

BECAUSE OF CONVENTION

WRITER TELLS OF ORGANIZED STUPIDITY IN ENGLAND.

There Are No Original Ideas in Any Department—Medical Profession Scored.

"Conventionalism is the main cause of our national degeneration, and conventionalism is merely another name for organized stupidity by the repression of originality. It is a sort of red-tapeism which pervades every department of national life."

Such was the pronouncement made to the Daily Mirror by one of London's leading medical men.

"Great Britain has been beaten," he said, "at football, tennis, golf, rowing and shooting by other countries, and in her manners, morality, religion, law, medicine, and dress she is fast dropping behind all other nations."

"Take shooting, for instance. The military authorities have just discovered that a right-handed man is usually left-eyed. Conventionalism says 'shoot from the right shoulder,' common sense says the opposite."

"Look at the telephone companies. They put the receivers on the left-hand side, when most people are right-eared. Conventionalism again. It is done to-day because it is always been done that way."

"Take handwriting. Everybody who writes a free, quick and useful hand holds his pen or pencil quite differently from the conventional style taught in schools."

"But there is no department of national life where conventionalism is so rampant as in the medical profession."

"I say in all seriousness that the enormous death-rate among children and the unhygienic condition of our people is due to this. Doctors meet together and read learned papers to one another, and these are afterwards published in papers which no layman sees."

ALL BECAUSE OF CONVENTION.

"The traditions of the old mystery-mongering doctor have been kept up too long. And yet a man who displays a little originality is condemned and ostracised because he despises convention."

"Our teachers are incompetent. The man who lectures on physical degeneration is not strong enough to swing a cat."

"The muscular development expert is a puny four-foot man, with a flat chest and broomstick legs, and the diet specialist looks as though a good square meal would be the salvation of him."

"And all because of convention. America, Germany, and our colonies throw over conventions and beat us all along the line. When are we going to get rid of antiquated ideas?"

BABY'S DANGER.

More little lives are lost during the hot weather months than at any other time of the year. In the summer months little ones are the victims of diarrhoea, cholera infantum, dysentery and stomach troubles. These come suddenly and without warning, and when a medicine is not at hand to give promptly the short delay may mean death. During the hot weather months Baby's Own Tablets should be kept in every home where there is a young child. An occasional use of the Tablets will prevent stomach and bowel troubles. Or if the troubles come unawares a prompt use of this medicine will bring the child through safely. Mrs. J. Renard, New Glasgow, Que., says: "I cannot speak too highly of Baby's Own Tablets. One of my children had a severe attack of diarrhoea which the Tablets promptly cured." Sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

INSANITY IN BRITAIN.

The Lunacy Commissioners' Report Shows Increase.

The annual report of the British Lunacy Commissioners, published recently, shows a disquieting increase in the population of Great Britain's asylums.

At the beginning of this year one out of every 282 persons in England and Wales was reported to be insane. Ten years ago the ratio of insane persons was only one to 314. From 1869 to 1906 the population of England and Wales increased 55 1/2 per cent., while the insane increased 133 per cent.

A significant fact brought to light by the report is the spread of senile dementia, which alone accounted for over 38 per cent. of last year's fresh lunacy cases. Discussing this phase of the situation, one medical authority expressed the belief that we live too long for the kind of work most of us do.

"The advanced medical knowledge of to-day," said the authority referred to, "keeps a multitude of persons alive whose minds are practically worn out. The present age demands more brain work and nerve strain from every one than was demanded only a few years ago. There is less and less demand for people who can only use their hands. The physical wear and tear has decreased, while the brain work and the strain on the nervous system have increased."

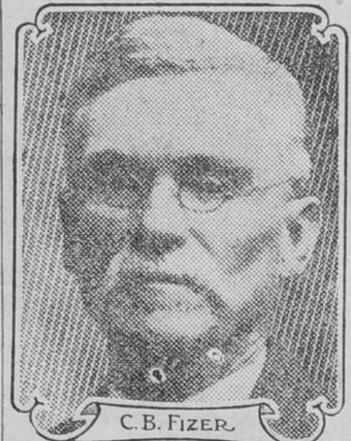
"The result is that the mind dies first and the body is kept alive by medical science, which thus adds to the growing list of senile dementia cases in our asylums."

DARK SECRETS.

Does anyone know where the dark secret is hidden?

KIDNEY TROUBLE

Suffered Two Years—Relieved In Three Months.



C. B. FIZER.

MR. C. B. FIZER, Mt. Sterling, Ky., writes: "I have suffered with kidney and other trouble for ten years past. Last March I commenced using Peruna and continued for three months. I have not used it since, nor have I felt a pain."

"I believe that I am well and I therefore give my highest commendation to the curative qualities of Peruna."

Pe-ru-na For Kidney Trouble. Mrs. Geo. H. Simser, Grant, Ontario, Can., writes:

"I had not been well for about four years. I had kidney trouble, and, in fact, felt badly nearly all the time."

"This summer I got so very bad I thought I would try Peruna, so I wrote to you and began at once to take Peruna and Manalin."

"I took only two bottles of Peruna and one of Manalin, and now I feel better than I have for some time."

"I feel that Peruna and Manalin cured me and made a different woman of me altogether. I bless the day I picked up the little book and read of your Peruna."

It is the business of the kidneys to remove from the blood all poisonous materials. They must be active all the time, else the system suffers. There are times when they need a little assistance.

Peruna is exactly this sort of a remedy. It has saved many people from disaster by rendering the kidneys service at a time when they were not able to bear their own burdens.

IN MERRY OLD ENGLAND

NEWS BY MAIL ABOUT JOHN BULL AND HIS PEOPLE.

Occurrences in the Land That Reigns Supreme in the Commercial World.

Through treading on a rusty nail some weeks ago, Mrs. E. Fawcett, of Sunderland, has just died from lockjaw.

Lord Aberdeen was at Bow Street Police Court, fined £2 for exceeding the ten mile an hour limit on his motor car in St. James' Park.

The Isle of Man did not become a part of the United Kingdom until 1829, when the sovereign rights of the Percy family were purchased for £400,000.

The British Government has decided to donate £730,000 for the rebuilding of Kingston, Jamaica, and the people of England have further subscribed \$243,000.

Mr. Thomas Lister, postman, of Malton, who has retired after forty years' service, was the first postman to wear uniform, as when he joined no uniforms were provided.

Mr. Carnegie's gift of £100,000 to King Edward's Hospital Fund is notable as the first recorded recognition by Mr. Carnegie of the work that is being done by hospitals.

"Keep quiet," said the Marylebone, London, Police Court jailer to an old Scotch woman, accused of begging. "Ah, yes," replied the lady, "it's a still tongue mak's a wise head."

The decision which the British Board of Trade is said to have reached to stop the duplication of names by the owners of ships is a wise one and aims to lessen a growing evil.

The Rev. Thomas Lord, who is in his 100th year, and is the oldest Congregational minister in England, continues to take preaching engagements in different parts of the country.

A remarkable accident occurred at Harlesden, a woman being knocked down and trampled on, and her leg broken, in a rush to be the first at a big draper's sale.

Lord Roseberry inaugurated and presented to the village of Cheddington, Bucks, a complete water system, which has cost £2,000, as a memorial to the late Lady Roseberry.

The report of the Government inspector appointed to inquire into the Isle of Wight bee disease recommends that the bees should be wintered upon stores containing an admixture of beef extract.

Known as the Cardiff working man's banker, George Matthews, who had conducted the East Spott Financial Association, was at Cardiff Quarter Sessions found guilty of extensive frauds.

In the savings bank established by the North-Eastern Railway Company for their employes, the annual report shows a sum of £854,662 standing to the credit of the 10,532 depositors, giving an average of £81 each.

An electric tramway car in Birmingham collided with a wagonette containing ten old women, who were being driven from the Linch's Trust almshouses. All were thrown out, and two, each aged seventy-four, were seriously injured.

An inquest was held recently at Islington on Manning John Lumbers, a policeman, who fell from his bicycle. The pipe which he was smoking was forced through his palate, pierced the base of the skull, and lodged in the brain. A verdict of "accidental death" was returned.

Five people had a remarkable escape from death in a motor smash on the Brighton road. The car dashed through a hedge and dropped into a stone quarry.

Since January 1st the Royal National Lifeboat Institution has voted rewards for saving 844 lives, and the lifeboats have been launched to the aid of vessels in distress no less than 200 occasions.

It is a Liver Pill.—Many of the ailments that man has to contend with have their origin in a disordered liver, which is a delicate organ, peculiarly susceptible to the disturbances that come from irregular habits or lack of care in eating and drinking. This accounts for the great many liver regulators now pressed on the attention of sufferers. Of these there is none superior to Parmelee's Vegetable Pills. Their operation though gentle is effective, and the most delicate can use them.

Nurses' and Mothers' Treasure

—safest regulator for baby. Prevents colic and vomiting—gives healthful rest—cures diarrhoea without the harmful effects of medicines containing opium or other injurious drugs.

25c.—at drug-stores. National Drug & Chemical Co., Limited, Montreal.



Every packet will kill more flies than 300 sheets of sticky paper.

DRUGGISTS, GROCERS AND GENERAL STORES 10c. per packet, or 3 packets for 25c. will last a whole season.

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She (sternly)—"What was that noise I heard in the hall early this morning when you come in?" He (hastily)—"It must have been the day breaking, my darling."

ITCH, Mange, Prairie Scratches and every form of contagious Itch in human or animals cured in 30 minutes by Wolford's Sanitary Lotion. It never fails. Sold by all druggists.

"You say she married for love; but I happen to know that the man she married is worth a million!" "Of course; the million is what she loves!"

Nearly all infants are more or less subject to diarrhoea and such complaints while teething and as this period of their lives is the most critical, mothers should not be without a bottle of Dr. J. D. Kellogg's Dysentery Cordial. This medicine is a specific for such complaints and is highly spoken of by those who have used it. The proprietors claim it will cure any case of cholera or summer complaint.

"Well, old man, I haven't seen you for an age," said a man to a friend who had become a Benedict. "How do you find matrimony suit you?" "It's an expensive thing," was the reply. "If I had only known what I had to pay in milliners' bills—" "You would have remained single, eh?" "No—I would have married a milliner!"

Physical Pain and mental anguish afflict the victims of skin diseases. Get rid of both by rubbing Wewer's Cerate on the heated, itching, disfigured face. The relief given is among the wonders of medicine.

Doctor (to patient)—"Your heart is rather irregular. Have you anything that is worrying you?" Patient—"Oh, not particularly! Only that just now when you put your hand in your pocket I thought you were going to give me your bill."

"TRY ONE OF MY BETELS."

In Siam they don't offer you a cigar or a cigarette, but a betel-nut. There everyone carries a supply of them in a neat little ivory box, not unlike the snuff-boxes of our ancestors. The betel-nut is a narcotic, in its effects not unlike tobacco, but it is much more harmful. Those who chew it suffer from inflamed gums, and they generally lose their teeth. The betel is a species of climbing plant, with a leaf not unlike ivy. It yields a crop of nuts, which are ground to a powder; this is mixed with a similar powder derived from the areca-nut, and made into a paste, which is wrapped in pieces of betel-leaf.

"Mr. Deeply," said the hostess, "won't you oblige me with one more song?" "Oh, really," replied the eminent bass, "the hour is so late. I'm afraid my singing will disturb the neighbors." "Never mind that! They've got a dog whose howling at night disturbs us!"

THOUGHT WAVES.

Men learn to talk; women talk by instinct.

Many a girl supports herself and a large family by marrying.

The man who waits for just the right time to start, never gets anywhere.

A poor man hasn't much to do with lawyers, but some of them have had.

A girl is very, very intellectual if she can't tell you what another girl has on.

Love, says a bachelor, is the thing which makes you believe what you know is not true.

People who boast they never did anything to be ashamed of, are lacking in a sense of shame.

The man who can't afford a motor-car can console himself with the thought that a bomb doesn't cost so much and is almost as dangerous.

SELF-HELP ESSENTIAL.

Experience shows more and more every day that the man who knows most is he who is most in demand, both in the professional and in the commercial world, and in domestic life as well. The duffer and the simpleton have no chance now, and in their place enters the shrewd, well-mannered, well-informed business man, in the first case, and the agreeable, polished friend and companion in the latter. These qualities can be cultivated in one's spare time, and it is the man who puts his leisure to the best use who gets on in this world.

Pleasant as syrup; nothing equals it as a worm medicine; the name is Mother Graves' Worm Exterminator. The greatest worm destroyer of the age.

Small Boy (in awed tones)—"Pa, do you know, I looked into the parlor just now, and what do you think I saw?" Father—"Can't guess, my boy." Small Boy—"Why, sister Polly was sitting on the piano-stool, and her young man was kneeling in front of her, holding her hands like glue." Father—"Ah! sensible young fellow that. He was holding her hands to prevent her playing the piano."

Give Holloway's Corn Cure a trial. It removed ten corns from one pair of feet without any pain. What it has done once it will do again.

Husband—"Darling, I believe that I am falling."

Wife (in alarm)—"Gracious! How often I have warned you, George, against your foolish speculations!"

Husband—"I don't mean in business, dear; I mean I'm falling in health."

Wife (relieved)—"Oh, is that all?"

In Fields Far Off.—Dr. Thomas' Electric Oil is known in Australia, South and Central America as well as in Canada and the United States, and its consumption increases each year. It has made its own way, and all that needs to be done is to keep its name before the public. Everyone knows that it is to be had at any store, for all merchants keep it.

Mrs. Jenkins—"My little boy's got the measles." Mrs. Tompkins—"So has mine; he got it from the grocer's children." Mrs. Jenkins (disdainfully)—"Oh, my little boy got it from the clergyman's children."

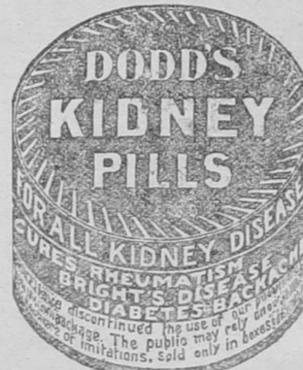
If you are out of sorts get a bottle of Ferronin, the best tonic, and you will be surprised how quickly that tired feeling will wear off. \$1.00 bottles. All dealers in medicine.

"I am thirty-five years old," announced a woman of fifty-six at a tea last week. "And I am twenty-six," said the woman of forty-five. Then, turning to a girl of seventeen who stood near by, she asked: "How old are you, Ethel?" "Oh," replied Ethel, "according to present reckoning, I'm not born yet."

Tested by Time.—In his justly-celebrated Pills Dr. Parmelee has given to the world one of the most unique medicines offered to the public in late years. Prepared to meet the want for a pill which could be taken without nausea, and that would purge without pain, it has met all requirements in that direction, and it is in general use not only because of these two qualities but because it is known to possess alterative and curative powers which place it in the front rank of medicines.

"My friend," said the solemn man, "have you ever done ought to make the community in which you reside the better for your living in it?" "I have done much," replied the other, humbly, "to purify the homes of my fellow-beings." "Ah," continued the solemn man, with a pleased look, "you distribute tracts?" "No; I clean carpets."

A boy never so thoroughly realizes that quarrelling is sinful as when he is getting licked in a fight.



ISSUE NO. 39-07.



Nothing you can wear costs you so little in real comfort, real service and real satisfaction as

Pen-Angle Guaranteed Underwear

Warranted to you by the dealer, by the maker to him. Form-fitted for comfort's sake; won't stretch, won't shrink. Made in many fabrics and styles, at various prices, in form-fitting sizes for women, men and children. Trade-marked in red as above.

Few men know their own minds—and those who do, wish they didn't.

The shortest life is sufficiently long to feel regret in.

King Edward now wears braid on his trousers—for which nobody can upbraid him.



Steel Side-Walls for Modern Homes

Far surpasses wood, plaster or paper in beauty—matches perfectly any scheme—any color scheme—makes the rooms REALLY sanitary—gives protection against fire—these are some of the reasons why YOUR house—why any modern building anywhere should have PEDLAR ART STEEL SIDE WALLS.

Cost little—last indefinitely. Let us send you the whole tale in print and pictures. The book is free.

The PEDLAR People (Est'd 1851). Oshawa Montreal Ottawa Toronto London Winnipeg

MACHINERY FOR SALE.

DYNAMO

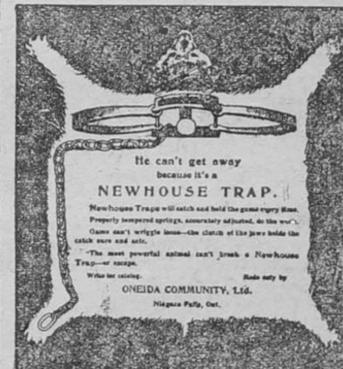
300 lights, first-class order. Will be sold cheap and must be gotten out of the way owing to 600-light machine taking its place. S. Frank Wilson, 73 Adelaide Street West, Toronto.

FAN BLOWER

Buffalo make, number four, 9-inch vertical discharge, 24 inches high; perfect condition. Superintendent, Truth Building, 73 Adelaide St. West, Toronto.

CLEANING LADIES' ...

Can be done perfectly by our French Process. Try it. BRITISH AMERICAN DYEING CO. MONTREAL, TORONTO, OTTAWA & QUEBEC



QUEBEC STEAMSHIP COMPANY LIMITED.

River and Gulf of St. Lawrence Summer Cruises in Cool Latitudes

Twin Screw Iron SS. "Campana," with electric lights, electric bells and all modern comforts. SAILS FROM MONTREAL ON MONDAYS at 4 p.m., 23rd September, 7th and 21st October, and fortnightly thereafter for Picton, N.S., calling at Quebec, Gaspé, Mal Bay, Péro, Grand River, Summerside, P.E.I., and Charlottetown, P.E.I.

BERMUDA

Summer Excursions, \$15, by the new Twin Screw SS. "Bermudian," 5,500 tons. Sailing 23rd September, 5th, 16th and 29th October, 6th, 16th and 27th November. Temperature cooled by sea breezes seldom rises above 81 degrees. The finest trips of the season for health and comfort.

ARTHUR AHERN, Secretary, Quebec. A. E. OUTERBRIDGE & CO., Agents, 29 Broadway, New York.