

BAKED BEAR FOR YOU?

OR WOULD YOU PREFER ROAST ALLIGATOR?

Many Things are Eaten in Foreign Countries Which are Repellent to Us.

Bear's flesh is a great delicacy in Germany, and smoked bear's tongue and hams are much in demand there; but, consequent on their rarity, they are among the most expensive luxuries.

Lion flesh is very good eating, and much in favor amongst the aborigines and certain classes of Boer trekkers in South Africa. In many parts of India the tiger is eaten, to impart strength and cunning, as well as nourishment. In flavor it resembles rather coarse beef.

In Africa and India the flesh of the elephant is a favorite dish, though some Europeans aver it is nothing more than soft leather and glue. Others declare the flesh of the elephant is as tender and delicate as baked elephant's foot, which is a dish fit for a king.

CROCODILE, PLEASE!

Crocodile flesh is publicly sold in Upper Egypt as food, and in Saigon and Siam the natives expose the carcasses for sale just like sheep's in a butcher's store. In San Domingo and the seaboard States of Central America, the cayman is eaten, boiled or roasted, and is as savoury as rabbit, while its eggs are much prized as food. The horned iguana of San Domingo is also much appreciated by epicures throughout the West Indies. It is usually served up boiled, together with a dish of clarified iguana fat, into which the meat is dipped as you eat it.

The common green lizard is eaten with gusto by many in the South of Italy, and Spain also, while the Greeks nonchalantly pop the adder into their soups and stews. They are also very fond of the mud tortoise, and drink its blood, and cook its flesh and eggs, especially during Lent, the tortoise being looked upon as a fish.

Of all the reptiles that are used as food, the frog is undoubtedly the most popular throughout Europe, the French, Germans, Austrians, Italians, Portuguese, and Belgians all being noted for their frog-eating propensities. The kind in particular favor for table purposes is the green frog, though the red frog is just as delicious.

After a course of adder soup, followed by an entire of baked elephant's foot, backed by boiled iguana and roast alligator, there are many kinds of "freak" dessert to be had. Rosebuds boiled in sugar, and made into a preserve, are eaten by the Arabians; while in China candied rosebuds and jasmine flowers are equally popular. The

"I can testify to the great merits of your Emulsion, especially in all diseases of a pulmonary nature. It has saved many lives that otherwise would have yielded to consumption . . . we keep Scott's Emulsion in the house all the time and all the family use it."—MR. C. J. BUDLONG, Box 158, Washington, R. I.

Scott's Emulsion

does ALL it does by creating flesh and strength so rapidly that the progress of the disease is retarded and often stopped. It is a wonderful flesh builder and so easy to digest that the youngest child and most delicate adult can take it. If you are losing flesh from consumption or any other cause take Scott's Emulsion. It will stop the wasting and strengthen the whole system.

Be sure to get SCOTT'S

ALL DRUGGISTS

Let us send you a copy of Mr. Budlong's letter—his case is really wonderful—and some interesting literature regarding our preparation. Just send us a card mentioning this paper.

SCOTT & BOWNE
126 Wellington St., W. Toronto

Turks utilize the common yellow lily, that grows in ponds and marshes, as the main ingredient of an agreeable conserve, tasting somewhat like brandy.

HAVE A VIOLET?

Candied violets are now a staple product of certain districts in France. At Grasse, for instance, where immense quantities of violets are grown, all the old and stale ones are sold to the confectionery manufacturers, who steam them, dip them in boiling sugar, and sell them at a high price as "confiture of violets." In Roumania and Bulgaria roses, lime flowers, violets, pansies, and fruit blossoms are much used for flavoring purposes. Lilies, in China, are usually plucked just before they open, and, cooked as a fresh vegetable, they have a very pleasant taste.

The most remarkable of edible flowers, however, is that of the butter-tree, which grows in immense forests throughout the more hilly parts of India. A fair-sized tree yields several hundredweight of pulpy, bell-shaped flowers every year. During March and April—the hot months of the Indian year—they fall off, and are eagerly gathered by the natives. They have, when fresh a peculiar and luscious flavor, but the odor of them is unpleasant, being rather "mousy." Usually they are dried in the sun, becoming like raisins and then made ready for consumption by boiling or frying in butter.—London Answers.

ROSY CHEEKED BABIES.

Nothing in the world is such a comfort and a joy as a healthy, hearty, rosy-cheeked, happy baby. Babies and young children can be kept in perfect health by giving them an occasional dose of Baby's Own Tablets, which will keep the stomach and bowels in perfect order. And when sickness comes there is no other medicine will cure the minor ills of childhood as speedily and safely as Baby's Own Tablets. Guaranteed to contain no opiate or poisonous drug. Mrs. M. Romard, Eastern Harbor, N. S., says:—"I have used Baby's Own Tablets for the various ills from which little ones suffer, and find them a marvellous medicine. Thanks to the Tablets my baby now always enjoys the best of health." Sold by all medicine dealers or by mail at 25c. a box from The Dr. Williams' Medicine Co., Brockville, Onta.

DEER TAKING.

Only Two Estates in England Where the Sport is Followed.

Parts of certain great parks in England, such as Eridge Park, the oldest deer park in the kingdom, are practically wild in their original forest state, while near to the castle is the cultivated home park.

Eridge Park contains 3,000 acres and is the only estate in England, with one exception, where deer taking with hounds is still carried on. The other place is Woburn, the Duke of Bedford's seat.

The Marquis of Abergavenny is the owner of Eridge Park, but it once formed part of the royal chase. It still retains the wild beauty it then had, although there are more than seventy miles of lovely drives in it, not counting those of the home park.

Deer taking is entirely different from deer hunting. The object is to take the animals alive so that they may be transferred to the home park to be fattened and eventually turned into venison.

The sport is by no means as tame as it sounds. A seven to nine year old deer is an awkward customer to tackle. He is powerful, agile and well armed with antlers and hoofs.

When there is to be a deer taking at Eridge Park the meet is planned for 11 o'clock at the park keeper's house. The under keepers, with fresh hounds, are scattered through the park to head off the stag should he come their way. A field follows on horseback and on foot.

When a likely stag has been found and cut out from the rest he starts off with a hound after him. Apparently the only way he can be captured is to continue the chase until he is utterly exhausted, one hound after another taking a turn at the pursuit.

Before the end comes the stag may swim across a lake several times, taking to it to escape his pursuers. Finally a rope is thrown over his antlers, other ropes are secured to him and several keepers lead or drag him to the home park, where he is turned loose.

Applause is forbidden in Russian theatres.

Tourist—"What are those bells ringing for, my lad?" Urchin—"Cos somebody's pulling 'em!"

DISEASE COMES THROUGH THE BLOOD

To Cure Common Ailments the Blood Must be Made Rich and Red.

Nearly all the diseases that afflict mankind are caused by bad blood, weak, watery blood poisoned by impurities. Bad blood is the cause of headaches and backaches, lumbago and rheumatism, debility and indigestion, neuralgia and other nerve troubles, and the disfiguring skin diseases like eczema and salt rheum that show how impure the blood actually is. It is no use trying a different medicine for each disease because they all spring from one cause—bad blood. To cure any of these diseases you must get right down to the root of the trouble in the blood. That is just what Dr. Williams' Pink Pills do. They make new, rich blood. That is why they cure these diseases when common medicines fail. Mr. Henry Baker, Chipman, N. B., says:—"About a year ago I was so weak and miserable that I thought I would not live to see spring again. I could neither work, eat nor sleep. My blood was in a terrible condition. My entire body broke out with pimples and small boils that would itch and pain and caused me great trouble. I went to the doctor and tried several medicines but to no effect. I was almost in despair when one day a friend asked me why I did not try Dr. Williams' Pink Pills. I decided to try them and took altogether eight boxes. By the time I had finished them I was like a different man. They not only purified and enriched my blood, but built up my whole system and I have not had a pimple on my flesh nor a sick day since."

To enrich the blood you must get the genuine Pills with the full name, "Dr. Williams' Pink Pills for Pale People," on the wrapper around the box. Sold by all medicine dealers or by mail at 50c a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

OBEDIENT JOHN.

Mrs. Flint always demanded instant and unquestioning obedience from her children. One afternoon a storm came on, and she sent her son John to close the trap-door leading to the roof.

"But, mother—" said John.

"John, I told you to shut the trap-door."

"Yes; but mother—" "John, shut that trap-door."

"All right, mother, if you say so, but—" "John!"

John slowly climbed the stairs and shut the trap-door. The storm howled and raged. Two hours later the family gathered for tea. When the meal was half over and Aunt Mary had not appeared, Mrs. Flint asked if any of the children knew where their Aunt Mary was. John spoke up promptly:—

"Please, mother, she is on the roof."

SURPRISING HIS HONOR.

An Irish gentleman of a very obliging disposition, who thinks that personal favors do not cost much, while they make friends, was applied to some time ago by a laborer for a certificate of character. The gentleman, taking the man into his study, wrote out a very flattering recommendation, which he handed to the applicant for perusal. The latter took it, spelled it through, scratched his head, and remained silent.

"Well," said the gentleman, "don't you consider it favorable enough?"

"Oh, no, sorr, not at all; shure it couldn't be better, but—but—"

"But what?" angrily inquired the gentleman.

"Begorra, sorr," said the man, "I was just thinking that yer honor might give me something to der yerself on the strength of this recommendation."

A Woman's Sympathy

Are you discouraged? Is your doctor's bill a heavy financial load? Is your pain a heavy physical burden? I know what these mean to delicate women—I have been discouraged, too; but learned how to cure myself. I want to relieve your burdens. Why not end the pain and stop the doctor's bill? I can do this for you and will if you will assist me.

All you need do is to write for a free box of the remedy which has been placed in my hands to be given away. Perhaps this one box will cure you—it has done so for others. If so, I shall be happy and you will be cured for 2c (the cost of a postage stamp). Your letters held confidentially. Write to-day for my free treatment. MRS. F. E. CURRAH, Windsor, Ont.

Messrs. Harland and Wolf launched at Belfast the new White Star liner Megantic, which, with her sister ship, the Laurentic, now completing, will be the largest vessels engaged in Canadian trade.

FROM ERIN'S GREEN ISLE

NEWS BY MAIL FROM IRELAND'S SHORES.

Happenings in the Emerald Isle of Interest to Irishmen.

The headquarters of the Royal Engineers at Kilworth, Co. Cork, have been destroyed by fire.

A wild heifer breaking loose in a street of Armagh recently, injured an old woman, a street vendor.

A well-known figure in Irish life has passed away in the person of Mr. M. A. Manning, the town clerk of Kingstown.

A young workman named William Mullen, aged 25, was crushed to death while engaged on the Wicklow harbor protection works.

An alarming increase has taken place in the outbreak of typhoid fever raging in Glenfarne district, near Manorhamilton, Co. Galway.

Mayo County Council is to give a county guarantee of a penny in the pound toward the proposed railway between Blacksod and Collooney.

Lord Dunraven can lay claim to be the first Peer of the Realm who has been voted the freedom of the city by the National Corporation of Limerick.

A farm containing 25 statute acres was sold at auction in County Clare for \$1,300.

The price paid by the Irish Land Commission for the purchase of the Duke of Manchester's estate round Tandergee by the tenants has been about \$1,050,000.

By the will of a native who has died in New Zealand the Irish village of Ardstraw will benefit to the extent of over \$20,000, the money being left for the benefit of the poor.

It is said that the houses of the poor people in Ballyshannon are in a wretched condition. There is no sewerage system in the town, and the slaughter houses are nuisances.

We hear, says the Dundalk Democrat, there are a couple of Mormon missionaries, or recruiting sergeants from Salt Lake City in town (Dundalk) looking for people who may be foolish enough to go out there.

SPANISH KING LECTURED.

Britain's Ruler is Pointed out as an Example to Alfonso.

King Alfonso's fondness for sports of all kinds is known throughout Europe. Recently he has been absent from his capital on a shooting expedition in Anadlu-

Chapped Hands AND Cold Sores

Are your hands chapped, cracked, or sore? Have you "cold cracks" which open and bleed when the skin is drawn tight? Have you a cold sore, frost bite, chilblains, or a "raw" place, which at times makes it agony for you to go about your household duties? If so, Zam-Buk will give you relief, and will heal the frost-damaged skin. Anoint the sore places at night. Zam-Buk's rich healing essences will sink into the wounds, end the smarting, and will heal quickly.

Read this Lady's Experience.

Mrs. Yellen, of Portland, says:—"I consider it only my duty to tell you of the great benefit I have derived from Zam-Buk. My hands were so sore and cracked that it was agony to put them near water. When I did so they would smart and burn as if I had scalded them. I seemed quite unable to get relief from anything I put on them until I tried Zam-Buk and it succeeded when all else had failed. It closed the big cracks, gave me ease, soothed the inflammation, and in a very short time healed my hands completely. It is a wonderful healer and should be in every home."

Zam-Buk also cures chafing, rashes, winter eczema, piles, ulcers, festering sores, sore heads and boils, abscesses, pimples, ring-worm, etc., cuts, burns, bruises, acicid sprains. Used as an embrocation, it cures rheumatism, eczema, neuralgia, etc. Of all druggists and stores, or post free from the Zam-Buk Co., Toronto. Price 40 c. a box, 5 for \$1.95.



CATARRH IN HEAD.

Pe-ru-na--Pe-ru-na.



MR. WM. A. PRESSER.

MR. WILLIAM A. PRESSER, 1722 Third Ave., Moline, Ill., writes:

"I have been suffering from catarrh in the head for the past two months and tried innumerable so-called remedies without avail. No one knows how I have suffered, not only from the disease itself, but from mortification when in company of friends or strangers."

"I have used two bottles of your medicine for a short time only, and it effected a complete medical cure, and what is better yet, the disease has not returned."

"I can most emphatically recommend Peruna to all sufferers from this disease."

Read This Experience.

Mr. A. Thompson, Box 65, R. R. L., Martel, Ohio, writes: "When I began your treatment my eyes were inflamed, nose was stopped up half of the time, and was sore and scabby. I could not rest at night on account of continual hawking and spitting."

"I have tried several remedies and was about to give up, but thought I would try Peruna."

"After I had taken about one-third of a bottle I noticed a difference. I am now completely cured, after suffering with catarrh for eighteen years."

"I think if those who are afflicted with catarrh would try Peruna they would never regret it."

Peruna is manufactured by the Peruna Drug Mfg. Co., Columbus, Ohio.

Ask your Druggist for a Free Peruna Almanac for 1909.

sia at Lachar and Trasmulao, near Granada, on the estates of the Duke of San Pedro Galatins, and of a wealthy Granada banker, the Count of Aquila.

For some time the public and the press generally have viewed with disfavor these sporting proclivities of the young monarch, and have been more or less critical on the subject. Lately the Mundo, an influential Liberal evening newspaper, took the bull by the horns and published a strong leading article severely censuring the King.

"No one more sincerely esteems our young monarch than we do," says The Mundo. "He has many admirable qualities, and it grieves us to see his Majesty portrayed every day in the illustrated papers in all kinds of strange costumes and postures, many of them exceedingly unkingly and undignified—this everlasting mono-mania for sport; tennis, golf, polo, yachting, shooting, automobiling and what not. Has the King no duties; no thought for anything but sport? In a country like England, where nearly every problem has been solved, such frivolities in a sovereign would not seem so bad, but in our poor, unfortunate, unenlightened, suffering country, badly needing a guiding hand, such spectacles are not worthy of the King. We are informed that at Granada the other day Don Alfonso killed 800 birds with 800 shots. According to the statements of the courtiers he did not miss a single shot. What futile and silly adulation! Recently Emperor William, on the termination of a day's shoot, went to see the game, and beheld laid out before him sixty deer."

"All have fallen to your Majesty's gun," said the courtiers.

"It is possible," replied the Emperor, "but strangely enough, I only fired thirty five times."

"What, we wonder, does Don Alfonso think when he is told that he has killed 800 head of game? It is sad. Our young sovereign is intelligent, noble, highly intellectual and brave, with all the qualities that go to make an excellent King. Let him be guided in the future more by thought for the welfare of his country and his people than by this mania for sport."

"It is more profitable to dwell in the hearts of one's people, as do Edward and gracious Alexandra of England, than in the estimation of sycophantic courtiers."