

A SPLENDID PRESCRIPTION.

For Rheumatism and all Kidney, Liver, Bladder and Urinary Affections.

An eminent physician informs us that he has used the following prescription in his practice for a number of years, and found it very successful in the treatment of Kidney, Liver, Bladder, and all Urinary affections. He claims that a very few doses will relieve the most severe pains in the back, arising from disordered kidneys and impure blood: One ounce of sweet spirits of nitre, one ounce of Vimosa Compound, and four ounces of syrup of rhubarb. These ingredients can be obtained at any reliable drug store. It should be taken in dessertspoonful doses after meals and at bedtime in water. It is unsurpassed for the cure of rheumatism, driving the uric acid entirely from the system. The ingredients are inexpensive and harmless, and can be given to children with safety.

EASY WAY TO REMEMBER DATES.

All you Require is to Commit These Lines to Memory.

The following lines committed to memory, give an easy method of stating off-hand the day of the week of any date in 1908:—

Just a mother's arms, my jocund Jean;
A spell o'er Nature's dream.

The number of letters in each word represents the date of the first Saturday in the particular month to which it corresponds; thus, "Just," for January, has four letters, because the first Saturday in January is the fourth of that month; "a," representing February, has one letter, as the first Saturday in February is the first day of that month; and so on through the twelve months.

Each word of the twelve, excepting the first "a," begins with the same letter as the month it represents. Thus, "Just" begins with "J" because January begins with "J"; "mother's" begins with "m" because March begins with "M"; and so on all through, with the exception of "a" for February.

Having obtained the dates of the first Saturdays, the date of every other Saturday in the month is got by the addition of the necessary number of sevens, from which it is but a step to any intermediate day. For example, to know the day on which Christmas Day falls this year, "dream," standing for December, has five letters, so the first Saturday in December is the 5th of that month; the second Saturday is the 12th; the third the 19th; the 25th, being six days more, gives Friday, six days on from Saturday.

COBALT SILVER PRODUCTION.

A. J. Pattison & Co., Toronto, report the following are the weekly shipments from Cobalt camp, and those from Jan. 1 to date:

	Week end.	Since Jan. 1
	Ore in lbs.	Ore in lbs.
Buffalo	563,810	380,910
Cornwall	65,845	246,455
Cobalt Lake	40,000	40,000
Crown Reserve	40,200	156,380
Cobalt Central	338,600	338,600
City of Cobalt	92,340	238,400
Drummond	332,670	332,670
Foster	127,240	127,240
Kerr Lake	61,960	392,670
King Edward	80,000	1,981,652
La Rose	60,000	1,243,900
McKinley	133,020	1,316,920
Nipissing	106,795	227,555
Nova Scotia	340,420	340,420
Nancy Helen	63,800	1,826,870
O'Brien	60,500	181,180
Right of Way	143,210	143,210
Provincial	39,730	39,730
Standard	524,200	524,200
Silver Queen	52,000	52,000
Silver Cliff	132,800	132,800
Silver Leaf	85,100	85,100
Townsite	88,140	325,000
Temiskaming	60,000	599,000
Temiskaming & H. B.	679,916	679,916
Trethewey	66,000	180,430
Walls		

The total shipments for the week were 895,230 pounds, or 447 tons. The total shipments from Jan. 1 to date are 12,304,438 pounds, or 6152 tons. The total shipments for the year 1907 were 28,081,010 pounds, or 14,040 tons, valued at \$6,000,000. In 1904 the camp produced 158 tons, valued at \$130,217; in 1905, 2144 tons valued at \$1,473,196; in 1906, 5129 tons, valued at \$3,900,090.

Crown Reserve, a stock much favored in Cobalt, has been placed on a dividend basis by the declaration of a dividend of 4 per cent.

A DEFICIT.

Teacher—"Wait a moment, Johnny. What do you understand by that word 'deficit'?"

"It's what you've got when you haven't got as much as if you just hadn't nothin."

CAN'T HELP IT.

Bacon—"Do you think it is proper for a man to say things behind his wife's back?"

Egbert—"Well, if he's trying to button her dress, how can he help it?"

MANY KINDS OF SMOKE.

Substitutes for Tobacco Often Have Harmful Effects.

The American Indians who smoke dried holly leaves, the bark of the willow tree and leaves of the stag's horn sumac use the least harmful of the substitutes for tobacco. Many of the other substitutes have the most harmful effects. Indians along the Alaska coast injure their eye-sight smoking wood shavings saturated with a strong solution of popper; excessive smoking by farmers of the leaves of the tomato and potato plant often causes insanity and suicide; a variety of Indian hemp which is smoked by all classes in Jamaica has terrible results, and a weed known as mountain tobacco, which is smoked in great quantities in Sweden, causes its users to become mental and physical wrecks.

If men and women really understood each other there would be fewer love matches.

A Successful Medicine. — Everyone wishes to be successful in any undertaking in which he may engage. It is therefore, extremely gratifying to the proprietors of Parmelee's Vegetable Pills to know that their efforts to compound a medicine which would prove a blessing to mankind have been successful beyond their expectations. The endorsement of these Pills by the public is a guarantee that a pill has been produced which will fulfil everything claimed for it.

HOPELESS.

"Now, don't ask me another question. Little boys should not be too inquisitive!" "Why musn't I ask you any more, daddy? And what's inquisitive?"

You can lengthen the life of your house and give it a distinctive personality amongst its fellows with the use of Ramsay's Paints, guaranteed the very best, full measure, full value, at fair honest prices. Your dealer has them and will show you the splendid range of colors. Write A. Ramsay & Son Co., Montreal, for a pack of Souvenir Picture Post Cards of Homes.

German Friend: "De picture you hab bainted is most butiful; dere is only von vord in de English lanqvidge vich describes it—and I haf forgotten it."

A Carefully Prepared Pill.—Much time and attention were expended in the experimenting with the ingredients that enter into the composition of Parmelee's Vegetable Pills before they were brought to the state in which they were first offered to the public. Whatever other pills may be, Parmelee's Vegetable Pills are the result of much expert study, and all persons suffering from dyspepsia or disordered liver and kidneys may confidently accept them as being what they are represented to be.

"Fine feathers," remarked the man with the quotation habit, "do not make fine birds." "No," rejoined the father of seven grown daughters, "but they make fine fortunes for milliners."

PANGO.

Will afford instant relief from pain caused by Neuralgia, Headaches, Gout, Rheumatism, Catarrhal Colds. Sample 50 cents. All druggists or National Drug Co., London.

Conceited Amateur: "I learned to play the violin when I was eight years old." Crusty Professional: "Indeed! How old were you when you forgot?"

AN UGLY FAMILY of skin diseases is the one generally described by the word Eczema. In all its forms it resists ordinary treatment, but is completely cured by Weaver's Cerate used in connection with Weaver's Syrup.

"What is the most aggravating thing in married life?" asked Dorothy. "Sometimes," said the bachelor friend, "it's the husband, and sometimes it's the wife."

The transition from winter's cold to summer's heat frequently puts a strain upon the system that produces internal complications, always painful and often serious. A common form of disorder is dysentery, to which many are prone in the spring and summer. The very best medicine to use in subduing this painful ailment is Dr. J. D. Kellogg's Dysentery Cordia. It is a standard remedy, sold everywhere.

Don't wait until to-morrow to neglect the things you should neglect today.

All fitting boots and shoes cause corns. Holloway's Corn Cure is the article to use. Get a bottle at once and cure your corns.

TO THE SUN.

Sir David Gill, formerly astronomer at Cape Town, South Africa, had an interview with Celewavo, the great Zulu chief. The dusky potentate asked him how long it would take to go to the sun in a "Cape" wagon. Making a rapid calculation on his cuff, Sir David told the amazed chief that it would take 13,000 years.

"I bought this walking-stick off you last week," said a fussy old gentleman. "Yes," agreed the dealer. "That is so. I recognize it." "You assured me that the handle was real ivory, and I find it is only imitation." "Very sorry, sir, but I get my ivory direct from Ceylon, and the only explanation seems to me that the elephants must wear false tusks."

The Guest (at front door)—"It's awfully good of you to show me the way out!" The Host—"Not at all! It's a pleasure, I assure you!"

A TONIC FOR THE STOMACH

Wonderful Success of the Modern Method of Treating Even Obstinate Cases of Indigestion.

The old-fashioned methods of treating stomach diseases are being discarded. The trouble with the old-fashioned methods was that when the treatment was stopped the trouble returned in an aggravated form.

The modern method of treating indigestion, catarrh of the stomach or chronic gastritis, is to tone up the stomach and glands to do their normal work. Every step toward recovery is a step gained, not to be lost again. The recovery of the appetite, the disappearance of pain, the absence of gas—all are steps on the road to health that those who have tried the tonic treatment remember distinctly.

Dr. Williams' Pink Pills are a tonic every constituent of which is helpful in building up the digestive organs and therefore are the very best remedy for chronic cases of stomach trouble. The success of the treatment is shown by hundreds of cures like the following:—

Mrs. Wm. E. Dunn, Prince Dale, N. S., says:—"For upwards of seven years I was an almost continuous sufferer from stomach trouble, which was aggravated by obstinate constipation. Food was not only distasteful, but every mouthful I ate was painful. The trouble so affected my heart that at times I thought I could not live. I was constantly doctoring, but did not get the least relief. Indeed I was growing worse, and in the summer of 1907 had got so bad that I went to the City of Boston, where I spent some time under the care of a specialist. I returned home, however, no better than when I went away. The pains I endured were almost intolerable, and would sometimes cause me to drop. I kept getting weaker and weaker and had practically given up hope of even being well again when my mother urged me to try Dr. Williams' Pink Pills. How thankful I now am that I took her advice. My case was a severe one and did not yield readily, but once an improvement was noticed the cure progressed steadily and satisfactorily, and after the use of ten boxes of the Pills I was again a well woman. Every symptom of the trouble disappeared, and it is years since I enjoyed as good health as I am doing now. All who know me look upon my cure as almost a miracle, and I strongly urge all suffering from stomach trouble to give this medicine a fair trial."

Dr. Williams' Pink Pills are sold by all medicine dealers or you can get them by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

INSENSIBLE.

"They say that Mrs. Climber takes an anesthetic before she goes to every reception."

"For what reason?" "So she won't feel the cuts she receives."

If your children are troubled with worms, give them Mother Graves' Worm Exterminator; safe, sure and effectual. Try it, and mark the improvement in your child.

MISUNDERSTOOD.

"I understand your husband is a spiritualist?" "He is not. He's a prohibitionist."

PANGO.

Is Highly recommended as affording instant relief from pain—Neuralgia, Headache, Gout, Rheumatism, Catarrhal Colds. Sample, 50 cents. All druggists or Lyman Bros. & Co., wholesale druggists, Toronto.

NOT A FIRM FOOTING.

"Do you happen to know where he stands on the prohibition issue?" "Yes. Before the bar."

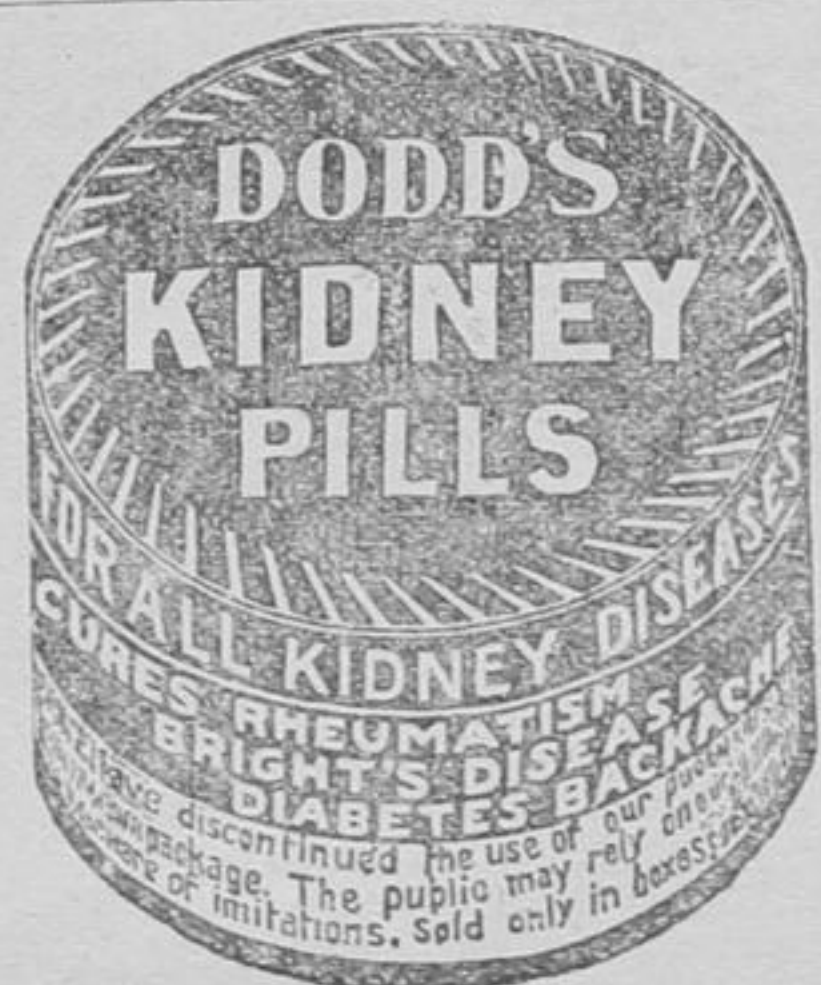
AN UGLY FAMILY of skin diseases is the one generally described by the word Eczema. In all its forms it resists ordinary treatment, but is completely cured by Weaver's Cerate used in connection with Weaver's Syrup.

EXPENSIVE CORRESPONDENCE.

Visitor (viewing wedding gifts)—"That rug's a beauty. Have you any idea what it cost?" Bride—"Yes. Three hundred dollars worth of furniture to match it."

A MAN OF MARK.

Bacon—"And does your son show any signs of his college training?" Egbert—"Oh, yes; he's quite lame from an injury he received on the football team."



ISSUE NO. 22-08.

SWISS RIFLE CLUBS.

Every Man in Switzerland Learns to Use the Rifle.

At a time when the question of military training for civilians is being much discussed, a short account of the Swiss system, from the Manchester Guardian, may be of interest. Every man in the peaceful and democratic country of Switzerland is a soldier in a modest way, befitting a small nation.

The able-bodied Swiss enters the army at twenty years of age, and serves sixty-five days in his first year. For the next twelve years he trains for three weeks every alternate year. At thirty-two he enters the Landwehr, and has eight to ten days under arms every fourth year until, at fifty, he retires, and is required to furnish no further service except in case of war.

What the Swiss militiaman lacks in military orthodox he far more than makes up by skill a nation of marksmen. The training periods are occupied only with drill and tactics; the all-important matter of shooting is left to the individual soldier to carry out at other times, and he does it under the auspices of the shooting societies which are such a feature of Swiss life.

These societies, under government control, are called Schützengesellschaften in the German, and Societes de Tir in the French cantons. They are voluntary associations, varying in size and importance with the town or village they serve. Those in the larger towns possess completely fitted ranges and club-houses; the small villages do their shooting in any field backed by a suitable hill. Every peasant and townsman has easy facilities for shooting, and each man has his service rifle always in his possession.

Every man between the ages of twenty and thirty-two must fire thirty-two shots in four compulsory exercises every year, and the societies receive a grant of two francs for every soldier shooting this course on their ranges. The income derived from the grants generally suffices for the current expenses of the society, supply of targets and pay of marker. There is no entrance fee nor subscription as a rule, and heavy expenditure, such as that incurred by the construction of new ranges, is met by a special grant from the government.

Rules as to spectators, methods of loading and conduct on the ranges are stringent. Loss of grant is incurred by any breach or neglect of regulations.

In addition to these exercises, many competitions are held between different villages, towns and cantons. In summer the trains and streams are crowded with jovial bands of marksmen going to and from their shooting festivals. The whole of Swiss shooting is a good example of co-operation between government and individual. Every Swiss has his army rifle; he can use it when and where he will, provided he does not endanger other lives; he is insured by government against accidents on the ranges, and through his society he can secure the services of qualified military officers to organize and control his shooting.

By treating rifle shooting as a sport, and it is as popular as football is with us, and far more generally practised, the Swiss have removed it from its usual warlike associations; but should occasion arise, that which has been learned in sport would be used in earnest.

A Liniment for the Logger—Loggers lead a life which exposes them to many perils. Wounds, cuts and bruises cannot be altogether avoided in preparing timber for the drive and in river work, where wet and cold combined are of daily experience, coughs and colds and muscular pains cannot but ensue. Dr. Thomas' Electric Oil, when applied to the injured or administered to the ailing, works wonders.

"Our baby gives us lots of trouble. Yells unless he has his own way." "Curs yells anyhow, you don't know what trouble is!"

PANGO.

Money paid will be refunded where Pango fails, when applied as directed, to relieve pain. Specially recommended for Neuralgia, Headache, Rheumatism, Gout, Catarrhal Colds, etc. For sale 50 cents at all druggists or Lyman, Knox & Clarkson, wholesale druggists, Toronto.

FREE BOOK

"HOW THE BANK WAS SAVED"

Tells how a young man saved the bank by a wise investment. Every stock buyer and investor should read this book. Not for sale. Sent free on request. Your name on a postal will bring it. Write to-day.

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A NEW SPRAYER

Thoroughly Tested Has No Equal
For Potatoes, Strawberries, etc.
Double Cylinder High Pressure
Index Plate Shows Pressure. Has Vibratory Siphon Agitator and Pedals to guide nozzles over uneven rows and against side winds. Spray nozzles in front—No straining of eyes and neck as with a rear spray. Write Asplwall Mfg. Co., 885 Sabin St., Jackson, Mich. The World's Oldest and Largest Makers of Potato Machinery.

MAN-A-LIN



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MAN-A-LIN Is An Excellent Remedy for Constipation.

There are many ailments directly dependent upon constipation, such as biliousness, discolored and pimpled skin, inactive liver, dyspepsia, overworked kidneys and headache.

Remove constipation and all of these ailments disappear.

MAN-A-LIN can be relied upon to produce a gentle action of the bowels, making pills and drastic cathartics entirely unnecessary.

A dose or two of Man-a-lin is advisable in slight febrile attacks, la grippe, colds and influenza.

THE MAN-A-LIN CO.,
COLUMBUS, OHIO, U.S.A.

AGENTS WANTED. A reliable man in every city and town in Canada with waterworks to sell a patent article needed in every home, hotel and public building. Sells at sight. Hustlers can and are making \$5.00 a day. Write at once for particulars. Geo. T. Cole, Owen Sound, Ontario.

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Cleaning and Curling and Kid Gloves cleaned. These can be sent by post, 1c per oz. the best place is

BRITISH AMERICAN DYEING CO.
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WANTED

to hear from owner having
A GOOD FARM
for sale. Not particular about location. Please give price and description, and reason for selling. State when possession can be had. Will deal with owners only.
L. Darbyshire, Box 984, Rochester, N. Y.

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Correspondents—Chas. Head & Co., members of the New York and Boston Stock Exchange.

Get acquainted with **Black Watch** the big black plug chewing tobacco. A tremendous favorite everywhere, because of its richness and pleasing flavor.