



MRS. HOPE, Morpeth, Ont.

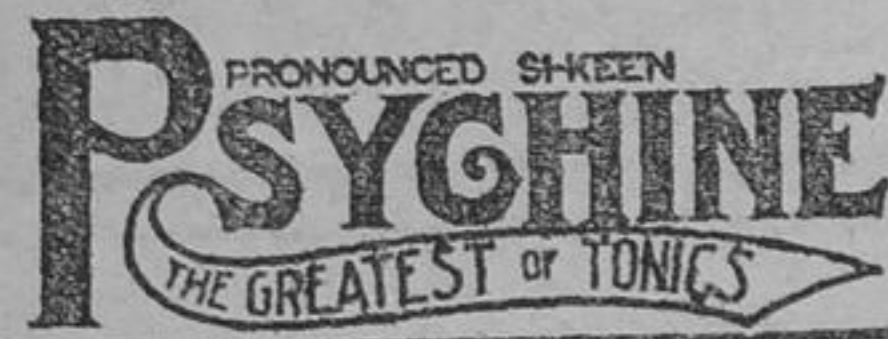
### Terrible Effect of La Grippe

How many people there are who know from bitter experience the evils which follow in the train of La Grippe! The whole system is run down, appetite entirely fails, there is a continual feeling of languor and weakness, and life seems scarcely worth living. In many cases the lungs are attacked, and the victim gradually declines, until prematurely carried off by the dreaded "white plague."

What would not the sufferer give to know of a SURE remedy—of some medicine that would not only arrest the disease, but build up the wasted system, and restore permanently the lost health and strength; in a word, give new life and hope? SUCH A TONIC IS PSYCHINE.

Mrs. Hope (née Cattle), of Morpeth, writes: "My lungs were in a terrible state, I had had La Grippe, and it had settled on my lungs. I kept steadily getting worse, and got so low that I was confined to bed, and could not even sit up. I consulted several doctors, but they said nothing could be done for me. Then I started taking PSYCHINE and it has certainly done wonders. I am now as strong as I was before my sickness, and can truly say that PSYCHINE saved my life." Such testimony as this is convincing.

If you are suffering in a similar way, and have almost despaired of ever recovering the health you once enjoyed, why not send for a sample bottle of PSYCHINE and test it for yourself? There is no reason why you should not be restored. PSYCHINE has proved the sovereign remedy in hundreds of other cases. Why not in yours? PSYCHINE is sold by all druggists and dealers at 50c. and \$1.00 a bottle. LIFE IN EVERY DOSE.



#### TRIAL BOTTLE FREE

Dr. T. A. Slocum, Limited, Toronto. Please send me trial bottle of Psychine in accordance with your special offer.

These schools, or many of them at least, had stamp mills where ore could be treated right under the eyes of the students. He gave a short resume of how the old mining laws and regulations had hindered development, and how the Government had seen a great light and changed the regulations so that now "blanketing" in mining districts was almost impossible.

In the United States the mineral output amounted to \$25 per head on a 80,000,000 population. Canada's output only amounted to \$12.50 for a population of 7,000,000. Still Canada's output was increasing yearly. In 1897 it had totalled \$28,000,000, while in 1907 it had reached the grand total of \$36,000,000, or a three-fold increase.

The Rocky Mountain chain, extending from the far north right down through Mexico, has produced an immense amount of minerals, principally gold and silver. In British Columbia this development had been much smaller than in the United States and Mexico, but that only went to show the great possibilities of our western province. But in Canada we had, Prof. Miller said, vast ore fields not possessed by either of the other two countries, but little attention had been paid to these fields because of inexperience. Iron ore and copper would be the metals found there and in the district in a rough way surrounding Hudson's Bay from its southern end away up to the Arctic circle, where there was evidence of coal existing in plenty. These big fields could easily be mined, as the climate compared favorably with the Yukon territory. In addition there was an abundance of water power. Where rock strata of a like nature extended into Michigan, the mines had produced 40,000,000 tons of iron ore annually, while the copper-producing qualities of that State were well known.

Cobalt now produced one-ninth of the world's silver. While last year it stood fourth, this year it should exceed the leader—the State of Montana—by 6,000,000 ounces, placing the Ontario district in the premier position.

#### USE RUSSIAN SUNFLOWERS.

In the Russian provinces north of the Caucasus the sunflower serves purposes other than ornamenting gardens. The seeds are used to make oil, which is employed both in the manufacture of soap and in cooking. The stems and the leaves are burned and the ashes used to make potash. Last year the sunflower factories of the Causasus produced nearly 15,000 tons of potash.

The day dreamer is sure to attract attention—when he snores.

Be a "good thing" only for the benefit of your family.

"I have taken Scott's Emulsion for six weeks and have found it a wonderful remedy. Before I took the Emulsion I had no appetite; was weak; had lost nearly fifty pounds of flesh, and now I eat well and am gaining every day. I find Scott's Emulsion to be very easily digested and a good food for all weak people."—FLORENCE BLEEKER, No. 1 Myrtle Avenue, Bridgeton, N. J.

This is only one of thousands of cases where

## Scott's Emulsion

has given an appetite. It's so easily digested that it doesn't tax the digestive organs and they rest; yet the body is wonderfully nourished and built up. The digestion is improved—then ordinary food is sufficient.

Growing boys and girls, who need so much food to keep them well and strong, and also growing, should be given a bottle of Scott's Emulsion every few weeks. It does wonders for them. It prevents their getting run down and spindly. Nothing does them so much good.

#### ALL DRUGGISTS

Let us send you some letters and literature on this subject. A Post Card, giving your address and the name of this paper, is sufficient.

SCOTT & BOWNE  
126 Wellington St. W. Toronto

### TWO EXCITED POLICEMEN. Forgot Their Prisoner in Rush to Catch Train.

An amusing story lies behind an announcement made in Belfast that the Inspector-General of the Irish Constabulary has ordered disciplinary measures to be taken against two members of the force who were recently instructed to take a prisoner from Belfast to Londonderry.

At a junction en route, where the train divides into three portions, the two policemen, having some few minutes to wait, left their third-class compartment and proceeded to the waiting-room with their prisoner.

The officers waited too long, and suddenly realized this when they saw the Londonderry section of the train moving off. They rushed for the train and managed to jump into one of the moving carriages, but left their prisoner standing in amazement on the platform.

The prisoner found himself in a strange place without a coin in his pocket. He did not take advantage of the absence of his escort, but went to the nearest police station where he explained the situation. He was given a good dinner and waited for his escort to return. The two officers, discovering their mistake when they were in the train, got out at the first station and came back. They found their prisoner in the police station where he had been waiting for some hours and all went on to Londonderry by a later train.

#### FOUND.

Lady—"What is it, little boy?"  
Little Jim (carrying a cat)—"I came to claim the reward you offered for the return of your canary."

Lady—"But that is a cat."  
Jim—"Yes; but the canary's inside!"

### SLEEPING DRAUGHTS AND SOOTHING MIXTURES.

A wise mother will never give her little one a sleeping draught, soothing mixture or opiate of any kind except upon the advice of a competent doctor, who has seen the child. All these things contain deadly poison. When you give your baby or young child Baby's Own Tablets you have the guarantee of a government analyst that this medicine does not contain one particle of opiate or narcotic, and therefore cannot possibly do harm—but always do good. Mrs. Geo. M. Kempt, Carleton Place, Ont., says:—"I have given Baby's Own Tablets to my baby since he was two weeks old. He was a very small, thin baby, but thanks to the Tablets he is now a big, fat, healthy boy." Sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

#### SOLD HER DIADEM.

German Princess Will Devote Proceeds to Charity.

A flutter has been caused in the highest Court circles in Germany by the discovery that the Crown Princess Cecilia has sold a diamond diadem valued at over \$5,000 to obtain money for contribution to the fund to relieve the widows and orphans of the victims of the recent colliery disaster in Westphalia.

The Crown Prince had already contributed £250 to the fund, but the Crown Princess, whose kind heart was touched by the terrible sufferings of the women and children deprived of husbands and fathers, determined to give a far larger sum for the amelioration of their distress. After secretly selling the diadem she gave the entire proceeds to the relief fund.

When the Crown Prince was informed of his wife's successful attempt to raise money he accepted the accomplished fact with good humor. Many courtiers, on the contrary, are deeply shocked at the procedure, which they regard as a violation of etiquette. They hold it to be highly improper for a member of the imperial family to raise money by selling jewels.

Public opinion, however, applauds the generous act, which has greatly enhanced the popularity of the Crown Prince and princess.

#### LOST.

"Mind you don't forget to put the advertisement in the paper for poor Dido," said the wife tearfully as her husband left the house.

Next day she read in the Daily Post: "Lost—A mangy lapdog with a wall-eye and bad teeth. Can only waddle. Answers to name of Dido. If returned stuffed, large reward."

Most women are credulous enough to believe in their husbands.

### ATTENDED BY FIVE DOCTORS

BUT GOT NO RELIEF UNTIL HE USED DODD'S KIDNEY PILLS.

Wonderful Cure of A. F. Richard, Who was Tortured by Rheumatism and Kindred Pains, Sets Kent County Talking.

St. Ignace, Kent Co., N. B., Jan. 4 (Special)—After being tortured for four years with Backache, Rheumatism, Stiffness of the Joints and Pains in the Loins, and getting no relief from five doctors whom he called in, Mr. Antonio F. Richard, a well-known farmer living near here, is spreading the good news that he is once more a well man, and that he owes his cure to Dodd's Kidney Pills. Speaking of his wonderful cure Mr. Richard says:—

"I was a helpless man in July, 1907. For four years I had endured the greatest torture from Backache, Rheumatism, Stiffness of the Joints and Pains in the Loins. I had dark circles under my eyes, my head ached and I was often dizzy. I was attended by five doctors, but not one of them could help me.

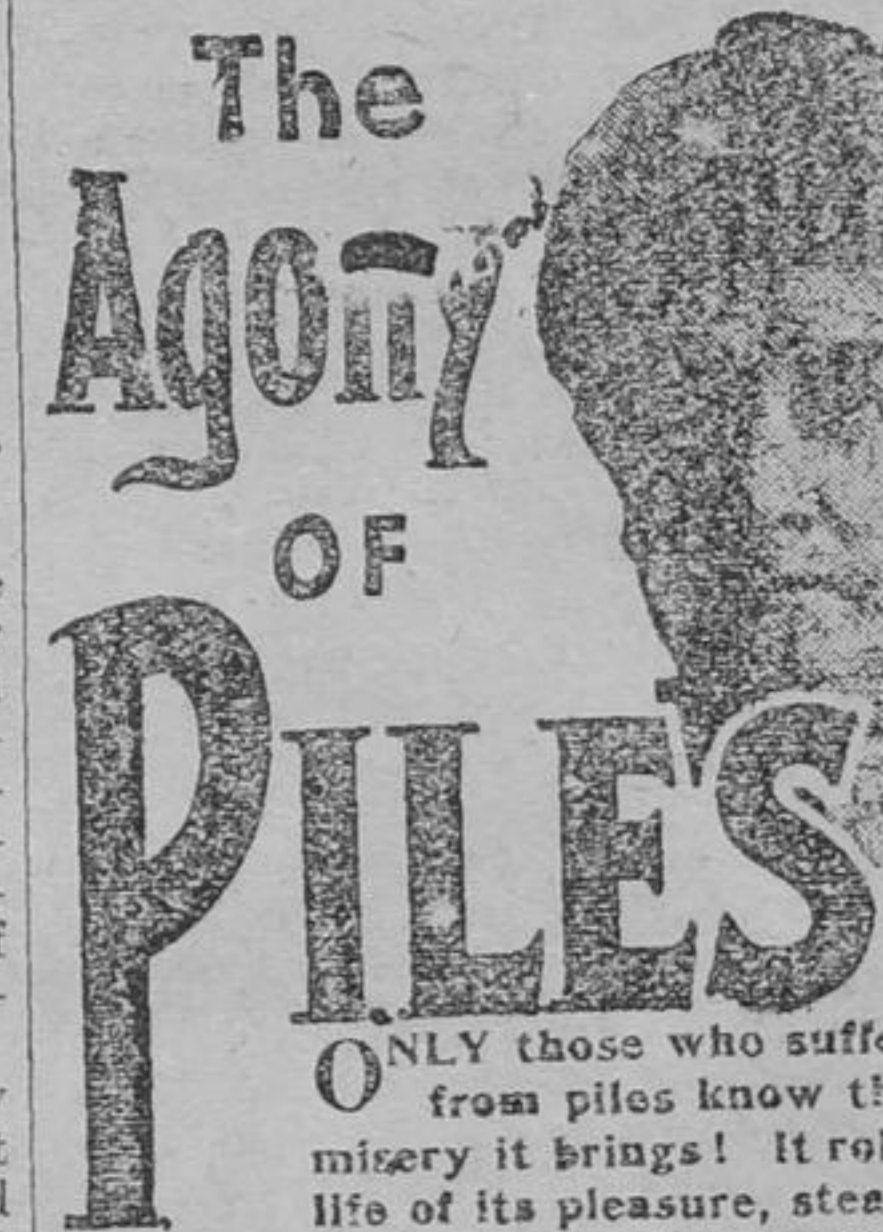
"Then I began to use Dodd's Kidney Pills and after the first few doses I began to improve. I used four boxes in all and now I am working every day on the farm a well man. I owe my wonderful cure to Dodd's Kidney Pills and nothing else."

There is no case or kind of Kidney Disease that Dodd's Kidney Pills will not cure.

A hot-headed man gets cold feet at the critical moment.

"He wants to go far, far away from civilization, where he can never again see a toot of a locomotive or hear the smoke of a factory." "Disappointed in love?" "No; got a lot of debts that he cannot pay."

Herr Bretzel, who had just had a telephone put up, calls for the repairer next day. "Look a here, my vrent, tidn't you dole me dot dellevone shbeak Cherman unt dot dellevone shbeak Cherman?" Repairer—"Yes, sir." Herr B.—"Vell, I dalk Cherman to dot dellevone yesterday mit politeness, unt vish him jolly holiday, unt py and py he say, 'Halloa! Phat air ye jabberin' at! Come off, you oud Dutchy.' Vell, I have to stand check from a goot many of peoples in ze summer time, but I draw ze line at dellevones. Dake it away."



ONLY those who suffer from piles know the misery it brings! It robs life of its pleasure, steals the brightness from existence, and substitutes days of dull pain and moments of acute agony. Most so called "remedies" give ease only for a time, and then—back comes the trouble—pain and misery! Zam-Buk cures Piles! And cures permanently. Proof of this lies all around you. Women and men in all stations of life have proved it—possibly some of your friends! Let it cure you!

Mrs. Wm. Hughes, of 253, Hochelaga St., Hochelaga, Montreal, says:—"I was a sufferer for years from blood-itching and protruding piles. Thousands of people no one knows. Remedy after remedy proved useless. I was in pain, loss of strength, dulness, misery, this was my experience until Zam-Buk was introduced. I know now that there is nothing on this earth like it! It cured me of piles, and once cured, I have had no return of the evil. I would like all women who suffer as I did to know that Zam-Buk will cure them!

Besides being a specific for piles Zam-Buk cures eczema, blood-poisoning, cracked or chapped hands, ulcers, cuts, burns, bristles, scalp sores, ringworm, bad leg, frost bite, cold sores, and all skin troubles and diseases. All druggists and stores sell at 50c. a box, or from Zam-Buk Co., Toronto, for 75c.



### MODERN WITCHCRAFT.

Story of an Incantation Told in an English Court.

In defending an action brought in the Crediton (Devon) County Court recently by a grocer named Ford to recover £2 for goods supplied, Edith Patten, a single woman, gave an extraordinary reason for not paying the debt.

When in the shop on one occasion, she said, Mrs. Ford offered her a cupful of tea, and while she was drinking it Mrs. Ford's daughter pronounced the following incantation:—

"Make them hot and make them swell, make them thin, walk them away and work them away. Put it in the arms and in the legs and in the feet. Put it in the face; fill up with neuralgia, toothache and more. Her have drunked it. Her have drunked it very well and don't know what her have drunked and will go to her grave."

In the evening, said Miss Patten, she became very hot and thirsty, so thirsty that she drank three quarts of tea and half a breakfast cupful of vinegar. She felt faint and thought she was dying.

The Judge—Do you believe that they bewitched you? I don't believe in anything of the sort, but I am getting thinner.

Judgment was given for the plaintiff.

### WHAT IS THE MATTER WITH YOUR CHILD?

Is it stunted physically, undeveloped mentally? Let us tell you how to overcome all abnormal conditions by the use of the Glandular secretions that we recover from the glands of young, healthy sheep. It is a physiological medicine and we are gladdening thousands of mothers' hearts every day. We cure all diseases, infantile and adult. Write to us for our illustrated Blue Book, which will be sent to you free. Describe to us in your own way just what your symptoms are and our physician will take up the matter with you. We furnish the element, the lack of which causes the sickness. Van Vleck Gland Extract Company, Kansas City, Mo., U. S. A.

You can't judge the value of a thing by the price card attached.

### CANADA'S GREAT RICHES

MINERAL AREAS EXTEND UP TO THE ARCTIC OCEAN.

Prof. Miller Tells of the Great Mineral Possibilities of the Country.

"Our silver deposits are unique. Five years ago similar deposits to those in Cobalt to-day were found in Port Arthur, and we know that the mineral 'Cobalt' has been found away up in the Great Bear Lake district. There is no reason why another Cobalt should not be discovered up in that great northern country."

This emphatic statement made by Professor W. G. Miller, Ontario Geologist, at the Toronto Canadian Club luncheon the other day evoked considerable enthusiasm, coming as it did at the close of an address in which the speaker, an acknowledged authority on the subject, has shown beyond the shadow of contradiction that Canada possessed mineral deposits of a varied nature, second to none in the world. In fact, Prof. Miller had no hesitation in saying that one of the great drawbacks of the mining developments in this country was the boosting of the agricultural to the detriment of the mineral resources of the country at large, and particularly of Ontario. His address was necessarily rather discursive, as in the short time at his disposal he did not have time to go into details on the subject. In this way he ran over Canada, touching upon wide areas which at the present time are unsettled and undeveloped—the district surrounded by Hudson's Bay for example—and showed evidences that minerals in great quantities existed there.

He pointed out how Canada had suffered in the past because of lack of technical instruction in its schools. But he was pleased to say that at the present time the authorities were awakening to the needs and were establishing mining schools where good practical mining engineers were being trained.