

USING PURGATIVES INJURES HEALTH

What You Need in Spring is a Blood Building Tonic.

A spring medicine is an actual necessity to most people. Nature demands it as an aid in carrying off the impurities that have accumulated in the blood during the indoor life of winter. But unfortunately thousands of people who do recognize the necessity of a spring medicine do not know what is best to take and dose themselves with harsh, griping purgatives. This is a serious mistake. Ask any doctor and he will tell you that the use of purgative medicine weakens the system but does not cure disease. In the spring the system needs building up—purgatives cannot do this—they weaken you still more. The blood should be made rich, red, and pure, and only a tonic medicine can do this. The best blood building, nerve restoring tonic medical science has yet discovered is Dr. Williams' Pink Pills. Every dose of this medicine actually makes new, rich blood. This new blood strengthens every organ, every nerve and every part of the body. This is why Dr. Williams' Pink Pills cure headaches and backaches, rheumatism and neuralgia, banish pimples and eruptions, and give a glow of health to the most sallow skin. Men, women and growing boys and girls who take Dr. Williams' Pink Pills eat well, sleep well, and feel bright, active and strong. If you need a medicine this spring—and most likely you do—try this great reviving tonic, and see the new life, new health and new strength it will put into you.

Sold by all medicine dealers or by mail at 50 cents a box, or six boxes for \$2.50, from The Dr. Williams' Medicine Co., Brockville, Ont.

VERGIL AND ETNA.

Roman Poet Gives Graphic Account of Volcanic Eruption.

Etna, which still holds the Sicilians terror-stricken, has certainly been alarming, and often overwhelming, the inhabitants of Sicily at various times during a period of over 2,000 years. There is a reference in the writings of Dodorus Siculus to an eruption which is said to have occurred as far back as 1093 B. C. Virgil, in the "Aeneid," has a graphic account of Etna in eruption, upon which the modern journalist would find it hard to improve. "Etna thunders with horrible roars," writes the Roman poet, "and sometimes sends forth to the skies a black cloud, ascending in a pitiless whirlwind of smoke and glowing embers, throws up globes of flame, and kisses the stars; sometimes belching flings on high the rins and shattered bowels of the mountain, and with a rumbling noise in wreathy heaps convolves in air motion rocks, and boils up from the lowest bottom. It is said that the body of Enceladus, half consumed with lightning, is pressed down with this pile, and that enormous Etna, laid above him, is therefore still spouting forth flames from its burst furnaces; and that as often as he shifts his weary side, all Trinacria, with a deep groan, truly trembles and overspreads the heaven with smoke."

Family Cough Syrup

Cures Any Cough in Five Hours. NEW PRESCRIPTION HERE.

Here is given the most effective cough prescription known to the medical world. It is a mild laxative, too, and this is what a body needs when suffering with cough and cold on the lungs. A cough or cold indicates poisons in the system, causing inflammation and congestion. Nearly all cough syrups relieve, but make the trouble worse by their constipating effects. This prescription not only relieves quickly, but it cures any cough that is curable. Get one-half ounce fluid wild cherry bark, one ounce compound essence cardiol and three ounces syrup white pine compound. Mix in a bottle. Take for acute cough or bronchitis twenty drops every half hour for four hours. Then one-half to one teaspoonful three or four times daily. Give children less according to age. A few hours' treatment will cure and heal the throat and lungs of all but consumptives. Cut this out and give it to some friend who may need it to be saved from an early death by consumption.

THE S. S. LESSON STOMACH MISERY

INTERNATIONAL LESSON, MAY 1.

Lesson V. Two Sabbath Incidents, Matt. 12: 1-14. Golden Text, Matt. 12: 7.

Verse 1. At that season—The time of year is easily fixed by the fact that the ears were ripe in the field. Harvest began in April. Passover-time was nigh.

His disciples were hungry—It is not unlikely that they were returning from a long service in the synagogue, and custom prescribed that no food should be eaten until after the morning service.

Began to pluck ears—Was this a theft? Not according to the Jewish law, which said: "When thou comest into the standing corn of thy neighbor, then thou mayest pluck the ears with thine hand; but thou shalt not move a sickle unto thy neighbor's standing corn."

2. The Pharisees . . . saw it—They were suspicious of Jesus already, and were on the lookout for opportunities to entrap him.

It is not lawful—The illegality of the act of the disciples consisted in the violation of the sabbath. To pluck ears of corn was looked upon as a kind of reaping, and the act of rubbing the grain out between the palms of their hands was equivalent to threshing.

3. Have ye not read—Charging the Pharisees with ignorance of Scripture.

What David did—At Nob. Close study of the Old Testament passage (1 Sam. 21) shows that David's act was a threefold violation of law: (1) entering the sacred shrine, though a layman; (2) eating consecrated shewbread, intended only for priests; (3) a breach of the Sabbath (it being the day for the changing of the loaves, which, according to Lev. 24: 8, was the Sabbath day). The high priest had sanctioned this act of David and those that were with him. Hence, Jesus might have appealed to the law on entirely technical grounds, for his disciples had broken only that interpretation of the law which was given it by the rabbis. But the case of David constituted a precedent out of which Jesus establishes the principle that occasions arise when a ceremonial law may be set aside for humane reasons.

5. Or have ye not read—If they had, they had either not understood or had forgotten.

Priests . . . profane the sabbath—It was the common practice of the priests, along with other work, to slay and dress the victims of sacrifice on the Sabbath day. Said the rabbis: "There is no keeping of the Sabbath in the temple." All this was recognized as no impropriety, simply because it was "done in holy things" in the service of the temple.

8. One greater than the temple—Himself. Works of mercy in his name therefore surpass the works of the temple, and can be performed in violation of the Sabbath law with greater impunity than could the profanations of the priests.

7. I desire mercy—It was only a brief time previous to this that Jesus had quoted these same words, in answer to the pharisaic criticism of his consorting with sinners (Matt. 9: 13; see Lesson for March 20). The original design of the Sabbath was beneficent. It was made for man's sake, and not man for the sake of the Sabbath (Mark 2: 27).

And not sacrifice—Jesus had no desire to do away with the law. He was profoundly desirous of clearing away the refuse with which the law had been hedged in by false interpretations. Whitfield replied to the bishop who charged him with violation of the laws of the church because of his preaching out of doors that there were some things, the souls of men, for example, which were worth all the laws in the canon.

8. The Son of man is lord—Therefore his authority extends over all law.

9. A man healed on the Sabbath. The accounts in Mark and Luke, like this one, are placed after the other Sabbath controversy. Luke states definitely that it was on the Sabbath.

9. Went into their synagogue—Luke says that his purpose was to teach. Teaching, in these public meeting places, was not especially by officials, but by anyone qualified. So we find Paul and Barnabas, and Jesus, given their opportunity to speak after the reading of the law.



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10. A man having a withered hand—According to Jerome, he was from an ancient writing, who quotes a mason by trade, and accosted Jesus thus: "I beseech thee, Jesus, to restore me to health, lest I beg bread in shame."

Is it lawful to heal?—The law actually permitted healing on the Sabbath day only when a man's life was at stake. In this case, therefore, since there was no immediate danger of the man's dying, to heal his hand would be a breaking of the law. But only the malice of the accusers of Jesus would have so interpreted it.

11. He said unto them—The question had been launched with the purpose of creating a discussion of what things may be done on the Sabbath and what things may not. The answer of Jesus put all argument to an end, simply by raising the subject to a higher level. The rule of the rabbis was, that if a sheep should fall into a pit on the sabbath day, it should first be ascertained whether it had been injured. If so, and only on this condition, it might be dragged out and killed. But, as often, the Jews found a way of getting around this hard rule. The indignation of Jesus was therefore justified, when he saw these legalists much more concerned about their property than human life.

12. How much then—The superior value of a man as compared to a sheep makes the logic of Jesus irresistible.

It is lawful to do good—According to Mark and Luke, Jesus had replied to the accusing question of the Pharisees by asking them, "Is it lawful on the Sabbath day to do good, or to do harm?" To deny it was impossible, and to admit it was to concede to Jesus the right to heal. So they were in a predicament.

14. The Pharisees . . . took counsel against him—Luke adds that they "were filled with madness," no doubt due to the discomfiting position into which Jesus had forced them. According to Mark, this madness led them to join counsel with their implacable enemies, the Herodians, a political party composed largely of Sadducees, who sided with Rome as against Israel. They would have proceeded to destroy him at once, had it not been for the clamor of the multitude.

INDESCRIBABLE TORTURES

The two young men were strapped on to horses and brought to the prince, who received them in the room which had been the scene of their terrible crime. There they were kept for three days and subjected to indescribable tortures till they succumbed to the torments and were buried in a woods near the prince's house.

The discovery of the crime led to the arrest of Prince Hadjhi. Luckily for him he was tried by an ordinary court and not by a court martial. Hence he escaped capital punishment, which is unknown to Russian law and can only be inflicted by military courts.

He was sentenced to a long term of penal servitude in a prison in central Russia.

TAXES FROM THE GRAVE.

Raumburg, Germany, has invented a new tax. The heirs of persons desirous of having their goodness, or even their name, inscribed on a tombstone or cross, must pay ten per cent. of the cost of the monument into the city treasury.

CAN YOU COUNT A BILLION?

Would Need a Life-time of Over 18,000 Years.

Suppose some king of a land of golden sands should offer you a billion paper dollars if you would count them? You would go to work as though your life depended upon your speed, counting for about twelve hours a day. How foolish that would be. You had better thank him as good a grace as possible and go to some country where money is not so plentiful.

A billion is a million times a million. By strict application you might count 200 bills a minute, and after practice, learn to keep up that rate of speed. That would give you \$12,000 an hour, \$288,000 a day (twenty-four hours) or \$103,120,000 in a year.

Had Adam at the beginning of his existence begun to count, and counted night and day, he would not yet have finished his billion. To count a billion dollar bills would require a person to count 200 a minute for a period of 9,512 years, 312 days, 5 hours and 20 minutes, provided he should count continuously night and day.

But if, while attempting to avail yourself of the bounty of the king of the land of golden sands you should allow yourself twelve hours for sleep, rest and eating, to count your billion you would need 18,025 years, 319 days, 10 hours and 45 minutes.

A HINT TO YOUNG MOTHERS.

Don't walk up and down the floor with a cross, restless child. Nothing can be more demoralizing to the little one and it is a serious tax upon the mother's strength and nerves. When a child is peevish and cross there is probably some little derangement of the stomach or bowels, and a dose of Baby's Own Tablets will remove the cause of the trouble and enable the little one to sleep soundly. Mrs. W. Bouffard, Popolis, Que., says: "I have found Baby's Own Tablets superior to all other remedies for curing constipation and making teething easy. They also promote healthful sleep, and I recommend them to other mothers." Sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.



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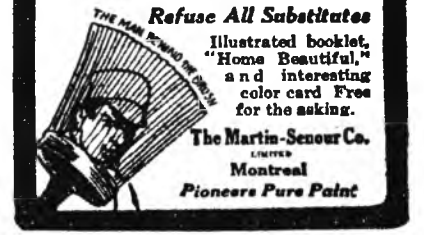
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