

WEAK, TIRED GIRLS

Will Find Health and Strength Through Dr. Williams' Pink Pills.

There is a time in the life of every girl when the strain upon her blood becomes too great; when she grows weak; has headaches and backaches; when dizziness seizes her and she becomes extremely miserable. That is the time of life she needs a tonic—a medicine that will not fail to enrich her blood and give her strength to withstand the changes through which she is passing. Such a tonic is Dr. Williams' Pink Pills for Pale People. They have raised thousands of growing girls out of the depths of misery and despair to a full enjoyment of good health and strength. Among those who have found good health through these Pills is Miss Suddard of Haldimand, Que., concerning whose case her mother writes as follows:—"Dr. Williams' Pink Pills have been a great benefit to my daughter who was weak and miserable. She was pale, easily tired and was bothered with indigestion. The use of the Pills has brought back her health, and made her strong and active. I am very grateful for what this wonderful medicine has done for her."

Dr. Williams' Pink Pills are the greatest blood builder known to medical science. That is why they cure anaemia, rheumatism, heart palpitation, indigestion, neuralgia, etc. That is why they are of such value to women and girls during the changes through which they pass from girlhood to maturity. The Pills are sold by all medicine dealers or direct by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

SCOTCH HORSES.

Kings Did Much to Improve Native Breed.

It is apt to be forgotten that Scotland has been famous for its horses from the most ancient days. When Agricola defeated the Caledonians at the Battle of the Grampians, A. D. 84, the Celtic enemy, as Tacitus relates, were exceptionally strong in cavalry and charioteers. Successive Kings of Scotland did much to improve its native breed of horses; and, in this connection, it is not to be forgotten that the first Scottish King of England, James I., did more to improve the race-horses in Great Britain than was ever done before him or has ever been done by any individual since. James I. was the real author of horse-racing, as it has since been known, in England. He it was who first established regular courses; and during his reign there came into being the code of regulations that led up to the modern laws of the Turf. Nobody denies that horse-racing has done much for the breed of British horses. It was a gift from Scotland.

By way of supplement to the foregoing, you should bear in mind how great was the dearth of horses in England when James ascended the throne. His predecessor, Queen Elizabeth, could muster only about 3,000 cavalry when the Spanish Armada threatened the kingdom with destruction; and, if contemporary writers are to be believed, the quality of English horses was then very poor. Even the horses employed in the hunting-field would seem to have been for the most part little better than coarse cart-horses.

ANXIOUS MOMENTS

FOR YOUNG MOTHERS

The hot weather months are an anxious time for all mothers, but particularly for young mothers. They are the most fatal time of the year for babies and young children, because of the great prevalence of stomach and bowel troubles. These come almost without warning and often before the mother realizes that there is danger the little one may be beyond aid. No other medicine can equal Baby's Own Tablets in promptly curing bowel and stomach troubles and an occasional dose given the well child will keep the stomach and bowels free from offending matter and ensure good health to the child. Therefore the Tablets should always be kept in the home as they may be the means of saving a little life. Sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

"Whatever made you make Brackins a present of a pocket-comb? He's as bald as a billiard-ball." "That's just it. I want to make him think I never noticed it."

A LONDON FOG STORY.

Hiram Maxim, at a recent banquet, referred to the fogs of London.

"In one of the worst London fogs," said the inventor, "an old friend of mine tried to find his way from Trafalgar Square to the Savoy, where he had an engagement to dine.

"The sulphurous air made the eyes smart and the head ache, and it brought on terrific fits of coughing. You could not, literally, see your hand before your face. There was a continual crashing in of windows, bells jangled, vehicles and foot-passengers collided, shrieks and oaths arose.

"Threading his way in the midst of this pandemonium through the Strand, as he supposed, from Landseer's lions to the waiting dinner at the Savoy, my old friend, to his great bewilderment, soon found himself descending a broad stairway. He put out his hand to the balustrade. Yes, a broad and stately stairway, with a rail of carved stone. Amazing!

"Suddenly in his descent my friend collided with someone ascending the stairway.

"'Halloa!' he said.

"'Halloa!' a gruff, male voice replied.

"'Can you tell me,' said my friend, 'where I am going?'"

"'Certainly,' said the other. 'If you keep straight on you will walk into the Thames, for I've just come out of it.'"

WOMAN THE WAITRESS.

"A woman," remarked the wise widow, "is always waiting for a husband."

"How do you figure that out?" queried the interested spinster.

"If she isn't married," answered the w. w., "she is waiting to get one, and if she is, she's always waiting for him to come home."

One of the greatest blessings to parents is Mother Graves' Worm Exterminator. It effectually expels worms and gives health in a marvellous manner to the little one.

"You must let the baby have one cow's milk to drink every day," said the doctor. "Very well, if you say so, doctor," said the perplexed young mother; "but I really don't see how he is going to hold it all."

Practically all Canadian druggists, grocers and general dealers sell Wilson's Fly Pads. If your storekeeper does not, ask him why.

The ordinary person's lungs contain 76,000,000 air cells.

A General Favorite.—In every place where introduced Dr. Thomas' Electric Oil has not failed to establish a reputation, showing that the sterling qualities which it possesses are valued everywhere when they become known. It is in general use in Canada and other countries as a household medicine and the demand for it each year shows that it is a favorite wherever used.

Occasionally a girl is both pretty and intelligent—just to prove the exception to the rule.

BE SURE YOU GET THE KIND YOU HAVE ALWAYS HAD.—Owing to the great popularity of The D. & L. Menthol Plaster unscrupulous makers are putting out one like it. Made by Davis & Lawrence Co.

THE MORNING GROUCH

How do you rise in the morning? Gloomy and sad and dour, Or glad for the rest that was given you

And brave for the battle hour? Do you rise from your couch at daybreak

With a smile for your loved ones true? Come, tell me, now, is a churlish frown

The best that they get from you? Do you rise in the morning merry, Or gloomy and cross and sad? Do you growl and snarl at your morning meal

Because the coffee is bad? Don't do it, for life has troubles, Ah, many, and greater, too, For the simple things in the morning hours

To bother a man like you. Get up with a smile and whistle, Get up with a cheery word; For a morning grouch, when you think of it,

My brother, is so absurd. Reserve your growls and your bitter words

For the time when a real grief frets you; What chance have you in life's big affairs

If a trifling thing upsets you?

HARD TO CONVINCE HIM.

"So you're going to marry old Gotrox's daughter, eh? Well, you know, that two can live as cheap as one."

"I know that, but can't convince her father of that fact."

Very many persons die annually from cholera and kindred summer complaints, who might have been saved if proper remedies had been used. If attacked do not delay in getting a bottle of Dr. J. D. Kellogg's Dysentery Cordial, the medicine that never fails to effect a cure. Those who have used it say it acts promptly, and thoroughly subdues the pain and disease.

HIS BLUFF CALLED.

"'Scuse me, ma'am," said the husky hobo, "but I'm hungry er-nuff t' eat a raw dog."

"Well," replied the woman on the back porch, "just wait here a second and I'll call one up for you."

But the h. h. was trying to beat his own getaway record down the pike.

EVERY HOME NEEDS a remedy that is adapted for use in case of sudden accident or illness. Such a one is "Painkiller," 25c. a bottle. Avoid substitutes, there is but one "Painkiller"—Perry Davis—25c. and 50c.

ITS USES.

John Bright used to tell how a barber who was cutting his hair once said to him: "You've a large 'ead, sir; it is a good thing to 'ave a large 'ead, for a large 'ead means a large brain, and a large brain is the most useful thing a man can 'ave, as it nourishes the roots of the 'air."

It is an undisputed fact that one packet of Wilson's Fly Pads has actually killed a bushel of house flies. Fortunately no such quantity can ever be found in a well kept house, but whether they be few or many Wilson's Fly Pads will kill them all.

"I see your hair is falling out, sir," remarked the hairdresser, who was getting ready to work the hair-ionic idea on the customer. "You don't see anything of the sort," rejoined his victim. "What you see is the sequel to a falling out between Mrs. Codgers and myself."

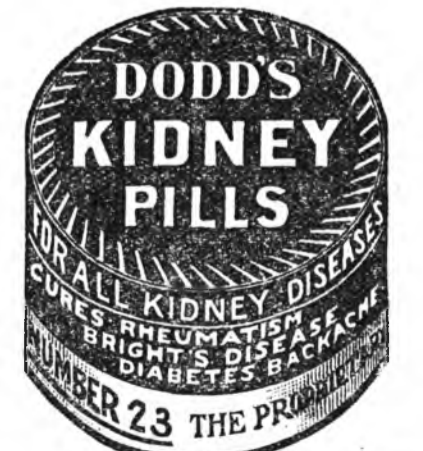
A Mild Pill for Delicate Women. The most delicate woman can undergo a course of Parmelee's Vegetable Pills without fear of unpleasant consequences. Their action, while wholly effective, is mild and agreeable. No violent pains or purgings follow their use, as thousands of women who have used them can testify. They are, therefore, strongly recommended to women, who are more prone to disorders of the digestive organs than men.

When a Scotsman answers a question he settles the matter in dispute once for all. On a certain occasion the question was asked:—"Why was Mary Queen of Scots born at Linlithgow?" Sandy Kerr promptly answered: "Because her mither was staying there"; and there actually seemed to be nothing more to be said on the subject.

Try Murine Eye Remedy.

For Red, Weak, Weary, Watery Eyes Granulation, Pink Eye and Eye Strain. Murine doesn't smart! Soothes Eye Pain; is Compounded by Experienced Physicians; Contains no Injurious or Prohibited Drugs. Try Murine for your Eye Troubles. You will like Murine. Try it in Baby's Eyes for Sealy Eyelids. Druggists sell Murine at 50c. Murine Eye Remedy Co., Chicago, will send you interesting Eye Books Free.

The Husband—"You want to know where I was so late last night? I was at the office balancing my books." The Wife—"It seems to me that you balance your books very often. That excuse is about threadbare." The Husband—"H'm! If you don't believe me, why don't you consult a fortune-teller?" The Wife—"Not much. I consulted one once, and she told me a pack of lies." The Husband—"Indeed! What did she tell you?" The Wife—"She told me I would get a rich handsome, kind, attentive, and truthful husband."



T N U ISSUE NO. 27-09.

CHICKEN HOMILETIC.

A country minister in the course of his dinner on the circuit came to a house where a roast chicken was served for dinner. He had previously encountered a series of rib-corned beef dinners and chicken looked good to him

"Well, he facetiously remarked, 'here's where that chicken enters the ministry.'

"Hope it does better there than in lay work," rejoined the small boy of the family.

The Pill That Brings Relief.—When, after one has partaken of a meal he is oppressed by feelings of fulness and pains in the stomach he suffers from dyspepsia, which will persist if it be not dealt with. Parmelee's Vegetable Pills are the very best medicine that can be taken to bring relief. These pills are specially compounded to deal with dyspepsia, and their sterling qualities in this respect can be vouched for by legions of users.

ON THE JOB.

Gunner—"In some of the European cities they have woman conductors on the street cars."

Guyer—"That so? Pretty girls, I suppose?"

Gunner—"Oh, they are passing fare."

If every housekeeper would use Wilson's Fly Pads freely during the Summer months the house fly peril would soon be a thing of the past.

MORAL.

Mrs. Handout—"Look here, now! You said if I'd give you your dinner you'd beat the carpet for me!"

Peerless Pete—"I'd like to do it, mum, but I gotter teach yer a lesson. Never trust the word of a total stranger."

Only those who have had experience can tell the torture corns cause. Pain with your boots on, pain with them off—pain night and day; but relief is sure to those who use Holloway's Corn Cure.

WARREN GZOWSKI & CO.
Members Toronto Stock Exchange.
Traders Bank Building, 25 Broad Street, TORONTO. NEW YORK

STOCKS AND BONDS
We are now specializing in **COBALT** Stocks. Write us for information.

ALEXANDER WARDEN,
(Late treasurer Presbyterian Church in Canada)

BONDS AND STOCKS
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18 TORONTO STREET, TORONTO, CANADA
Long Distance Phones—Main 2370, Main 2371

ANOTHER CASH PRIZE CONTEST

ORANGE MEAT

Announces a New Prize Contest

MORE PRIZES THAN THE LAST

The First Prize will again be a LIFE ANNUITY of

FIFTY-TWO DOLLARS CASH

Equal to One Dollar per Week Every Week during Lifetime

A Second Prize of One Hundred Dollars Cash

Two Prizes of Fifty Dollars Each

Ten Prizes of Twenty Dollars Each

Ten Prizes of Ten Dollars Each

Twenty Prizes of Five Dollars Each

One Hundred Prizes of One Dollar Each

CONDITIONS are similar to the last Contest, except that all Orange Meat Carton Bottoms must be sent in on or before November 30th, 1909.

Full particulars on private post card in every package of Orange Meat. If you enter this contest, complete the blank space below with your name and address, cut it out and mail it to Orange Meat, Kingston, Ont.

It will count equal to ten carton bottoms.

To ORANGE MEAT, KINGSTON.

I desire to enter your prize contest which matures November 30, 1909

Full name..... Address.....

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