighteenth century tells us to

Mark how the rooted mandrake wears His human feet, his human hands,

while it was once believed that a person pulling up a mandrake would instantly fall dead. This was said to be because the mandrake had a human heart at its root and when pulled it would scream in such a fearsome manner as to terrify the hearer to death or else induce madness. Shakespeare alludes to this where he says:

And shricks like mandrakes torn out of the earth.

That living mortals, hearing them, run

And again in "King Henry VII," where Suffolk, asked by Queen Margaret whether he has not spirit to curse his enemies, replies:

Would curses kill, as doth the mandrake's I would invent as bitter, searching terms

As curst, as harsh, as horrible to hear. From time immemorial the mandrake has been associated with enchantments and has ever been believed to be one of the most powerful charms of witches. Mr. Conway in a paper on "Mystic Trees and Flowers" states that "by popular superstitions in some places it is said to be perpetually watched over by Satan, and if it be pulled up at certain holy times

and with certain invocations the evil

spirit will appear to do the bidding of the practitioner." — Westminster Review.

The Holland Primrose. There is a plant in Holland known as the evening primrose, which grows to a height of five or six feet and bears a profusion of large yellow flowers so brilliant that they attract immediate attention, even at a great distance, but the chief peculiarity about the plant is the fact that the flowers, which open just before sunset, burst into bloom so suddenly that they give one the impression of some magical agency. A man who has seen this sudden blooming says it is just as if some one had touched the land with a wand and thus covered it all at once with a golden sheet.

The Attraction.

Tourist-I must confess that I can't see why so many people want to come here-no scenery, no amusements, no good things to eat, absolutely no attractions. Innkeeper-Ab, signor, zey come because we 'ave ze gr-ran' label to stick on ze ługgage.--Mexican Herald. Total

The wise man is cured of ambition by ambition.-La Bruvere.

GOOD HEALTH FOR BABY AT VERY LITTLE COST

Baby's Own Tablets only cost 25 cents a box. A box bought now may save baby's life. Summer complaints come suddenly, and carry away thousands of little ones every year. 11 the stomach and bowels are kept in order there is little danger from these troubles. Baby's Own Tablets is the best medicine in the world for preventing and curing stomach and bowel troubles. They can be given with perfect safety to the new-born baby or the well grown child. An occasional dose of the Tablets will regulate the stomach and bowels and prevent summer complaints. The mother who keeps these Tablets on hand may feel assured her little ones are safe. If you have not got a box of the Tablets get one without delay. Do not wait until trouble comes; it may then be too late. Sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville,

Her Only Criticism. Little Dorothy not only liked her tea and coffee to have the appearance of being "real and truly," but she also liked to taste the flavor of each. One afternoon her mother took her to a friend's home where tea was served at 5 o'clock.

The hostess gave to Dorothy what she usually gave to her own children, of Dorothy's age, in the line of liquid refreshment-viz, hot water, sugar and milk. Dorothy tasted hers politely and ate her little cakes.

"Why, Dorothy, you aren't drinking your tea, dear. Isn't it sweet enough?" asked the hostess.

"Yes, Mrs. C., it's sweet enough," replied the child.

"Then why aren't you taking it?" "lt's too dull," she replied .- New York Times.

Another Meaning. 'A traveler to the north on the Great' Northern railway, having delivered his luggage to the care of an alert railway porter, proceeded to make himself comfortable in the corner of a first class smoking compartment. The porter, having performed his duty, came to the carriage to report, not without expectation of acceptable reward.

"Well," said the passenger, "I see by the letters 'G. N. R.' on your cap, 'Gratuities never received.'

"Not quite that, sir," replied the porter, touching his cap peak. "It might mean 'gratuities never refused.' " And the way that porter smiled when he left the carriage betokened his satisfaction at the material result of his smart answer and the service he had rendered .- London Mail.

First Potatoes in Scotland.

It is claimed by a correspondent that the first person to grow potatoes in the open field in Scotland was Thomas Prentice, a day laborer in the West Barony of the parish in Glasgow, near Chapel Green. That was in the year 1728. It was about four years after that date that be (Prentice) entered the market with them and was very successful with his experiment, as he made £300 of it, which be sank in double interest and died at Edinburgh in 1762.-Glasgow Herald.

Strictly Legal. "What is a young man to do when

his attention has been arrested by a pretty girl?" "Why, carry his case to court, of

course."-Red Heu. Sarcastic.

"Is she a great singer?" "No; I shouldn't call her great. You can understand every word she sings." -Detroit Free Press.

Trapping Muskrate.

Numbers of mechanical traps to catch muskrats have been invented and tried, but none gives more satisfaction than the old floating barrel trap that has been in use for many years. Both ends are left closed, and a hole about eight by twelve inches square is sawed in the side. A strong cleat is nailed across each end, the cleats projecting six or eight inches beyond the barrel, and upon the cleats are pailed two boards, one on each side of the barrel and several inches longer. Water then is placed in the barrel so that it will doat with the board platforms about on a level with the surface of the pond or stream. About one-third of the barrel remains above water. Apples, carrots and other delicacies that the muskrat likes are placed in the barrel. In their attempts to get the bait the animals fall into the barrel and are unable to get out.-Exchange.

t'onteness is a locksmith and opens many difficult doors.

ABSURD FASHIONS.

Hairdressing and Hats In the Time of Marie Antoinette.

Some of the fashions in France during the reign of unfortunate Queen Marie Antoinette were exceedingly absurd, particularly hairdressing and hats, which were trimmed with such an extravagant wealth of feathers that the coaches had to have their seats lowered. According to Mme. Campan, "mothers and husbands murmured, and the general rumor was that the queen would ruin the French ladies."

One day Louis XVI. decided to forbid the court in a body to follow the royal hunt in coaches. In order to be freer he wished only to permit real sportsmen to attend. The noble ladies immediately rebelled, and the Princess of Monago criticised the decision by means of her headdress, upon which arose a miniature royal coach, followed by two gentlemen on foot in gaiters. On the left of this was displayed a cypress garnished with black tears, the large roots being formed of crape.

More absurd still was the hairdressing of the mother of Louis Philippe. upon whose head every one could admire her son, the Duc de Beaujolais, in the arms of his nurse as well as a parrot pecking at a cherry.

As the Oil Rubs in, the Pain Rubs Out.—Applied to the seat of a pain in any part of the body the skin absorbs the soothing liniment under brisk friction and the patient obtains almost instant relief. The results of the use of Dr. Thomas' Eclectric Oil have surprised many who were unacquainted with its qualities, and once known it will not be rejected. Try it.

"Your wife," remarked the next-door neighbor, "used to play the piano and sing a great deal, hut I haven't heard her lately." "Sinco the baby came?" explained the husband and father, "she has had no time." "Ah, I see!" rejoined the other. "Children are often a blessing in diamnia." blessing in disguise."

Your Druggist Will Tell You Murine Eye Remedy Relieves Sore Eyes, Strengthens Weak Eyes. Doesn't Smart, Soothes Eye Pain, and Sells for 50c. Try Murine in Yeur Ryes and in Eaby's Eyes fer Scaly Eyelics and Granulation.

Absence makes the picture postcards accumulate.

The superiority of Mother Graves' Worm Exterminator is shown by its good effects on the children. Purchase a bottle and give it a trial.

Hogan was playing nurse to the twins on the front porch. The twins were annoyed because each wanted kitten and they were yelling. A exclusive possession of a solitary neighbor paused at the gate. "Well, Hogan," he asked, "what would you take for them children of yourn?" Hogan shifted in his chair. "An the money in the wurruld couldn't buy thim," he declared. "But," he added, "I wouldn't give tin cints apiece for any more like thim."

Neignoor-What is all that row? Willie-Ma's canning fruit ,and pa's a food inspector, and he's trying to tell her how she ought to do

Corns cause intolerable pain. Holloway's Corn Cure removes the Try it, and see what trouble. amount of pain is saved.

REQUISITE KNOWLEDGE.

A country physician was driving through a village, and saw a man amusing a crowd with the antics of his trick dog.

The doctor pulled up and said, 'My dear man, how do you manage to train your dog that way?

can't teach mine a single trick." The man looked up, with a simple rustic look, and replied, "Well, you see, it's this way. You have to know more'n the dog, or you can't learn him nothin'!"



TNU **ISSUE NO. 40—10** HOW HE DID IT.

A lawyer once asked a man who had at various times sat on several juries: "Who influenced you most -the lawyers, the witnesses, or the judge?" He expected to get some useful and interesting information from so experienced a juryman.

This was the man's reply:
"I'll tell yer, sir, ow I makes up my mind. I'm a plain man, and a reasonin' man, and I ain't influenced by anything the lawyers say; no, nor by what the Judge says. I just looks at the man in the docks and I says: 'If he ain't done nothing, why is he there?' And I brings 'em all in guilty.''

A Pleasant Purgative.-Parmelee's Vegetable Pills are so compounded as to operate on both the stomach and the bowels, so that they act along the whole alimentary and excretory passage. They are not drastic in their work, but mildly purgative, and the pleasure of taking them is only equalled by the gratifying effect they produce. Compounded only of vegetable substances the curative qualities of which were fully tested, they afford relief without chance of in-

THE DOCTOR'S FAULT.

Judge-"I am led to understand you stole the watch of the doctor who had just written a prescription for you at the free dispensary. What have you to say to this charge?" Prisoner—"Well, your honor, I found myself in a desperate quandary. His prescription said 'a spoonful every hour,' and I had no timepiece."

Minard's Liniment Co., Limited. Gents,—A customer of ours cured a very bad case of distemper in a valuable horse by the use of MINARD'S LINIMENT. Yours truly, VILANDIE FRERES.

DIDN'T WANT ANY.

"Please, ma'am," said the servant, "there's a poor man at the door with wooden legs."

"Why, Mary," answered the mistress, in reproving tone, "what can we do with wooden legs? Tell him we don't want any.

BE SHRE YOU CET THE KIND YOU HAVE ALWAYS HAD.—Owing to the great nopularity of "The D. & L." Menthol Plaster unscrupulous makers are putting up one like it. Made by Davis & Lawrence Co.

HURRIED DOWN.

Stranger (at the door)—I am trying to find a lady whose married name I have forgotten. She is a singularly beautiful woman, with pink and white complexion, seashell ears, lovely eyes, and Titian hair. Servant-Really, sir, I don't

Voice (from head of stairs) Jane, tell the gentleman I'll be down in a minute.

Attacks of cholera and dysentery come quickly, there seldom being any warning of the visit. Remedial action must be taken just as quickly if the patient is to be spared great suffering and permanent injury to the lining membranes of the bowels. The readiest preparation for the purpose is Dr. J. D. Kellogg's Dysentery Cordial. It can be got at small cost at any drug store or general dealer's, and will afford relief before a doctor can be called.

Mrs. Dash-"O, doctor, your sermons are so lovely!" Dr. Slash-"But, my dear madam, I always note that you go to sleep." Mrs. Dash—"Yes; but I have such lovely dreams."

Minard's Liniment Relieves Neuralgia.

VEGETABLES.

Beets-To each two quarts of vinegar add one-half cupful maple syrup, two tablespoonfuls brown sugar, five whole cloves, and onehalf teaspoonful caraway seeds. Boil five minutes and pour over boiled, peeled, and quartered beets. Seal in jars while hot.

Stuffed Onions.—Peel onions and take out center, parboil five minutes. Fill with stuffing of breadcrumbs, small pieces of chopped bacon, salt and pepper. Bake one hour and five minutes. Sprinkle breadcrumbs over top.

Mother-"Johnny, did you give Mary the best part of the apple, as I told you?" Johnny-"Sure; I gave her the seeds and she can plant them and have a whole orchard.'



TART DEA ROUTE TO DAY. SEND postal for circulars or 10c for samples and terms. Alfred Tyler, London, Ont.

WANTED-SOUTH AFRICAN WARRANTS, Highest price paid. Write us for infor-mation. Fox & Ross, Stock Brokers, Scott St.,

He 15 A WEEK AND EXPENSES FOR MAN of or lady to travel and appoint agents for established basse. State age and previous employment. Permanent. E. McGarvey, Mgr., 282 Wellington Street West, Toronto.

CANCER, Tumors, Lumps, etc. Internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

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"VOL-PREK" Grande Coment. Mends
holes in all kinds of Pots and Paus, Grantieware,
lros, Tinware, etc. Mends in two minutes
Kvery housekeeper buys. Best seller. Over 100%
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MUSIC TRACHERS—STUDENTS—WILL find our stock of Piano, Vocal, Violin, Pipe or Reed Organ Music large and well selected, Cheir and Chorus Music a specialty. Correspondence invited. Ashdown's Music Store, Dept

SHIP ME YOUR RAW FURS

I pay the prices you are looking for. W. C. GOFFATT ORILLIA, - - ONTARIO

USELESS.

It is useless to overcome a faul if you are going to spend the rest of your time boasting about it.

A Thorough Pill .- To clear the stomach and bowels of impurities and irritants is necessary when their action is irregular. The pills that will do this work thoroughly are Parmelee's Vegetable Pills, which are mild in action but mighty in results. They purge painlessly and effectively, and work a permanent cure. They can be used without fear by the most delicately constituted, as there are no painful effects preceding their gentle operation.

A BARGAIN.

Jinks-"I saw something cheap at a bargain counter to-day binks—"What was it?"

Jinks-"A man waiting for his

Minard's Liniment Cures Burns, Etc.

COMMON.

"They're very commonplace." "So ?"

"Yes, they have their milk delivered at the front door.'

IN EARLY FALL as in Midsummer Painkiller finds a use in every home. Ex-ternally, for cuts. burns, sprains or bruises; internally for diarrhéea and dytery. Avoid substitutes, there is but "Painkiller"—Perry Davis"—25c. and 50c.

Many a man sees his duty in time to dodge it.

Minard's Liniment for sale everywhere.

DID HE GET IT?

A sailor had just shown a lady over the ship. In thanking him she said: "I am sorry to see by the rules that tips are forbidden on

"Lor' bless you, ma'am," replied the sailor, "so were apples in the garden of Eden."

Dr. Morse's Indian Root Pills

are just the right medicine for the children. When they are constipated -when their kidneys are out of order -when over-indulgence in some favorite food gives them indigestion
—Dr. Morse's Indian Root Pills will quickly and surely put them right. Purely vegetable, they neither sicken, weaken or gripe, like harsh purgatives. Guard your children's health by always keeping a box of Dr. Morse's Indian Roct Pills in the house. They

Keep the Children Well