# FROM BONNIE SCOTLAND 22 HOURS ON A PLANK

NOTES OF INTEREST FROM HER BANKS AND BRAES.

#### What is Going on in the Highlands and Lowlands of Auld Scotia.

In Perth burg 400 applications have been made for old-age penlons.

The Duchess of Montrose has sent 400 rabbits for distribution among the poor of Glasgow.

John K. Cameron, a Crimean veteran, died in Aberdeen recently. He was born in Paisley in 1826.

Much of the steel construction work at the Franco-British Exhibition was prepared at Motherwell.

The sheriff has decided that the owner of unlet property in Glasgow is liable in ownership taxes. In the Northern District, in Glas-

gow, the other day a single apartment licensed for three was found crowded with 13. Glasgow University is to have a

lady censor to prevent flirtation within its precincts between men and women students.

Bothwell school board, like the Burgh school board of Hamilton, are finding the problem of accommodation pressing heavily.

Just fifty years have gone since the Presbytery of Edinburgh persecuted Robert Lee to death for introducing an organ to Greyfriars. Mr. James Johnston, Woodside,

Gartsherrie, has been appointed experimental agriculturist in the British East Africa Protectorate. The old-age pensions passed by

Banff Burgh Committee amount to \$4,725 annually, and in the neighboring burgh of Macduff to \$4,860. Last season on the 16 public bowling greens of Edinburgh, there

were 163,124 players, the expenditure was \$5,260, and the revenue \$4,010.

The annual re-union of the Edinburgh branch of the Seaforth Highlanders' Association was held represided. .

Mr. Robert Reid has retired from the position of chief clerk and assistant postmaster in Glasgow. He has been over 40 years in the service.

There died suddenly recently at Nairn, at the age of 82, a wellknown horticulturist, Mr. David Stalker, of Messrs. D. Stalker and Son, Nairn Nurseries.

Lord Leith, of Fyvie, is erecting flagstaffs at all the schools in the parish. The Union Jack will be hoisted on these on the occasion of important national events.

Councillor D. M. Stevenson has offered to erect a public hall in Clarendon street, Glasgow, cost not to exceed \$35,000, if the cor- ship and hurled the broken water poration will maintain it.

"The physician attending me prescribed, on my rallying from an attack of rheumatism, your Scott's Emulsion, which I have been taking every winter since. I find it most valuable in strengthening and building up one after a severe illness. I have not had rheumatism since the time mentioned above and I owe it to your most valuable Emulsion. It is my life now, and makes me strong and healthy."-R. PICARD, Grand Ligne, Quebec.

For two hundred years before Scott's Emulsion came Cod Liver Oil was used for rheumatism.

is modernized Cod Liver Oil; the purest and best oil partly predigested, made palatable and suitable for the most delicate child or invalid. It enriches the blood, tones up the entire system, and drives out rheumatism.

ALL DRUGGISTS

Let us send you a copy of Mr. Picard's letter and other literature on the subjech A Post Card, montioning this paper,

SCOTT & BOWNE 126 Well igton St., W. Toronto

SURVIVORS OF SHIPWRECK HAVE AWFUL EXPERIENCE.

#### Heat Drives One Insane-Others Perish One by One Until Rescue Comes.

A terrible tragedy of the sea, involving the loss of the Leith steamship Dunear, with fifty-one of her scribed the other day by William every county has a peculiar type of hanged at Norwich for the murder Phillips, a youth of 19, third officer its own. of the ill-fated ship, on his arrival home at South Shields, England.

Phillips was John London, fourth only.

engineer.

The vessel was bound from Karatsue to Singapore. Two days after leaving port a typhoon burst the standard for the world, for ciupon them. On the third day the gars. All other countries have the Channel fleet. storm was raging at its height, and about 2.45 in the afternoon, a fear- ever equalled. ful wave crashed on board, sweepand lifeboats.

were on the bridge at the time, and parish. went overboard with the wreckage. crew were sheltering, and told them the vessel was keeling over. In a few moments they were compelled to scramble up the deck, to prevent themselves being buried beneath it as the ship gradually went

#### PERISHED ONE BY ONE.

as she lay over, but one after an- sauce, or steak needs salt. In order other was washed away. They to obtain the necessary spice the numbered about twenty altogether, manufacturer has to select, from out of the total of fifty-three, six- another district, a spicy tobacco, teen being Lascars, while the oth- to blend with the other desirable ers were the second and fourth en- qualities already obtained, in orgineers, who had rushed out of the der to secure the perfectly satisfacengine-room when the crash was tory palatable cigar. heard, the quartermaster, and All manufacturers strive to ob-Phillips.

floating about, and many of the many fail in the attempt. affoat by this means.

lips supported himself by means of two planks, one under each arm. A Lascar seaman hung on to the must personally have a very dissame planks in the same way. Phillips saw the fourth engineer selves affoat by two other deals.

So, for some time, the last four survivors kept together under the lee of the ship, which was now keel upward and slowly sinking.

Certain death appeared to await cigars. them all. There was imminent risk of being sucked down by the foundering vessel. They were conseas which broke over the sinking over them.

For more than an hour they faced the double danger, and then the wind beat them from off the ship, and they drifted away and apart.

The two white men were in sight of each other until sunset, each having a Lascar as companion on the planks which bore them up. By this time the typhoon had passed over them, but the early morning brought fresh terrors and tortures in a blazing hot sun.

#### HEAT DRIVES MAN INSANE.

Lascar insane, and he dived under rest of the house.

which proved to be the Saikio corn when one eats it, a refrigerator takes the greatest interest in her help were heard, and he was res- egg-cup that fits an egg of any size, cued more dead than alive.

peared.

sent on to England.

Six months after marriage a man discovers that he has to get twice as angry in order to induce his wife to notice his wrath.

The only colony of Barbary apes about 6,500,000. in existence is on the Rock of Gib- The phonograph is in use in some

ernment. In Spain, boys under sixteen are ous speeches in history. not allowed to lift or carry more | If a man doesn't flatter a woman | And he'll think his efforts pay than 16 pounds, or push or draw she imagines it is because it If you like his work or way, heavy arads.

#### "A FRIEND TO THE GOVERN-MENT."

Very few people have any idea of the enormous value of the tobacco

crop to the world in general. It is more extensively used than any other product grown in the world with the exception of tea.

In 1904 the total production of tobacco for the world was estimated at 4,100,000,000 pounds valued at \$400,000,000.

The amount of duties collected is estimated at one billion of dollars. There are hundreds of different types grown, and every country, crew of fifty-three hands, was de- every state, every province, almost

Some sections raise pipe tobacco only, others raise chewing tobacco The only other survivor besides only, and others cigar tobacco

> When cigars are mentioned every smoker naturally thinks of the Island of Cuba, the Island that makes tried to imitate, but none have

ince in the Island grows a type of funds. The captain and second mate its own, in fact each district or Next year the Royal Agricultural upon her blood supply. They have

alleyway, where a number of the selection of the Cuban leaf in order dent for 1909. to produce a satisfactory cigar, not only must be particular as to the ash, the burn, the aroma, but above all to the taste. Some types possess all the desirable qualities except the taste. It may be a little flat, a little seedy, lacking that spice necessary to satisfy the palate, the same as cabbage needs They reached the side of the ship | vinegar, consomme need Worcester |

tain the blend that will suit the A large quantity of wreckage was majority, but for obvious reasons

> It requires a long and careful the manufacturer making the study immediately. criminating taste.

and another Lascar holding them- is an enthusiastic tobacco student, engines and burning coal only, she and a recognized authority on To- would probably have touched 1,000 bacco. When smoking one of his tons a day. Pharaoh cigars you can feel assured that you are enjoying one of the announces that 420,000 gallons of from The Dr. Williams' Medicine choicest blends in domestic ten cent rum have been bought for the Navy Co., Brockville, Ont.

#### INVENTIONS OF WOMEN.

#### stantly lashed, too, by the heavy Many Fire Escapes Are Credited ly commander-in-chief of the Medto Gentler Sex.

of fire, and thus it is not surpris- miral Sir Gerrard Noel. ing to discover that they have patstances. A thermometer that gives abstainers.

the water and was drowned. The | So many interesting things have | A girl who got three months at agonies of Phillips were prolonged been invented by women, however, Marylebone for robbing her emtill midday, by which time he had that it is impossible to mention player had been engaged on the been twenty-two hours in the water. more than a few of them here. following character:-"She is a When he had almost given up Among them are a self-heating sad- strictly honest, sober and reliable hope he saw a passenger steamer, iron, an implement for holding green maid. As a house parlor-maid she Maru, cruising among the wreck- with revolving shelves (surely an work, and she is a pleasing mannerage. Twice the vessel passed round excellent idea), a folding car-step ed girl." him, but on the third occasion it to render access to railroad cars came nearer. His faint cries for easier for the fat and elderly, an a deep-sea telescope for examining When a fellow pleases you, An hour afterward the same ship the ocean bottom for wrecks, a picked up the fourth engineer fully robberproof chicken coop, a musten miles away from the spot where ical skipping-rope, a trap for bed-Phillips was found. He, too, was bugs, a pair of scissors and tapealone, the Lascar having stayed measure combined, a step-ladder with him until near daybreak, that is an ironing-board in disguise, when his strength gave out, and he a sofa that can be transformed into slipped from the planks and disap- a bathtub, a machine for hanging wall-paper, a rocking-chair with You are pleased when anyone The two rescued men rallied un- automatic attachment for keeping der medical treatment, and were the flies off the head of a bald-headlanded at Moji, whence they were ed man, a means of detecting tampering with sealed envelopes, a combined collar and necktie, a door- For it gives you added zest plate that is also a card receiver, and a carriage with one wheel.

The population of Canada is now

raltar. It is protected by the Gov- Austrian schools, and by its means Why, it isn't much to dopupils are made familiar with fam-

doesn't understand her.

## IN MERRY OLD ENGLAND THE TORTURES

NEWS BY MAIL ABOUT JOHN BULL AND HIS PEOPLE.

#### Occurrences in the Land That Reigns Supreme in the Commercial World.

There are now 129,285 paupers in London—an increase of 6,777 on the number a year ago.

James Nicholls, 35, laborer, was of Susan Wilson, aged 70.

The docks at Fleetwood are to be extended at an outlay of \$400,-000 by the Lancashire and Yorkshire Railway Company.

H.M.S. Irresistible was recommis sioned at Chatham on Dec. 15 with a new crew for further service in

The commanding officer of the Scots Greys, stationed at Tid-All Cuba tobacco, however, is worth barracks, reports the robing away the bridge, charthouse not good tobacco and each prov- bery of \$500 from the regimental

Show will be held at Gloucester, done this for thousands of women Few people realize how painstak- and in 1910 at Liverpool. The Earl throughout Canada, why not for Phillips made his way to the port ing a manufacturer must be in the of Jersey has been elected presi- you?

derived its name from a palace I suffered from nervousness and which formerly occupied the spot, those troubles that make the lives under which the Scottish ambass- of so many women one of almost adors were lodged.

cabs in London have increased in spent sleepless nights and seemed numbers by over 700, while horse- to lose all courage. I tried several drawn cabs have decreased by more doctors, but they failed to give me than 1,500.

For a poisoned thumb, now useless, a barge builder was awarded 15s. a week-£39 a year-at Woolwich County Court, under the Workmen's Compensation Act.

The new propellors of the Cunard steamer Mauretania weigh eighteen tons each, and the bracket replacing the one which was damaged represents an additional ten

Ernest Yarrow, 37, a solicitor's cently. Major Douglas Campbell board, managed to keep themselves study of the section of the country clerk, of Chichester, suddenly took from which the tobacco originates, a knife from his pocket and stabbed But one by one they sank. Phil- a study of its fermentation, of its himself through the heart at Portsblending, of its workmanship, and mouth town hall. He died almost

> The Indomitable, at full speed, burns 500 tons of coal a day, with Mr. J. Bruce Payne, of Granby, oil in addition. With reciprocating Pink Pills to the many women who

> > this year, against 120,000 gallons last year, and 400,000 gallons the year before.

Admiral Sir Charles Drury, lateiterranean Station, took over the appointment of commander-in-chief Most women are very much afraid at the Nore in succession to Ad-

Speaking of the withdrawal of ented a good many fire escapes. military picquets from Aldershot guises. One of them masquerades ior Wesleyan Chaplain at the camp, his equals. as a window-cleaner, another is a says he knows battalions in which spring bed under orlinary circum- 50 per cent. of the men are total

an alarm of fire when the tempera- Algernon Borthwick, Lord Glenture rises above a certain point is esk, died recently at his London A lady visited a dying servant not a woman's idea, and so likewise is residence in his 78th year. His a scheme for making the doors and lordship was the chief proprietor of shutters of a dwelling fireproof, so the Morning Post, which he made a Nancy?" she asked, taking hold of that they may not catch and impede most successful paper, realizing a The heat, said Phillips, drove the escape, what ever happens to the great fortune, powerful social influence, and finally a peerage.

## LET HIM KNOW IT.

Let him know it; It's a simple thing to do-Let him know it. Can't you follow out the style? It is sure to bring a smile. And that makes it worth the while-Let him know it.

Lets you know it; Done'

Lets you know it. To bring out your very best-Just because some mortal blest Lets you know it.

Let him know it; Let him know it. It will help him in the fray. Let him know it.

When a fellow pleases you,

# WOMEN SUFFER

### Can Be Relieved by Keeping the Blood Supply Rich With Dr. Williams' Pink Pill3.

A woman needs a blood building medicine regularly just because she is a woman. From maturity to middle life, the health and happiness of every woman depends upon her blood, its richness and its regularity. If her blood is poor and watery she is weak, languid, pale and nervous. If her blood supply is irregular she suffers from headaches, backaches sideaches and the other unspeakable distress which only women know. Some women have grown to expect this suffering at regular intervals and to bear it in hopeless silence. But women would escape much of this misery if they took a box or two of Dr. Williams' Pink Pills to help them over each critical period. These Pills actually make new blood. They help a woman just when nature makes the greatest demand

Mrs. Joseph Kinney, Gilbert's "Scotland Yard" is said to have Cove, N. S., says: "For ten years constant misery. At times I would Between 1903 and 1907 mechanical be confined to my bed for weeks. I any relief. The last doctor I consulted told me frankly that he could not undertake my case unless I would undergo an examination. It was then I decided to give Dr. Williams' Pink Pills a trial. After taking six boxes I was much improved in health, but I continued to take the Pills for a couple of months more when I felt like a new woman, and was enjoying such health as I had not experienced for ten years before. I have had no return of the trouble since, but I have used the Pills once since that time for the after effects of la grippe and the result was all I hoped for. These are plain facts from my own experience and I have always felt that I cannot too strongly recommend Dr. Williams' suffer as I did.'

You can get these Pills from any dealer in medicine or by mail at 50 The First Lord of the Admiralty cents a box or six boxes for \$2.50

#### GIVE A RIGHT CHARACTER.

#### Mistresses Should Give Servants Good Recommendations.

Many employers believe that the laws of good manners do not apply to their dealings with their servants. This was not the opinion of Chesterfield, who was more on his guard with servants and others who Some of these take on queer dis- streets, the Rev. E. P. Lowry, Sen- were called his inferiors than with

There is nothing more keenly appreciated by good servants than evenness of temper, which respects itself at the time it respects others. long ago, who had been in her family for 33 years. "How are you, the withered hand which was held out. "Is that you, my darling pet?" exclaimed the old woman, as a beam of joy spread over her face. "Oh, yes," she added, looking up, "it is you, my kind, my mannerly mistress.

A wise mistress sees that their meals are regularly served and that they are undisturbed during that time. She does not think that any hole does for a servant's bedroom; she includes the servants in the circle of her sympathies; they are made to feel that if they have to work for the family and bear its burdens they are not excluded in a real share in its interests and joys. In managing servants a little judic-

ious praise is a wonderful incentive. Half the domestic difficulty arises from a want of honesty among mistresses in the character which they give of servants they discharge. Many a domestic receives flattering recommendations who does not de-When the man who thinks "Well serve any better than the following: "The bearer has been in my house a year-minus eleven months. During that time she has shown herself diligent-in gadding about; frugal in work; mindful-of herself; prompt-in excuses: friendlytoward men, and honest when

everything had vanished." Training schools are often advocated for domestic servants to meet the servant difficulty. But improvement must begin at the head. To rule well is often more difficult than to serve well. There might be a training school for mistresses.