SELECTED RECIPES.

Raisin Sauce.—Eight medium sized cooking apples, peeled and sliced as for common apple sauce; one-half a lemon, rind left on, chopped fine; half a teacup of seedless raisins. Cover well with boiling water and cook until soft, then add cup and a half of sugar and cook a few minutes longer. Serve hot pans without handles they can't be streaming aft in miniature rivers. cold for breakfast or as dessert for beat. dinner. An excellent sauce-better than any medicine.

from slices nearly half an inch thick, toast a light brown. Have on the range a pan of boiling water, salted; as you remove each slice from the toaster dip quickly into boiling water, and lay in a well buttered pudding dish, buttering the toast while smoking hot, and salting each slice. When all the soaked toast is put into place, cover with scalding milk in which has been melted a tablespoonful of butter, cover closely, and bake fifteen minutes.

Fish Panada.—Fry brown several slices of firm fish, boil and slice three white potatoes; slice three tomatoes and one large onion. Place in deep baking pan. Alternate layers of potatees (first), fish, tomatoes, and onions; sprinkle with salt and pepper and small bits of butler till fish is full; sprinkle bread crumbs on top; pour three-fourths cup of cold water over, and bake slowly for three hours and you will find a delicious dish.

Uses for Bacon Rind .- When buying | bacon the cheapest way to buy it is door, but the following is the simplest The marine guard, a thin streak of scar- mosphere of quiet happiness has re- Balloon Mysteries Which Have Never by the side. As it is used cut each and most effective of all: Place a strip slice down to the rind, using pieces to of putly all along the jambs, cover grease cake griddle with. Another good edges of door with common chalk, and way to use the rind is when baking then shut it. The putty will fill beans. After the bean jar has been all open space, the excess being easily filled cut the rind the shape of the jar, removed with a knife. The chalk rubcutting it larger than the jar, because bed on the edge of the door prevents it shrinks. When baking cover the adhesion, and the putty is left in place, beans with the rind side up. This where it soon dries and leaves a perkeeps the beans from becoming dry and | feetly fitting jamb. gives them a good flavor.

tomatoes; put in veal and onions, and have the best of quilting frames. Quilts crashes from the band. cook all together fifteen minutes. Sea- | may be sewed or pinned to frames. son with salt, butter and a dash of red | And for curtain stretchers I find them pepper. Serve hot.

sugar and one-half cup of butter, add | Size. three well beaten eggs, mix well together, then add one-fourth cup sweet milk, one-fourth cup flour, and onehalf teaspoonful baking powder; beat well and put in two buttered piepans, sprinkle top with chopped nuts, sugar, and cinnamon. Fine with a cup of coffee made and strained, adding a cup of cream, and let come to a boil together.

Bake Sausage.—Put the sausage in a pan, two or more inches deep, and regardless of its former condition. bake twenty minutes to half an hour. sage is better cooked this way than fried saves the stove being spattered, and the odor going through the house, and the fat may be used for frying potatoes, etc.

half pounds veal tender and pick up into pieces; salt and pepper. Make a cream dressing of one pint milk, small half cup butter, three tablespoonfuls flour. Add this, with one can peas drained, to meat. Lastly add one pint cream. Sprinkle with cracker crumbs and bake in a moderately heated oven.

Queen Pudding.—Bake an angelfood cake in a long loaf tin. Whip one quart of double cream, add one cup chopped walnut meats, sweeten and flavor. Place cream in oblong mold one inch thick, placing the cream on t' be successful."

the cake, and garnish plentifully with SAILORS' HOME COMING

Tomato Toast.—Toast some nice pieces of bread and pour over them the tomatoes, prepared as follows: Cook WHEN BRITISH JACK TARS ARE and one medium sized onion, pared and sliced fine; cook three-quarters of an hour; when done pour off water ei sweet cream or milk and a tablespoonful of butter.

## USEFUL HINTS.

Make Own Lamp Wicks.-When short of lamp wicks take an old woolen Baked Milk Toast .- Trim off the crust | shirt, cut the width of your lamp wick. hem both sides It will work as well as the ones you buy and will save you buying wicks for your lamps.

> Varnish New Stove Boards .- Before using a new stove board apply a light coat of varnish on upper side, and, no there is no escape. matter how often you clean board with a damp rag, the stenciled figures never to-day. The sentry is whistling softly to will come off.

> hole through the handle about one or boots and pyjamas, are shivering conlet. Then run through this a piece of eagerly search for the first glimpse of and be out of the way.

> Make a Walnut Huller-Take a board one-half inch thick. Bore a nole the size of a silver dollar eight inches from one end. Then saw down the middle of the board into the hole. Insert any size of a walnut and you will see how easy the hull comes off. Use a mal- ceed into the har or and take her berth let or a heavy piece of wood.

various ways of curing an ill-fitting stream from the signal station ashore. to their homes, and in the ship an at-

better than the boughten ones, as the waiting crowd, and glasses are turned make ends meet, which meet but sel-Quick Coffeecake.-Cream one cup of scallops may be pinned at any desired to scan each face. Two and a half years dom, than of broken hearts.

> take one pound of pulverized alum, dissolve it in one quart of water, and thoroughly with a long pole. This should be done toward evening. The

Care of Net Curtains.—It is almost Marine subaltern's young bride. Do not put water in the pan. Turn impossible to iron plain net curtains As the ship draws closer faces can be in the parlor while her mother strug- and Mr. Powell thus vanished completethem over when half baked. The sau- so they will hang evenly, and this is distinguished without the aid of glasses. gles in the kitchen may be clever, a ly from the ken of men. Hundreds of and perfectly straight. In making, hem white-haired old lady, who replies with nipped by the too constant burden. Veal and Peas.-Boil one and one a half hem, or deeper if desired. When mop her eyes with an umbrella. Standwashing them, lay sheets or newspapers on the floor. Get the unpainted, nar-tired eyes, bobs a baby up and down, to row molding that is used to finish the delight of a seaman standing in the screens-two pieces long enough for bows. the sides and one for each end; slip | Soon the gangways are rigged and the | PREPARE THIS SIMPLE HOME-MADE

# JOSH WISE SAYS:

JOLLIEST.

and season to taste; then add one cup Picture on Board a Great Battleship When the Crew Reach Home.

The day breaks cold and grey, but what does the weather matter when Keep a Pair of Pliers.—The most con- Jack is going home? Green seas dash venient thing about a house is a pair furiously against the bows, flinging bubof pliers. For cutting wire, tighten- bles of froth high into the air, then ing loose nuts, pulling nails, or lifting splashing on to the dripping decks and

Scuttles are closed, and down below the air is damp and foul. Lamps, still burning, swing monotonously to every ro!; rifles rattle noisily in their racks; and as the ram dips deep into the heavy swell the cruiser groans and creaks in every plate. A pungent odor of fresh paint mingles with the smell of oil rising through the open engine-room hatch to form a nauseating mixture from which

Nobody seems to mind the discomfort himself, and the corporal going his Hang Up the Broom.-When you buy rounds pretends he does not hear him. a broom it is well to bore a hole Up on deck groups of officers, in seatwo inches from the top with a gim- tentedly in the bitter wind, as they cerd. This may be hung on a hook home. They smell the country even before they see it this misty morning-a fresh young smell of grass and trees four feet long, six inches wide, and is this smell that makes the greatest impression on the sailor.

## READY TO LAND.

Arrived at Spithead, the cruiser anchors, waiting for permission to proalongside the jetty. Hours pass by Make Doors Fit Snugly.—There are wearily, but at last the welcome flags womenkind. "Local" men have all gone let, forms across the quarter-deck, with placed the excitement of the morning. the band in readiness behind. The cap- | Between decks men are seated at

ing mass of human faces and waving awaiting them. The ship is no longer a fatal accidents have been very rare inhandkerchiefs. Victoria Pier is left be- ship of war but one of peace. For there deed. Twenty-six years ago the War hind with its group of cheering boatmen. is peace in all men's hearts—the peace of Office balloon Saladin was lost at sea, Make Your Quilting Frame.—To make A tiny torpedo-boat shoots past, its crew homecoming.—London Answers. Supper for Cold Night.-One pound, inexpensive quilting frames and cur- standing to attention. Opposite the Vicor 15 cents' worth, veal steak, cut in tain stretchers, take four clothes poles, tory, flying the flag of the Commandersmall squares and fry brown; take from | wind them closely from end to end with | in-Chief, the bugle sounds from the frying pan and put in your onions heavy strips of cotton cloth, fasten bridge. With a flash of bayonets and a sliced fine; fry done, but do not let ends of cloth with tacks. Purchase four rattle of rifles the Marine guard presents brown much. Have cooked a dish of small clamps at 4 or 5 cents apiece to arms, and all officers and men on deck spaghetti, to which add half a can of fasten the poles at the corners, and you salute while the National Anthem

> GIRLS THEY LEFT BEHIND THEM. age the ship left this port to the strains To Clear Cistern Water.-When cis- of "The Girl I Left Behind Me," and heroine dies gracefully over a heap of tern water has become unfit for use weeping wives ashore had stopped their ironing; but nature has written them ears to the mocking sound. Now the band is jingling merrily, and the yearnafter pouring it into the cistern stir ing looks on the happy faces ashore bring a mist to many a glass watching them from the ship.

They are all there, from the captain's next morning add one pound of borax wife to the stoker's baby. The same and stir again. Allow from ten to eager look is on every woman's face; twenty hours to settle. This will ren- toil-hardened hands grasp the railing in der the water perfectly clear and pure, loving anticipation with a touch as tender as that of the soft little palm of the watching wise."

especially true where they are simply Discipline is forgotten for the moment product of this enlightened age, but newspapers have stated that no trace of hemmed. In the hem, however, lies in the joys of recognition. A midship- she is not a true daughter, and the the secret of "doing them up" quickly man is waving his cap frantically to a mother's life is being repressed and ends first, then sides, with an inch and her handkerchief, while she endeavors to ing next to her a pale-faced woman, tears mingling with tenderness in her

through hem; tack straight and secure- visitors stream on board. Married offily to the floor, and let remain till thor- cer, seek the secrecy of their own oughly dry. The molding costs but a cabins. The men, less fortunate, draw few cents and can be used for years. their wives into the shadow of a gun, or behind some sheltering cowl.

Too shy to take advantage of these insufficient screens, a young stoker and his wife lean side by side over the gunwale. "I've allus noticed in perticler th't They were only married two days before and pack in ice for three or four hours, lots of men with fortunes left 'em an' the ship sailed, and their eyes have much or until well frozen. When ready to who never worked a lick in their life to tell. There they stand, oblivious to serve cut the cake and cream into slices are about th' first t' give advice on how all else, until a bachelor officer, engaged himself, perhaps, sympathetically puts his cabin at their disposal.

A SURPRISE FOR THE WIFE. Further on an old Marine, more experienced and less bashful, has welcomed his grey-haired wife with the vehemence of true affection. Into her hands he presses his savings-some forty pounds in all. For the sake of her momentary surprise he has pinched and saved for two long years. What matter that he sent her nothing during the whole commission, leaving her to support his six children by her unaided efforts? He meant it for the best, and hers is a soft heart. World hardened as she is, she sits upon the deck and sobs, while he throws the baby into the air to hide his own emotion.

Some on board are less fortunate. Their wives live in other ports. Three long weeks must elapse before the ship pays off and the longed-for reunion comes. With hungry eyes and lonely hearts they wander about the decks watching the happiness of their com-

JACK TAR AT HOME.

Soon hansoms roll on the jetty.. Offi- sufferers here at this time. cers in mufti drive off with their happy wives. Parties of men appear on deck carrying handkerchief bundles containthe officer of the watch makes a pretence will mix the prescription if asked to. of inspecting them, and then, like schoolboys, they troop happily down the gangway to rewelcome their wives on shore.

By nightfall the ship is clear of tween the covers of dime novels.

# "BRICK'S TASTELESS"

What it is

It is an extract of fresh cod livers, containing all the virtues of pure Cod Liver Oil without the nauseous grease, combined with Phosphorus in the form of the Compound Syrup of Hypophosphites, nutritious Extract of Malt and the Fluid Extract of Wild Cherry Bark.

REGISTERED

What it does

What we do

It will promptly relieve, and if its use is continued, permanently cure chronic bronchitis, all pulmonary affections, croup, hoarseness, nervous disorders due to an exhausted condition of the system, prostration following fevers, debility at change of life, or constitutional weakness at any age, and all blood disorders.

We positively guarantee "Brick's Tasteless" to do exactly what we claim it will do as printed on the label of the bottle, or any advertising matter, and every druggist who sells "Brick's Tasteless" is authorized to refund to his customer the full purchase price if one bottle does not show a decided improvement, which improvement will result in a complete cure if additional bottles are taken.

We therefore request you to try a bottle of "Brick's Tasteless" on our recommendation, and if no improvement is shown after taking it, return the empty bottle to the druggist from whom you purchased it and he will refund your money. Can we be fairer?

Two Sizes - 8 ounce bottle 50c; 20 ounce bottle \$1.00

tain takes his place on the bridge, the trestle-tables writing letters home; bitengine throbs slowly, and with penant ing their pens as they try to express has to rely upon the vagaries of the wind proudly flying from the masthead the themselves, and smiling happily as they for guidance and speed, it is astonishing great ship sweeps majestically towards catch each other's eye. Others have that aeronautics have been attended by slung their hammocks, and lie awake so few tragedies and mysteries. In the Clarence Pier is soon passed—a seeth- peacefully dreaming of the welcome balloon department of the British Army

# DIE FROM DISHWASHING.

Wearing Routine of Many Mothers' Lives.

But now the jetty is in sight with its ing of dishes and daily striving to

Nobody writes a story in which the again and again, and we have not always had sight to read them. The way to keep the flies out of the ointment is simple and easily discovered. We must keep great, big, loving hearts. Brains do not always help us to avoid so, the latter breaking his leg; but, for ungenerous behavior. wealth cannot supply the place of a plained, Mr. Powell neglected to follow. thoughtful tenderness "by constant

# RHEUMATISM RECIPE

MIXTURE YOURSELF.

Buy the Ingredients from Any Druggist in Your Town and Shake Them in a Bottle to Mix.

A well-known authority on Rheumatism gives the readers of a large Toronto daily paper the following valuable, yet simple and harmless prescription, which any one can easily prepare

at home: Fluid Extract Dandelion, one-hall ounce; Compound Kargon, one ounce; Compound Syrup Sarsaparilla, three ounces.

Mix by shaking well in a bottle, and a! bedtime.

He states that the ingredients can be obtained from any good prescription charmacy at small cost, and, being a

This pleasant mixture, if taken regucome almost any case of Rheumatism. of the explorers. The pain and swelling, if any, diminishes with each dose, until permanent results are obtained, and without injuring the stomach. While there are many so-called Rheumatism remedies, patent medicines, etc., some of which do give relief, few really give permanent results, and the chove will, no doubt, be greatly appreciated by many

Inquiry at the drug stores of even the small towns elicits the information that these drugs are harmless and can ing wonders from the East. Hurriedly be bought separately, or the druggists

Most of the world's heroes dwell be-

THEIR FATE NEVER KNOWN.

Been Solved.

Considering how much the ballocnist and to this day no one knows what actually happened to one of the occupunks of the car-Mr. Walter Powell, M.P. The balloon ascended from Bath, carrying, in addition to Mr. Powell, Mr. Agg-Gardner and Captain-now Colonel -Templar, a veteran aeronaut who has had many exciting experiences in the More women have died through the air, and who made his first voyages in mending of socks and endless wash- a balloon while still a schoolboy at Har-

His two companions were also expert balloonists. The three formed a jolly party, and had arranged to dine with a friend living a few miles from the Devonshire coast. The balloon got into some nasty curents, however, and, as the sea was seen to be near, a very rapid descent was decided upon at Bridport, Dorset. At the first bump against the earth Colonel Templar called to the other two to jump. He and Mr. Agg-Gardner did Intellectual some reason that has never been ex-The bancon, relieved of the weight of two men, shot to an immense height, The daughter who interprets Chopin and was carried out across the channel, it was ever seen again, but this is not so. Some years after the awful event a part of the car, with its lashings still complete, was found in a mountainous district of Spain, and afterwards identi-

> fied in England. It is not a little remarkable that, although scores of balloons have been driven cut to sea, cases in which this misadventure has ended fatally are few. More than a century ago, when Major Money made an ascent from Norwich, England, he was compelled to descend in the sea, where he remained for seven hours until his plight was seen and he was rescued by the crew of a revenue cutter. Some years later, in 1812, Mr. James Saddler narrowly escaped drowning in an attempt to cross the Irish Channel; his balloon dropped into the water some miles off Liverpool, and he was on the point of succumbing when rescue came in the form of a fishing.

The attempt which Mr. Wellman, the well-known aeronaut and explorer, intends making to reach the North Pole, recalls the mysterious disappearance of Herr Andree, the Swedish explorer, who, just ten years ago, vanished into North Polar spaces.

It was Andree's intention to cross the take a teaspoonful after each meal and North Pole and descend on the opposite side, and on July 11th, 1897, he ascended with his two companions, Strindberg and Frankel, from Danes Island, Spitzbergen. One carrier pigeon, apparently vegetable extraction, are harmless to liberated forty-eight hours after the start, was shot, and two floating buoys with messages were ultimately found. larly for a few days, is said to over- Nothing more, however, has been heard

## SMALL BEGINNINGS.

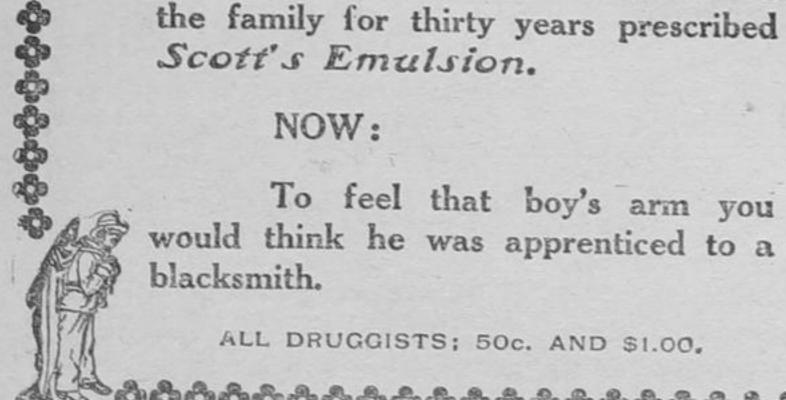
Cardinal Wolsey was the son of a

butcher. Columbus was the son of a weaver. Sir michard Arkwright was the son of barber.

Watt was the son of a blockmaker. Stephenson was the son of a collier. Oliver Cromwell was the son of a

Shakespeare was the son of a woolslapier.

Virgil was the son of a porter, Herace was the son of a slave. Burns was the son of a ploughman. Homer was the son G a farmer.



Scott's Emulsion. NOW:

weak and sickly.

entire body.

To feel that boy's arm you would think he was apprenticed to a blacksmith.

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He didn't have a strong muscle in his

A Boston schoolboy was tall,

His arms were soft and flabby.

The physician who had attended

ALL DRUGGISTS; 50c. AND \$1.00.