GREEN PEAS.

When they are to be used boil them ing. till tender, with a piece of butter, a spoonful of sugar, and a little mint.

Green Peas Stewed .- Put a quart of peas, a lettuce, and an onion, both sliced, a piece of butter, pepper, salt, and no more water than hangs around the lettuce from washing; stew them two hours gently. When to be served beat up an egg and stir it in, or a little flour and butter. Some think a teaspoonful of white powdered sugar is an

improvement.

lettuce. Simmer the whole well for an hour. When done take out the bunch of parsley, the lettuce, and onions, which are seviceable for hashes, stews, or soups; even when used as above. The peas, when once cooked, must not be touched by a spoon or fork, as it would bruise them and spoil the appearance of the entree, but well tossed constantly been wet with cold water. Serve cold my life." to prevent them sticking to the stewpan, always kept briskly simmering, but never boiling, as otherwise they will harden.

Hotch Potch.-Put a pint of peas into a stewpan with a quart of water, boil them until they will pulp through a sieve; then take the lean end of a loin of multon, cut into small pieces, and put it into a stewpan with a gallon of water, the carrots and turnips, cut into small pieces, and a seasoning of pepper and salt; boil it until all the vegetables are quite tender, put in the pulped peas and a head of celery, or lettuce, and one onion, sliced; let it boil fifteen minutes, and serve.

HOUSEHOLD HINTS.

An easy way to remove a cork that has slipped down into a bottle is to take to have a chance to test that statement. a fine steel crochet needle, push it into the cork, and by the exercise of a little skill and patience you will be successful in removing it.

A candle may be made to fit into any candlestick if it be dipped in very hot water. This will so soften the wax that it may be easily pushed into a candlestick which would otherwise be too small for it, and it will be neatly and firmly fixed there.

If you wish to keep ink, mucilage or paste from moulding, add a small quantity of carbolic acid. An ounce of the acid put in the whitewash used in a cellar, basement or henhouse, purifies

Nothing looks worse than a greasy edge of a coat collar. Here is a recipe for removing spots or marks of that description. Equal parts of soft soap and Fuller's earth well mixed and beaten together with a little spirits of turpentine. Make it into a ball, and when reor moisten the part of the garment to for "Mr. Austen" is exceedingly great all the soap is removed; dry the spot tions. He was an ideal Postmasterthoroughly with a clean cloth.

zinc-covered kitchen table will find man in debate, he is still so far in front temperance. several squares of hard wood an inch in of his contemporaries that he may be thickness, and about five inches across, called first class. Aside from this, I'e a great convenience for setting hot dish- is modest, sedate, studious, industrious es on. The wood should be sand- and considerate; and his father simply papered, and each block have a screw- adores him. It is almost pathetic to eye, with which it is hung under the watch the elder statesman when the ledge of the table.

Certain rules must govern dusting. Commons. Clean the highest things first, so that any The old warrior, scarred by many loose falling dust may be removed from fights with the great men of the Victhe lower things afterward. Dust should | torian Parliaments, sits up straight, be gathered up and not whisked from never allowing his eyes to leave the place to place. If the duster is kept in adored object. "I congratulate my right a large flat pad the dust is not scattered | honorable friend the member for Edgand accidents are not so likely to occur baston," says Mr. Chamberlain, in reto small ornaments.

men who do their own work very fre- Speaker when he wishes a member to quently dread the washing of knives, know that he is in disgrace), and "Mr. a little care was exercised early in the West Birmingham." dishwashing fray but little difficulty | There are people here who believe would be experienced. First, wipe off that a man's usefulness as a politician

SCOTT'S EMULSION won't make a hump back straight, neither will it make a short leg long, but it feeds soft bonz and heals diseased bone and is among the few genuine means of recovery in rickets and bone consumption.

Send for free sample.

SCOTT & BOWNE, Chemists, Ontario. Toronto, see, and \$1.00; all druggists.

by that time the matter of cleansing they intend to neglect their duties. them will be of very little moment, Wash singly and quickly in clean suds, rinse and dry. A potato cut in two is a very simple cleanser for knife blades, or use bath brick or whiting. Ivory handles can be cleansed by rubbing with a little At All Ages They Need the Rich, Red To keep green peas, shell and put whiting. Whiting, wet with alcohol, them into a kettle of water when it will clean fruit spots from mother of boils; give them two or three warmings pearl handles. Egg stains on silver only, and pour them in a colander; knives are best cleaned by wetting, dipwhen the water drains off turn them ping in fine salt, and rubbing with a a man. Her organism is more complex, out on a table covered with cloth and wet cloth. In the event of carving her system more delicate. Her health pour them on another cloth to dry per- knives having horn handles, a stiff is disturbed regularly in the course of fectly; then bottle them in wide-mouthed brush, ammonia and water is the best nature. If anything happens to interbottles, leaving only room to pour treatment. In putting away silver knives fere with that natural course she goes clarified mutton suet upon them an inch that are not to be used every day it is through unspeakable suffering. In fact thick, and add the cork. Resin it down a good way to wrap each one in soft the health of every function and the and keep it in the cellar or in the earth. tissue paper first. This prevents tarnish- health of every moment in a woman's

MADE WITH DATES.

and are universally liked. The cheap- make the rich blood all women need. ness of dates is also in their favor and Mrs. Edwin Ward, Brooksdale, Ont., value far in excess of their cost.

utes, then pour out in cups which have believe Dr. Williams' Pink Pills saved with plain or whipped cream.

Date Pie.—Soak 1/2 th cut dates in 3 cups milk for 1/2 hour, then place on the back of the stove where the mixture will become hot but not cook. As soon as hot press through a strainer, sweeten to taste and let cool while making the crust for the pie. Line a very deep pie tin with good crust, fill it with the mixture already prepared and bake until it is firmly set. Then cover with a meringue made of the stiffly beaten white of an egg and a tablespoon of sugar. Brown in a quick oven and serve cold. Date Bread. - When baking white bread add 1/2 to dates cut in pieces to one large loaf of bread, bake it in the usual way and see how much it will be enjoyed by every one. It keeps moist for a long time, but unless more than one loaf is made, one will not be liable

STATESMAN AND MARRIAGE.

in English Politics.

There has been no more interesting | Some odd torture relics of the past news for weeks than the announcement have just been sold at auction in Lon-Dundas, a retired staff officer, says an It is made of wood and in shape resemthe same clear cut, finely chiselled face, ned to his sides and the garment reachthe keen eye, the firm, small mouth, ing almost to the ground, the only mopresent orchid in his coat lapel.

vounger is on his feet in the House of

ferring to his son (names are never men-To Keep the Knife Blades Clean .- Wo- tioned in the House except by the and all too often neglect cleansing them Austen" refers to his parent as "My properly in consequence, when, if only right honorable friend the member for

is impaired by marriage, and that the that I have a medicine that will promptmember for Edgbaston will not be so great a man after the ceremony at the babies suffer. I would advise all mochurch, but I am inclined to scoff at the thers and nurses to use Baby's Own There are and have been so Tablets for their little ones." many great men in politics whose mar- are strong words, but thousands of ried life belies it. Mr. Gladstone's wife other mothers speak just as strongly was responsible for much of his power, in favor of this medicine. Sold by all for she looked after him, arranged his medicine dealers or by mail at 25 cents engagements and generally sponsored him. Lord Beaconsfield, the success of successes, was married; so were Palmerston and Salisbury.

On the other hand the doubters point If you would avoid the fire keep out to the experience of Lord Melbourne, of the frying pan. to Charles James Fox, to Mr. Parnell, to Mr. Balfour, as proof of their conten- that destroys the most silence. tion. Parliamentary life, like journalism, certainly takes a man from bis home circle more than is usual with yet feel as though he had it.

the blades of all knives with some soft men who live a less exciting and exactpaper, then placing all of them in a ing life. Men who never reach home pitcher, pour some soda water upon until the midnight hour has long since them, , allowing it to come up just to gone, and the gray dawn is turning out the handles, not above them. Leave the secret lights, cannot expect to lead them until the other dishes are done, and a carpet slipper life, unless, mayhap,

WHAT WOMEN SUFFER.

Blood That Dr. Williams' Pink Pills Actually Make.

A woman needs medicine more than life depend upon the richness and 16gularity of her blood supply. That is the simple scientific reason why Dr. Williams' Pink Pills are worth 'he:r Dates and figs, when dried in sugar weight in gold to women of all ages as we have them, have great food value from early girlhood up—they actually

when used for a dessert they have a says: "For years I suffered from those ailments that make the lives of so many Date Cup Pudding.-Sift together 2 of my sex miserable. I would take cups flour, 1/2 teaspoon salt and 4 level weak spells and become so nervous that teaspoons baking powder. Rub a heap- I could not go about. My stomach was Green Peas a la Francaise.—Put the re- ing teaspoon shortening into 1/2 cup of out of order, and I frequently vomited quired quantity of peas necessary for sugar, add 1 beaten egg, 1 cup sweet the food I took. Headaches and backyour dish into a stewpan, with some milk and then the flour. Have six cups aches afflicted me nearly all the time. water and butter, in the following pro- well buttered, then take dates which have Then I took a severe cold which setgill of water and one ounce of butter. them in the bottom and around the sides hospital for treatment. I had the best When this is thoroughly amaigamated of the cups. If the cups have been well of care, but the doctors gave me little add a little bouquet, tied together, of greased the dates will adhere nicely. hope of recovery. My face and limbs parsley, also salt, pepper, and ano- Put the batter in the cups and steam for became swollen and my system racked ther half-ounce of butter, then eight or one hour. These are to be eaten hot with a harsh dry cough. As the doc- Not nine small white onions and a whole with liquid sauce or sweetened cream. tors did not look hopefully upon my Date Pudding.—This is to be used cold case I decided to try Dr. Williams' Pink and can be easily made in this way: Pills. By the time I had taken half a Take 1 cup dates cut in pieces, put them dozen boxes there was a great change Res in a double boiler with 1 pt boiling wa- for the better. I still continued to take ter, a little salt, 2 tablespoons sugar and the pills until I had used thirteen boxes, stir in enough graham flour to make and I am now enjoying perfect health. quite a stiff batter. Cook a few min- I have no hesitation in saying that I

Dr. Williams' Pink Pills cur 1 Mrs. Ward by actually making the new blood her system needed. That is all Dr. Williams' Pink Pills do, but they de it well. They don't act on the bowels. They don't bother with mere symptoms. They go straight to the root of the trouble in the blood. That is why they cure all blood and nerve troubles like anaemia, female irregularities, indigestion, rheumatism, headaches and backaches, sciatica, nervous prostration and St. Vitus dance. Substitutes and imitations won't cure, purging medicines only make you worse, therefore you "must get the genuine pills with the full name "Dr. Williams' Pink Pills for Pale People" on the wrapper around every box. Sold by all medicine dealers or by mail at 50 cents box or six boxes for \$2.50 from The Dr Williams' Medicine Co., Brockville,

ANCIENT INEBRIETY CURE.

Married Men Who have Been Successful A Drunkard's Cloak Sold at Auction in London.

of the engagement of J. Austen Cham- don. Quaintest among them was a deberlain, M. P., to the daughter of Col. vice known as the drunkard's cloak. English paper. The idea that "Mr. Au- bles a huge inverted flower pot. Through sten" has at last capitulated to Cupid the small circular aperture in the top after reaching his thirty-fourth year is was thrust the neck of the imprisoned fascinating to men and overwhelming inebriate. The weight of this ancient to women. He is the most popular and counterpart of the strait-jacket fell on most reticent of all the younger men in the victim's shoulders and was suffipublic life. In the first place he is ex- ciert to make every bone in his body actly like his eminent father. He has ache. With his hands practically pinthe inevitable monocle and the ever tion allowed him was a slow shuffle of his weary feet as he dragged his way He is the exception to the rule that painfully along. One can well believe quired for use either dip it in hot water a great man cannot have a great son, that anyone who had been compelled to don the drunkard's cloak would be be cleaned. Rub the ball in, and then in many respects. He has been the best very apt to come to the conclusion that let it dry, afterward wipe over quickly Chancellor of the Exchequer that this a high old time was not worth having with a cloth dipped in hot water until country has known for many genera- at the price. Many who saw it at the auction sale expressed the opinion that General, and while he falls short of his its revival in these modern days would The housekeeper who cannot have a father's exceptional ability as a fighting have a most salutary effect in promoting

An iron foot-squeezer sold for \$5, and a persuasive instrument in the shape of an iron boot, in which the victim's naked foot was incased while boiling oil was poured into it, fetched only \$3 and the same price was paid for a set of ancient branding irons. An old chair from the Castle of Nuremburg, in which people were secured for torture, brought \$4.50. A fiendish substitute for a collar in the form of an iron ring, studded with sharp spikes on the inside, fetched \$5.25.

BABY ALWAYS WELL.

"I have nothing but good words to say for Baby's Own Tablets," says Mrs. A. Dupuis, of Comber, Ont., and she adds: "Since I began using the Tablets my little boy has not had an hour of sickness, and now at the age of eight months he weighs twenty-three pounds. I feel safe now with Baby's Own Tablets in the house, for I know ly cure all the minor ills from which a box by addressing The Dr. Williams' Medicine Co., Brockville, Ont.

And it isn't always the biggest horn

Only a dyspeptic can eat his cake and

COBALT-The World's Richest Silver Mining Camp THE COLUMBUS COBALT SILVER CO., Limited.

Authorized Capital Stock, \$450,000. Shares \$1 each.

BOARD OF DIRECTORS:

HON. RICHARD HARCOURT, President, Director of the Ontario Bank, and formerly Treasurer of the Province of Ontario

ector of Ontario Bank.

JOHN FLETT, Esq., Vice-President, Head of the firm of Flett, Lowndes & Co., Dir-

JAMES TUDHOPE, Esq., M.P.P., Head of the firm of Tudhope Carrige Co., Limited, DANIEL Simpson, Esq., M.E., Managing Director, Cobalt, Ont. JOSEPH COLUMBUS. Esq., Explorer, Haileybury, Cnt. SOLICITORS-Clark, McPherson, Campbell & Jarvis, Toronto.

The force of men now developing the Columbus Mine near Giroux Lake, not far from the famous Drummond, Foster, Jacobs and others in Coleman Township, have now a vein six feet with better ore than ever before. It is about a foregone conclusion that this mine will soon surprise the world. On account of low capitalization, I have very little stock left for sale at \$1.00 per share, as it is only a question of short time when the stock may advance to \$5.00 or over. Send at once for full particulars, or mail your order with marked cheque or express order to the order of

DANIEL SIMPSON, P. O. Box 129, Cobalt, Ont.

Stock sold on the instalment plan.

ANNUAL REPORT OF CANADA.

The fourth annual meeting of the shareholders of The Sovereign Bank of portions. For every pint of peas one been stoned and cut in two, and press tled on my lungs, and I went to an Canada was held at the Head Office, Toronto, 12th inst., and was largely attended.

GENERAL STATEMENT (Condensed) 30th APRIL, 1906.

LIABILITIES.	ASSETS.
tes of the Bank in Circula- ion	ers \$ 2,615,287.56 Bonds, Debentures, etc 911,653.59

\$18,569,009.75

DIRECTORS' REPORT. Profit and Loss Account for the year ended 30th April, 1906: Balance at credit of Profit and Loss Account on 29th April, 1905\$ Net Profits for the year ended 30th April, 1906, after deducting Charges of Management, Provincial Government and Municipal Taxes, Advertising Expenses, and Accrued Interest on Deposits, and after making 187,467.35 full provision for all Bad and Doubtful Debts Premium on New Stock issued at \$125 per share \$81,250.00 Premium on New Stock Issued at \$130 per share 686,550.00

> 767,800.00 \$965,355.67

\$18,569,009.75

This has been appropriated as follows: Four Quarterly Dividends at 6 per cent. per annum Transferred to Reserve Fund 10,000.00 Written off Bank Premises Reserved for Rebate of Discount on Bills 5.000.00 Donations to Hospitals, etc., including South African Mem-1,500.00 orial Fund 949,423.90 Balance carried forward \$15,931.77 RESERVE FUND.

\$400,000.00 Balance at Credit of Account, 29th April, 1905 62,200.00 Transferred from Profit and Loss Account 767,800.00 Total, 30th April, 1906 \$1,230,000.00 All the Branches of the Bank have been duly inspected during the year.

The most important event during the year was the sale of a large block of stock to the Dresdner Bank at \$190 per share net to the Bank. This, with the new stock issued in Canada, increased the Bank's paid-up capital to \$3,585,410 on 30th April. The Directors recorded their gratification at the unanimity expressed by the shareholders. Out of 1,040 shareholders there were but two dissentients, and their total holdings aggregated only 15 shares.

Comparative statements of the past four years were submitted, and were highly satisfactory to the shareholders. The increase of \$3,542,000 in the deposits, which now aggregate nearly \$12,000,000, affords the most satisfactory evidence of the ever-increasing confidence of the public in the Sovereign Bank of Canada. The number of shareholders in the Bank on 30th April, 1906, was 1,120, as compared with 887 in 1905 and 841 in 1904. This wide distribution and the fact that the shareholders include some of the most powerful financial interests in the

world, afford the investing and borrowing public, and all who do business with the Bank, a bulwark of strength and security of incalculable value. The Directors record their appreciation of the zeal and efficiency of the staff. through whose efforts the Bank has now grown to such important dimensions. The President spoke as follows: In addressing the shareholders a year ago, when I also had the pleasure of

announcing an increase in the dividend, I remarked that even with the increased capital then being issued, we anticipated no difficulty in paying a 6 per cent. dividend and still making handsome additions to the Reserve Fund and otherwise strengthening the Bank. You will understand how fully these anticipations have been realized when I tell you that we paid some \$103,000 in dividends during the past year, and, after doing this, had a surplus from the ordinary net earn, ings of \$84,500, as compared with a surplus of \$68,900 the year before over dividends aggregating only \$55,000. On this basis we could easily have paid 7 per cent. and still have had as much to appropriate for Reserve Fund, Eank Premises, etc., as we had at the end of April, 1905. I will ask the General Manager to discuss the statement submitted to you,

and before doing so, I wish to state that in Mr. Stewart we have a gentleman of proven ability and sound judgment, and under his management the shareholders may look forward to even greater results in the future. The First Vice-President said :

One thing I have noticed which has pleased me very much is that the enlargement of the Bank is attracting a more important and influential class of business than might have come to us if we continued to be a comparatively small The greatest difficulty we have to contend with is the securing of premises institution. to accommodate our business, as in a short time after we open at any impor-

tant centre, the business outgrows the building. GENERAL MANAGER'S ADDRESS. The General Manager said the statements submitted were as complete as it was possible to make them, and hoped that with a few explanatory remarks the shareholders might form a fairly accurate conclusion as to the present position

of the Bank and an intelligent idea of its future prospects. The Profit and Loss statement shows the result of the year's business to be quite satisfactory; the Bank made more money than in any previous year. He commented on the appropriation of \$1,500 to hospitals, etc., and stated that such contributions were both necessary and desirable. He felt sure the shareholders would always approve of donations of this kind if confined to moderate amounts. He referred generally to the improvement in the Bank's position indicated

Capital paid up increased \$2,285,419 Reserve fund increased 850,774 Circulation increased 217,860 Deposits increased 3,542,091 Commercial loans and discounts increased 5,059,117 Total assets increased 6,899,103 The following figures show that the Bank's staff and customers have doubled within the past two years. No. of officers on the staff

37,532 26,725 No. of depositors 7.364 6,185 No. of discount customers Total number of customers Since the previous Annual Meeting the Bank had moved into its handsome ten-storey building in Montreal, in which every office was rented. This building, after charging a moderate rental to the Bank, is now netting a clear 5 per cent. on the total investment. The balance of the items under this heading represented only \$1,800 per Branch for furniture, safes, vault doors, etc., all of which were of

good value, as \$30,000 have been written off these assets to date. The General Manager stated that during the past year the Bank had received applications for 2,893 discount accounts, of which 1,714 were declined. He also referred to the fact that when the Bank opened its doors on 1st May, 1902, the

Sovereign Bank was 32nd on the list of chartered banks, while on the 30th of April, 1906, it had moved up into 15th place in point of assets, and to 6th place in point of paid-up capital. He did not intend, however, that the merits of the Bank, should be conveyed to the shareholders by such comparisons, but rather by inviting their careful attention to the unvarnished figures and hard facts laid before them at the meeting. He had always had large ideas regarding the position the Sovereign Bank should take in the financial world, but that his ambition ran towards strength and safety rather than to size. It was none the less pleasing, however, to be able to say that he believed the happy combination of both solidity and magnitude was now within reach, and hoped that when the 5th Annual Meeting was held they would be able to celebrate the occasion in a manner satisfactory to the shareholders and becoming to a great institution. Votes of thanks were passed to the Directors, General Manager, and Staff, and complimentary speeches in connection therewith were made by Hon. James

Young, A. Claude Macdonell, Major Arthur G. Peuchen. Mr. W. J. Barr, and The Scrutineers were Messrs, C. E. A. Goldman and A. C. Macdonell, M.P. The following were elected Directors for the ensuing year: Randolph Mace donald, A. A. Allan, D. M. Stewart, Hon. D. McMillan, Hon. Peter McLaren, Arch. Campbell, M.P., John Pugsley, W. K. McNaught, M.P.P., and A. E. Dyment, M.P.

Subsequently at a meeting of the Directors, Mr. Randolph Macdonald was elected President, Mr. A. A. Allan First Vice-President, and Mr. D. M. Stewart

Second Vice-President and General Manager.