

THROAT SORE? CATCH COLD EASILY?

Procure from your druggist
**DR. SLOCUM'S
COLTSFOOTE
EXPECTORANT**
Clears the Throat and Lungs, heals
and allays Inflammation, cures Coughs,
Colds, Hoarseness, Whooping Cough,
Croup, by removing the cause.
Nothing better for Children.
Price 10c. and 25c. a bottle. Dr. T. A.
Slocum, Limited, Toronto.

Necessities

Alike on the farm and in the town these four Ryrie articles come nearer to being necessities than luxuries:

THERMOMETERS—Our full and reliable line ranges in price from 50c. to \$2.50.

FIELD GLASSES—Our high-power "Ryrie Special," with 12 Lenses in Aluminum Mountings will be delivered to you for \$12.50, charges prepaid.

BAROMETERS—These may be had at from \$5.00 to \$50.00. Our Barometer Book is yours for the asking.

POCKET COMPASSES—Tested ones—\$1.00 to \$3.50.

Drop us a postal card and we will send you free of charge our large illustrated catalogue.

**Ryrie Bros Limited
Toronto, Ont.**

REMARKABLE PRINTING PRESS.

The University Press at Oxford, England, is the most remarkable printing establishment in the world, as well as one of the oldest. It is what you might call self-contained, and if everything else pertaining to printing were blotted off the face of the earth to-morrow the University Press would go right ahead as if nothing had happened. It makes its own type and its own ink; burns its own charcoal for making the ink, makes its own paper, and so on. The workmen in the Press are as interesting as the establishment itself. In many instances son has succeeded father down the centuries in its employ, as naturally as if the son was his lordship and the father an earl and the position an entailed estate.

AFTER TEN YEARS.

Mr. G. L. Stephenson, of Peterborough, says: "For over ten years I suffered constantly with Piles, first itching then bleeding; pain almost unbearable; life a burden. Tried everything in vain till I used Dr. Leonhardt's Hem-Roid. I had taken but a few doses when I began to notice an improvement. Now I am completely cured."

A \$1,000 guarantee with every box of Hem-Roid. \$1. All dealers, or The Wilson-Fyle Co., Limited, Niagara Falls, Ont.

Mother (to little daughter)—"I am surprised Ethel, that you should talk so impudently to your father. I'm sure you never heard me talk that way to him." Ethel—"Well, you choosed him, and I didn't."

The superiority of Mother Graves' Worm Exterminator is shown by its good effects on the children. Purchase a bottle and give it a trial.

FLUENT, BUT NOT CONVINCING.

Wiggles—Did you have any difficulty in speaking French while you were in Paris?

Waggles—Oh, no; I didn't have any difficulty at all in speaking it. The difficulty was in getting people to understand it.

MOST REMARKABLE FEAT

A PEDESTRIAN WHO WALKED 100 MILES IN A DAY.

A Wonderful Performance by Mr. Edward Weston at the Age of 68.

To walk at the age of sixty-eight, a distance of over a hundred miles within twenty-four hours is a feat of which anyone might be proud, and it is not to be wondered at, therefore, that to-day Mr. Edward Payson Weston, the only man of his age who ever accomplished it, is a happy man. Mr. Weston's little trip was from the City Hall, Philadelphia, to the City Hall, New York, a distance of 106 miles, which he completed in the remarkable time of twenty-three hours and thirty-three minutes. Just forty-three years ago the veteran pedestrian performed a similar feat, but, though a young man at the time, he took exactly twenty-three minutes longer in accomplishing his task, and this in spite of the fact that the two city halls were some four miles closer together than they are to-day.

Mr. Weston left Philadelphia City Hall at five minutes past twelve on a recent Wednesday, determined, if possible, to break his record of forty-three years ago. He wore knickerbockers, a white shirt, golf stockings, and a pair of strong leather walking shoes. His hat was the identical narrow brimmed straw which he has worn in all his pedestrian feats, while the light cane he carried was the one which has accompanied him in his record-breaking tramps during the last half-century. In a carriage, following the pedestrian were three Philadelphia doctors.

In his long tramp Mr. Weston took the same route that he did in 1863, walking to New Brunswick, N. J., a distance of sixty-five miles without a single stop. There he slept for thirty minutes, and then took the road to Newark, where he arrived at 9.14 p.m. From there he went to Jersey City, where the Pennsylvania Railroad had a ferry-boat at the slip awaiting his arrival. As soon as the old man made his appearance he was hurried on board, and the ferry was off in record time. Mr. Weston reached Cortland Street, New York, at 11.12 p.m., and immediately proceeded to the City Hall by way of Greenwich and Vesey Streets and Park Row. He only stopped a moment at the City Hall, for his goal was Fifth Avenue Hotel, which he had made up his mind to reach before midnight—accomplishing his object with a good margin.

At the Fifth Avenue Hotel there was such a tremendous crowd that the popular hero could scarcely make his way into the hostelry. From the ferry, however, he had been accompanied by several policemen, mounted and on foot, and these guardians of the peace and order soon forced a way for the tired pedestrian, who was escorted to his bedroom by his physicians and a few friends. There he was subjected to a medical examination, after which he took a salt water-bath and went to bed.

The following morning Mr. Weston rose at his accustomed hour—eight o'clock—and soon afterwards was seen by the writer, to whom he gave a few particulars regarding his latest feat. Mr. Weston is a tall, athletic-looking man, in spite of his sixty-eight years, and there was no trace of fatigue apparent in his cheerful countenance as he sat in the vestibule of the Fifth Avenue Hotel and talked about his pedestrian feats past and present.

"I felt so fresh at the end of my last trip," he said, "that I believe I could do the same journey with a night's rest. The most trying part of the trip was during the middle of the day, when the sun was beating on my head and almost making me fear a stroke. But it soon passed, and the cool of the evening greatly revived me. In places the roads were very rough and the walking heavy, but I kept up a good average of four and a half miles an hour, and soon after I started I felt sure I should beat my record of 1863. The doctors who followed me in the carriage were afraid that I might succumb, and were constantly pulling up alongside to have a look at me; but, bless you, I outwalked three pairs of horses, and sometimes they had to trot to keep up with me, and the veteran gave a hearty laugh."

"The only diet I took on the journey," continued the pedestrian, "consisted of eggs and milk, and I consumed quart after quart of that refreshing beverage. You know I am a teetotaler, and I think it is due in a measure to my abstemious habits that I was able to accomplish the long journey with a minimum amount of fatigue. The only discomfort I felt was when the constant walking created a few water blisters on the soles of my feet, but they have already healed up, and I feel as right as rain. I took my food while I walked, but when I arrived at the City Hotel, in New Brunswick, I threw myself on a bed which had been made for me on the floor, took a short nap, and then drank a refreshing cup of tea. When I left the hotel I felt as though I could accomplish twice the distance I had in front of me."

"The longest walk I ever accomplished was in 1879, when I walked 5,000 miles in 100 consecutive days. This was an average of fifty miles a day, and I assure you it is not easy to keep it up for more than fourteen weeks. But I did it, and, though at the end I was glad to take a long rest, the walking did not distress me very much. In 1874 I accomplished a very satisfactory bit of walking—better even than my journey yesterday—viz., 115 miles in twenty-four hours. Seven years before that I walked from Portland, Me., to Chicago, Ill., about 1,500 miles in twenty-five days. In 1874 I walked 500

Better Underwear

Keeps your body warm, yet lets your skin breathe—knit, not woven,—it fits, does PEN-ANGLE Underwear. Guaranteed Against Shrinkage.

Trade-marked in red. In a variety of styles, fabrics and prices, for women, men and children, and guaranteed.

miles in six days, and five years later I won the Astley belt from the English pedestrian by walking 550 miles in six days.

"I have always been fond of walking and I think it is the finest exercise in the world. A good long walk is better than a month in a gymnasium, and I believe it is a good deal due to lack of this kind of exercise that consumption and other kindred ills are so rampant. A man who takes daily walks in the country cannot fall a victim to any pulmonary disease, and if medical men would only preach this gospel, I believe thousands of valuable lives might be saved. I do not remember when I had a day's illness, and my good health I ascribe entirely to my fondness for walking. Although I am nearing the allotted span of life, I feel as lively as a school boy, and if I live to seventy I intend trying to beat my hundred-mile record—and I think I'll do it."

ARTHUR GOODRICH, AUTHOR OF "THE BALANCE OF POWER."

Arthur Goodrich, author of "The Balance of Power," comes from Connecticut. He was educated in New Britain schools and entered Wesleyan University in 1895. Like many of the younger writers of this generation, he edited his college "Lit." He also sang on the Wesleyan Glee Club, and managed it during one of its most successful years. He also led the men of his class in scholarship and took special honors in English. On his graduation from Wesleyan he was appointed University Scholar in English at Columbia University, where he spent a year in graduate study. He joined the staff of the World's Work at that magazine's beginning and was its Managing Editor for three years. Two years ago he went abroad as foreign editorial representative of The American Magazine and The Outing Magazine. He has meanwhile contributed to many of the leading monthlies here and abroad. He is twenty-eight years old. At present he holds an important editorial position with The Outing Publishing Company; he is a church soloist in a well-known New York choir; and he is vice-president of a Connecticut manufacturing concern which he helped to reorganize a few years ago. "The Balance of Power" is his first novel.

Office Boy—"Want to see the gov'nor? What name shall I say?" Visitor—"Herr Schweitzsalsburghausen." Office Boy—"Oh, I shan't have time to pronounce all that. I'm leaving at the end of the week."

No one need fear cholera or any summer complaint if they have a bottle of Dr. J. D. Kellogg's Dysentery Cordial ready for use. It corrects all looseness of the bowels promptly and causes a healthy and natural action. This is a medicine adapted for the young and old, rich and poor and is rapidly becoming the most popular medicine for cholera, dysentery, etc., in the market.

Father—"Ah, Tommy, you don't know when you're well off. I wish I were a boy again." Tommy (who has recently been chastized)—"So do I. Littler than me, too."

"I wish I was half as beautiful as Miss Brown," remarked the fair Edith to Mr. Green. "Well, you are, you know," replied Green thoughtlessly. Then he wondered why she suddenly rose and left him.

Death Comes to All.—But it need not come prematurely if proper precautions are taken. "An ounce of prevention is worth a pound of cure," and to have prevention at hand and allow a disease to work its will is wickedness. Dr. Thomas' Electric Oil not only allays pains when applied externally, but will prevent lung troubles resulting from colds and coughs. Try it and be convinced.

"But," said the merchant to the applicant, "you don't furnish any reference from your last place." "You needn't worry about that," replied the man with the close-cropped head and prison pallor, "I wouldn't be here now if it hadn't been for my good behavior in my last place."

A Sure Cure for Headache.—Bilious headache, to which women are more subject than men, becomes so acute in some subjects that they are utterly prostrated. The stomach refuses food, and there is a constant and distressing effort to free the stomach from bile which has become unduly secreted there. Parmelee's Vegetable Pills are a speedy alternative, and in neutralizing the effects of the intruding bile relieves the pressure of the nerves which cause the headache. Try them.

"OSHAWA" Steel Shingles.

Wind, Water, Storm and Fire Proof



Locked on All Four Sides

Made from Painted or Galvanized Steel, at prices varying from \$2.85 to \$5.10 per hundred square feet covering measure. This is the most durable covering on the market, and is an ideal covering for Houses, Barns, Stores, Elevators, Churches, etc. Any handy man can lay the "OSHAWA" shingles. A hammer and snips are the only tools required.

We are the largest and oldest company of the kind under the British flag, and have covered thousands of the best buildings throughout Canada, making them

FIRE, WATER AND LIGHTNING-PROOF.
We also manufacture Corrugated Iron in long sheets, Conductor Pipe and EAVESTROUGH, Etc.

METAL SIDING, in imitation of brick or stone.
METAL CEILINGS, in 2,000 designs.
Write for Catalogue No. 14R and free samples of "OSHAWA" Shingles. Write to-day.

THE PEDLAR PEOPLE,
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321-3 W Craig St. | 428 Sussex St. | 11 Colborne St. | 69 Dundas St. | 76 Lombard St. | 615 Pender St.
Write your Nearest Office.—HEAD OFFICE AND WORKS—OSHAWA, Ont.

640 ACRES PRAIRIE WHEAT LAND..... FOR SALE

Near Neudorf, Saskatchewan. A great bargain. \$12 per acre. Close to two railroads. Branch line of Grand Trunk Pacific surveyed almost through the property.

BOX 21, 73 WEST ADELAIDE STREET, TORONTO.

THE HUNT OF BIG GAME.

The northern part of the Province of Ontario is the mecca for the sportsman and hunter. Deer and moose abound in the several districts that are reached by the Grand Trunk Railway System including "Muskoka," "Lake of Bays," "Magnetawan River," "Lake Nipissing," "French River," "Temagami," "Georgian Bay," and several points on the Ottawa Division between Scotia Jet and Algonquin Park. Last year nearly 12,000 deer and 300 moose were taken out of this territory and from reports received this year, the supply is as great as ever. All hunting districts easy of access. Full particulars in "Haunts of Fish and Game," an illustrated publication giving all information, game laws, etc., sent free, on application to G. T. Bell, General Passenger Agent, Montreal.

The King of Siam has a bodyguard composed of 400 female warriors. At the age of thirteen they enter the Royal service and remain in it until they are twenty-five, when they pass into the reserve. Their weapon is the lance, and they are splendidly trained in the use of it.

Queen Alexandra enjoys the distinction of being the only Sovereign in modern times to wear the leek as a floral emblem at a State function. The wild leek, which flourishes profusely on the coast of Glamorgan, has been regarded as the national emblem of Wales, and it was as such that Queen Alexandra wore it at a Drawing Room which she held some years ago on St. David's Day.

One of the hobbies of the King of the Belgians is building. King Leopold, who spends almost as much time out of his country as he does in it, has several residences which he seldom or never visits, yet he is constantly adding to them. He has a fine palace in Brussels, but when within his own domains he prefers to spend his time in the country. His Majesty is the richest monarch in Europe so far as real estate is concerned.

Corns cause intolerable pain. Holloway's Corn Cure removes the trouble. Try it, and see what amount of pain is saved.

DID NOT IMPRESS HIM.

A practical joker recently made his first trip to Niagara Falls, and a guide that he hired was trying to impress him with their magnitude.

"Grand!" suggested the guide. "Grand," acquiesced the tourist stolidly.

He seemed to be interested, but not at all impressed.

"Millions of gallons a minute," explained the guide.

"How many a day?" asked the tourist. "Oh, billions and billions," said the guide.

The other looked across and down and up, as if gauging the flow, and then turned away disinterestedly.

"Runs all night, too, I suppose," he remarked nonchalantly.

The guide never recovered.

IN EVIDENCE.

"Yes, sir," the barber prattled, as he shaved the patron, "livin' is mighty high these days. All kinds of prices has gone up so it's hard for us workin' men to even get enough to eat."

"Yes?" groaned the victim. "I judge, however, that you find onions cheap enough."

FEATHER DYEING

Cleaning and Curling and Kid Gloves cleaned. These can be sent by post, in per oz. the best place is

**BRITISH AMERICAN DYEING CO.,
MONTREAL.**

Fruit Growers, Attention

Having no commission to pay, and selling for cash, The Eastern Townships Nurseries are thus able to offer you Standard Apple Trees 4 to 6 feet high, grown here, hardy and thrifty stock for Fall and Spring delivery, for \$15.00 per hundred.

LOUIS GERVAIS, Prop.,
Laurenceville, Que.

FOR SALE.

Over two thousand farms in Ontario. Send for our List.

**Western Real Estate Exchange
Limited, London, Ont.**

ENOUGH SAID.

Citiman—Do you know Sharpe?
Subbubs—Oh! he's a real-estate agent.
Citiman—Yes, but do you know anything about his character? Is he honest?
Subbubs—Haven't I just told you what he was?

ACCOUNTED FOR.

"I always felt that there was something cat-like about that lawyer."
"Naturally; you know, all his operations are along a fee line basis."

To Those of Sedentary Occupation.—Men who follow sedentary occupations, which deprive them of fresh air and exercise, are more prone to disorders of the liver and kidneys than those who lead active, outdoor lives. The former will find in Parmelee's Vegetable Pills a restorative without question the most efficacious on the market. They are easily procurable, easily taken, act expeditiously, and they are surprisingly cheap considering their excellence.

"Tobacco smoking," said the traveler, "is so common in Holland, that it is impossible to distinguish one person from another in a room full of smokers." "But supposing you want to speak to someone present, how are you to find it out?" "Ah, in such cases a waiter is sent round with a pair of bellows, with which he blows away the smoke from the face of every person until the right one is found."

For Family Colds

A reliable cough and cold cure should be always in the house ready for use the moment the first symptoms appear.

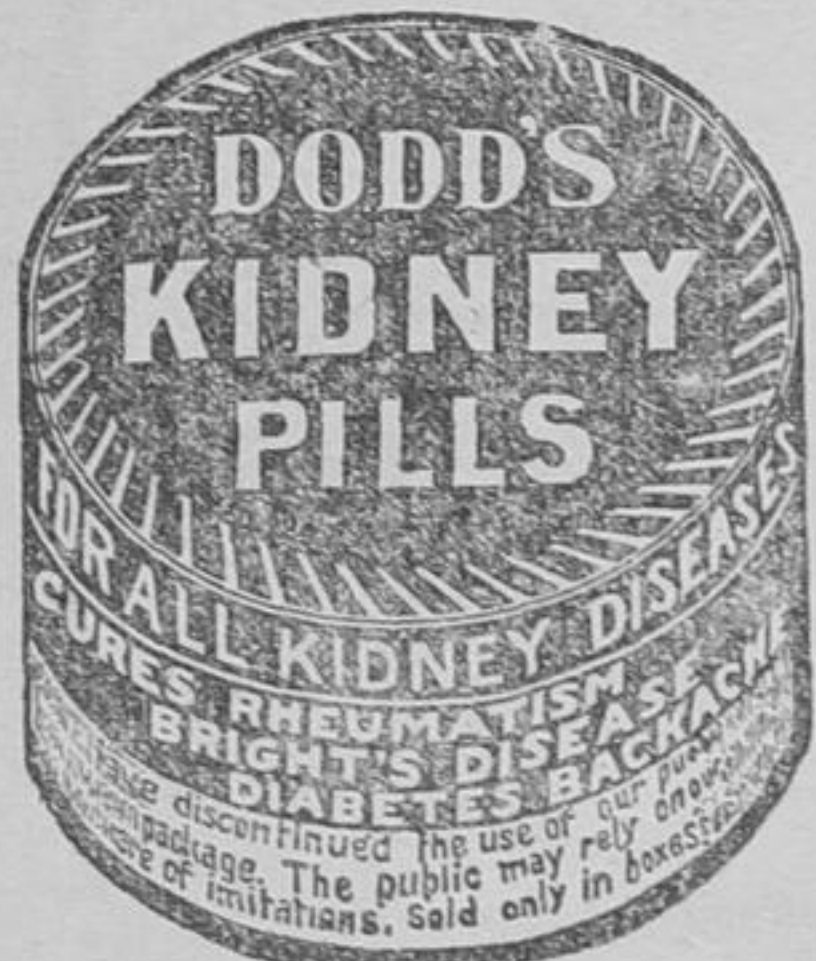
It is always easier, cheaper and better to check a cold in the very beginning.

It is safer, too.
Shiloh's Consumption Cure, the Lung Tonic, has been tested for thirty-three years, and tens of thousands of homes in Canada and the United States to-day are never without it.

A dealer writes: "Shiloh's Consumption Cure is without doubt the best remedy for Coughs and Colds on the market. Once used, my customers will buy no other.—L. Easley, Nainburg, Ont."
If it were anything but the best would this be so? Try it in your own family. If it does not cure, you get back all it cost you. We take all the chances. Neither you nor your dealer can lose. Isn't that fair? 25c. is the price. All dealers in medicine sell.

SHILOH

ISSUE NO. 40-06.



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KIDNEY
PILLS**
CURES ALL KIDNEY DISEASES
BRIGHT'S DISEASE
DIABETES
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