

Mr. Alfred Pleau, an expert machinist, 173 St. John St., Quebec City, Can., writes a letter to the Peruna Drug Mfg. Co., given below:



MR. ALFRED PLEAU.

PERUNA STRENGTHENS THE ENTIRE SYSTEM.

"Two years ago, an accident necessitated my confinement for several weeks. The good health I had enjoyed was slipping away and there developed a complication of diseases. My physician said my case was one of general debility. Among the many ailments which developed was a serious attack of catarrh, which annoyed me considerably and kept me awake whole nights. I decided to give Peruna a trial and soon found it acting as a wonderful tonic to my system. The catarrh grew less severe and shortly afterward disappeared, as did also the various other maladies. I attribute my prompt relief and ultimate cure entirely to the use of Peruna and gladly recommend it."

FED THROUGH A TRAP.

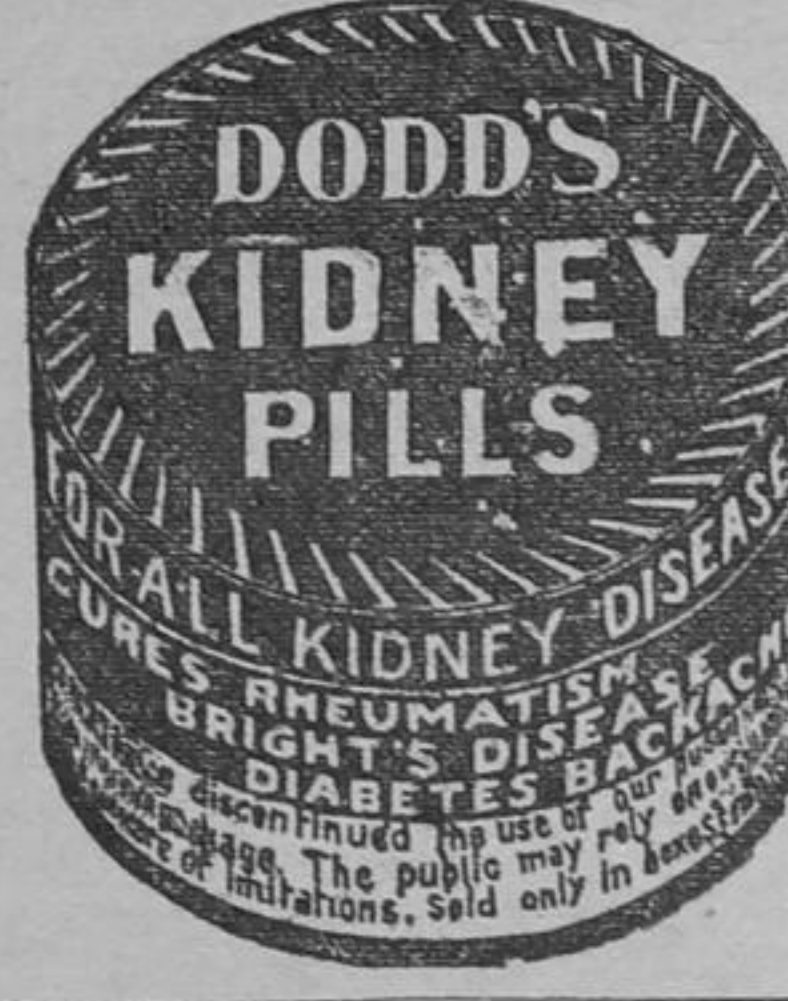
Rival "Professor" Exposes Tricks of a Fasting Couple.

Professional fasting men have fallen out, with the result that one, known in private life as Frank Eich, jeweller, of Rhyl, England, and professionally using the title of "Sacco," told a remarkable story in the witness-box of alleged fasting "tricks," against the other, Clarence Stevens, otherwise "Professor Succa." Sacco, whose feasts in London and the large towns of England have brought his name somewhat prominently before the public in recent years, sued "Succa" and his wife, Mme. Melodee, in the Rhyl county court for £7 5s. 9d. Included in this was a claim of 14s. "for food supplied to Mme. Melodee whilst she was fasting in a box at Rhyl World's Fair" during the season past. Sacco, who arranged the fast, said he lent the fasting couple money, and advanced the man 35s. to buy a dress suit. Madame was "sealed up" in the usual windowed box, so that apparently nothing could be passed to her during the days of her fast. But one window was a sliding pane, and was not sealed, and through this a dinner was daily handed in to the fasting lady. The food was necessary, said Sacco, because it was early apparent that Madame was not able to do without it. Madame (Sacco continued) was succeeded in the box after her fast by the professor, her husband, who "fasted" for twenty-one days, but was also secretly fed by the same means. Madame and her husband emphatically denied the allegations, on oath, but the judge held that the genuineness of their fast had nothing to do with the case. He gave judgment for Sacco, but only for £3 10s. money lent, and for the dress suit. Madame declared that the whole aim of the story was to injure her professionally.

AVOIDING UNLUCKY THIRTEEN.

He was on trial for bigamy. "What," queried the judge, "ever induced you to marry fourteen wives?" "Superstition, your honor," replied the prisoner. "I consider thirteen an unlucky number."

If a cook has a good temper it's a sign that she isn't a good cook.



OIL FUEL IN THE NAVY.

British Admiralty Gains Control of Nigerian Supply.

Reports have been published in the American press that the British Government had obtained important oil concessions in Nigeria, and intended to substitute oil for Welsh coal at all naval bases.

Inquiries show that in March last an ordinance granting power to two companies to operate in Nigeria was drawn up. In it is stipulated that the Government shall have pre-emption of all crude oil raised, and in the event of war the Governor, on behalf of the Government, shall have the power to take control of the works and plant.

The London representative of the two companies concerned stated on Saturday that wells have already been sunk in West Africa, and that the oil obtained was of satisfactory quality. He stated that negotiations were going on between these two companies and his Majesty's Government with the view of supplying oil to the Admiralty when it is obtained in large quantities.

This, of course, does not necessarily mean that the Admiralty will substitute oil for coal in the operations in Nigeria are successful, but it shows that the Government is fully alive to the possibilities of oil fuel for the navy. The colony will, in accordance with the Government's ordinance, receive 7 1/2 per cent. on the business done.

TENANTS MUST MARRY.

No Small Holdings for Bachelors at Moulton.

A remarkable feature in connection with the extension of the small holdings movement in Lincolnshire is an agreement adopted at Moulton, near Spalding, England, where the tenants on taking up land have to bind themselves to marriage within "a reasonable time."

The Clerk of Moulton Parish Council stated the other day that the project is one associated with the name of Earl Carrington, and that a corn farm of 750 acres is to be cut up into small holdings. Thirteen houses will be provided, and it is these that the Parish Council require shall be occupied either by married couples or by tenants who intend to marry.

There has been a large number of applications for the holdings, and although possession has not yet been given, the tenants have been chosen. Six of them are eligible bachelors, who under the arrangement come to will have to provide themselves with wives shortly.

Of the six selected bachelor tenants some are already engaged to be married, but special interest is being taken with regard to two of those still free. They are currently reported to be searching diligently for suitable partners.

MAKE THIS YOURSELF

GIVES RECIPE FOR SIMPLE HOME-MADE KIDNEY CURE.

Inexpensive Mixture of Vegetable Ingredients Said to Overcome Kidney and Bladder Trouble.

Here is a simple home-made mixture as given by an eminent authority on Kidney diseases, who makes the statement in a Toronto daily newspaper, that it will relieve almost any case of Kidney trouble, if taken before the stage of Bright's disease. He states that such symptoms as lame back, pain in the side, frequent desire to urinate, especially at night; painful and discolored urination, are readily overcome. Here is the recipe; try it:

Fluid Extract Dandelion, one-half ounce; Compound Kargon, one-ounce; Compound Syrup Sarsaparilla, three ounces. Take a teaspoonful after each meal and at bedtime.

A well-known physician is authority that these ingredients are all harmless and easily mixed at home by shaking well in a bottle. This mixture has a peculiar healing and soothing effect upon the entire Kidney and Urinary structure, and often overcomes the worst forms of Rheumatism in just a little while. This mixture is said to remove all blood disorders and cure the Rheumatism by forcing the Kidneys to filter and strain from the blood and system all uric acid and foul, decomposed waste matter, which cause these afflictions. Try it if you aren't well. Save the prescription.

AS MIGHT BE EXPECTED.

A man who, with his family, had spent several weeks at a fashionable summer resort discovered one morning that he had lost his pocket-book. Thinking it possible that it might have been found by some employee of the hotel at which he was staying, he reported his loss to the landlord.

"That's too bad, Mr. Johnson," said that functionary. "I'll make inquiries about it. What kind of pocketbook was it?"

"Russia leather," answered the lodger. "What color?"

"Dark red."

"Any distinguishing marks about it?" "It had a clasp."

"What was the shape of it?" "Flat, of course," said Mr. Johnson. "Haven't I been here more than a month?"

Some people make room at the top by pushing others out.

BEER* HELPS DIGESTION

WHAT little alcohol there is in Ontario-brewed beer greatly aids the stomach to digest its food,—ask your own doctor if beer with meals wouldn't be good for you.

Beer increases the flow of gastric juices, and so helps much to cure dyspepsia. The right use of beer tones the whole digestive tract,—makes the system get all the good of food instead of but part of that good.

*BEER is a term which covers lager, ale, porter, and stout, and, in the practice of Ontario brewers, implies beverages made under most hygienic conditions, from Ontario barley (the best in the world) malt, hops, and pure water.

NOT DEPRESSED.

"He says his whole life is a fizzle." "Is he so pessimistic?" "Not a bit of it. He's merely the clerk that attends to the soda water drinks."

A Clear Healthy Skin—Eruptions of the skin and the blotches which blemish beauty are the result of impure blood caused by unhealthy action of the liver and kidneys. In correcting this unhealthy action and restoring the organs to their normal condition, Parmelee's Vegetable Pills will at the same time cleanse the blood, and the blotches and eruptions will disappear without leaving any trace.

SHORT SHRIFT.

Plate Pete—"You seen er suspicious looking individual with a horse thievish appearance hanging around here lately?"

Sheriff—"Yes; last Thursday. Planted Friday."

Be There a Will Wisdom Points the Way.—The sick man pines for relief, but he dislikes sending for the doctor, which means bottles of drugs never consumed. He has not the resolution to load his stomach with compounds which smell villainously and taste worse. But if he have the will to deal himself with his ailment, wisdom will direct his attention to Parmelee's Vegetable Pills, which, as a specific for indigestion and disorders of the digestive organs, have no equal.

MISTAKES WE MAKE.

Moths do not eat furs or cloths. They lay their eggs in these rich stuffs, and it is the worms from the eggs that do the eating.

There are no shooting stars. Stars are immense bodies, many times larger than the earth, and they do not move. The so-called shooting stars that glide so splendidly across the nocturnal sky are meteors—fragments weighing, as a rule, but a few pounds.

Sunstroke is really heat apoplexy. It is the moisture in the air, rather than the actual rays of the sun, that causes sunstroke. In dry climates, such as Cairo's, with a summer temperature of 127 degrees in the shade, sunstroke is much rarer than with us.

When you hear a man say "married life is the only life" it's a sure sign he has been married nearly a week.

A GOOD TIME.

"Well, Pat," said the sympathetic employer, "did you go to your friend's funeral?"

"Did I go, is it sor?" returned Pat, enthusiastically. "Sure an' I did, sor, an' had the time o' me life, scr. That wake wor a drame!"

HIS FIRST INFERENCE.

"What are those dun clouds going to do?"

"Guess they are trying to collect rain."

A Merry Heart Goes all the Day.—But one cannot have a merry heart if he has a pain in the back or a cold with a racking cough. To be merry one must be well and free from aches and pains. Dr. Thomas' Electric Oil will relieve all pains, muscular or otherwise, and for the speedy treatment of colds and coughs it is a splendid medicine.

NEW REALM OF DESIRE.

Since we are in the airship age, And folks go sailing to and fro Across the sky on pleasure bent— Man wants but little here below.

ITCH, Mange, Prairie Scratches and every form of contagious Itch on human or animals cured in 30 minutes by Wolford's Sanitary Lotion. It never fails. Sold by all druggists.

If a man is to be trusted at all it is when he is sick in bed—so a woman says.

Only those who have had experience can tell the torture corns cause. Pain with your boots on, pain with them off—pain night and day; but relief is sure to those who use Holloway's Corn Cure.

He is a wise man who doesn't let his business interfere with his pleasure at all times.

One of the greatest blessings to parents is Mother Graves' Worm Exterminator. It effectually expels worms and gives health in a marvellous manner to the little one.

BERLIN'S MIDNIGHT PAPER.

A midnight paper is to be started in Berlin, Germany. This is only a natural development of the life of the Berliner, who is just beginning to enjoy himself about twelve o'clock at night, and keeps his innumerable restaurants and beer-halls busy at all hours.

When Mr. Casey died he left all he had to the orphan asylum. "Indeed! That was nice of him. What did he leave?" "His twelve children."

Shiloh's Cure

Cures Coughs and Colds QUICKLY

Use Shiloh's Cure for the worst cold, the sharpest cough—try it on a guarantee of your money back if it doesn't actually CURE quicker than anything you ever tried. Safe to take,—nothing in it to hurt even a baby. 34 years of success commend Shiloh's Cure—25c., 50c., \$1. 50

Nurses' & Mothers' Treasure

—most reliable medicine for baby. Used over 50 years. First compounded by Dr. P. E. Picault in 1855.

Makes Baby Strong

Restores the little organs to perfect health. Gives sound sleep, without resort to opium or other injurious drugs. At druggists, 25c. 6 bottles \$1.25. National Drug & Chemical Co. Ltd., Montreal.

ILLEGAL.

Ethel: "That sixteen-year-old boy asked me to marry him." Edith: "And you threw him over." Ethel: "Yes; told him it was against the law to catch lobsters so young."

Some persons have periodical attacks of Canadian cholera, dysentery or diarrhoea, and have to use great precautions to avoid the disease. Change of water, cooking, and green fruit, is sure to bring on the attacks. To such persons we would recommend Dr. J. D. Kellogg's Dysentery Cordial as being the best medicine in the market for all summer complaints. If a few drops are taken in water when the symptoms are noticed no further trouble will be experienced.

MACHINERY FOR SALE.

DYNAMO

800 lights, first-class order. Will be sold cheap and must be gotten out of the way owing to 600-light machine taking its place. S. Frank Wilson, 73 Adelaide Street West, Toronto.

FAN BLOWER

Buffalo make, number four, 9-inch vertical discharge, 24 inches high; perfect condition. Superintendent, Truth Building, 73 Adelaide St. West, Toronto.

Every Woman

is interested and should know about the wonderful MARVEL Whirling Spray. This new Whirling Spray. Best—It not only cleanses but it cleanses instantly.

Ask your druggist for it. If he cannot supply the M. A. & V. E. L., accept no other, but send stamps for illustrated book—colored. It gives full particulars and directions invaluable to ladies. WINDSOR SUPPLY CO., Windsor, Ont. General Agents for Canada.

YOUR OVERCOATS

and faded suits would look better dyed. If no agent of ours in your town, write direct Montreal. BRITISH AMERICAN DYEING CO.

NEWHOUSE TRAP.

It can't get away because it's a NEWHOUSE TRAP. Newhouse Traps will catch and hold the game every time. Properly set traps, properly baited, do the work. Once set, they keep clean, clean at the same time. The most powerful animal can't break a Newhouse Trap or snare. Made only by ONEIDA COMMUNITY, Ltd. Niagara Falls, Ont.

Get Your Roofs Shingled Right

It's Less Money And Less Work

You can put on a roof that will last a hundred years and be the right kind of a roof every minute. Or you can put on a ten-year roof that will probably leak after the first rain hits it, and keep leaking till it is rotted away.

Either roof will cost you about the same in money at the start. But the "Oshawa" shingled roof will be FIRE-PROOF—literally; and wind-proof—actually; and lightning-proof—positively. That's the hundred-year roof! And that "Oshawa"-shingled roof will be weather-proof for a century. We'll GUARANTEE in every way for a quarter-century—from now till Nineteen-Thirty-Two.

Guaranteed in writing for 25 years—and you needn't ever paint it, even! That's saying something, isn't it? What would your mill-man say if you asked him to guarantee cedar shingles for even ten years? He certainly would make remarks!

And even the best cedar-shingled roof will be leaking badly inside of ten years. Seven out of ten of them leak the first time it rains. No wood-shingled roof is fire-proof for a minute, and the first high wind that catches a loose shingle—woohoo! goes half your shingled roof over into the next township.

Yet cedar shingles cost you just about the price of these guaranteed "Oshawa" Shingles—28-gauge toughened steel, double galvanized—good in writing till 1932,—fire- and lightning-proof. Four-dollars-and-a-half a square buys "Oshawa" Galvanized Steel Shingles—ten feet by ten feet. Compare that with the present price of cedar shingles—how does it strike you?

And you can put on these "Oshawa" Galvanized Steel Shingles yourself, easily,—with no tools but a claw-hammer and snips. Simplest thing you know—can't get 'em on wrong.

"Oshawa" Shingles lock on all four sides—whole roof is practically one sheet of double-galvanized steel, that never needs painting.

And GUARANTEED—don't overlook that. Guaranteed in writing, over the seal of a company with a quarter-million capital,—guaranteed in plain English, with ut any ifs or buts, for 25 long years.

That's the argument in a nutshell—cost the same as wood-shingles; fire-proof, water-proof, rust-proof, lightning-proof; easier to put on; and GUARANTEED. That's the "Oshawa" proposition! Tell us the measurement of any roof, and we'll tell you exactly what it will cost to roof it with less work and for less money.

Plenty of facts that concern your pocket-book come to you as soon as you ask for our free book, "Roofing Right." A post card will do to ask on.

Why don't you ask now?

The Pedlar People Of Oshawa

MONTREAL 321-3 Craig St. W. TORONTO 11 Colborne St. OTTAWA 423 Sussex St. LONDON 69 Dundas St. WINNIPEG 76 Lombard St. VANCOUVER 615 Pender St.