

A GOOD MEDICINE FOR THE SPRING

Do Not Dose With Purgatives—A Tonic is All You Need.

Not exactly sick—but not feeling quite well. That's the way most people feel in the spring. Easily tired, appetite fickle, sometimes headaches and a feeling of depression. Pimples or eruptions may appear on the skin, or there may be twinges of rheumatism or neuralgia. Any of these indicate that the blood is out of order; that the indoor life of winter has left its mark upon you, and may easily develop into more serious trouble. Don't dose yourself with purgatives as many people do, in the hope that you can put your blood right. Purgatives gallop through the system and weaken instead of giving strength. Any doctor will tell you this is true. What you need in the spring is a tonic that will make new blood and build up the nerves. Dr. Williams' Pink Pills is the only medicine that can do this speedily, safely and surely. Every dose of this medicine helps make new blood, which clears the skin, strengthens the appetite, and makes tired, depressed men and women bright, active and strong. Miss Mary Baker, Tancock, N. S., says: "Dr. Williams' Pink Pills have been a great blessing to me. Last year while I was attending school I became so weak and completely run down that I thought I would have to give up going to school. I was affected with dizzy spells and would fall down at any time. I got half a dozen boxes of Dr. Williams' Pink Pills and before they were half gone I felt my strength returning. By the time I had used them all, the dizzy spells were completely gone, and I was again enjoying good health."

Sold by all medicine dealers or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

AN INDESTRUCTIBLE SNAKE.

A South American Lizard Met Its Match.

Snakes on the pampas of South America have many enemies. Burrowing owls feed on them, and so do herons and storks, which kill them with a blow of their javelin beaks. The tyrant bird picks up the young snake by the tail, and flying to a branch or stone, uses the reptile as a flail until its life is battered out. The large lizard of the pampas, the iguana, is a famous snake-killer. It smites the snake to death with its powerful tail. Mr. Hudson, in his "Naturalist in La Plata," tells this story:

One day a friend of mine was riding out, looking after his cattle. One end of his lasso was attached to his saddle, and the remainder of the forty-foot line was allowed to trail on the ground.

The rider noticed a large iguana lying apparently asleep, and although he rode within a few inches, it did not stir. But no sooner had the rider passed than the trailing lasso attracted the lizard's attention.

It dashed after the slowly moving rope and dealt it a succession of violent blows with its tail.

When the whole of the lasso, several yards of which had been pounded in vain, had passed by, the iguana, with uplifted head, gazed after it with astonishment. Never had such a wonderful snake crossed its path before.

STURDY CHILDREN.

In every home where Baby's Own Tablets are used you will find rosy, sturdy, good-natured children, because the Tablets cleanse the stomach and bowels, aid digestion and thus bring perfect health. And you can give them with equal safety to the new born baby or the well grown child. Mrs. A. E. McLeod, Woodstock, Ont., says: "I have used Baby's Own Tablets since my baby was two weeks old and have found them of great benefit for the ailments of childhood, especially for stomach and bowel troubles and when teething." Sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

THE SUNDAY SCHOOL

INTERNATIONAL LESSON, APRIL 10.

Lesson II. The Mission of the Twelve, Matt. 9. 35 to 10. 15, 40-42. Golden Text, Matt. 10. 8.

Verse 35. This verse sums up the ministry of Jesus—teaching, preaching, healing.

36. He was moved with compassion—For he saw the multitudes as none other (John 2. 25), and he saw that the bare limitations of time made it impossible to cope single-handed with the needs of so many—ignorant, diseased, spiritually lost—like sheep not having a shepherd (quoted from Numbers 27. 17), worn out with travel (literal meaning of distressed), and scattered (an easy prey, therefore, for their enemies).

37, 38. Jesus seems to change the figure suddenly and to refer to the multitude as a plenteous harvest, to which the few laborers are unequal. But Matthew probably introduces into this connection a saying of Jesus uttered on another occasion (Luke 10. 2). It is, however, a fitting prelude to the calling of the twelve to the apostolate.

Chapter 10, Verse 1. His twelve disciples—These specially chosen followers are variously designated in the Gospels as "the twelve disciples," "the twelve apostles," "the twelve," and sometimes simply, "the disciples." Matthew speaks four times of "the twelve disciples," and only once of "the twelve apostles." There were various stages in the gathering together of these men. Five at least had already been summoned to leave their ordinary pursuits and become companions of Jesus—Peter, James, John, Andrew, and Matthew. Philip and Nathanael had also enjoyed intimate relations with him. The number correspond to the ancient tribes.

Gave them—In this chapter it appears that Jesus gave the disciples not only authority to cast out unclean spirits (see note on "demons" in lesson for March 13), and to heal, but also fellowship in his suffering (22-23), assurance of necessary equipment (9, 19, 20), and identification with him (40).

2. Twelve apostles—The name is introduced at this point, inasmuch as the disciples were now "sent forth" for the first time upon a definite mission. Later the term was extended to Paul, Barnabas, and others.

Simon—He received the name Peter ("rock") at the time of his initiatory call (John 1. 42), and was the spokesman of the apostles. Impulsive, over eager, he was, nevertheless, able at the last to make earnest protestations of his love for the Master (John 21. 17), a love that found expression in twoscore years of faithful service as an apostle. Evidence is not wanting that he died a martyr at Rome, crucified, at his own request, head downward "since he deemed himself unworthy to die like his Lord." Andrew his brother and he were fishermen of Bethsaida, and had met Jesus early in his ministry at Bethany beyond Jordan. Andrew is said to have been crucified in Achaia.

James . . . and John—Two other brothers, sons of Zebedee, a prosperous fisherman, with whom the son, were in partnership. Since their mother was sister of Mary, they were own cousins of Jesus, after the flesh. They were called, from their vehemence or their fiery eloquence, Sons of Thunder. Luke 9. 54, is in keeping with this. John enjoyed a long and glorious ministry, but James was early martyred. These first four were granted an unusual intimacy with Jesus; one of the fathers calls them "the most elect of the elect."

3. Philip—See John 1. 44; 6. 5 (Was he a sort of "commissary of subsistence" to the apostolic band); 12. 21; 4. 8; also Acts 8.

Bartholomew—The meaning of the word is "Son of Tolmai," and he was probably Nathanael, who would fittingly be sent out on the mission with Philip, the man who brought him to Jesus. Compare the mention made by John (who never speaks of Bartholomew) of Nathanael, who is never mentioned in the other Gospels (John 1. 45; 21. 1, 14).

Thomas—Called Didymus (John 11. 16), which, like Thomas, means "the twin." Tradition gives him the name of Judas. John's references to him give us the picture of a despondent, pessimistic type of man, yet a man of courage, and possessed of a dogged devotion to the Master.

Matthew—This was the name giv-

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en Levi, the publican) after his call. The other lists of apostles make no reference to his hated previous occupation, and when Mark and Luke tell of the early summons of Levi they charitably omit to identify him with the future apostle, though Matthew publishes the identity (see notes on lesson for March 20).

James—David Smith and others conjecture that Alphaeus, the father, is identical with Clopas (John 19. 25), and that his wife, Mary, was one of those at the cross; further, that Levi and James may have been brothers. This James is called by Mark "the little," to distinguish him from James the son of Zebedee. His companion, Thaddaeus, is called by Luke "Judas the son of James." He also went under the appellation of Lebbaeus. Only once does he figure in the Gospels (John 14. 22).

4. Simon—The margin gives "Zealot" for Canaean. The Zealots were the opposite extreme from the publicans like Levi; for they were patriots to the death, and were bitterly opposed to the Roman rule.

Judas Iscariot—So called because he was from the village of Kerioth, in southern Judah. Though branded "thief" (John 12. 6), "traitor" (Matt. 10. 4), "devil" (John 6. 70), and "son of perdition" (John 17. 12), he must have been a man of apostolic proportions to have been called by Jesus.

5, 6. Here is indicated the sphere in which the apostles were to work. Gentiles and Samaritans were excluded, because, while the ultimate aim was a world-wide kingdom, it was necessary for Jesus to secure a strong base of operations among the chosen race. This was according to the divine programme, which we find illustrated again and again in the method of Paul.

7, 8. The nature of their work. It was to be gratuitously performed, in accordance with the authority and assurance of strength which they had freely received. No instance is recorded of their raising the dead on this mission; but even that was accomplished in the later labors of the apostles (Acts 9. 40; 20. 10).

9-15. Instructions concerning method of procedure and equipment.

DEEP-SEATED COUGH

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New Home-Made Syrup.

(Cut this out.)

From Boston Press.

Progress in medical compounds never ceases, and now it is stated by a prominent medical man that any deep-seated cough or cold on the lungs can be actually cured in five hours by the clock. Opium and morphine have been resorted to in the past, as relief measures. But now it is learned that the system must be treated to rid it of inflammation and congestion. A tonic laxative cough syrup does the work so quickly and thoroughly as to be almost magical. What heretofore has taken weeks to cure can be accomplished in hours. Get this formula filled or mix it at home and always keep it on hand: One-half ounce fluid wild cherry bark, one ounce compound essence cardiol and three ounces syrup white pine compound. Shake the bottle and take twenty drops every half hour for four hours. Then take one-half to one teaspoonful three or four times a day until the system is purified and tones up. Give children less according to age. One filling will usually cure a whole family, as the dose is small.

to contain no gold, and they were to carry no wallet (10), or "provision-basket." One coat and sandals were to suffice; they were to be without even a staff to help them on their toilsome journeys. Why? First, their mission was too urgent for them to be cumbered with extra luggage; second, their work was worthy of their sustenance.

11-15. The principle established here is that the messenger of Jesus is not a beggar. The blessing he brings is of such a nature that it is considered an honor to be worthy to receive him. Let him, therefore, salute such a house with the words: "Peace be to this house." The dust of an unworthy house, or city, is to be stamped from the feet, as if it had brought a heathen's defilement.

40-42. To receive hospitality a true envoy of Christ, or to do the humblest service for one, is to receive Christ himself. Thus does Christ identify himself with those who faithfully do his work.

SURGERY TO BE PAINLESS.

Operations Also Without Loss of Blood.

In the Boston (Massachusetts) Medical and Surgical Journal announcement is made of the discovery by Dr. John J. Hurley of this city of a new method of producing conscious anaesthesia, both bloodless and painless, in human beings which promises a world-wide revolution in surgery, especially that of the brain and head.

The most delicate operations may be performed, he claims, on the brain and any part of the head, the eyes, the ear, the nose, and throat, with absolutely no discomfort to the patient, who during it all is conscious.

On no occasion, says Dr. Hurley, was any interference necessary after starting the patient under his new anaesthesia, save giving the patient some strong black coffee to sip or a cigar to smoke, if the patient wished it for distraction.

He claims that the new method will be of the greatest use in cases of patients suffering from diseases that prohibit the use of ether or chloroform, such as consumption, acute lung affections, diabetes and nephritis.

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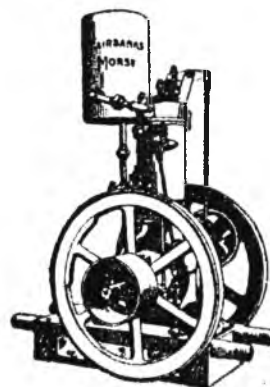
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