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THE S. S. LESSON

INTERNATIONAL LESSON,
FEB. 13.

Lesson VII. Worldliness and Trust,
Matt. 6. 19-24. Golden Text,
Matt. 6. 33.

Verse 19. Lay not up . . . treasures upon . . . earth—Not a prohibition against accumulating wealth, but against a selfish accumulation. Jesus's teaching was that to make material things the chief aim of life was to make them a curse. Riches may be made ministers of good, but greed and covetousness are enemies of the higher life.

Moth—In Oriental countries a large part of the treasure consists of costly silken and woolen fabrics. The moth feeds on these, and out of the material builds a portable house in which to lay its eggs. These ravages of the moth Jesus classes with the corroding influence of rust—due to chemical action of metals, which were often hidden in the ground (Matt. 13. 44)—as illustrations of the disintegration awaiting all earthly things.

Break through—Literally, "dig through," the walls of the houses often being built of clay.

20. Lay up . . . treasures in heaven—A man can do this by being rich toward God (compare Luke 12. 13-21), by doing the things which win the divine approval, living for God and for others. Nothing can rob a man of his everlasting enjoyment of such wealth as that, his heavenly treasures are his forever.

21. A man's treasure is the thing he holds dearest, that upon which his heart is set, whether the world's wealth and the pleasures of the present, or the hope of heaven and the un fading favor of God.

22. If thine eye be single—This is Christ's figure for spiritual discernment, or conscience. As, when the eye is in a normal state, every object appears as it is, so the man of exclusively spiritual purpose has a clear outlook upon life and duty.

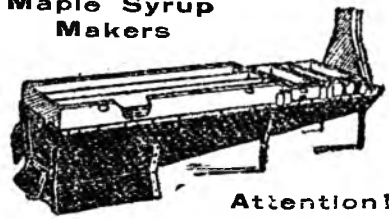
23. If thine eye be evil—Sin is like defects in the eyesight, in that it clouds spiritual vision. If conscience become entirely dominated by evil, spiritual night will follow, and the man will not know whether he is going right or wrong—may even think he is right when he is all wrong. There can be no greater darkness than that.

24. No man can serve two masters—It is impossible to divide one's interests between earthly and heavenly. The words of Jesus are emphatic: To love the world is ipso facto, to hate God. Conversely, if you love God, you must do it with a passion which excludes mammon (worldly-mindedness, especially the sort which expresses itself in love of material goods).

25. Therefore—The instructions which follow are a logical outcome of those which precede.

Be not anxious for your life—Not intended to eliminate prudence and forethought. It is unchristian to brood and worry over the possibilities of the morrow. The whole of life is not in what we eat and drink and put on. Jesus has already bidden his disciples to pray for the

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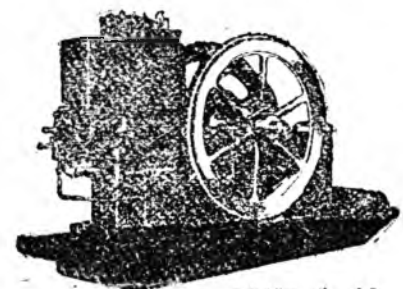
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daily necessities of food and raiment (verse 11, this chapter), and has promised that their Father will reward them for their sincerity. Now he reminds them that it is inconsistent for them to pray and distrust at the same time. If there is any anxiety at all about life, it is to be not for these things, but for the deeper ones mentioned in verse 33.

26. Behold the birds—Jesus's intimate acquaintance with all the natural life about him is one of the attractive studies of the Gospels.

They sow not—Their heavenly Father feedeth them, not because of their failure to work. Here is no invitation to a life of listlessness. Birds are not qualified to sow and reap. But men are. And God provides for men by prospering their work.

Barns—Sometimes buildings above ground, but oftener cistern-like pits.

Are not ye of much more value—Suggesting the unreasonableness of anxiety. Men are the children of God, and the Bible puts upon them the highest valuation of all creation.

27. Suggesting the uselessness of anxiety. Jefferson said that most men spend their lives in apprehending dangers that never come to pass.

Can add one cubit unto the measure of his life—This is preferable to the old translation, "stature." As a cubit is eighteen inches, it would be a very large addition to one's stature, and Luke adds a word of Jesus to the effect that what he has just said is the least one could do (Luke 12. 26). It was common to think of life in terms of linear measure (Psa. 39. 5). What is meant, therefore, is, that you cannot lengthen out your life by fretting.

28. Raiment—Included shirt, cloak, girdle, shoes, headdress.

How they grow is difficult to describe. At any rate, it is without thought or conscious effort on the part of the lilies themselves.

Spin—One of the earliest occupations, especially of women, was the spinning of garments out of wool and flax, on the hand-spindle.

29. Solomon in all his glory—The glory of Solomon was as proverbial as his wisdom, his wealth, and his fame. It was not, however, glory of character, but of lavish display and superficial splendor.

30. Grass—Probably a general term, covering many of the common field flowers. These were used for fuel, in the absence of wood, in districts where wood was scarce. The oven into which the grass was cast was a hole of varying size, according to the needs, dug in the ground and lined with cement.

Little Faith—An expression often on the lips of Jesus. All human faith is small in comparison to the wealth of God's provision.

31. Be not therefore anxious—Summing up. This, of course, is a principle of life, not a precept to be followed literally. An effortless, hand-to-mouth existence cannot be in Jesus's mind.

32. After all these things do the Gentiles seek suggests that anxiety is heathenish, as well as unreasonable and unavailing.

Your heavenly Father knoweth—This is Jesus's broad answer to the fundamental question as to the means of human sustenance. He who provides for birds and flowers needs only to know the needs of his highest creatures in order to provide for them.

33. This is the secret of an untroubled heart. The man who makes God's kingdom and righteousness his highest and foremost concern has responded to the supreme call of his being. God can do nothing less for such a man than to add to these nobler treasures all things needful.

34. Each day brings its own evil, and it is made no less by brooding over what it may be. We must do our best to-day, leaving the morrow in God's keeping to order as he will.

BRITTLE MEN.

Alban Rushbrook's Muscles are Turning Into Bone.

Details of an even more extraordinary case of myositis ossificans than that of Alban Rushbrook were given by a Dublin (Ireland) correspondent. Rushbrook's muscles are turning into bone, and he has to move about with extreme care, because if he fell he might break in several places.

Four or five years ago Rushbrook was an inmate of a Dublin hospital, and in discussing his disease recently, Dr. Smyly, house surgeon of the Meath Hospital, Dublin, referred to the case of William Clarke, a County Cork man. The disease attacked Clarke when he was a young boy, but he lived to the age of sixty-seven years. His skeleton is in the medical school of Trinity College, and is a much prized curiosity.

In his youth and early manhood, said Dr. Smyly, Clarke was able to creep round his native village, but his disease gradually developed until he could only walk with great difficulty, and ultimately he became fixed in a semi-sitting posture. He was able, however, to earn his own living in spite of his affliction. He was employed as watchman over gangs of workers for the very reason that he could not desert his post, and a specially constructed observation box was provided for him in which he spent the greater portion of the remainder of his life, being carried in it to and from his post of duty.

His jaw was fixed, and he could not open his mouth, but his teeth having been injured in an accident, he could be fed with a spoon. In his sixty-seventh year he caught pneumonia while at work, and died. From the top of his head to his knees he was one mass of bone.

A MESSAGE OF HOPE

TO WORRIED MOTHERS

There is no other medicine can equal Baby's Own Tablets for the cure of stomach, bowel and teething troubles. They come as a message of hope to worried mothers as they make sickly, peevish, crying children bright and well. And the mother has the guarantee of a government analyst that this medicine contains no opiate or poisonous soothing stuff. Mrs. Maurice Murphy, Glanford, Ont., says:—"I think Baby's Own Tablets the best medicine in the world. I know of nothing that can equal them in curing stomach, bowel and teething troubles." Sold by all medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

CABBAGE.

Ladies' Cabbage.—Boil a firm white cabbage fifteen minutes, changing the water (using boiling water) when tender drain and set aside until perfectly cold. Chop fine and add two beaten eggs, one tablespoonful of butter, pepper and salt, three tablespoonfuls of rich milk, stir all well together and bake in a buttered dish until brown; serve hot. This dish resembles cauliflower and is digestible.

Cabbage Salad.—Take one small head of cabbage and three sweet green peppers, using seed of one, and chop all fine with a small onion, salt and cover same for one hour. Then pour over a pint of cold water and drain off dry. Mix this with a rich mayonnaise dressing, add a little more salt if necessary.

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TWO EGG DISHES.

Eggs for Luncheon.—Cover the bottom of a basin with cracker crumbs, then a layer of chopped boiled eggs, with pepper and salt. Pour over the whole a sauce of milk, butter, flour, and seasoning, and serve hot.

Deviled Eggs—Boil the eggs hard. Remove yolks and mix with one tablespoon of olive oil to every five yolks. Add salt, pepper, vinegar, and mustard to taste. Mix well and fill the whites with the mixture.

CACKLES.

Mary had a little hen That laid an egg each day, And thus it is that some will work While some will loaf and play.

THE SUFFERING WOMAN ENDURES

Can be Banished by the Rich, Red Blood Dr. Williams' Pink Pills Actually Make.

Behind the veil of her modesty and silent patience nearly every woman endures suffering that casts a shadow over half her existence. An aching back, tired limbs, attacks of faintness, and headache upon headache need not be part of a woman's life. Such trials indicate plainly that the system requires the new blood that is supplied by Dr. Williams' Pink Pills. These Pills are valued by suffering women, who have used them, above all other medicines, because they make the rich, red blood that makes women well, bright and at their best. This is the secret of the great success of Dr. Williams' Pink Pills, Mrs. Geo. C. Wadden, Wadden's Cove, N. S., says:—"A few years ago I was completely run down. At times I would be so weak that I was unable to do my housework; I suffered from severe headaches; pains in the back and dizziness, and at times I felt as though life was scarcely worth living. I had tried several medicines without getting relief, when I finally decided to give Dr. Williams' Pink Pills a trial. After using two or three boxes I noticed a change, and after taking the Pills about two months I was again enjoying good health, and have since been well and strong. I can confidently recommend Dr. Williams' Pink Pills to all weak and rundown women."

You can get this great blood-building, health restoring medicine from any dealer in drugs, or the Pills will be sent by mail at 50 cents a box or six boxes for \$2.50 by The Dr. Williams' Medicine Co., Brockville, Ont.

SALAD DRESSINGS.

For Lettuce.—Little bacon or pickled pork in a skillet, three eggs, one-half pint sweet cream, one teaspoon cornstarch, one-half glass of vinegar to be added after cooked.

Fruit Salad.—Yolks of three eggs beaten light, one cupful olive oil, beat well while stirring into eggs; two-thirds cupful of thick cream; beat thoroughly as you add to eggs and oil. Sugar to taste, tablespoonful of salt, one-fourth tea-spoonful of red pepper.

Cabbage or Potatoes.—One cupful of boiling vinegar, two eggs beaten well, one large tablespoonful of mustard, one large tablespoonful of cornstarch. Mix cornstarch and mustard together and put in with the eggs, then add the hot vinegar. Pepper, salt, and sugar to taste. When cool add one-half cupful of cream, sweet or sour.

ZAM-BUK CURES PILES.

Evidence From All Sources.

Piles are caused by distension of the hemorrhoid veins, and the tissue becomes highly inflamed, dry and sore. Zam-Buk cools and soothes the inflamed tissue and the healing essences in Zam-Buk penetrate the diseased parts, giving ease quickly.

Mr. George Harris, of Vinden, Man., says: "I suffered acutely from piles, but I am glad to say Zam-Buk worked a complete cure."

Mrs. S. Cooke, 408 Pacific Ave., Winnipeg, says: "A month ago I was cured by Zam-Buk of a bad attack of bleeding piles, to which I had been subject for a long time."

Mr. William Kenty, of Upper Nine Mile River, Hants Co., N. S., says: "I suffered terribly from piles. The pain from these was not times almost unbearable. I tried various ointments, but everything failed to do me the slightest good. I was tired of trying various remedies, when I heard of Zam-Buk, and thought, as a last resource, I would give this balm a trial. In a very short time Zam-Buk effected what all the other ointments and medicines had failed to do—a complete cure."

Whenever there is inflammation, or ulceration, there Zam-Buk should be applied. It heals ulcers, abscesses, festering sores, cold cracks, scalp sores, cuts, burns, scalds, bruises, etc. All druggists and stores, 50 cents a box, or post free from Zam-Buk Co., Toronto, for price. Refuse substitutes.

Advice is easy to give, but most men prefer to pay a lawyer for the kind they are to follow.

Marriage is either a success, a failure or a compromise.